

Development of a German Instrument for Self-Rated Data Literacy

An Algorithm-based Approach to Scale Development

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Contents

Abstract

The increasing relevance of competent and critical handling of data in society not only makes it possible to record this competence, but also makes self-perception with regard to this competence increasingly clear. Previous approaches consider this competence primarily against the specific background of individual target groups, jobs or roles (?). In addition, only a few explicitly refer to the general population (?; ?). In view of the various theoretical approaches, there is a need for a uniform definition of data literacy in order to create comparability. Our aim is therefore to derive a holistic definition based on these approaches and to develop a questionnaire for self-perception of one's own data literacy. To this end, the decisive factors for the construct from previous definitions and operationalizations in various disciplines are brought together. Cognitive interviews are conducted iteratively to create and refine the items. The items are then selected using algorithm-based item selection. The facets of data literacy are comprehensively tested for factorial, discriminant, convergent and congruent incremental validity in order to promote a differentiated understanding of the construct. Construct and criterion validity are tested using correlations and hierarchical regression analyses, while cross-validation checks the robustness of the instrument. Based on a cross-sectional online questionnaire study, we found XXX The self-assessment questionnaire promotes a holistic assessment of competence and its perception for further research, for example by comparing self-assessment and actual performance. *Keywords: Data Literacy, Questionnaire Development, Algorithm-Based Item Selection, Genetic Algorithm*

Acknowledgements

I dedicate this thesis to

I want to thank my advisers, Prof. Martin Schultze, Prof. Timo Lorenz, and Prof. Manuel Völkle for their time and patience, and my friends for their resourceful advice:

1 Background

In the current digital age characterized by an overwhelming influx especially of online information, it is imperative to accurately distinguish credible, well-substantiated news from various forms of rumors, misinformation, and falsehoods (?? ?). Previous research has examined our capacity to assess the trustworthiness of news sources and the subsequent effects on online behaviors, such as information-sharing practices (e.g. ?? ?). Thus, the relevance of data literacy in today's society becomes evident as it serves as a potent tool in navigating the complex data-driven environment (?? e.g.: ?? ?; ?). In a world characterized by information overload and rapid technological advancements (?? ?; ?), individuals equipped with strong data literacy skills can discern patterns, critically evaluate information, and make informed decisions (e.g. ?? ?). The exploration of citizens' interaction with media and the cultivation of their agency has traditionally started around concepts such as written literacy, media literacy, information literacy, and digital literacy [QUELLE]. In more recent discussions, data literacy has been approaching relevance among discussed competencies regarding what is necessary for agency in the current society (?? ?). Deficiency in data literacy not only exposes individuals to various risks and harms on personal, social, physical, and financial levels but also constrains their capacity to actively engage as informed citizens within an evolving, data-driven society (?? ?). Thus, data literacy is a competency that is becoming increasingly important to everyone. Research has acknowledged this in recent years, as more and more research is being done in that direction (?? ?). This study aims to complement the current research, with a self rating questionnaire for assessing data literacy among citizens.

Data literacy involves the ability to effectively collect, manage, evaluate, and apply data in a critical manner (?). According to Wolff et al. (?), it means being able to ask and answer everyday questions using both small and large datasets while considering ethical aspects. This includes skills such as selecting, cleaning, analyzing, visualizing, criticizing, and interpreting data, as well as communicating insights from data and using data for various purposes. Frank (?) distinguish between cognitive skills, like data collection and analysis, and social skills, which involve trusting data while maintaining skepticism. Calzada Prado & Marzal (?) outline five dimensions of data literacy: understanding data, acquiring data, interpreting and evaluating data, managing data, and using data. Understanding data includes knowing their types, roles, and significance, while acquiring data involves evaluating and selecting sources. Interpreting and evaluating data encompass understanding different presentation methods and data interpretation. Managing data includes storage, management, and reuse. Using data involves

