



mound  
magazine





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Hello Everyone...

## **THE SOCIAL REVIEW**—Freshers' Week!

And welcome back! I cannot believe it's been 3 months since the last copy of Mound, this summer has flown by. Nevertheless, it is so good to be back in Durham and back at Butler! In this copy, there are photos and reviews of Freshers' Week—well done to Siri, Simon and all the freps, proctors and welfare for a truly outstanding week; as well as some features and reports of everything going on in and around Durham—the Michaelmas term is always a busy one, there is so much to see and do in the forthcoming weeks so hopefully the next few copies will give you an idea of what is in store. Hope you enjoy this edition, and best of luck to all the fresher's, finalists, new exec and everyone else for the next academic year, let's make it one to remember.

Katy xox

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*Want to write for Mound? Or have some new ideas? Let me know at [k.e.dean@dur.ac.uk](mailto:k.e.dean@dur.ac.uk)*

*Thanks to Waheed Arshad for the Cover Photo :)*



# The President's Column

**'We eat when we want, we eat when we waaaant, we're Butler College, we eat when we want.'**

As we sang this for the 4<sup>th</sup> time in a packed Varsity during Freshers' Week, I looked over to a Mildert Rep who rolled his eyes and sighed at me. 'I remember a Durham when you didn't exist. It was great.' Cue a perfectly timed chant of 'where's your en-suites' from a nearby Fresher. A wry smile preceded more rolled eyes. 'See you in Studio' he muttered before wandering off. Butler 1 Mildert 0. Oh I do love still being seen as the 'new' cool kid on the block – we're better and we know it.

Welcome back avid Mound readers and welcome to the new! What an opportunity to air views, to gain experience, or, as with the Midnight Column, write rubbish.\* A massive thank you to Katy for the efforts so far and in advance for the year ahead!

Talking of the year, Sian and I have been busy planning 2012-2013 and have tried to put together our most diverse and packed programme yet. Whilst we continue with our popular events, we've tried to branch out to put on a greater range that appeals to our entire 850+ community. Yet my biggest pride is that actually, when we look at the calendar, its core is formed through your ideas and your feedback – as it should be. We're to facilitate how you want your JCR shaped, so stay in touch and give us a shout when you get an idea. Yes we can.

Plenty of things are on the horizon to stick your teeth into, a historic US presidential night in prospect plus 'The Weakest Link' as Nov 2nd's Charity Event; Winter Warmer post-Grey fireworks and much more besides (not least the return of our chilled Bar Friday's!) Continue checking butlerjcr.com and our new twitter feed, @butlerjcr, to stay tuned as to what is going on next.

In the words of Mel Woods (Pres 2010-2011)

**'Here's to the year. Bring it on.'**

Good luck and see you soon,

Stu x

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07851713831

\*This is of course not true. The Midnight Column is a worthwhile read and I apologise to Luke for the cheap gag at his expense.



# Freshers' Week!

Siri Minsaas—Head Rep reflects upon the week...

After four months of planning and the army of freps, proctors and exec in their yellow and red t-shirts having done lots of cleaning, designing, painting, cooking, sewing, shopping, organising, decorating, duct-taping, making moles, blowing up balloons, lifting and fireproofing, it was finally time for another generation of Butlerites to arrive.

From the very first night, when the pre-bop ice breakers were called off because the freshers had already transcended the level of “what’s your name/ what do you study/ where do you come from” by themselves, it was incredible.

On Monday, after the first visits to the department and the first freshers’ formal, DJ Fraine blasted “Gangam Style” (tune of the week) at the Subject Silent Disco. Tuesday night saw the return of the legendary Butler Stroll; nothing says “hello” like scribbling on a complete stranger’s t-shirt! Despite a rather rude awakening to the sound of clashing kitchenware and Whitney Houston’s greatest hits blaring through a megaphone,

Matriculation passed in a blur of Mexican waves at the photo, living the Harry Potter fantasy in the Cathedral, the second formal and the Garden Party. On Thursday, watching Will Macauley destroy every challenger on the inflatable gladiator jousting was more than enough to cure mid-week exhaustion. That evening saw the Medieval Market in Durham and an amazing Butler Live featuring Butler talent – Joe Griffiths and Jack & Lucy – as well as the Marsicans, the Quays and Sam Idwal.

After the last day of induction lectures and a fantastic, free buffet from Durham Indoor Market, Butler’s most eligible bachelors and bachelorettes took to the stage for Butler Blind Date to compete for each other (and a date at Butler Bar). The Alphabet Night Out (dress as something beginning with the first letter of your name) saw some crazy costumes being paraded in Studio.

