

Pilaar Duncan Family
Pool Rules

Developed By
CHRIS DUNCAN, LEO DUNCAN, LILY DUNCAN,
TOM DUNCAN, CARLA PILAAR, & MARK PILAAR

Compiled By
LEO DUNCAN

1 Format of Games

1.1 Games are generally played in a best-of-one, best-of-three, or best-of-seven format.

1.1.1 Best-of-one matches are common when the players feel like a game but not too much of a commitment. This format sees whoever wins the game win overall.

1.1.2 Best-of-three matches are the most common. The first player to win two games wins overall.

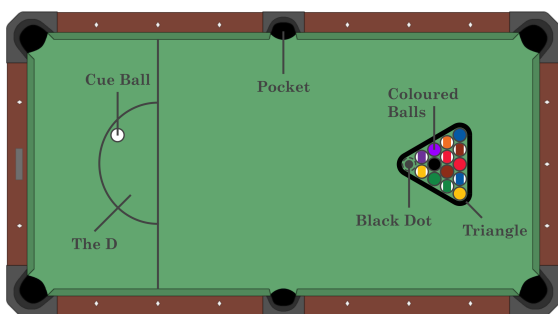
1.1.3 Best-of-seven matches are usually the format for multi-day or holiday-long tournament-style competitions. In this, the first player to win four games wins overall. This format is more common in the Doubles variation of play (see Section 10).

2 Racking

2.1 Racking up the balls involves setting all 15 balls up in the standard triangle formation for the opponent to break. The opponent is encouraged to make sure the rack is tight.

2.2 Determining Who Racks: The general rule is “challenger racks,” i.e., the person who challenged their opponent racks the balls. For example, if a player says, “Do you want a game?” they are the challenger, and thus they rack the balls. This general rule also extends to after each match. If a rematch is desired, the loser of the previous game is the challenger, and thus, they rack the balls.

2.3 Formation and Position of Rack:



2.3.1 The 15 numbered balls are racked in a triangle with the black/8-ball in the centre (i.e., middle of the third row). Other than the black/8-ball, there is no required pattern for the order of the balls.

2.3.2 The player racking needs to ensure that all the balls are tightly packed with no gaps.

2.3.3 The triangle points towards the front of the table (where the opponent breaks from), with the front-most ball centred on top of the black dot.

2.3.4 If a triangle racking tool is used, this is removed once the balls are in place. If the balls

move when the triangle is removed, it should be placed back on, squishing the balls back together.

2.3.5 The opponent breaking may inspect the rack for gaps and the position of the black/8-ball, but may not complain about the pattern of the coloured balls.

3 Breaking & Establishment of Set

3.1 The player breaking places the cue ball in the D.

3.2 The player breaking has the right to “Call the Break” (see Section 7.1). This is optional. Remembering to do this is the player’s responsibility.

3.3 The player breaking may hit the cue ball into any part of the rack, although hitting the front-most ball is typically recommended.

3.4 If the player breaking completely misses the rack (often due to a mishit), they may pick up the cue ball and have one more attempt, provided no other ball has moved. This second chance still applies if all balls have been missed and the cue ball was sunk or bounced off the table. A second failed attempt will see the break handed to the opponent.

3.5 If the white ball hits the rack and ends up sinking, this is a foul.

3.6 If any balls get knocked off the table during the break, this is a foul. See Section 5.3.10 for returning the balls to the table.

3.7 If a coloured ball is sunk off the break, that set is the player’s balls (i.e., overs or unders). The player can then take their next shot.

3.8 If multiple coloured balls from different sets are sunk off the break, the player chooses which set to play. The player can then take their next shot.

3.9 If no balls are sunk off the break:

3.9.1 At this stage, neither player has a set that belongs to them. The players will alternate turns to hit any coloured ball (not the black/8-ball) until a ball is sunk and sets are assigned.

3.9.2 If the black/8-ball is hit first, this is a foul.

3.9.3 If multiple balls from different sets are sunk off the same shot, whichever went in first is the set assigned to the player. If neither player saw which ball sunk first, the player chooses their set. No foul is awarded and the player can continue their turn.

3.10 If the black/8-ball sinks off the break, this is an instant loss.

4 General Play

- 4.1 A player's turn consists of them striking the cue ball into their coloured balls, typically with the goal of sinking them.
- 4.2 The player must strike the cue ball with at least one foot on the floor. "Tippy toes" are permissible.
- 4.3 If the opponent fouled on their turn, then the player gets an additional shot (see Section 5 for more on fouls).
- 4.4 If a player sinks all of their coloured balls, they can now hit the black/8-ball with the cue ball directly.
- 4.5 The players alternate turns until the game is ended. See Section 8 for the ending of the game.

5 Fouling

- 5.1 If a foul occurs, then the player's turn ends, and the opponent is granted an extra shot in their turn.
- 5.2 Fouls do not stack. For example, if a player misses all balls and sinks the white, the opponent still only gets one extra shot.

