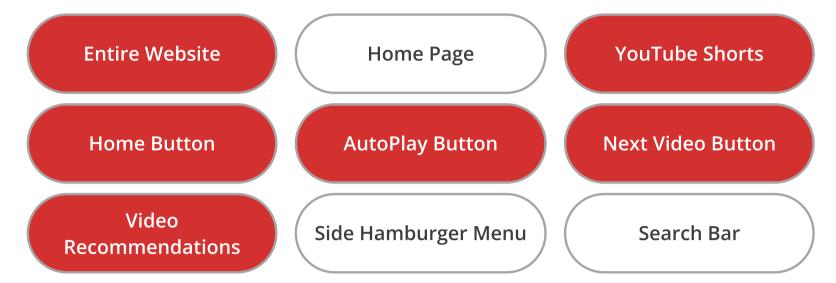






## Remove Addictive Elements i

Select YouTube elements to remove them from  $\underline{all}$  YouTube web pages



## Alternate Activities i

Suggest activities that you could be doing instead of wasting time watching YouTube



## Reset All Time Usage [i]

Reset your total usage time. It is ill-advised, but you do you

