FRESHERS' PACK 2012

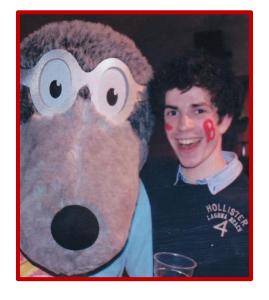


HEAD FREPS' WELCOME



See you in September! Butler love, Siri xxx Hi Butlerites! I'm Siri, a Scottish-Norwegian second year International Relations student. Simon and I are your Head Freshers' Reps, and together with the Frep Team in radiant yellow shirts we're planning all sorts of fabulous fresher fun! It'll be a hectic week with lots to do, see and people to meet, so we're here to help you settle in and give you a fantastic welcome and start to university life! Butler offers so many fantastic opportunities to get involved and try something new – lots to look forward to! I'll be around college (or in the mole suit) a lot this year, so please come and say hi!

Hello, I'm Simon, a second year law student from Northern Ireland. At university I do badminton, cricket, mooting and Pro Bono. I've loved every minute of first year, and hopefully freshers' week will see you settled right into college life, getting involved and having a great time. The freps, proctors and exec are busy getting everything ready for your arrival, so don't worry about a thing – there's so much to be excited about and look forward to. See you soon, Simon:)



Remember to check the JCR website at www.butlerjcr.com for weekly updates to keep you excited and informed about Freshers' Week and life at Butler. You can also meet other budding Butlerites on Facebook: search for "Josephine Butler College Freshers 2012". If you have any questions whatsoever, please email me at s.a.minsaas@durham.ac.uk

BUTLEF

ILLED & INTERNATIONAL FREI



Hi, I'm Paul from Bedford! I'm the Chilled Frep and currently president of the football club and captain of the badminton B team. I also attempt to play dodgeball and give rounders a go. There are many things that I love about Butler, like how you get to know each other so quickly and so well. There's always someone to chat to, and there are endless sports and societies to join. You won't be disappointed!

Hi! I'm Jill from Canada, one of your international freps. I'm in my 2nd year studying History, Economics and International Relations. When I'm not reading books, you are likely to find me rowing on the River Wear or writing articles. I've adored my experience at Butler so far and want to make sure the incoming international freshers do as well. Butler's international students arrive one week before the home students, so Hannah and I will be there to make sure everyone settles in properly. We will



remain a resource throughout the year for all things international at Butler!



I'm Hannah, your other International Frep! I'm from Berlin and am repping Germany here at Butler. Since starting uni I took up rowing, which I really enjoy, and I dance in college and in the uni society. I'm also part of charity comm and did a DUCK expedition to Kilimaniaro this summer. I love Butler as self-catering and living in flats is really sociable, formals are great and the atmosphere is very welcoming!

YOUR FREP TEAM



YOUR FREP TEAM



YOUR PROCTOR TEAM





James



Tash





Maria



Owen



Sam C



Beth



Laura

YOUR EXEC TEAM





Jonny Will M Will G Alice Lal Hugo



DURHAM DICTIONARY

The weird and wonderful vocabulary of Durham slang confuses even fourthyear linguists, but fear not, dear fresher – with this beginners' guide to Durham slang, you'll soon learn the lingo!

Butler Bullet – A Butler College drink. Drink at your own risk!

<u>Cardiac Hill</u> – The hill on the Science Site to several departments. The name says it all, really. It's a lot nicer on the way down, I promise!

<u>CLC</u> – Abbreviation of Calman Learning Centre, where many lectures on the Science Site are held

<u>Comm</u> – Abbreviation of committee. We have lots of them at Butler!

<u>Dilston</u> – Where Josephine Butler spent her childhood, now the name of a Butler accommodation bloc

DSU - Durham Students' Union

DUCK – Durham University Charities Kommittee

<u>DUO</u> – Durham University Online; e-mails, missed lecture notes

<u>DUS</u> – Durham University Society, debating club with great guest speakers, not to be confused with the DSU

Elliot – Storage container where Soc Comm keeps its decorations

Ents – Short for post-formal/ball entertainment

 \underline{ER} – No, not the emergency room, but Elvet Riverside, which is in town. It's by the DSU, and many of you will have lectures there

<u>Formals</u> – A sit-down three course meal with wine and entertainment in

College. A chance to wear your gown or wow with fancy dress!

Formative – assignments that don't count towards your degree

<u>Frep</u> – Freshers' Representative, wearing radiant, yellow t-shirts

Fresher – First year students!



