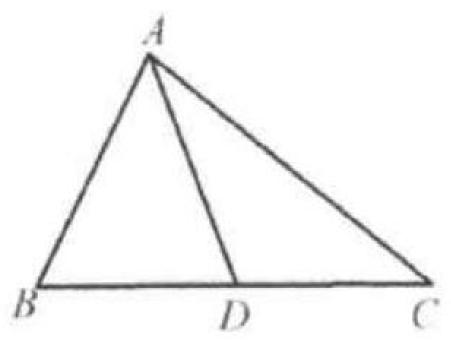
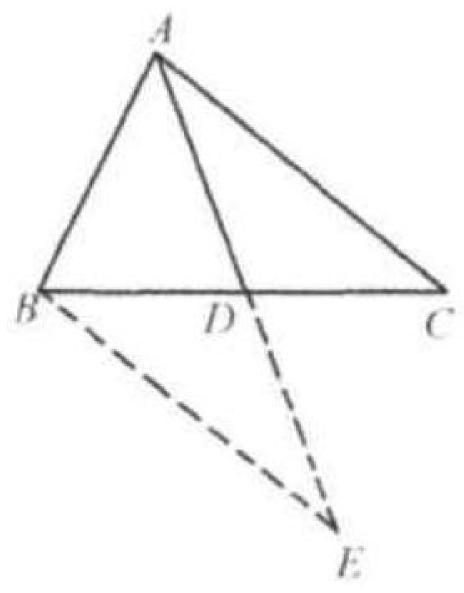
## Example 4

In  $\triangle ABC, AB=7.AC=11.AD$  is the median on side BC. How many integer values are there of AD ?

Solution: 6.



Extend AD to E such that AD = DE. Connect BE. Since  $DE = AD, \angle BDE = \angle CDA.BD = DC$ . Thus  $\triangle BDE \cong \triangle CDA, BE = AC = 11$ . By the triangle inequality theorem,



 $\begin{array}{c} 11-7 < AE < 11+7 \Rightarrow 4 < 2AD < 18 \Rightarrow \quad 2 < AD < 9. \\ \text{There are six possible values: } 3,4,5,6,7, \text{ and } 8 \ . \end{array}$