preparation, analysis, communication, and ethical considerations (?). This small comparison already highlights one prominent feature of data literacy - It is a heterogeneous concept (?). Every subject or profession seems to hold their own definition or framework of data literacy (?; ?). While that most certainly is good for assessing specific skills (e.g. in an Recruitment test), it limits the generalisability and comparability of data literacy across individuals with different background. It furthermore limits the accuracy of communication about the topic as two people with different background might hold different definitions on data literacy. In the study from Cui et al. (?) it also becomes apparent, that one group seems to be underrepresented in the research on data literacy: citizens. Despite being the largest demographic group, citizens are often overlooked in favor of specific professions such as researchers, librarians, students, or educators (?). Citizens in this case mean people of the general public, that hold no special role or profession, related to data handling or aspects related to data literacy (?). This trend raises questions about the emphasis on certain aspects of data literacy, many of which tend to align more closely with professional roles than with the needs of laypeople (?). In their Framework Schüller (?) highlight the different roles in their data literacy framework: Some of the facets or skills regard “data-consumption”, whereas the most are skills “data-producers” would have. This is also reflected when taking a look into related concepts. The definition proposed by Wolff et al. (?) suggests that data literacy shares some common competencies with statistical and information literacies.

Information literacy, often studied in library sciences, overlaps with data literacy in terms of accessing, critically evaluating, and using data sources (?; ?). Wolff et al. (?) also emphasize the importance of the data inquiry process, starting from identifying problems, designing studies, acquiring data, conducting analysis, to drawing data-based conclusions. In comparison, Gould (?) argued that data literacy is essentially the same as statistical literacy but with additional competencies needed due to the increasing importance of data. These added competencies include understanding who collects the data, how and why data is collected, and understanding data privacy and ownership (?). However, while statistical literacy focuses on quantitative data and basic statistics, data literacy extends to the ability to understand, access, evaluate, and use arguments and decision-making based on both quantitative and qualitative data (?).

The name data literacy suggests that one is talking of some form of capability, skill or ability. In fact, data literacy can be seen as more on the side of competences or proficiencies. The distinction lies in the fact, that many behaviors, incorporated in data literacy go beyond the mere question of whether a person is “able to do it”. It includes the question of one’s motivation to do it. This stands in opposition to

a former trend, where such literacies were understood cognitively [QUELLEN], thus concerning the mere cognitive predisposition of a person. When talking about data literacy as a competency, the emphasis lies on the possibility to do or not do something, assuming that one has the ability to do it. Thus data literacy incorporates several abilities but also certain personal predispositions or convictions [QUELLE].

When discussing data literacy, it's essential to understand the distinctions between the terms data and information and their relationship to one another. The concepts of data and information are foundational in various fields, yet their precise definitions and relationships are often subject to interpretation (e.g. ?; ?). In essence, data can be thought of as raw, unprocessed symbols or observations, lacking inherent meaning (?). Information on one hand is characterized by the amount of surprise data evokes in another person (?). Bates (?) on the other hand emphasizes that data evolves into information through interpretation and organization, becoming comprehensible and relevant within a specific context or purpose. Does that mean that data is entropy while information stands in opposition to it?

Not necessarily. Shannon (?) defines entropy as a measure of uncertainty or disorder in a system. In information theory, entropy is often associated with the amount of unpredictability or randomness in a set of data. However, entropy can also be viewed as a measure of information content within a system (?). This perspective suggests that low entropy corresponds to a high concentration of meaningful information. Similarly, the work of Jaynes (?) highlights the connection between entropy and information, proposing that information can be quantified in terms of the reduction of uncertainty or entropy in a system. So according to those sources, while data serves as the raw material from which information is derived, it's the reduction of entropy through organization and interpretation that gives rise to meaningful information. Thus, rather than viewing data as synonymous with entropy or information, it is more accurate to consider information as emerging from the structured representation of data.

It is structured representation of data, that also according to the framework of (?), citizens are primarily concerned with: Citizens holding roles where they mainly consume data or information. Consequently, they may encounter difficulties with tasks or items related to producing facets such as providing or exploiting data. This imbalance could potentially undermine the fairness of tests and questionnaires designed to assess data literacy, particularly, if these assessments prioritize data and statistical literacy over information literacy. Therefore, our objective was to formulate a definition that adequately addresses both domains, ensuring a balanced representation.

