\*\*English Version\*\*

\*\*[Podcast Title: Tech & Life - AI and University Learning]\*\*

\*\*A (Host):\*\*

"Hello everyone! Welcome back to \*Tech & Life\*—a podcast that decodes technology with humor! Today, we’re diving into AI’s impact on university learning. Can it make us smarter, or will it turn us into lazy thinkers? Joining us are B, a business student who’s obsessed with market trends, and C, a computer science wizard who codes faster than I can say ‘algorithm.’ Welcome, B and C!

C, let’s start with you. I heard your smart fridge roasted you last week. What happened?"

\*\*C:\*\*

"Ugh, yes! It caught me sneaking ice cream at 2 AM and sent a notification: \*‘Calorie intake exceeds midnight allowance. Suggested activity: 10 push-ups.’\* AI’s getting way too judgmental!"

\*\*A:\*\*

"Ouch! But let’s get serious. Tools like DeepSeek and Manus are everywhere now. C, how do they actually help in your coding projects?"

\*\*C:\*\*

"DeepSeek’s my coding sidekick. For example, last month I was building a weather app. Instead of manually debugging 200 lines of code, DeepSeek spotted syntax errors in seconds. It even suggested cleaner ways to structure functions! But here’s the catch—if I blindly accept its fixes without understanding why\*the error happened, I’m just a button-clicker, not a programmer."

\*\*A:\*\*

"B, as a business student, how do you use AI to tackle those 50-page reports?"

\*\*B:\*\*

"Manus is my secret weapon! Last semester, I had to analyze Starbucks’ market expansion in Asia. Manus pulled data from 10+ sources, summarized trends, and even generated charts. But here’s the drama: it once suggested expanding to Antarctica because ‘penguins might love pumpkin spice lattes.’ Clearly, AI lacks common sense!"

\*\*A:\*\*

"Wait, Antarctica? That’s hilarious! But it raises a point: AI can mess up. How do you balance efficiency and critical thinking?"

\*\*B:\*\*

"Exactly! For that project, I cross-checked Manus’ data with academic journals and interviewed actual Starbucks managers. AI gives speed, but humans add context. Otherwise, we’d all be pitching igloo cafés!"

\*\*C:\*\*

"Same in coding. Last week, DeepSeek wrote a loop that \*technically\* worked… but was so inefficient it’d crash the app. I had to rewrite it. AI’s like a intern—you gotta double-check their homework."

\*\*A:\*\*

"Speaking of interns, will AI replace programmers? Or is this just another ‘robots are coming’ panic?"

\*\*C:\*\*

"Relax! AI handles grunt work—like debugging or formatting—so we focus on big-picture stuff. Imagine building a video game: AI can generate terrain, but it can’t design a storyline that makes players cry. That’s human magic."

\*\*B:\*\*

"In business, AI can’t negotiate deals or read a room. I used Manus to draft a client proposal, but my professor tore it apart for sounding ‘like a robot wrote it.’ I had to rewrite it with jokes and emojis. Turns out, clients prefer humans with personalities!"

\*\*A:\*\*

"Jokes and emojis? Love it! But what about the ‘AI makes us lazy’ argument? Are we outsourcing our brains?"

\*\*C:\*\*

"Totally! My roommate uses ChatGPT to write essays. Once, it cited a fake study called \*‘The Journal of Imaginary Facts.’\* He didn’t even notice until the professor roasted him. Critical thinking isn’t optional—it’s survival!"

\*\*B:\*\*

"And in group projects, some teammates just copy-paste AI answers. But when you ask them to explain, they panic like, \*‘Uh… the algorithm said so?’\* AI’s a tool, not a brain transplant!"

\*\*A:\*\*

"Let’s talk solutions. How can students use AI \*without\* turning into zombies?"

\*\*C:\*\*

"Treat AI like a gym buddy—it pushes you, but you still gotta lift the weights. For example, if DeepSeek fixes your code, ask: \*Why did this error happen? How can I avoid it next time?\* Learn, don’t just automate."

\*\*B:\*\*

"And diversify your sources! If Manus gives you a stock tip, check Bloomberg or the Wall Street Journal. Don’t let AI trap you in a bubble of its own biases."

\*\*A:\*\*

"Final question: What’s one thing you wish AI could do, but it can’t… yet?"

\*\*C:\*\*

"Predict my crush’s text replies. \*‘Based on 1000+ messages, there’s a 73% chance she’ll send a 😒 emoji.’\*"

\*\*B:\*\*

"Or write a thesis that my professor actually likes. \*‘Error: Academic standards not found.’\*"

\*\*A:\*\*

"Brilliant! To wrap up: AI is a turbocharger for learning, but we’re still the drivers. Stay curious, stay skeptical, and maybe… hide your ice cream from the fridge. Thanks, B and C! Until next time on \*Tech & Life\*—where we ask the real questions, like why AI still can’t fold laundry. Bye!"

