

# LEO MIDDLETON

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## SUMMARY

Physical Oceanographer interested in ocean mixing, stirring and transport in the polar oceans. Process-based research using observations, theory, and simulations. Looking for a collaborative work environment that encourages me to develop new skills and tackle new challenges.

## SKILL SET

- Ocean observation processing and analysis
- Ocean data collection
- Geophysical fluid dynamics
- Large-Eddy-Simulations
- Scientific computing (MATLAB, Python, Julia, Fortran)

## EDUCATION

### Ph.D, Physical Oceanography and Fluid Dynamics

October 2017 - September 2021

DAMTP, University of Cambridge and British Antarctic Survey (BAS)

- **Thesis:** Unmixing the Ocean: Double Diffusion and Turbulence in Polar Oceans
- **Supervisors:** Dr. John Taylor (primary), Dr. Paul Holland and Dr. Keith Nicholls (co-supervisors)

### M.Sci, Mathematics, First Class with Honours

October 2013 - June 2017

University College London (with 1 year at University of British Columbia)

- **Thesis:** Perturbation Dynamics of a Thermally Forced Vortex in a Deep Rapidly-Rotating Fluid
- **Supervisor:** Prof. Ted Johnson

### Undergraduate Research Project, London Mathematical Society

University College London

July 2015- August 2015

- **Thesis:** Point vortex equilibria: Solutions of the Sinh-Poisson Equation - from low to high energy
- **Supervisor:** Dr. Gavin Esler

## EMPLOYMENT

### Postdoctoral Investigator

November 2021 - Current

Woods Hole Oceanographic Institute

- **Supervisors:** Amala Mahadevan, Tom Farrar, Isabela Le Bras
- **Topic:** Submesoscale Dynamics
- **Responsibilities:** Data collection, data calibration and analysis, cruise planning, preparing manuscripts, CALYPSO, S-MODE and NORSE Projects

## FIELDWORK

### Northern Ocean Rapid Surface Evolution (NORSE) IOP2

(<https://www.mod.ucsd.edu/norse>)

Jan Mayen, Norwegian Sea : R/V *Kronprins Haakon*, NPI

November 2023

- **Principal Scientific Officer:** Prof. Jennifer Mackinnon
- **Responsibilities:** Towed-chain profiling lead; air-sea flux buoy preparation; data processing.

### Sub-Mesoscale Ocean Dynamics Experiment (S-MODE) IOP2

(<https://smode.whoi.edu/>)

California Current, USA : R/V *Sally Ride*, Scripps

April 2023 - May 2023

- **Principal Scientific Officer:** Dr. Andrey Scherbina
- **Responsibilities:** Night watch lead; EcoCTD profiling; data processing; data management.

### Sub-Mesoscale Ocean Dynamics Experiment (S-MODE) IOP1

(<https://smode.whoi.edu/>)

California Current, USA : *M/V Bold Horizon, Eclipse Group*

October 2022 - November 2022

- **Principal Scientific Officer:** Dr. Andrey Scherbina
- **Responsibilities:** EcoCTD profiling; data processing; data management; Nitrate sampling.

### Coherent Lagrangian Pathways from Surface Ocean to Interior (CALYPSO) IOP2

Balearic Sea, Mediterranean : *R/V Pourquoi Pas? IFREMER*

February 2022 - March 2022

- **Principal Scientific Officers:** Dr. Amala Mahadevan, Dr. Eric D'Asaro
- **Responsibilities:** Cruise organisation; drifter & float deployment; underway profiling; data processing; data management.

### Ocean Regulation of Climate by Heat and Carbon Sequestration and Transports (ORCHESTRA)

January 2019 - February 2019

Orkney Passage, Southern Ocean : *RSS James Clark Ross, British Antarctic Survey*

- **Principal Scientific Officer:** Dr. Alexander Brearley,
- **Responsibilities:** Mooring recovery; CTD casts; glider & float deployment; salinometry.

### Left-Right Asymmetry in Flowers

Cederberg, South Africa

August 2022

Missouri, USA

August 2023

- **Principal Scientific Officer:** Dr. Alice Fairnie,
- **Responsibilities:** Flower population counts; pollinator observations; data processing.

