



## 24 October 2014– Butler Welfare Comm

**Attended By:** Alice Whitehouse (Chair), Calum Masters (Minutes), Matthew Burns-Watkins, Fiona Hathaway, Perlina Desai, Evie Garlick, Chloe O'Connor, Ruth Berrisford, Ellie Bowness, Ben Hogarth, Becca Winkle, Siri Minsaas and Alex Nugee (MCR Welfare).

**Apologies:** Billy Errington, Laura Marriott and Hannah Vidal-Hall

### **Butlerite Welfare Week**

- Alice asked for feedback on the week's campaign. The feedback was generally good, everyone was aware that it was happening.
- The Welfare Party – Deemed a really strong success, both in terms of turnout and the wide mix of year groups that went. The possibility of holding another Welfare Party during SHAG Week was put forward as a possibility.
- Pictures on the JCR Page – Received a good response from many committee members.
- Livers-Out Reps – Some members said they have not yet seen their reps and have not received the campaign booklet. **Action- Alice to speak to Emma about the possibility of circulating booklets to Reps further in advance.**
- Returners' Booklet – Some returners had not seen their proctors and had not been handed the Returners' Booklet that was created at the start of the year. **Action – Alice to speak to Matt A. about reminding Proctors to circulate the booklets ASAP.**
- Proctors and Freps – Alice asked if everyone in the committee had seen their proctors or their freps. The overwhelming response was not yet. However Matthew pointed out that, although Proctors were supposed to go into flats early on this week, most Proctors and Freps will be going to their flats on Sunday.

### **Next Campaign – Healthy Body, Healthy Mind (w.c. 17 November)**

- The committee looked back at ideas that came out of the first Welfare Comm meeting.
- These included – Fruit in the Bar, Recipe Books that catered for people with allergies, Cooking workshops and BodySoc session.
- Becca pointed out that before we develop the Recipe Books we should first make sure that we cover as many common allergies as possible

- Alice asked everyone to focus more on the Healthy Mind side of the campaign, as we already had a number of ideas for Healthy Body.
  - Siri – Turn the JCR Lounge into a relaxed/ sleeping room
  - Alex and Calum – Meditation
  - Matthew – Katy Perry Video screening in JCR Lounge – **Action – Ignore!**
  - Alice and Siri – Head Massaging kits could be used
  - Parent Contact – Fiona mentioned they were doing a kind of drop in
- Calum pointed out that the Recipe Book could potentially be time-consuming so the more contributors to its creation the better.

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### **Know Your Limits (w.c. 1 December)**

- Plannergate took place between Alice and her sister. **Action – Mediation may be necessary**
- Want to make the campaign more about Alcohol Awareness opposed to it becoming an Anti-Alcohol campaign.
- Alice- Should the campaign be opened up to include addiction to gambling and drugs? **Action – Welfare team to look into an Addiction Awareness Day – Separate to the campaign.**
- Ways to raise awareness about alcohol
  - Unit Consumption – Careful not to make it look like a challenge
  - Effects of mixing drinks
  - How much money can people save by reducing alcohol consumption?
  - Hangover Packs – Questioned whether encouraging heavy drinking?
  - Sober October – Maybe see how much Alice's friend saved herself compared to Drunk November
  - Alcohol Free Beer behind the Bar
- **Action – Alice to speak to Bar Stewards and Mandy about ways they can help the campaign**
- **Welfare Team – Maybe think about how a sober weekend could be made fun?**
- **Alice – Could Know Your Limits help raise money for Charities Comm?**
- **Discuss at next Welfare Comm meeting**

### **FemSoc Request**

- Request for more information about emergency contraception suppliers
- Alice – Livers-Out and Livers in do have maps that identify supply locations in town
- **Action – Alice to speak to FemSoc about whether they want to post something on the fb page or do they want Welfare to do something?**