On Saturday, the freshers proved themselves as true self-catering students with meal packs with ingredients from the Market. That night, Butler Bar was converted into a jungle, with a coconut shy, surf simulator and DJ Lawson playing jungle-themed music in between calls of “let me hear you, Milfield”.

However, that was only half of what went on: there were speed-meeting events, taster sessions, Butler Olympics and pasta parties; Tea and Toast (“toast-lash”) was filled every night with people going crazy over the duo chocolate spread and watching Disney films; Chilled Rep Paul organised pub sports tournaments, table tennis, Singstar, giant Twister, giant Jenga and larger-than-average chess.

All in all, it was crazy, it was hectic and it was incredible. To everyone who contributed to the week: thank you, Butler love and mole hugs.

## Matriculation Yusuf Abdulwahab reports

On the late evening of October 2nd, I was desperately going through the Oxford Dictionary in search for whatever it is Matriculation was. “To be enrolled at a college or university”, the dictionary announced. Or in the case of us Durham folks, college and university.

As the hordes of black-gowned students descended on the thousand-year-old cathedral, the realization came. **This is not just where Harry & Hermione walked up to their magic classes.** This is where we will be learning, partying and us Butlerites, cooking for the next few years. It also is where eventually, we will be sent-off to the real world.

I am sure that many years from now, most of us will be looking back to that autumn day with nostalgia. For myself at least, Matriculation was not just a ceremonial enrolment to university or college. It officially meant that I, as thousands before me, was officially sucked into the intriguing bubble that is Durham.



# Freshers' Week!

**Butler Live!** Jack King reports:

The Thursday of Freshers' Week saw the first of the year's lauded Butler Live events, under the new direction of Rhianne Binnersley and Taha Abrar. The pair took a slight risk in booking two acts comprised almost entirely of original material, but it paid off with the bar full of excited freshers and returners alike.

Fittingly, it was a Butler fresher who first took to the stage. **Joe Griffiths** showed bravery and composure stepping in at the eleventh hour to replace **Jenna Kier**, whose lost voice sadly made her unable to perform (although she did greatly impress at the following week's open mic event). Joe displayed his versatility, not only in switching from guitar to piano with ease, but also by performing an incredibly wide variety of songs. They ranged from technically intricate (Muse's "Exogenesis: Symphony Part 2") to hilarious (Steel Panther's "Community Property"), all of which was made even more impressive when Joe later revealed that he only decided upon his set list onstage. Next up were Van Mildert seven-piece **The Quays**, who brought an infectious sense of fun to the evening. They blazed through a series of upbeat covers, highlights of which include "Send Me On My Way" and "I Get Around", while retaining their own very distinctive sound throughout. Particularly impressive were their versions of saxophone-driven tracks, with "Crazy In Love" and "Walking On Sunshine" going down an absolute storm.

The mood and style was drastically changed by folky singer-songwriter **Samuel Idwal**, who garnered more than a few admiring glances from the female contingent of the bar. His thoughtful, calm demeanour worked well in conjunction with a set of lyrics at times vulnerable, often shamelessly dark. In fluid original "Cobbles" the former Durham student confesses to be 'Running through the streets / On cobbles made of quicksand / To climb the steps that lead up to your door / I don't know what to say.', while other standouts include "We Curious Devils" and "Old Man". The set was varied slightly with covers of Alt-J and Laura Marling, but the real highlights here were Samuel's sharp lyricism and storytelling ability. Equally worth a re-listen were the night's eagerly-anticipated headliners, the Leeds based **Marsicans**. Boasting an impressive pedigree (having played the BBC Introducing Stage at both Reading and Leeds this summer), the quartet took to the stage with a collection of brilliantly penned songs, each seemingly more catchy than the last.

Frontman James Newbigging's rough-edged vocals lent extra weight to the cocky, streetwise wisdom of their lyrics; "He's only 17, so is she / he 'ant got a chance, probably / And he never will" he explains on potential frontrunner "Hands".

"Imbroglio" and newest hit "Shivering" also went down particularly well. Although trying to directly compare the band with a more established group risks understating their originality, Marsicans probably lie somewhere within the bouncy realm of Two Door Cinema Club and Little Comets (albeit with a uniquely raw overtone). All in all, they made for a finale that was raucous, energetic, and painfully, painfully cool.



Although all Butler Live events are generally positively received, special praise is earned here for variety. All four acts created a different atmosphere, resulting in an incredibly vibrant evening. Congratulations must be given to all involved in the night.

