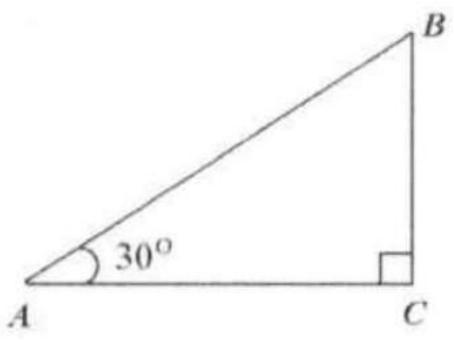
Example 1

Show that for right triangle, if $\angle A=30^\circ$, then $BC=\frac{1}{2}AB$. Proof: Draw the median MC. Since MC is the median, MC=AM=MB.



Triangle AMC is an isosceles triangle with $\angle MAC = \angle MCA = 30^\circ$. Since $\angle BMC$ is the exterior angle of triangle AMC, $\angle BMC = \angle MAC + \angle MCA = 30^\circ + 30^\circ = 60^\circ$. So, triangle MBC is an equilateral triangle with BC = MC = MB. That is $BC = \frac{1}{2}AB$.