1.1 Conceptual Integration

Thus, via conceptual integration we arrived at the following definition: data literacy is the ability to collect, manage, evaluate, and apply data effectively. It involves asking and answering real-world questions from datasets while considering ethical use. Core skills include selecting, cleaning, analyzing, visualizing, presenting, critiquing, and interpreting data, information and their sources (??; ?; ?). The construct can be structured in five facets (Comprehension, Evaluation, Integration, Communication & Statistics)(figure 1) that are also very prominent in most definitions in the literature (?). We further divided them into “consumer” facets (Comprehension, Evaluation & Integration), which are relevant for nearly every person in society, from citizens up, as well as “producer” facets (Communication & Statistics), which are mainly relevant for people, actively working with data.

1.1.1 Comprehension

This factor encompasses skills related to understanding and critically evaluating data and information. It involves the ability to comprehend various forms of data presentation, detect inconsistencies, interpret data comprehensively, and identify logical fallacies. Individuals with high scores on this factor demonstrate a strong aptitude for processing and making sense of information across different formats, enabling them to draw accurate conclusions and insights.

1.1.2 Evaluation

This factor involves skills related to critically evaluating information sources and discerning between facts and opinions. It encompasses the ability to assess the credibility and reliability of information, considering factors such as the reputation of the source and the context in which the information was presented. Individuals scoring high on this factor demonstrate awareness of potential biases or vested interests in information sources.

1.1.3 Integration

This factor relates to the ability to integrate data-driven insights into one’s worldview and values. It involves actively seeking comprehensive understanding of various topics, engaging with diverse perspectives, and consciously incorporating data-driven insights. Individuals scoring high in this factor adapt their opinions based on new data, prefer evidence-based information, and ensure their val-

ues align with reliable data. They engage with information and perspectives that challenge their existing views, showing a willingness to reassess their opinions and positions based on new data.

1.1.4 Communication

This factor revolves around the skill to effectively communicate and present data through various means, including visual formats, verbal explanations, and written descriptions. It requires translating complex data into clear formats, ensuring comprehension by varied audiences. Individuals scoring high in this factor hold the ability to translate data into simple visualizations, present findings confidently, and articulate complex information effectively in written and visual as well as verbal formats.

1.1.5 Statistics

This factor covers skills related to managing and analyzing data effectively. It involves proficiency in organizing and analyzing data using software tools, conducting statistical analyses, and understanding research methodologies. Additionally, it includes conducting interviews or surveys for data collection, performing basic statistical analysis and recognizing trends in graphical representations. Individuals scoring high on this factor exhibit competence in statistical methods, enabling them to effectively analyze data and interpret findings.

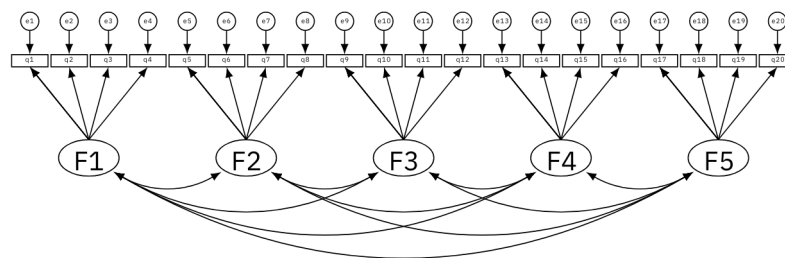


Figure 1: Illustration of the Model data literacy.

1.2 Delineation from other concepts - Convergent Constructs

This definition of data literacy encompasses certain characteristics and behaviors from similar constructs. Examples for those convergent constructs are *critical thinking*, *media competency*, *technology competency*, *statistical literacy* as well as

information literacy (?; ?; ?). As those constructs share substantive parts, differing in size regarding the respective definition of the constructs, it is to be expected that all of them show moderate to strong positive correlations.