### If you enjoyed Butler Live... Organiser Rhianne Binnersley discusses: Where to find the 'Alternative' Durham night out

There is certainly somewhat of a pattern to Durham nights out: pre-lash, trebles, Carly Rae Jepsen and now dancing to 'Gangnam Style' in Loveshack/Studes/Klute. Whilst this is admittedly a good combo when surrounded by your best mates, it's nice at times to experiment a little and this is where a Durham 'alternative' night can come in handy. Firm favourite is **Fishtank**, a little-but-lovely club just at the top of Stanton's (turn left just after North Road Tesco's). Hosting live music, great club nights, cans of Red Stripe (and free entry), a good night to start is Grammar, every Tuesdays 10.30-2 which plays the best in indie/alt/rock/ska/reggae. Butler's own Rock and Alt Soc also host nights there where anyone can try their hand at Dj'ing – and watch out for Butler Live socials also coming soon. Also new on the scene is Funk Paradigm at **Popolo**, every Wednesday from 8, which as the name suggests plays great funk, soul and disco tunes (and trebles for just £3) – perfect if you're in need of a break from Loveshack.



# The Injured Colt

A Short Story by James Weldon

Charlie meandered down the blustery lane, singing softly to himself. The thick, grey clouds made it seem as if evening was coming, even though it can't have been much past 4pm. They swirled and raged as if they were being driven hard by some demon of the sky. Charlie looked up and smiled at them in welcome. Rain was always welcome in Charlie's eyes. The skies ignored him but Charlie didn't mind.

After slightly over a mile and just past the last cottage, he turned into a small and rather decrepit looking field. He reached up and worked the stiff lever until the gate opened. As it groaned into motion, he heard the excited noises of Peter coming from inside his stable. Charlie closed the gate quickly behind him and jogged towards the stable door as fast as his wellingtons would take him. Peter's nose was already as high as it could reach, just poking over the top of the door. Charlie used both of his hands to work the chock out and free him.

Peter emerged slowly through the open door. He limped up to Charlie and rubbed his face against his.

"Oh Peter! How are you today? You seem to be moving very well!" Charlie stood Peter up tall and walked round to observe his heavily bandaged back leg. He poked at it with the eye of a vet and the tenderness of a good friend. He picked it off the floor and worked it. He could hear the muffled moans of Peter as he tried to keep himself under control. Peter wouldn't struggle as he knew the benefits of Charlie's examinations.

"Let's get you back inside, shall we?" Charlie led Peter into the stable and started to undress his bandage. "It's time for a new one, Peter! You will like that, won't you?" He worked the cloth gently away from the congealed blood and assessed to wound.

"It's getting there, Peter. Give it a couple of weeks." He completely removed the bandage and put it aside to take home and soak. He started to rewrap the colt's leg.

"I have some fantastic news, Peter! You know Sally; the girl from school that I have been talking about for, oh I don't know, what is it, a year now? Well, you know that I spent the afternoon of the 5<sup>th</sup> talking to her? She sat next to me in class and loved my stories so much, remember? That was, what, 2 weeks ago now! Well I talked to her again today.

"We had spent the day in classes together and then we left to go into the playground for our break. Well, I walked past the group of girls that she stands with, you know the ones? Of course you do. Well, I walked past them and Sally said hello to me! So of course I stopped briefly and she left her group of friends and came to talk to me. She asked how my day had been and I said it was good. She asked after you, of course she did! I told her that you had got badly hurt last week but that you were on the mend and she sends you her wishes. With that she gave such a lovely smile. I can't possibly describe it for you Peter, but I shall try nonetheless.

"She had a small hair clip in her long hair that she had pinned a flower to. Well, it tipped back in the most delightful way when she smiled and her eyes both grew and shrank at the same time. I don't know what it was, Peter, but it was lovely. I'm sure I've told you before but she has such big, green eyes! They are surrounded by freckles, Peter, and she has such fair skin! It even seemed to glow when she smiled. And then her lips pressed together and it seemed as if all the problems of this broken world would be able to just disappear into the loveliness that was all around her. She seemed free from burden and happy like princess, Peter."

"Well, it was at that moment that I said it. I just couldn't help myself, you know? I stepped back and barely had the breath but I asked her if she would be my girlfriend. She looked a little shocked but eventually she said that she would be. We agreed to meet again tomorrow at school and speak once more. I very much look for-

ward to it, Peter, oh I very much do." Charlie had finished dressing the wound and packed up his small satchel that father lent him each time he came to see Peter. He went and lent it up against the wood by the entrance to the stable before returning to the horse. He ran his hands gently down his flanks and then back up through his mane.

"I'm very sorry about today's fleeting visit. I would love to stay longer Peter, you know I really would, but mother must nearly have dinner ready and I cannot be late! I will see you tomorrow Peter! Keep working that leg!" Charlie jogged quickly home in time for his dinner.

