

13 Describing your day

Use the present simple tense to talk about the things you do regularly: for example, when you normally go to work or eat lunch.

New language The present simple

Vocabulary Routine activities

New skill Talking about your daily routine

13.1 KEY LANGUAGE THE PRESENT SIMPLE

To make the present simple, use the base form of the verb (the infinitive without "to").

I **eat** lunch at noon every day.

The base form of the verb "to eat."



She **eats** lunch at 2pm every day.

With he, she, and it, add "s" to the base form.



13.2 FURTHER EXAMPLES THE PRESENT SIMPLE

You **get** up at 7 o'clock.



She **gets** up at 5:30am.



We **start** work at 9 o'clock.



He **starts** work at 11am.



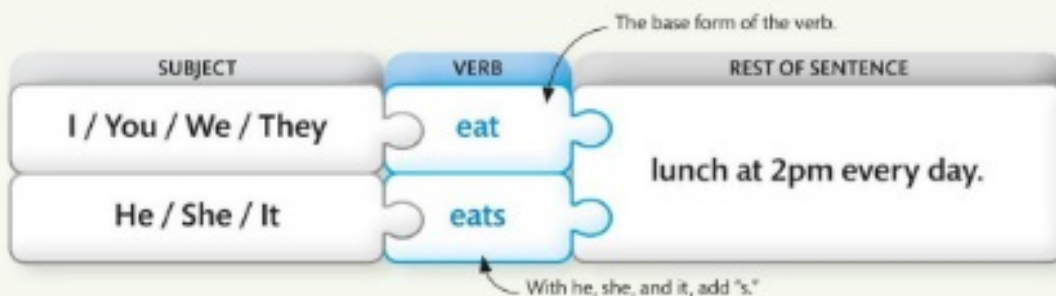
They **leave** work at 5pm.



Rob **leaves** work at 7pm.



13.3 HOW TO FORM THE PRESENT SIMPLE





13.4 CROSS OUT THE INCORRECT WORD IN EACH SENTENCE

She ~~eat~~ / **eats** dinner in the evening.

- 1 He **wake** up / **wakes** up at 7 o'clock.
- 2 You **leave** / **leaves** home at 8:30am.
- 3 I **start** / **starts** work at 10am.
- 4 Ellen **get** / **gets** up at 5 o'clock.
- 5 My wife **take** / **takes** a shower in the evening.
- 6 I **take** / **takes** a shower in the morning.
- 7 My parents **eat** / **eats** lunch at 2pm.
- 8 We **leave** / **leaves** work at 4pm.
- 9 My brother **work** / **works** with animals.



13.5 FILL IN THE GAPS USING THE WORDS IN THE PANEL



Michael gets up at 7am.

- 1 I _____ work at 5:30pm.
- 2 Phil _____ lunch at 12:30pm.
- 3 We _____ up at 8am.
- 4 His son _____ work at 5am.
- 5 My sister _____ work at 7pm.
- 6 They _____ dinner at 10pm.

~~gets~~ get starts
leaves eat eats leave



13.6 SAY THE SENTENCES OUT LOUD, FILLING IN THE GAPS

Santiago gets (get) up at 6am.

- 1 My son _____ (wake) up at 5am.
- 2 I _____ (leave) work at 6:30pm.
- 3 We _____ (eat) breakfast at 8am.
- 4 Paula _____ (work) outside.
- 5 My wife _____ (start) work at 7am.
- 6 He _____ (eat) lunch at noon.



13.7 KEY LANGUAGE "S" AND "ES" ENDINGS

With some verbs you add "es" for he, she, and it. These include verbs ending "sh," "ch," "o," "ss," "x," and "z."

I **eat** lunch



She **eats** lunch

For most verbs, just add "s."

I **finish** work



He **finishes** work

Add "es" to verbs ending "sh."

I **watch** TV



She **watches** TV

Add "es" to verbs ending "ch."



13.8 PRONUNCIATION SAYING "S" AND "ES"

The "-s" endings are pronounced different ways. Listen to the difference.

eats

An "s" sound.



leaves

A "z" sound.



watches

Say the "es" like the verb "is."



13.9 SAY THE WORDS OUT LOUD

starts

1 washes

4 goes

2 watches

5 finishes

3 wakes

6 leaves

13.10 FILL IN THE GAPS BY PUTTING THE VERBS IN THE CORRECT FORM



He finishes (finish) work at 5 o'clock.



1 Lucia _____ (wake) up at 7am.



2 I _____ (get) up at 7:30am.



3 Ethan _____ (go) to work at 5am.



4 You _____ (leave) work at 5pm.



5 Shona _____ (watch) TV in the evening.





13.11 REWRITE THE SENTENCES, CORRECTING THE ERRORS

Our children **eats** breakfast at 8am.

Our children eat breakfast at 8am.

- 1 My mother **watches** TV in the morning.

- 2 We **goes** to bed at midnight.

- 3 My husband **finishes** work at 6:30pm.

- 4 Rob **go** to work at 8:30am.

- 5 I **takes** a shower in the morning.

- 6 I **leaves** work at 6 o'clock in the evening.



13.12 LISTEN TO THE AUDIO AND ANSWER THE QUESTIONS



Joan talks about her daily routine and work schedule.

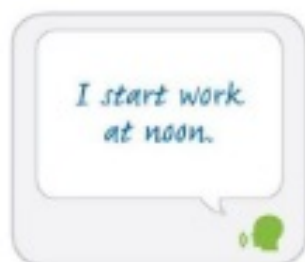
She starts work at 4pm.

True ☐ False ☒

- 1 She finishes work at 12pm.
True ☐ False ☐
- 2 She eats lunch at 1pm.
True ☐ False ☐
- 3 She has dinner at 7:30pm.
True ☐ False ☐
- 4 She watches TV in the afternoon.
True ☐ False ☐
- 5 She goes on the computer in the evening.
True ☐ False ☐
- 6 She goes to bed at 8:30pm.
True ☐ False ☐



13.13 USE THE CHART TO CREATE 12 CORRECT SENTENCES AND SAY THEM OUT LOUD



13 CHECKLIST

- The present simple ☐ **Aa** Routine activities ☐ Talking about your daily routine ☐