Our definition incorporates statistical literacy (?) by emphasizing data interpretation, analysis, and understanding different types of data representations, such as graphs and tables (Statistics). It includes elements of information literacy (?) by focusing on evaluating the credibility of data sources, considering factors like reputation and biases, similar to assessing the quality of information sources (Evaluation & Integration)(?). Both statistical and information literacy involve using data and information to make informed decisions (?; ?). Data literacy emphasizes integrating data-driven insights into one's opinions and values, which influence decision-making processes, without focusing on the decision making. Thereby it aligns with the goals of statistical and information literacy (vgl. figure 2). The factor "Comprehension" encompasses behaviors and skills associated with critical thinking (?; ?), such as identifying weaknesses in one's reasoning or actively shaping discourse and public dissemination of information. The factors "Evaluation" and "Statistics" encompass behaviors and skills related to technology competency, including navigating and critically evaluating online sources and platforms, using information and communication technology, and utilizing statistical software. The "consumer" factors are closely related to media literacy, focusing on skills related to critically analyzing and interpreting various media formats for understanding and engaging with media content (vgl. figure 2).

In contrast to our definition, statistical literacy often focuses more narrowly on statistical concepts and methods, such as probability, sampling, and hypothesis testing (?). Our definition encompasses a broader range of skills beyond statistical concepts, such as data visualization, software usage, and understanding data collection methods. While information literacy involves assessing the quality of information sources, our definition places a particular emphasis on assessing data quality, considering factors like sample size, biases, and data context. This aspect extends beyond traditional information literacy (?) and is more specific to data literacy. Data literacy involves proficiency in using technology, but specifically focuses on understanding and working with data. Technology competency encompasses a broader set of digital skills that extend beyond those relevant for data literacy.

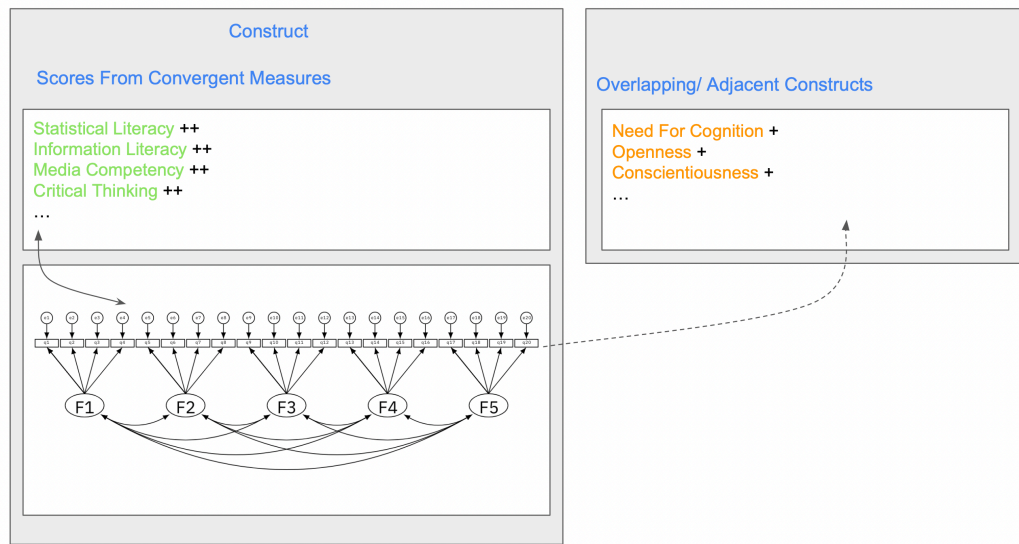


Figure 2: Illustration of the nomological net of data literacy.

1.3 Discriminant Constructs

1.3.1 Need for Cognition

The personality trait known as *Need for Cognition* (NFC) originated in social psychology during the 1940s and 1950s. The concept of NFC, representing an inclination for joyful thinking, is evident in the works of Maslow (?), Murphy (?), Asch (?), and Sarnoff & Katz (?). However, the conceptualization of NFC underwent refinement in the mid-1950s through experimental investigations (?). They defined NFC as “a need to structure relevant situations in meaningful, integrated ways. It is a need to understand and make reasonable the experiential world” (?). The concept captures individual variations in the engagement and enjoyment of thinking tasks (?). As data literacy incorporates several cognitive aspects as well as the motivation to understand data and information one gets presented with, it is expected to correlate positively with one’s need for cognition. As need for cognition is more trait like and data literacy is more a competency and therefore less stable, it should not correlate too highly positive, i.e. correlation should be small (vgl. figure 2).