"Hello Sally!" Charlie smiled as she walked into the school playground. She had waved goodbye to her mother at the end of the small drive and Charlie had waited for her near the gated entrance.

"How are you today? Did you have a good night last night?" he continued. He stood with his hands behind his back in his uniform that he pressed last night using mother's iron. It still had a couple of creases but it looked better than it normally did.

"Oh, hello Charlie; yes I'm good thank you. How are you?"

"I'm excellent! Peter seems to be doing very well so it's going well! I cleaned his wound again yesterday and I'm definitely sure that it is getting better. It can't be getting any worse, surely!" He paused briefly searching for something to say. "How are you?" He paused again as he realised that he had asked the question already. "Would you like to hold hands with me?" He released one of his hands from behind his back and held it nervously be his side.

"It's about that, Charlie. I'm not really sure how to say it I'm afraid. It's not easy. Well, it's that I don't think I want to be your girlfriend. I just don't think it would work between us. I'm sorry. But I'm very happy that your horse is doing well. I'm sorry." With that she carried on walking and met her friends. Charlie's eyes followed her as she walked to stand amongst her friends until the tears stopped him being able to focus. His bottom lip began to shake as he cleared his eyes with his sleeve. She had her back to him for a couple of seconds as she spoke to her friends until they started to walk. The tears built up again. He reached up with his sleeve for a second time, clearing his eyes enough to see her smiling and laughing at something quite unrelated.

"Hey! Bygrave's crying! Bygrave's crying!" came the call. It was all just too much for Charlie. He turned and ran out of the school. He ran down the road and ran over the small bridge out of the village. He continued to run on the road until he reached the soft grass path that led across the fields for a couple of miles until it reached the farm. He ran into the yard outside the house but didn't stop. He ran straight past the house and down the lane. He ran as the small cluster of houses that defined the hamlet came into view. He ran as he reached them and he ran as he passed them. He ran as he came to the last house. He ran as the small field just past that house became visible. He ran until he saw the van outside of the field and the man outside of the van. It was there, in the middle of that lane that was lined by bushes and a ditch on one side that he stopped running.

The toes of his thick boots dangled in a puddle that had formed in one of the potholes. He stood and swayed slightly; his breathing fast and his fists clenched. The cold breeze was pushing the clouds quickly across the sky but Charlie didn't notice. He watched as his father closed the broken gate to the field and shook hands with the butcher.

"Everything should be fine on it except that leg" his father said. The butcher gave his father a smile and a couple of coins before they shook hands again. They stood for a couple of seconds and then thanked each other and said their farewells. Charlie's father turned round slowly and started his walk back up the lane. He wrapped his long coat firmly around him to keep the breeze at bay and bowed his head.

He didn't see his son.

# TEAM JB ARE YOU READY?



# 2 Minutes With... the SCDO

Sian Daniel is the SCDO (Student Community Development Officer and Alumni Relations Assistant) of Butler for this academic year. Working alongside Stu Drayton, the college president, she encompasses a wide variety of roles, from community development to alumni relations. Here, the Mound catches up with Sian to get to know a little more about her job and also about herself...

## **Firstly; we wondered; what is the role of the SCDO?**

"Nobody really knows to be honest! I work half my hours for the College itself doing alumni relations - organising reunions, fundraising and sending out all kinds of publications to keep our graduates in the loop. The other half I work for the JCR - the official job description there is 'supporting the Exec', which could mean literally anything! So far I've helped plan Freshers' Week, designed wristbands and lanyards, had to learn to become a professional T-Shirt designer in a day, printed a million posters, had a terrifying shift behind the bar and concocted the JCR Handbook! So watch this space!"

## **And where can we find you?**

"I work my JCR hours in the JCR Office with Stu, and I will be working my College hours (probably Mondays and Fridays) in the Finance Office next door to the JCR one. You'll know when I'm in the JCR Office as you will probably hear some ultra-cheesy music blaring out of it! If I'm not there, I'll 99% likely be in the Bar watching football or playing darts/pool... if not, try Klute!"

## **Next, on a more personal level, what was your degree?**

"I did BSc Geography, so if any geographers have any questions, feel free to come and ask!"

## **Your favourite thing about Durham?**

"Butler :)"

## **... And your favourite thing about Butler?**

"The fact that everyone can be friends with everyone, so there'll always be someone around for you to chat to or go on a night out with. Quite a contrast to my school where you didn't speak to anyone outside your own friendship group, let alone (shock horror) someone in another year group!"