- 5.3 Circumstances that give rise to fouls are as follows:

5.3.1 The cue ball is hit into a ball that is not the player's own first. This does not include coloured balls being hit during the break (Section 3.3) or during any subsequent shots until a ball sinks (Section 3.9). Hitting the black/8-ball first remains a foul in these instances. This rule is excepted in some cases of a snooker (Section 6).

5.3.2 The cue ball does not hit any ball.

5.3.3 The player sinks the cue ball.

5.3.4 The player sinks an opponent's ball.

5.3.5 Striking the cue ball while any ball on the table is still moving.

5.3.6 The player fails a nomination while attempting to escape some forms of a snooker (see Section 6).

5.3.7 The cue ball is meant to be in the D, but the player strikes it while it is outside the D (reasonable allowances are made if it's only outside by a few milimetres).

5.3.8 The player performs a push shot. This is when the cue ball is touching another ball, and striking the cue ball also moves the touching ball.

5.3.9 The player touches any ball with any object other than the cue ball with the cue tip.

5.3.10 Any ball ends up off the table during the player's turn.

- If it is the cue ball, the opponent takes their shot from the D.
- If it is a coloured ball, the players attempt

to place it as close to the black dot as possible (see Section 2.3 for the location of the black dot). This also applies if multiple coloured balls are knocked off the table.

- If it is the black/8-ball, the player loses.

5.3.11 The player performs an intentional jump shot.

5.3.12 The player bumps the table, causing significant movement of the balls. The players' best judgment is used to determine if any movement of the balls is "significant".

5.3.13 Some cases of bad behaviour (see Section 11).

5.4 If a player is awarded a foul shot but then fouls on their first shot, then their turn ends and regular foul rules apply.

5.5 An intentional foul is when the player fouls intentionally. E.g., purposefully hitting an opponent's ball away from a pocket. If a foul is deemed intentional, it is an instant loss for the offending player.

6 Snooker

6.1 A snooker (or "total snooker") is defined as when the player is unable to see either side of any of their balls. The situation by which the snooker came to be can change any special rules associated with it.

6.2 Legal Snooker:

6.2.1 If the player is on their coloured balls, a snooker is a pain in the ass. The most common way of getting out of this is by using the cushions to rebound the cue ball.

6.2.2 If the player is on the black/8-ball, the player has the option of enacting *Nomination Rule 1* (see Section 6.6.1). This does not apply in the case of a self-snooker.

6.3 Foul Snooker:

6.3.1 The player has the option of enacting *Nomination Rule 2* (see Section 6.6.2).

6.3.2 In the case of a foul table snooker, the player may move the cue ball to the D. If the player remains snookered in the D, they have the option of enacting *Nomination Rule 2* (see Section 6.6.2).

6.4 Self Snooker: In no case of self snooker is the player allowed to enact a nomination rule.

6.5 Partial Snooker: In no case of partial snooker is the player allowed to enact a nomination rule.

6.6 Nomination Rules:

6.6.1 Nomination Rule 1: This rule occurs during a legal snooker on the black/8-ball. The player may nominate a ball that is not their own to hit first with the cue ball. This nominated ball

must then hit one of the player's own balls. The player must state the nominated ball verbally. The player is not required to specify which ball the nominated ball will hit. If the cue ball hits any other ball before the nominated ball, it is a foul. If the nominated ball hits any other ball before it hits the player's ball, it is a foul. If the nominated ball misses the player's ball, it is a foul. If any ball sinks, it is a foul. This uses up one of the player's shots.

6.6.2 Nomination Rule 2: This rule occurs during a foul snooker. The player may nominate any ball on the table for the cue ball to hit instead; the nominated ball is not required to hit the player's ball. The nomination must be stated verbally. If the cue ball hits any other ball before the nominated ball, it is a foul. The nominated ball may hit any or no ball. If any ball sinks, it is a foul. This uses up one of the player's shots.

7 Special Rules

- 7.1** Calling the Break. Before the break, the player breaking may call a specific ball they intend to sink off the break into a specific pocket. The player must verbally state the intended ball and pocket to the opponent. If the called ball goes into the called pocket, it is an instant win for the player. Otherwise, play continues as normal.

Any ball except the cue ball and the black/8-ball may be called.

If the called ball goes into the called pocket, but the cue ball also sinks, the player still wins.

If the called ball goes into the called pocket, but the black/8-ball also sinks, the player loses.

- 7.2** Down Trou. If a player wins by sinking all their balls and the black/8-ball while the opponent has all 7 of their balls still on the table, the opponent should drop their trousers and walk around the table in their undies with their pants around their ankles.

Note that this is not always appropriate; depending on the game's location and the people involved, it may be best to veto this rule. Additionally, everyone involved must be comfortable for the down trou to take place.

If the opponent has not sunk a single ball, but the player accidentally sunk an opponent's ball during the match, then the opponent has only six balls (or less) on the table, and thus, this does not warrant a down trou.

If the opponent has not sunk a single ball, but the game ends preemptively (i.e., the player wins through a method other than sinking all seven coloured balls and the black/8-ball), then this does not warrant a down trou.