1.3.2 Openness to new experiences

Openness to new experiences reflects a broad appreciation for art, emotion, adventure, unconventional ideas, imagination, curiosity, and diverse experiences. Individuals high in openness tend to be intellectually curious, receptive to emotions, appreciative of beauty, and eager to explore new possibilities (?). They are

often more creative and emotionally attuned compared to those low in openness. However, they may also be perceived as unpredictable and prone to engaging in risky behaviors, including drug use (?). High openness is associated with seeking intense and euphoric experiences as a means of self-actualization. In contrast, individuals low in openness tend to seek fulfillment through perseverance and are characterized as pragmatic and sometimes viewed as dogmatic or closed-minded. The interpretation and contextualization of the openness factor remain debated, partly due to a lack of biological evidence supporting this trait. Unlike other personality traits, openness has not shown consistent associations with specific brain regions in neuroimaging studies (?). As already mentioned, data literacy can be thought of as a competency, thus incorporating the individual motivation, leading to a certain behavior. Therefore, openness to new experiences is expected to correlate positively with data literacy. As openness to new experiences is more trait like and data literacy is not, the correlation is expected to be small (vgl. figure 2).

1.3.3 Conscientiousness

Conscientiousness refers to an individual's propensity for self-discipline, dutifulness, and striving for achievement in alignment with external standards or expectations. It encompasses levels of impulse control, regulation, and goal-directed behavior (?; ?). High conscientiousness is characterized by persistence and focus, often perceived as stubbornness, whereas low conscientiousness is linked to flexibility and spontaneity, potentially manifesting as carelessness and unreliability (?). Individuals with high conscientiousness tend to prefer planned actions over spontaneous ones (?).

The cognitive aspects of data literacy as well as the motivation to understand data and information speaks to the conscientiousness of people as well. As being critical and at times detail oriented (e.g. in interpreting results, or spotting inconsistencies in presented information or while examining the credibility of sources) is also integral to data literacy, data literacy and conscientiousness are expected to correlate positively. As conscientiousness also trait opposing to data literacy, they should not correlate to highly positive, i.e. correlation should be small (vgl. figure 2).

1.4 Aim of the Study

The aim was to derive a comprehensive definition of data literacy based on existing approaches and to develop a questionnaire for self-rated data literacy with cit-

izens being the target population. An emphasis lies on measuring the three consumer factors of the construct (Comprehension, Evaluation & Integration). Thus the research question of this study is:

“Does the proposed set of items effectively capture the latent factor structure of self-rated data literacy, and can the created scale be considered a reliable and valid measure of this construct?”

H1: The test-data will support the suggested latent factor structure and the proposed measurement model.

H2: The latent factor structure of the initial analysis will be supported by a different sample.

H3: A moderate to high positive correlation with the SWE-IV-16 (?) is expected.

H4: A moderate positive correlation with the the ICT-SC25 (?) is expected.

H5: A small positive correlation with the NFC-K (?) is expected.

H6: A small positive correlation with the the BFI-10 (?) is expected.

2 Methods

2.1 Item Creation

A literature review was done to create items and then ten cognitive interviews were held to refine those potential items. The interviews were administered iteratively to refine the items consecutively. The refined items are then asked alongside other questionnaires in a online survey. We will treat the first 25 participants like a pilot, to check for potential problems in the survey (like length, spelling mistakes that have been overlooked etc.).

2.2 Sample

The participants are recruited through a combination of personal and professional networks, along with outreach on several online social media platforms (e.g. Instagram, LinkedIn, Whatsapp, Telegram and via e-mail). Conducted in German, the participation in the study was entirely voluntary, with no external incentives provided. We conducted a-priori power analysis to determine the necessary sample size for the structural equation modelling. We used the ‘semPower’ package in R (?) and also took a look into studies with similar goals and methods. The power analysis gave an analytical estimate for $N=645$, and a simulated estimate $N=613$, for the respective measurement model. In the literature sample sizes of

$N=500$ up to $N=1000$ could be found (?; ?; ?). So the optimal sample size, we are aiming at, lies somewhere between those numbers.

