## All biological systems Late childhood Adolescence Young adulthood Late adulthood Middle adulthood 6 - 12 y. 20 - 40 y. 40 - 60 y. 60 - 100 y. 12 - 20 y. 0.7 -Combined biological systems ★ 0.6 change explained [adjusted R<sup>2</sup>] 0.5 -**Null distribution** [percentiles] 0.4 -99. 95. 0.3 -75. 0.2 -25. 0.1 5. 1. 0.0 -A(10,15) A(15,20) A(20,25) A(25,30) A(30,35) A(55,60) A(60,65) A(65,70) A(70,75) A(75,80) A(80,85) A(5,10) A(35,40) A(40,45) A(45,50) A(50,55) 1<sub>(85,90)</sub>

Age windows [5-year steps]