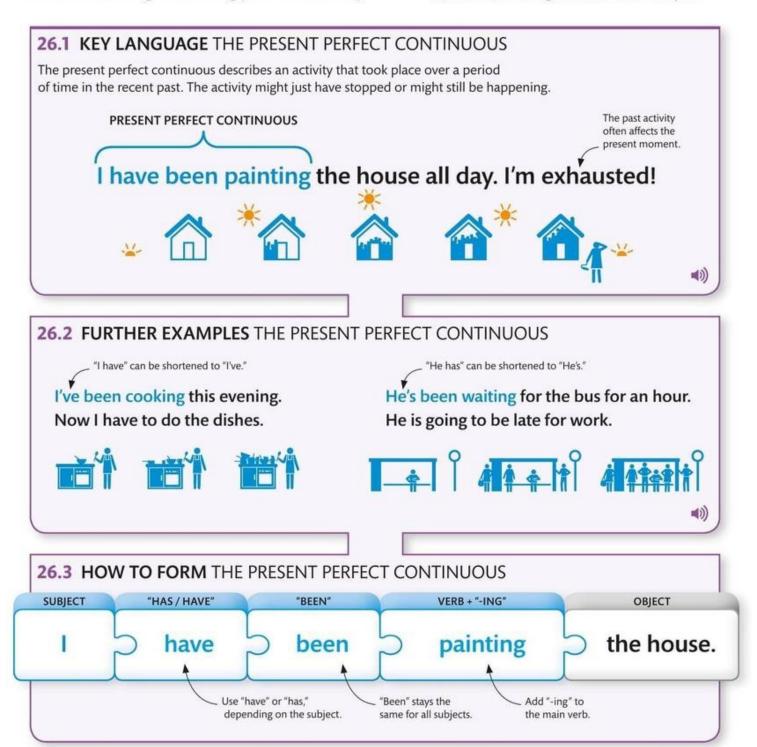
## 26 Activities in progress

Use the present perfect continuous to talk about ongoing activities in the past. Use "for" and "since" to talk about the length or starting point of an activity.

New language Present perfect continuous

Aa Vocabulary Home improvements

New skill Talking about activities in the past





## 26.4 FILL IN THE GAPS BY PUTTING THE VERBS IN THE PRESENT PERFECT CONTINUOUS

| have been cooking (cook) dinner all afternoon. I'm having a dinner party tonight.

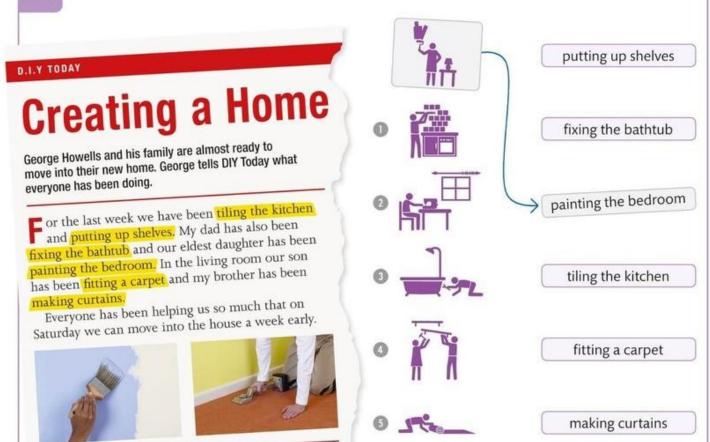
| They (play) tennis this morning. Now they're very tired.
| Tom (fish) today. He's caught lots of fish.
| We (watch) TV all evening. Now it's time to go to bed.
| Irina (read) a book in the park. She says it's really good.
| You (clean) the apartment all day. It's time for a break.

**■**())

Aa

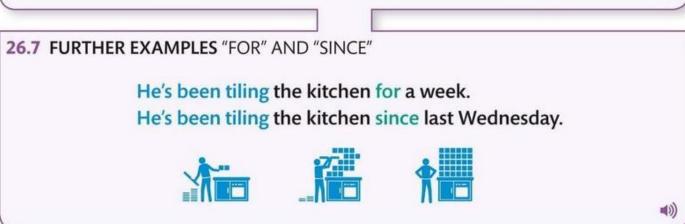
## 26.5 READ THE ARTICLE AND MATCH THE PICTURES TO THE PHRASES

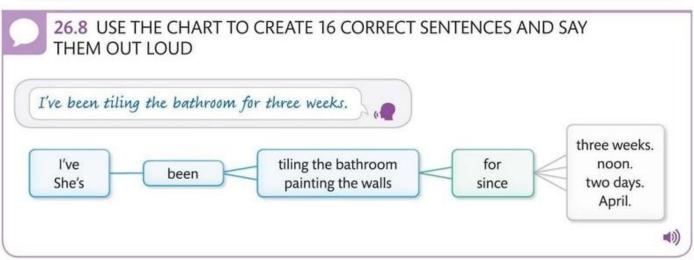
(listen) to music on the way to work. It helps me relax.



**((** 







Ö	26.9 FILL IN THE GAPS WITH "FOR" OR "SINCE"		
•	À	He's been cleaningfor	five hours. His parents are visiting the apartment tonight.
0		It's been raining	Saturday morning. I hope the weather gets better soon!
0		You've been gardening	9 oʻclock. You should take a break.
3	<b></b>	I've been swimming	20 minutes. I'm quite tired, but I'll keep going.
0	2 m	She's been baking	11 o'clock this morning. We'll have lots of cookies to eat later.
6		He's been tiling the wall	three hours. I think it will be finished today.