Participants had to be of legal age to be included in the study. Furthermore, attention check questions are included (three instructed response items and one seriousness check item at the end) within the survey to assess participants' attentiveness. Participants who fail to correctly answer two out of the four attention check questions will be excluded from the analysis.

The following characteristics of this study's sample will be made with referral to the respective statistics in the German population of 2022. The sample for this study comprised $N=612$ participants. Within the sample, 48,3% identified as female(50,65%), 50,2% as male(49,35%), and 1,5% did not identify with binary gender categories (?). The average age was XX($M = 44,6$)(?), with an average age of XX amongst women ($M = 45,9$)(?) and XX amongst men ($M = 43,2$)(?). Regarding education, participants exhibited a [insert educational level- specifying the range or types of educational levels observed in the sample]. XX% of the participants had a full time employment at the time(65,15%; Men = 42,40%, Women = 22,75%)(?; ?), XX% had an part time employment (28,22%; Men = 6,16%; Women = 22,06%)(?; ?) and XX% had no work at the time of the survey (6,63%)(?). The study encompassed every sector within the occupational classification at least once (?). XX% of the participants indicated that they were students at the time of the survey (3,39%)(?).

2.3 Open Science Standards

This project uses the reproducibility workflow proposed by Peikert et al. (?). 'Docker' and 'renv' work together to create a reproducible and portable environment. 'Docker' captures the complete software stack, while 'renv' focuses on managing R package dependencies and providing a clear documentation of the R package environment. This combination ensures that the analysis can be easily reproduced and shared with others in a reliable and transparent manner. It is to be mentioned, that the repro package from Peikert et al. (?) has slightly changed in its functionality, namely that it does not ensure any longer, that old versions of the used software get reinstalled. Furthermore we used the 'reproducibleR-chunks' package from Brandmaier & Peikert (?). This package enables the verification of computational results in R for reproducibility, ensuring that the same script with the same data produces identical results across different computers or at different times. When knitting the respective document, one can see the results for the respective chunks, as to whether they are reproducible or not. The study was preregistered at Zenodo (DOI:10.5281/zenodo.11196495).

2.4 Procedure

A cross-sectional online survey is used to examine a sample from the general population. Participants complete the Self-perceived Data Literacy Scale alongside demographic questions and additional validation measures. Survey questions of each measurement are randomized for each participant to minimize order effects and response biases. To shorten the overall length of the assessment the questions in each factor of the data literacy questionnaire are randomly selected for each participant. That way each participant only answers half of the possible items, the other half are planned missings.

2.5 Instruments

2.5.1 Measuring Data Literacy

On Data Literacy the participants will be asked to answer 71 items. Each participant will answer 38 items of the 71 that are randomly selected. To answer the items, respondents indicate their agreement on a five-point Likert scale (1 = “strongly disagree”, 2 = “somewhat disagree”, 3 = “neither agree nor disagree”, 4 = “somewhat agree”, 5 = “strongly agree”) with a “don’t know” option.

2.5.2 Measuring Information Literacy

The SWE-IV-16 (?) (McDonalds $\omega = .91$; Cronbachs $\alpha = .91$) assesses the self-efficacy beliefs of adolescents and adults in their ability to engage in information behaviour. This questionnaire measures the process model of information-related problem-solving (?). In our study this construct is used as a proxy for information literacy. It consists of 16 statements addressing self-assessed abilities in searching for and evaluating information, as well as managing information searches effectively. Each statement begins with “When I search for information on a topic or a specific question...” and respondents indicate their agreement on a five-point Likert scale (1 = “strongly disagree”, 2 = “somewhat disagree”, 3 = “neither agree nor disagree”, 4 = “somewhat agree”, 5 = “strongly agree”). The total scale value is computed as the arithmetic mean of the items, which may be inverted if necessary. Calculation of the total value requires valid responses to at least 12 of the 16 items. The final questionnaire is expected to correlate moderately up to highly positive with the SWE-IV-16 (?), measuring peoples ability to engage in information behaviour.