DURHAM DICTIONARY

<u>JCR</u> – Abbreviation of Junior Common Room. Butler's JCR is led by the Exec, and puts on amazing events throughout the year <u>Kirknewton</u> – Where Josephine Butler is buried, now the name of a Butler accommodation bloc <u>M.C.</u> – Maiden Castle, Durham's sports complex. Even if you don't play a sport, you'll probably have an exam here at some point

<u>Matriculation</u> – Opposite of graduation; the official, formal welcome to Durham and College

<u>Mentor</u> – College Mentors, you'll be assigned one – a friendly face to chat with over a weekly meal.

<u>Milfield</u> – Where Josephine Butler herself was born, now the name of a Butler accommodation bloc

Mound – The big, grassy hill in the middle of Butler. We Butlerites are very proud of it. Also the name of Butler's very own JCR magazine

<u>MUGA</u> – Abbreviation of Multi-Use Games Area for lots of sports

Palace Green - the nice patch of grass outside the Cathedral

<u>Porters</u> – Look after everyone and everything in College; it's worth getting on their good side

<u>PR2</u> – The bus to town from Butler every ten minutes from 7am to 7pm on Monday-Saturday. Student discounts!

Proctor - Older students living in College who look out for you

<u>R.O.N</u> – Abbreviation of Re-Open Nominations, used in JCR elections

SCDO – Student Community Development Officer

STAB – Society of Theatrical Arts at Butler

Stash - Clothing with a College/Uni/Society logo. Wear with pride!

Suffragette - A Butler College drink, invented by Butler bar staff

<u>Summative</u> – assignments that count towards your degree



OUESTIONS AND ANSWERS

What should I expect from Freshers' Week?

Freshers' Week will be full of fun, welcoming, hectic and a great start to life as a student in Durham and at Butler. Academically, there will be course inductions and module registration. You will be matriculated and officially welcomed into the university and college and have a chance to settle in, ask lots of questions and to meet your college mentor, flatmates and many others. Freps will be working day and night to organise events for you, so you're guaranteed a wonderful welcome week. From the legendary Butler Stroll to trying out sports and societies (Ultimate Frisbee, Pudding Soc and Dodgeball), there'll be something for you. Nonetheless, it's important to remember that Freshers' Week isn't the be-all and end-all; there will be plenty of opportunities to meet people and get involved throughout the year.

Who will my flatmates be?

You'll just have to wait and see! With six Butlerites per flat and with neighbours on all sides, there will be no shortage of friendly faces ©

When can I arrive?

Home students will have to contain their excitement until Sunday 30th September. You can arrive anytime from 10am to give yourself lots of time to unpack, register and meet your flatmates before the evening events start at 4:30. Parents are invited to talks at noon and at 4pm.

How do I get internet access at Butler?

You'll have internet as soon as you arrive; each bedroom has an internet point and cable ready for study purposes (well, facebook and Skyping home). The bar and social buildings also have wireless.

OUESTIONS AND ANSWERS

What do I do if I get Freshers' flu?

Yes, Freshers' flu is real. Fortunately, in addition to the University Health Centre, Butler's full of people to help out when you're not feeling at your greatest: the Welfare team, proctors, resident tutors, mentors and freps.

Remember to complete Medical Registration on the Thursday afternoon!

You may want to bring headache or vitamin tablets just in case, but don't worry – you'll be looked after.

What are Butler flats like?

Butler has nearly 400 ensuite bedrooms, organised into flats of six with a shared kitchen. Each bedroom has a computer network point, a television aerial socket, a desk, a desk chair, a bed, a wardrobe, a desk lamp, a bin, a wardrobe unit and – of course – the wonderful Butler pod (bathroom). Kitchens come equipped with: a cooker, a sink, individual top and bottom (lockable) cupboards, a fridge, a freezer, table and chairs, comfy chairs, a microwave, a toaster, a kettle, an iron and ironing board and a vacuum.

What is the weather like in Durham?

Contrary to popular belief, Durham is not, in fact, a tropical paradise, but has a temperate climate that can vary from snow to glorious sunshine (usually during exam time). In early October, the average temperature is ~17°C. Consider investing in raingear, a warm coat and a blanket or thick duvet, and come prepared for every eventuality.





There's no one answer to this: some freshers have strict luggage allowances; others arrive with several carloads. You have to prioritise: pens and paper for lectures – essential; a microwaveable omelette maker and soymilk makers (yes, they exist) – not so much.

Freshers' Week:

Some of the nights in Freshers' Week will be fancy dress themed.

Sunday: Butler colours – red and yellow

Monday: Subject Night – dress as your subject (eg. geology – go as a rock);

Freshers' Formal 1st sitting – wear a nice dress or suit, and your new gown!