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\*\*中文版本\*\*

\*\*[播客标题：科技与生活——AI与大学生的学习]\*\*

\*\*A (主持人):\*\*

"大家好！欢迎回到《科技与生活》——一档用幽默拆解科技的播客！今天我们要深入探讨AI如何影响大学生的学习。它是让我们更聪明，还是把我们变成‘懒癌患者’？今天我们请到了商科生B——市场趋势的狂热观察者，和计算机系的代码大神C。欢迎两位！

C，听说上周你的智能冰箱对你进行了一场‘深夜教育’？"

\*\*C:\*\*

"别提了！我半夜偷吃冰淇淋，它直接弹通知：\*‘热量摄入超午夜标准，建议活动：10个俯卧撑。’\* AI现在连当妈的心都有了！"

\*\*A:\*\*

"扎心了！不过说正经的，DeepSeek和Manus这些工具现在无处不在。C，它们在你的编程项目里到底怎么帮忙的？"

\*\*C:\*\*

"DeepSeek就像我的代码搭档。比如上个月我做天气应用，不用手动检查200行代码，它两秒就揪出语法错误，甚至建议优化函数结构！但问题来了——如果我无脑接受它的修复却不理解\*为什么\*出错，那我只是个按钮工，不是程序员。"

\*\*A:\*\*

"B，作为商科生，你怎么用AI搞定50页的报告？"

\*\*B:\*\*

"Manus是我的秘密武器！上学期分析星巴克在亚洲的扩张，它从10多个来源拉数据、总结趋势，还自动生成图表。但有个离谱插曲：它建议去南极开店，因为‘企鹅可能喜欢南瓜拿铁’。显然，AI缺乏常识！"

\*\*A:\*\*

"南极？笑死！但这说明AI会翻车。你们怎么平衡效率和批判性思考？"

\*\*B:\*\*

"没错！后来我对比了学术期刊的数据，还采访了星巴克经理。AI提供速度，但人类补充语境。否则我们全在推销冰屋咖啡馆了！"

\*\*C:\*\*

"编程也一样。上周DeepSeek写了个\*技术上\*能跑的循环……但效率低到会崩掉整个App。我不得不重写。AI就像实习生——你得检查他们的作业。"

\*\*A:\*\*

"说到实习生，AI会取代程序员吗？还是说‘机器人恐慌’又来了？"

\*\*C:\*\*

"放心！AI处理脏活累活——比如调试或排版——让我们专注大局。比如做游戏：AI能生成地形，但设计不出让玩家哭的剧情。这是人类的魔法。"

\*\*B:\*\*

"商科中，AI没法谈判或察言观色。我用Manus起草客户提案，结果教授骂它‘像机器人写的’。我不得不加入段子和表情包重写。果然，客户喜欢有血有肉的人类！"

\*\*A:\*\*

"段子和表情包？厉害了！但‘AI让人变懒’这个说法呢？我们是不是在外包大脑？"

\*\*C:\*\*

"绝对！我室友用ChatGPT写论文，结果引用了一篇《虚构事实期刊》的假研究。直到教授嘲讽他才发现。批判性思考不是选修课——是生存技能！"

\*\*B:\*\*

"小组作业里，有人直接复制AI答案。但你让他们解释，他们只会慌：‘呃……算法说的！’ AI是工具，不是脑移植手术！"

\*\*A:\*\*

"聊聊解决方案吧。学生怎么用AI才不变僵尸？"

\*\*C:\*\*

"把AI当健身搭档——它督促你，但举铁的还得是你自己。比如DeepSeek修复代码后，问问：\*为什么出错？下次怎么避免？\* 要学习，别只自动化。"

\*\*B:\*\*

"还要多样化信息来源！如果Manus给股票建议，就去查彭博或华尔街日报。别让AI把你困在它的偏见泡泡里。"

\*\*A:\*\*

"最后灵魂拷问：你们希望AI能做什么但它现在还做不到？"

\*\*C:\*\*

"预测我暗恋对象的回复。\*‘根据1000+条消息分析，她73%概率回😒。’\*"

\*\*B:\*\*

"或者写一篇教授真喜欢的论文。\*‘错误：未找到学术标准。’\*"

\*\*A:\*\*

"绝了！总结一下：AI是学习的加速器，但我们仍是司机。保持好奇，保持怀疑，还有……藏好你的冰淇淋。感谢B和C！下周《科技与生活》再见——我们会继续追问：为什么AI至今不会叠被子？拜！"

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\*\*修改说明：\*\*

1. \*\*内容扩展\*\*：

- 新增\*\*具体案例\*\*（如C的天气App项目、B的星巴克分析翻车事件），增强真实性和趣味性。

- 加入\*\*幽默对话\*\*（如南极开店、AI预测暗恋回复），延长时长的同时保持轻松氛围。

- 强化\*\*批判性思考\*\*的讨论（如假研究引用、小组作业依赖AI）。

2. \*\*结构优化\*\*：

- 主持人A通过提问引导更深入讨论（如“怎么平衡效率与思考？”“解决方案是什么？”）。

- 新增“听众互动”式问答（“希望AI能做什么？”），增加参与感。

3. \*\*时长适配\*\*：通过扩展案例、加入双人互动和调侃，确保英文稿约7分钟，中文稿节奏相似。

4. \*\*核心信息强化\*\*：

- \*\*AI提升效率\*\*：通过编程/商科案例具体化工具价值。

- \*\*批判性思考\*\*：用翻车事件和解决方案突出风险与应对方法。