2.5.3 Measuring Need for Cognition

The NFC-K (?) (McDonalds $\omega = .62$; Cronbachs $\alpha = .60$) is a tool used to assess the NFC through four items, which represent two facets: “engagement” and “joy”. The NFC-K is measured with a seven-point response scale, ranging from “strongly disagree” (1) to “strongly agree” (7), with a “neither” option in the middle. The German version of the scale is adapted from the original English scale by Cacioppo & Petty (?) and translated by Bless et al. (?). To determine an individual’s NFC score, a mean value (scale value) is computed from the four raw score points of the responses. The resulting mean values range between 1 and 7. A small to moderate positive correlation with the NFC-K (?) is expected, assessing the Need for Cognition (NFC).

2.5.4 Measuring Technology Competency

To assess self-perceived competence in using information and communication technology (ICT), the five general items of the ICT-SC25 (?) will be used (McDonalds $\omega = .93$; Cronbachs $\alpha = .93$). The ICT-SC25 is a scale consisting of 25 items designed to assess self-perceived competence in using information and communication technology. It is available in both German (ICT-SC25g) and English (ICT-SC25e). The scale measures general and domain-specific ICT competence, including communication, processing and storing, content generation, safe application, and problem-solving skills. Items are measured using a six-point fully-labeled Likert-type rating scale ranging from strongly disagree (1) to strongly agree (6). Researchers can choose to utilise either the entire scale or individual subscales based on their specific research objectives. The ICT-SC25g/e is applicable for both manifest and latent analysis. Manifest scale scores for the ICT-SC25g/e are calculated separately for each subscale by computing the unweighted mean score of the items within each subscale (?). A moderate, positive correlation of the final scale with the five general items of the ICT-SC25 (?) is expected.

2.5.5 Measuring Openness and Conscientiousness

The BFI-10 (?) will be used to assess personality based on the five-factor model. Only the items on openness (McDonalds $\omega = .63$; Cronbachs $\alpha = .63$) and conscientiousness (McDonalds $\omega = .56$; Cronbachs $\alpha = .56$) were assessed. The items are answered on a five-point rating scale from “strongly disagree” (1) to “strongly agree” (5). To measure the respondent’s individual traits on the two personality dimensions, the responses to the two items for each dimension are averaged. First, the negatively worded item is recoded (items 1, 3, 4, 5, and 7), then the mean

value is calculated for each dimension from both the recoded and non-recoded items. The values for the five dimensions range from 1 to 5 (see B. Rammstedt & John (?) for reference values). Small to moderate positive correlations with openness and conscientiousness of the BFI-10 (?) are expected.

3 Analysis

3.1 Data Quality

Careless or inattentive response patterns were analyzed by the ATC items. Furthermore, the data was checked for outliers. Because of the planned random missings in the data, those missings were imputed via the ‘mice’ package, with predictive mean matching. Also for model estimation, full information maximum likelihood was used to handle the missing data.

3.2 Main Analyses

Algorithm based item selection via the R package ‘stuart’(?) and CFA via the R package ‘lavaan’(?). Inference criteria: Model fit will be assessed using established criteria (e.g.: Hu & Bentler (?)). Comprising of Chi square significance testing as well as a combination of several fit indices, i.e., RMSEA < 0.05, SRMR < 0.07, CFI > 0.95. Model-specific cutoff values will be considered as well, using the ‘ezCutoffs’ package(?)

3.3 Rationale for Measurement Model

One decision that needs to be done by the researcher before the item selection with ‘stuart’, is the design of the measurement model, or how many items per factor the final scale should have. This scale will be created as parsimonious as possible, while ensuring that there is a real model fit to be estimated. So the decision in this case was of statistical nature, while with three items per factor, the model would have been just identified, four items per factor is the most parsimonious choice, where there is already a real model fit, that can be assessed in the end.