## PAPERS

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1. **Middleton, L.**, Wu, Weiguang., D'Asaro E. A., Johnston, S., Rudnick, D., Tarry, D., Poulain, P. M., Farrar, J. T., Berta, M., Shcheribina, A., Mahadevan, A., Ocean cyclone splitting ventilates the upper ocean, *in review*, Nature Communications
2. **Middleton, L.**, Brown, J., and Taylor, J.R., Reconciling layering mechanisms in double-diffusive and single-diffusive fluids *in revision*, Physical Review Letters
3. Gentil, M., Pallàs-Sanz, E., **Middleton, L.**, Ruiz-Angulo, A., Meunier, T., Durante, G., Tenreiro, M., Estrada-Allis, S.N. and Sheinbaum Pardo, J., 2024. Distribution, Mixing, and Transformation of a Loop Current Ring Waters: The Case of Gulf of Mexico.
4. Farrar, J.T., D'Asaro, E., Rodriguez, E., Shcherbina, A., Lenain, L., Omand, M., Wineteer, A., Bhuyan, P., Bingham, F., Villas Boas, A. B., Czech, E., D'Addezio, J., Freilich, M., Grare, L., Hypolite, D., Jacobs, G., Klein, P., Lang, S., Leyba, I., Mahadevan, A., McWilliams, J., Menemenlis, D., **Middleton, L.**, Molemaker, J., O'Neill, L., Perkovic-Martin, D., Pizzo, N., Rainville, L., Rocha, C., Samelson, R. M., Simoes-Sousa, I., Statom, N., Thompson, A., Thompson, D., Torres, H., Uchoa, I., Wenegrat, J., Westbrook, E., S-MODE: the Sub-Mesoscale Ocean Dynamics Experiment, 2024. *Bulletin of the American Meteorological Society (BAMS)*
5. **Middleton, L.**, Davis, P.E., Nicholls, K.W., and Taylor, J.R. 2022, Double-Diffusion as a Driver of Turbulence in the Stratified Boundary Layer under George VI Ice Shelf, *Geophysical Research Letters*
6. Fine, E. C., MacKinnon, J. A., Alford, M. H., **Middleton, L.**, Taylor, J., Mickett, J. B., and Peacock, T. 2021, Double diffusion, shear instabilities, and heat impacts of a Pacific Summer Water intrusion in the Beaufort Sea, *Journal of Physical Oceanography (JPO)*
7. **Middleton, L.**, Fine, E., Alford, M., Mackinnon, J. and Taylor, J.R. 2021, Estimating Dissipation Rates Associated with Double-Diffusion, *Geophysical Research Letters*
8. **Middleton, L.**, Vreugdenhil, C.E., Holland, P.R. and Taylor, J.R. 2021, Numerical Simulations of Melt-Driven Double-Diffusive Fluxes in a Turbulent Boundary Layer beneath an Ice Shelf, *JPO*
9. **Middleton, L.** and Taylor J.R. 2020, A general criterion for the release of background potential energy through double diffusion, *Journal of Fluid Mechanics: Rapids*

## PAPERS : IN-PREP

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1. **Middleton, L.**, and Farrar, J. T., Statistics of curvature-modified frontogenesis in submesoscale flows
2. **Middleton, L.**, Mackinnon, J., Sanchez-Rios, A. and Farrar, J. T., Resolving vertical transport via finescale plume-like features in the Arctic Ocean

## DATASETS

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1. **Middleton, L.**, Thunherr (2024). Lowered acoustic Doppler current profiler (LADCP) data from cruise JR18004. NERC EDS UK Polar Data Centre. <https://doi.org/10.5285/1fbb7874-5433-3b07-e063-7086abcobee9>,
2. **Middleton, L.**, and S-MODE Team, S-MODE IOP1 Shipboard uCTD and EcoCTD Measurements Version 1. Ver. 1. PO.DAAC, CA, USA.<https://doi.org/10.5067/SMODE-RVECT>
3. **Middleton, L.**, and S-MODE Team, S-MODE IOP2 Shipboard uCTD and EcoCTD Measurements Version 1. Ver. 1. PO.DAAC, CA, USA.<https://doi.org/10.5067/SMODE-RVECT>
4. **Middleton, L.**, Johnston, S., Rudnick, D., Tarry, D., Poulain, P. M., Farrar, J. T., Berta, M., Shcheribina, D'Asaro E. A., A., Mahadevan, A., CALYPSO 2022 Cruise Data, *in prep*
5. **Middleton, L.**, Davis, P., and Nicholls, K. (2021). Borehole data from George VI Ice Shelf (Version 1.0). NERC EDS UK Polar Data Centre. <https://doi.org/10.5285/c4a8ad33-2c09-44e9-b4ea-2923bb4b85f1>,