*Find Sian in the JCR Office or the Finance Office if you have any further questions , or drop her an email at [Sian.daniel@durham.ac.uk](mailto:Sian.daniel@durham.ac.uk)*



# Healthy Body, Healthy Mind

Clare Higgins

So you've made it through the blur of Freshers' Week relatively easily and with minimal cooking; perhaps a post-Studio fish finger sandwich or a Prep cooked market meal. Now that term has officially started you may have come to the realisation that you can't make it through the whole year at Durham's only fully self-catered college eating only Beni's chips or the bar's burgers (despite what some at Butler may tell you!) If you are living out this year it may be time to admit that you can't be doing with walking up the hill for a BBQ chicken burger or an Americano pizza everyday. Cooking and in fact food shopping for yourself for the first time can be daunting but it can soon become an enjoyable and sociable experience, helping you to get the most out of your budget and make the most of your day. There are five easy ways to help you achieve culinary success, even on a student budget.

## **Shop well, eat well**

Shopping on your own can be a nightmare. You most likely stocked up on the essentials when you arrived in Durham but now you've got to maintain your well stocked cupboards, fridge and freezer. Faced with fifteen types of pasta sauce or the age-old dilemma, grated cheese vs. a block of cheese, you might find yourself impulse buying based on packaging or coming out with ten things you didn't need and forgetting the three things that you did! **Make sure you're organised before you head into town: make a list and stick to it!** It's also worth **shopping around in Durham**. The indoor market has great links with Butler and the fruit and veg stall will even give you a student discount if you spend a couple of quid. The potatoes and peppers are always huge compared to those in Tesco and much tastier as well as cheaper. Robinson's greengrocers opposite the bus station on North Road is also great for fresh fruit and veg and is so much cheaper than the supermarkets. You could even try the oriental supermarket! If you can, buy in bulk as it always works out cheaper in the long run—think of it as an investment. The supermarket own products are often much cheaper too as they have simpler packaging but actually don't vary that much in taste when compared to brands. Tesco is great for the majority of things so get yourself a Clubcard, it's basically free money to treat yourself as you'll be buying the food anyway!



## **Experiment, Experiment, Experiment!**

University is all about trying new things. You may have taken up a new sport and have probably already learnt something in your lectures that you never knew before so why not apply that philosophy to your cooking too? **Find yourself a new recipe and give it a go or make something up on the spot from whatever you've got in the cupboards.** Sometimes it may go horribly wrong but then you can try it again and improve it until you've got it spot on. You may discover something you really like and cook it again and again!

## Be prepared

It may seem like a horribly time consuming thing to do but make yourself a recipe book! In the long term it will save you time and will help to make sure you're not eating pasta five times a week. **Grab yourself a copy of a food magazine, check out some recipes online or get yourself a recipe app on your phone.** Some of the apps are fantastic and let you type in ingredients that you've got left over and generate recipes based on whatever you've got in your cupboards. [www.studentnosh.com](http://www.studentnosh.com) and [www.studentrecipes.com](http://www.studentrecipes.com) are both great websites for recipes which have been written for students, by students. **Planning your meals in advance may also seem time consuming but will again save you time in the long run** as you can shop for pretty much your whole week in one go rather than having to go to the shops everyday because you haven't thought about what to have for tea (or dinner, depending on which side of the North-South divide you're on) until an hour before.

## Don't diss leftovers!

Judging quantities can be tricky so you may find that all too often you've made far too much, even after your best efforts to polish it all off. Don't throw your leftovers in the bin, get creative with them! For example, add some kidney beans and chilli powder to a bit of left over bolognaise sauce and voila, a perfect topping for nachos or a baked potato for tomorrow's lunch. **Got a bit too much chicken for a stir-fry for one? Why not have a Caesar salad the next day?** Planning for leftovers can also be a great way to make sure you've always got something if you're in a rush or can't be bothered to cook a meal from scratch. Cook double when you're making your favourite meal or have an afternoon where you cook a huge batch of something and fill up the freezer. Just make sure that you eat any leftovers that aren't suitable for freezing before they go off (most cooked leftovers in the fridge should be eaten within 3 days) and ensure that everything is piping hot throughout before eating.

## Healthy doesn't have to be boring

If you are of the opinion that healthy food is equivalent to rabbit food then think again. Cooking from scratch is a perfect way to make the greasy, cholesterol-filled foods that we all know and love just that bit healthier and you never know, perhaps even better. **Making your own chips or wedges from a bog standard potato is far healthier and much tastier.** Cut a potato into slices or wedges, toss in some oil and sprinkle a few herbs and spices over the top for gourmet chips that McCain's can't even compare to. Or perhaps go even further and have sweet potato fries. The lower glycemic index in sweet potatoes compared to normal potatoes as well as their higher levels of fibre mean that when directly compared to normal fries, they are far better for you. Plus, they are much yellower! Try making your own burgers or a vegetable curry. A healthy and balanced diet will help you to concentrate in that dreaded last lecture on a Friday afternoon or ensure you keep up your best moves until the lights come on in Loveshack.