<u>Tuesday</u>: Butler Stroll – we'll provide you with free (yes, free) t-shirts <u>Wednesday</u>: Freshers' Formal – the 2nd sitting gets a chance to wear a nice

dress or suit, and you can buy gowns upon arrival on Sunday

Thursday: Live music event – wear whatever you like!

Friday: Jungle Party – dress as a jungle animal or even a poacher

Saturday: Alphabet Night – dress up in something beginning with the first

letter of your name (eg. Sarah – a snowman; Peter – a pilot)

Clothes:

Weather in Durham can be unpredictable, so come prepared. The more clothes you bring, the less you'll need to wash. Formals and balls are regular occurrences, so pack a few nice dresses/ a suit, and get a gown upon arrival. Durham is hilly, so bring some comfortable shoes for walking through puddles on the way to lectures. Due to the cobblestones, heels on a night out are inadvisable. If you hadn't guessed from the Freshers' Week dress code, fancy dress is BIG in Durham, so try to squeeze in some funny items (eg. fairy wings, Halloween costumes, onesies, facepaint and some creativity)!



Toiletries & Cleaning:

Hopefully we don't need to tell you how to wash, but we recommend bringing items like shower gel in bulk. Butler kitchens and bedrooms are cleaned weekly, so you might not need to bring every cleaning product you can get your hands on. Some of the washing machines at Butler dispense clothes washing liquid, so you might not even need to bring that! What you may want, however (assuming you plan on washing clothes), is a clothes rack for drying clothes in your room.

Bedding:

College does have some bedding packs to purchase on arrival, but otherwise you'll have to bring duvets, pillows, sheets, pillowcases and duvet covers. You may also be grateful of an extra blanket in the chilly winters.

Food:

Hopefully you're aware by now that Butler is a self-catering college, meaning that you'll be cooking for yourself this year! Durham has plenty of shops: the Durham Indoor Market, Robinson's Fruit & Veg and the usual Tesco and Iceland. Many Butler students also choose to get food from online deliveries. Butler's coffee shop and kitchens sell good, reasonable food, and we even have a small shop that sells essentials! When you arrive, you may want to ask your parents to take you to a supermarket to get store-cupboard essentials, but bear in mind that breakfast and dinners will be available during Freshers' Week.



Kitchen Utensils:

Essential kitchen items you'll have to bring include cutlery and crockery, a frying pan, a couple of saucepans, a baking tray or two for the oven, mugs, glasses, sharp knives, a mixing bowl, a peeler, chopping boards and a bottle opener. Some people survive with just a couple of items, and others arrive with every kitchen item under the sun, from waffle irons to reusable cupcake cases. Remember that you'll have just two cupboards in the kitchen for your utensils, and the more plates you bring the more tempting it is to put off doing the washing up. You may wish to mark your belongings, as you will be sharing a kitchen with five others. Also, many people found toastiemakers or George Foreman grills invaluable.

Laptop:

While not essential, a laptop is certainly useful, especially if you're doing an essay-based subject. Butler has its own IT room with computers and printers and has some laptops available to borrow in case of emergencies. There are also computer facilities in the library. Use of college and university printers has a small fee, so some people bring their own. USB sticks and external hard drives are also useful, and you'd rather not learn that the hard way when your computer crashes the night before your essay's due.

Decorations:

Butler soon feels like a second home, so make it look like a home too! Get creative and decorate your room with pictures, posters, cushions. When sticking pictures to the wall, use white-tac, NOT blu-tac. The DSU will have a poster fair, so you can pick up some wall décor there.



Sports Equipment:

Bring sports equipment for any sport you may want to play at university. There are sports shops in Durham, but it's cheaper to bring your own. You'll be surprised at all the opportunities to get involved in sports, especially at college-level, so dust off that tennis racket and bring it along!

Musical Instruments:

Butler has its own music rooms for practice, and there are lots of opportunities for being musical – from jazz band to using the college drum kit. You can lock instruments in the music room.

Storage:

Butler bedrooms contain all essential pieces of furniture, but if you plan on bringing everything but the kitchen sink, you'll be happy to hear that there is also plenty of storage space under the beds and on top of the wardrobes.

TV:

Most people don't bother with a TV – they're too busy to watch it, and you have to pay the television license. Butler bar has a TV with Sky HD, 3D and sports channels, and the JCR Lounge has a television too. If you absolutely need one, perhaps consider putting it in the kitchen and splitting the TV license between six.

Passport Photos:

You may need these for university societies or if you want to join the college gym, so it's worth bringing a few along.