8 Ending The Game

- 8.1** If a player legally pockets the black/8-ball after sinking all seven of their coloured balls, the game ends, and the player wins.
- 8.2** If a player fouls while on the black/8-ball, the game ends, and that player loses. See Section 5 for fouls. This applies even after the 8-ball has been sunk (e.g., the black/8-ball is sunk, but the cue ball keeps going and ends up sinking too).
- 8.3** If a player prematurely (i.e., before all seven of their coloured balls has been sunk) pockets the 8-ball at any point the game ends and that player loses.
- 8.4** If the player breaking successfully "calls the break" (see Section 7.1 for "calling the break") it is an instant win.
- 8.5** If, at any point, a player knocks the black/8-ball off the table, the game ends, and that player loses.
- 8.6** An intentional foul, as detailed in Section 5.5, results in an instant loss for the offending player.
- 8.7** Misleading the opponent, as detailed in Section 11.1, leads to an instant loss for the offending player.
- 8.8** Some other instances of bad behavior can lead to the ending of the game. (see Section 11.4).

9 Things that feel like cheating... but aren't

- 9.1** Only playing for the snooker. When well behind, a player may no longer aim to sink their balls and instead resort to playing for a snooker. This may cause their opponent to foul while on the black and lose. This is not only allowed but encouraged!
- 9.2** Jammy shots. These incredible feats of luck are probably some trickster god's will or something and we wouldn't want to defy that, so these are allowed.

10 Doubles

- 10.1** Doubles is a game mode that allows for four players. It involves a slight alteration of the general play outlined in Section 4.
- 10.2** The four players split into two teams of two.
- 10.3** Both players on the "Challenger" team rack up the balls, and one player on the "Challenged" team breaks (see Section 2.2 for how to determine which team racks).
- 10.4** After the break, players from each team play alternate turns.

- 10.5 Teammates are not allowed to switch turns during a game. Switching turns between games (e.g., in a best-of-three) is allowed.

11 Etiquette and Behaviour

- 11.1 Misleading the opponent. If the player deliberately misleads their opponent by stating that they are on overs/unders/8-ball when they are not, then this is an instant loss for the player.
- 11.2 Distracting the opponent while they set up their shot. The opponent may ask you to stop; continuing may result in a foul, giving the opponent an extra shot on this turn.
- Examples include but are not limited to: Standing in their eye line, talking, standing behind them, etc.
- 11.3 Distracting the opponent as they strike the cue ball. If this was intentional or the opponent believed that this affected their shot, they can call foul and claim an extra shot on this turn. If the distraction was accidental or of little consequence, play may resume as normal. This call is up to the player taking the shot.
- 11.4 Players should always approach the game with good sportsmanship and humour in mind. If this deteriorates then it is best advised to call the game over.

12 Credits & Version History

The Pilaar Duncan Family Pool Rules are the house rules for pool developed by and for the Pilaar Duncan family, starting in Christmas 2016.

The rules were developed by (alphabetically) Chris Duncan, Leo Duncan, Lily Duncan, Tom Duncan, Carla Pilaar, & Mark Pilaar.

This document was written by Leo Duncan.

Version 1 (2016) of these rules existed orally and in the minds of the players. Version 2 (2022) was a partially completed Google Doc. This is Version 3 (2024).

Last Revision: 6 July 2025.

13 Glossary

Term	Definition
Black, The	Alternative term for the 8-ball.
Clank, The	A mishit that causes a truly angelic “clank” sound.
Down Trout	Mispronunciation of “Down Trou”.
If you’re playing pool, you’re playing pool	A phrase said to encourage a distracted player to give the game their full attention.
Mishit	When the player strikes the cue ball badly. Often gives rise to <i>The Clank</i> . Pronounced “miss hit”, rather than “mi-shit”.
Rack ’em up!	A phrase said to the challenger to encourage them to rack the balls.
Roll	Not all tables are perfectly flat, some have some deformations that can cause a change in a ball’s path. This creates additional thrills and challenges for the players...and often home table advantage.
Set	Overs (balls 9-15) or Unders (balls 1-7).
Snooker	The player is unable to see either side of any of their balls from the cue ball.
Snooker, Foul	A snooker that has come about as the result of a foul.
Snooker, Legal	A snooker with no foul associated with it (i.e. performed legally), and has been done to the player by the opponent.
Snooker, Partial	The player can only see one side of any of their balls. This includes the black/8-ball if the player has sunk all their colours.
Snooker, Self	The player has snookered themselves.
Snooker, Table	The player is snookered because the cue ball is partially in a pocket. Hence, they are snookered by the table.
Snooker, Total	See <i>Snooker</i> .
Tom Stick, The	The shortest cue available. Named after Tom Duncan who, at the time of coining the term, was the shortest player at the table. Tom would like to state that he is now 6ft, and very rarely the shortest player. Recently this term has fallen out of use.
White, The	Alternative term for the Cue Ball.