**Hopefully these little tips will point you in the right direction and a year of cooking won't seem quite so scary or boring as first thought. There's no harm in treating yourself to a takeaway or a Butler burger every now and again but cooking is a great life skill to have so why not make the most of it now?**

# GET INVOLVED—in Committees

## Butler—A Local College?

One of Josephine Butler College's key values is that it is a 'local college'. When we were first established in 2006 this was merely an objective, more of an ambition than a truth. It was up to the students to deliver on that promise, and embed Butler spirit into the local community. Six years later and we have firmly established links to three local communities, with a fourth on its way. These relationships have been mutually beneficial as our students have been able to gain personally, while devoting their time and energy back to County Durham. Our new friends include a charity, a school and even the local market.



**Our first link is a charitable one, with Grace House North East**, an appeal to build a children's hospice. With only twelve children's hospice beds throughout the region, the North East has the lowest provision in the whole of the UK. We are helping them to build a 6 bed independent hospice to benefit hundreds of families across the region, providing emotional, practical and physical support 24 hours a day, 365 days a year.

The greatest strength of our Charity Committee is its ability to put on popular events that students want to attend. Butler's Got Talent, DARE Night, Fashion Shows and the Dilston v Milfield football match draw huge crowds, providing a great night as well as raising bucket loads for a good cause. With last year's Charity Co-ordinators Anna and Jo managing to better the record-breaking total set by Gabie and Anna, things look bright for charities at Butler.

### Charity Committee in numbers:

Years active: 2 and a half.

Money raised: £15,243.28.

Fun had: immeasurable

**A second important community link is with St. Joseph's primary school in Gilesgate.** Every week we send between ten and twenty-five students to volunteer in the school, helping the children with a wide range of activities. The Year 5 and 6 class also come to college once a year in Easter Term for an Activities Day. Co-organised by second-year Emma Crosby, 2012's day was particularly successful, with the children undertaking a series of Olympic-themed activities in the Howlands and on the MUGA. The experience of engaging with people not associated with the university, particularly children, is a refreshing one. In such a small city, it can be easy to spend your university career interacting purely with lecturers, librarians and fellow students. Spending time at St. Joseph's gives Butlerites so much more than just something for their CVs, it keeps us sane!

**Our third key link with the community** is a slightly different one. **Our relationship with Durham Markets** has blossomed over the past few years, culminating in owner Colin Wilkes being presented with the Community Award at the Colours Formal last month. The Market have been an invaluable resource for us, providing free buffets in Freshers' Week, putting on Ready Steady Cook competitions, and housing an evening revision zone at Cafe Cenno during exam times. They fit in perfectly with our claim to be both a local and a green college, helping us to promote healthy eating, local produce, and 'cooking as a flat'.

*To get involved on the local scale and give back to the community that has so quickly became all of our homes, or to join charities comm, volunteer at St. Josephs, or are interested in any of Butlers Committees, —email William.Kendall@Durham.ac.uk*

# COMMUNITTEE

## Butler Committees:

making things happen  
in your uni community

GREEN PUBLICITY  
PROJECTS MOUND  
CHARITIES STASH  
ARTS SOCIAL  
TECH SPONC

Interested? Contact william.kendall@dur.ac.uk

# GET INVOLVED—in Societies

## Societies Officers Report, Will Garrison & Hugo Proffitt

Societies (along with sports and committees) are the blood of Josephine Butler and without them our college would be but an empty shell. Last year was a magnificent and dynamic year under the guidance of Societies Officers Gabie Meade and Ben Pickup, so we'd like to thank them as well as all the society presidents, for all their dedication to making last year truly memorable.



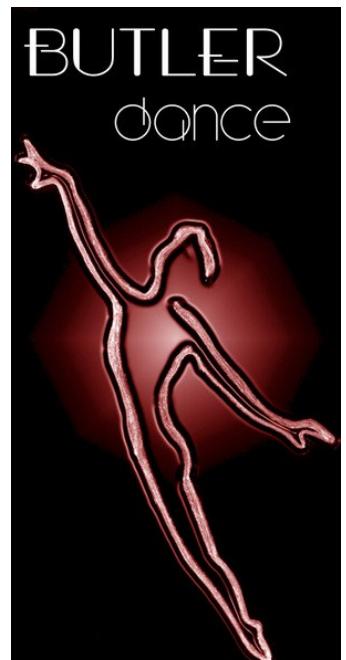
### A Year in the Life of a Society (2011-12)