## AWARDS AND PRIZES

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<b>Consiglio Nazionale della Ricerca Visitors Funding:</b> Two-week visit to CNR, Vencie	2024
<b>International Meteorological Institute Visitors Funding:</b> Two-week visit to Gothenberg	2024
<b>GRC Funding:</b> Funding for invited speakers to attend the Gordon Research Conference	2024
<b>International Meteorological Institute Visitors Funding:</b> Month visit to Gothenberg	2023
<b>NASA Group Achievement Award:</b> for S-MODE Field Campaign	2023
<b>NERC Ph.D Studentship:</b> Full fee and maintenance award	2017-2021
<b>Smith-Rayleigh and Knight-Rayleigh Prize:</b> First year Ph.D essay award	2019
<b>Susan N. Brown Prize:</b> Best fourth-year undergraduate in Applied Mathematics	2016
<b>Dean's List:</b> A commendation for undergraduates excelling in their chosen field	2016
<b>LMS Undergraduate Research Bursary Award:</b> Funding for summer research project	2015
<b>Andrew Rosen Prize:</b> Awarded for excellence in second year Applied Mathematics	2014
<b>Jefferey Sessional Prize:</b> Best results in first year B.Sc/M.Sci	2013

## SELECTED PRESENTATIONS

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1. **Double Diffusion in the Global Oceans**  
*Gordon Research Conference, 2024*
2. **Ocean Cyclone Splitting Ventilates the Upper Ocean**  
*Ocean Sciences Meeting, 2024; WHOI Seminar, 2023; VEPOSSSS Conference, 2023*
3. **Un-mixing the Ocean: Double-Diffusion and Turbulence in Polar Oceans**  
*Gordon Research Conference, 2024; VEPOSSSS Seminar, 2022; MIT PAOC Seminar, 2022; OSU Seminar, 2022; Leeds Seminar, 2022; Cambridge GEP Seminar, 2021*
4. **Melt-driven convection as a driver of under-ice turbulence**  
*Maths on Ice Seminar, 2021; Forum for Research into Ice Shelf Processes, 2019; Atmospheric and Oceanic Fluid Dynamics Meeting, 2019; EGU General Assembly, 2020*
5. **An introduction to layering beneath ice**  
*KITP Layering Conference, 2021*
6. **A general criterion for the release of background potential energy by double diffusion**  
*UCL Seminar Series, 2019; Cambridge Seminar Series, 2019*

## TEACHING AND PUBLIC SCIENCE OUTREACH

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<b>Guest lecturer:</b>	• Waves and Instabilities course for WHOI graduate students	2022, 2023
<b>Supervision:</b>	• Geophysical Fluid Dynamics Summer School project supervision on simulations of doubly diffusive Kolmogorov flow	2024
	• Summer student on ADCP data taken during CALYPSO	2022
	• Summer student on mooring data beneath Filchner-Ronne Ice Shelf	2021
<b>Teaching assistant:</b>	• Fluid Dynamics, final year undergraduate course	2020
	• FDSE summer school on numerical simulation	2019
	• Mathematics for Natural Sciences, first year undergraduate course	2019
<b>Outreach presentations:</b>	• COP26 London Exhibition on behalf of BAS	2019
	• Bluedot festival on behalf of BAS	2021
	• Fluid dynamics lab experiments open day	2019

## ADDITIONAL ROLES

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<b>Reviewer:</b>	GRL (2), JFM (5), JAMES (1), JPO (4), PRFluids (1), Cryosphere (1), JGR (1)	2021-2023
<b>Convener:</b>	• WHOI DEI working group on post-cruise surveys	2022-2024
	• CALYPSO working group on submesoscale dynamics	2023
	• WHOI Physical Oceanography retreat for strategic planning	2023
	• KITP Layering Workshop session on Layering Beneath Ice	2021
	• EGU session on Ice-Ocean Boundary Layers	2020
<b>Organiser:</b>	• WHOI Physical Oceanography seminar series	2023-2024
	• CALYPSO symposium	2022
	• Ice Shelf-Ocean Boundary Layers group meeting	2017-2020
	• G.K.Batchelor Laboratory seminar series	2018-2019
	• British Antarctic Survey student symposium	2018
<b>Member:</b>	• WHOI Fieldwork Climate working group	2023-2024
	• WHOI Strategic Planning working group	2023