DEAR INTERNATIONAL FRESHERS,

Congratulations on getting into Durham and Butler College! We would like to extend an invitation to International Freshers' Week, an event we have planned specially to help you settle in, make friends, and have fun. But first let us introduce ourselves! As Butler's International Representatives, we are here as your first point of contact for any concerns or questions you have before you arrive and throughout the 2012/2013 academic year. We both had an amazing international freshers' week last year, and hope we can provide you with the same experience!

I'm Hannah, a second year from Germany studying Philosophy, Politics, and Economics. At Butler I spend my time dancing, rowing, and with various committees.

My email is:
h.s.mueller@dur.ac.uk
My mobile is:
+447742158637



I'm Jillian, a second year from Canada studying History and Politics. At Butler you can find me rowing, doing yoga, singing in the choir, or writing for the student newspaper.

My email is:

jillian.ward@dur.ac.uk
My mobile is:

+447594525031

Please feel free to email either one of us at any time over the summer about any questions you may have! However, our mobiles will not be in use over the summer, so please do not call them until you have arrived in Durham.

International Freshers' Week begins on September 26th and lasts until the home students arrive on September 30th. During the first two days, we'll make sure you get settled into your flats and have any essential items you need, from utensils to

mobile phones and bank accounts. Setting up a bank account could take a couple of days, so please bring enough money for the first few days or a credit card you know will work in England. We'll also show you around Durham, giving you tours of our college, your academic departments, the city centre, the cathedral, and the botanic gardens.

While getting you settled in terms of cell phones and bank accounts, we also have plenty of entertainment planned! For instance, we will take a day trip to Newcastle for sightseeing and any more shopping you might need to do. For the first time this year, we also have the opportunity to enjoy a formal meal with our international postgraduate students. There will also be plenty of other social opportunities to meet international students from across all the colleges, as well as the other second and third year Butler students who will be helping out with the week.

Our goal is for you to feel at home and at ease in college by the time the home students arrive - and, of course, to enjoy an incredible international freshers' week! The week is a great opportunity to make friends and bond with the other international freshers. Everyone is in the same boat adapting to a new country, culture, and for many, a new language.

You can also join the facebook group for all Butler Freshers by searching 'Josephine Butler College Freshers 2012' or typing in the following URL: https://www.facebook.com/#!/groups/328119683949097

We hope you'll also join the international freshers group we have created by searching 'Josephine Butler College International Freshers 2012' or by typing in the following URL: https://www.facebook.com/#!/groups/251847424931802/

We look forward to hearing from you. See you in September!

Jillian and Hannah xxx

FRESHERS, WEE

INTERNATIONAL FRESHERS' WEEK: 26TH - 29TH SEPTEMBER

Time	Wednesday 26	Thursday 27	Friday 28	Saturday 29
Morning	Arrivals	Breakfast & Tour	Breakfast, College	Breakfast &
		of Durham	tour & Botanic	Newcastle
			Gardens	
Aftemoon	Shopping	Tour of Durham	International	Newcastle
			Student	
			information session	
Early	Icebreakers	Postgraduate &	Tesco trip &	Dinner & Pre-
Evening		International	Takeaway	drinks
		Undergraduate		
		formal		
Evening	Welcome talk &	Acoustic evening	Vice Chancellor's	International
	Dinner		Welcome Party	Students
				Association Party
				& Chilled Events

RESHERS' LUEE SCHEDULE

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Sunday 7			JCR Meeting & Quiz	
Saturday 6	Lie-in!	JCR Fair & Entertainment	Come Dine With Me & Game Show	Jungle Party Bar Blowout & Chilled Events
Friday 5	Breakfast & Departments	Departments, Daytime Activities, Sports & Society Tasters	Market Dinner Buffet & Butler Challenge	Alphabet Night Out & Chilled Events
Thursday 4	Breakfast & Departments	Medical Registration, Freshers' Fair & Butler Olympics	Mentor Night & International Market	Butler Live (live music in the Bar)
Wednesday 3	Breakfast, Photograph & Matriculation	College Matriculation, Time to recover & Freshers' Fair	Freshers' Formal #2 & Bloc-Bonding	Butler Garden Party
Tuesday 2	Breakfast & Departments	Collegiate Fair, Book Sale & Inflatables	Mentor Night & Subject Quiz	Butler Strolls
Monday 1	Breakfast & College Welcome	Departments, Tours, Sports & Society Tasters	Freshers' Formal #1 & Bloc-Bonding	Silent Disco & Film Night
Sunday 30	Amivals	Amivals	Dinner cooked by freps in flats & Icebreakers	Butler Bop & Chilled Events
Time	Morning	Afternoon Arrivals	Early Evening	Evening