The **Freshers' Fair** kick-started the societies calendar with the heated race for signatures and members setting a fantastic tempo for the rest of the year. We also saw the creation of several new societies such as **Wine Appreciation** (winner of Best New Society at the Societies Formal), **Comedy** and **Chess**, swelling the number of Butler societies to a university high of 34. Many societies including **Music and Dance** were able to express their talents at numerous **Society Showcases** throughout the year which were well attended and highly enjoyable. Butler also celebrated an entire week dedicated to societies with tastier sessions and showcases to increase turnout in our societies. In epiphany term we saw the first ever **societies formal** where a memorable (or in some cases not so much) night was shared and the finest societies Butler had to offer were given awards. Ben Pickup commented, "The society-fuelled atmosphere carved a great sense of community between the tables." All in all it was a great way to round off a truly wonderful year.

One of Butler's larger societies **Music** (consisting of Jazzband, Barbershop, Strings, Woodwind and Clarinet) had another excellent year playing at **several fundraising events and even external events** such as for the

Durham Christmas Market. **Butler Live** put on two great events which packed out the bar and drew several big names such as Michael Cassidy (who was not too fond of the Butler Bullet!) Butler Choir and Show Choir, as well as the other parts of Music, also entertained the college by playing at the showcases. As Beethoven once said "Music is a higher revelation than all wisdom and philosophy." Let's hope Music Society makes us all a little wiser in the future.

The development of **Hiking Society** saw Hannah Buckley earn President of



the Year award. From smaller walks like round the Botanical Gardens to further afield Hannah's commitment helped Butler to get a breath of fresh air. Some of the best (but not maybe the most leisurely!) walks were to Hadrian's Wall, the Lake District and the Yorkshire Moors. During the exam period Hiking was especially prolific calming minds and keeping people fit with walks around Durham; something we all hope they continue to do so in the coming years.

**STAB** had arguably their most successful era to date with the Murder Mystery Formal in Michaelmas term, a "killer" event which was one not to be missed. They also bucked the trend of the typical Christmas nativity play and instead opted to do some readings in the Michaelmas Concert. But their biggest achievement of the calendar was their production of the play "Chatroom." The play "combined the comic and the macabre into an experience that is both touching and chilling." It would be a fantastic achievement in itself to reproduce a show of this quality which I'm sure STAB can fulfil again.

Society of the Year went to **Rock/Alternative Music** due their variety of different events and their recruitment drive of enthusiastic members, which saw them become one of Butler's biggest societies. They have started doing fortnightly events at Fishtank (think the opposite of Klute!) which have even involved members getting up and DJ-ing and have headed down to Full Collapse at Hild Bede. Several nights out to Newcastle have been well received and more close to home the society has hosted house parties continuously through the year. But it's not all fun and games president Doug Randle has shown an incredible thirst to establish RockSoc as one of Butler's best societies.

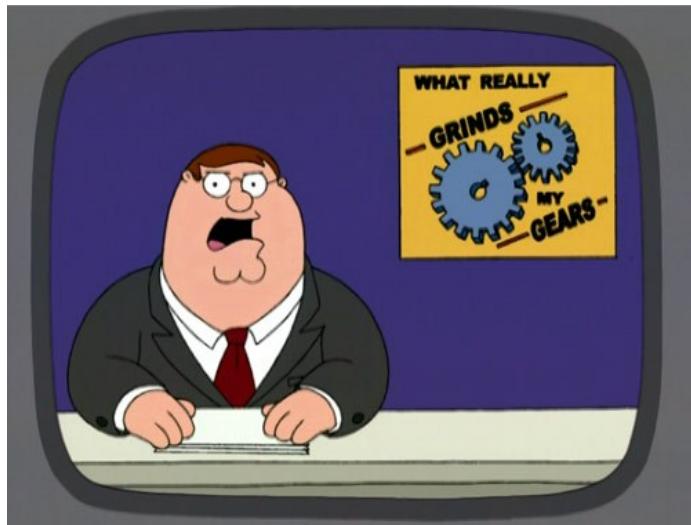
To conclude I'm sure most of you will agree that last year was a fine year for Butler societies, due to the solid graft of everyone involved. For this year we already have a couple of new societies in the pipeline to try, and produce another unbelievable year for societies and the college as a whole.

If you would like to get involved in any society, please email Will Garrison or Hugo Proffitt at [w.m.garrison@durham.ac.uk](mailto:w.m.garrison@durham.ac.uk) and [h.r.f.proffitt@durham.ac.uk](mailto:h.r.f.proffitt@durham.ac.uk). Next week in Mound there will be a 'Societies of the Week' Column to provide further information regarding the opportunities available in college.



# “What Really Grinds My Gears”

Sajan Bhakoo



**PEOPLE WHO MAKE EXCESSIVE NOISES IN THE GYM** When people make excessively loud noises in the gym after every rep, or just in general – we don't need to know if you are feeling the burn.

## **SPECIFYING HOW MANY ICE CUBES YOU WOULD LIKE TO HAVE AT THE BAR**

Does it make any difference whatsoever if you get given 3 instead of 4?

**PEOPLE WHO LINK THEIR TWITTER AND FACEBOOK ACCOUNTS** The reason we don't follow you on twitter in the first place is because we don't care if you just made a sandwich with 2 types of jam in it. And then we're also not interested in the follow up post of what you thought about the texture.

**PEOPLE WHO LIVE THEIR LIFE BY THE PRINCIPLE OF YOLO** (You Only Live Once) but fail to realise that their actions could dramatically reduce the duration of that one life.

# PAINTBALLING TRIP



@BUTLERJCR

#JBSPLAT

FRIDAY 10TH NOVEMBER,  
LEAVE COLLEGE AT 9AM

SIGN-UP @  
[WWW.BUTLERJCR.COM](http://WWW.BUTLERJCR.COM) ON  
FRIDAY 2ND NOVEMBER  
7PM. £10 PP INC. FULL GEAR & 100  
PAINTBALLS



# The Coffee Corner

Judith Mottram

*When you are in need of a caffeine and cake fix, you want to make sure you are going to the right place. With over 30 cafes in Durham it can be hard to choose, these reviews will hopefully give you a little helping hand.*



**Location:** 51 Saddler Street,  
on the way to the cathedral  
just past La Tasca

It is predominantly a cupcake shop and there is a wide range to choose from and at a reasonable price too. Chocoholics would not be disappointed with chocolate orange, double choc and Oreo flavours available and that is just to name a few. If cupcakes aren't your cup of tea they also have other little naughty treats such as rocky road bites and frozen yoghurt which will still satisfy a sweet tooth.

Beverage wise there is the classic hot drinks including hot chocolates complete with whipped cream and marshmallows. They have a hot drinks loyalty card too, although you need to collect 9 to get a free one. There is a small selection of cold drinks available too.

The staff are friendly and efficient and are not in a rush to send you on your way when you have finished. The décor and furnishing was modern and clean and it was pleasantly warm. There is limited seating available but everything is available to take away. The cupcakes could also be a perfect gift as you can get them packed up in fancy boxes.

Overall rating (out of 10):



# BUTLER STASH



ORDER CLOSES MIDNIGHT  
SUN 28TH OCTOBER

# A Moment With... Green Comm

Dear Butlerites old and new,

Thought I'd write this to let you know a bit about Butler's Green Committee and what it plans to do this year. Hopefully you will have been to some of our events during freshers' week, and you're making good use of those big red bags for recycling, laundry or whatever floats your boat.

As you probably know, Butler is known as Durham's 'Green College', because our buildings are so new and efficient. However, there's still a lot that we need to do to stop our actions having an impact on the environment. That's basically what Green Comm are here for – to help put in place new environmental initiatives around college. We also hold events to raise awareness of greater environmental issues (in an entertaining way, I promise!)

So we've got loads coming up this term for you to get involved with. We're holding Cheese and Wine nights on Wednesday 7<sup>th</sup> November and 5<sup>th</sup> December – perfect for a nice civilised evening or some pre-drinks for Loveshack. We're also holding events throughout Durham University Environment Week (see your wall planners) – from screenings of the cult classic movie 'Soylent Green' to a Ready Steady Cook competition in the bar. And meetings are every Thursday, 7pm in the JCR Lounge – they're a great opportunity to bring up any questions or ideas you have!

Hope to see you all soon!

Lucy (Green Comm Rep)





# winter warmer

post grey fireworks

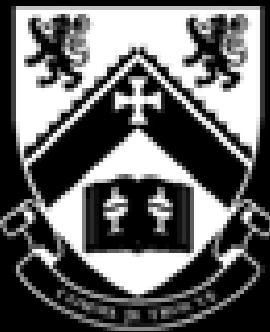
come back to the  
bar for  
winter pimms  
roast chestnuts  
sparklers  
and festive spirit

sat 3rd nov



# JCR MEETING

Sunday 4<sup>th</sup> November  
7.30pm



Fashion Show Chair  
Assistant Charities Co-ordinator  
Assistant Quizmaster  
Students with Disabilities Rep  
LGBT Rep