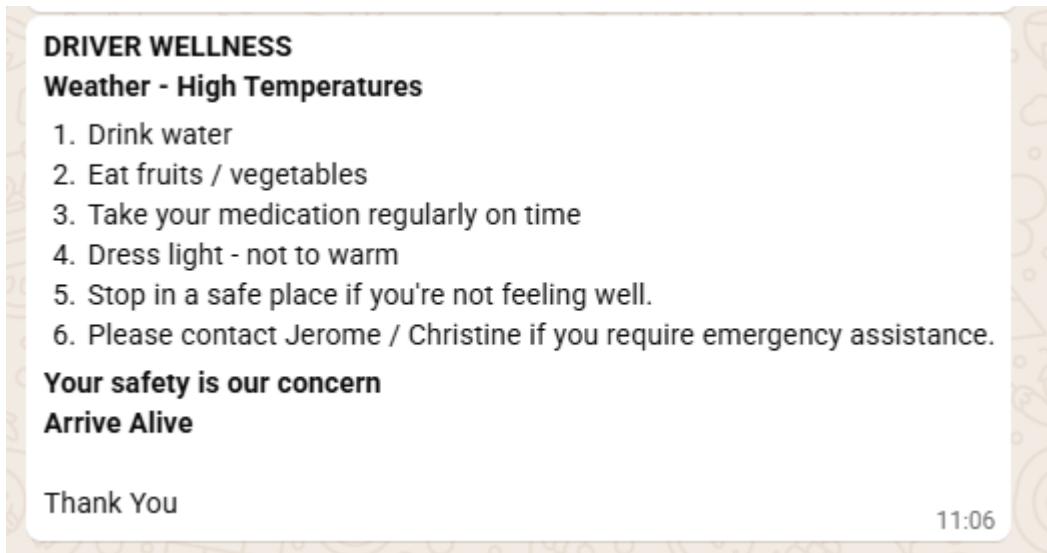


18/02/2026



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Muhammad Shareef Mansoor-Director

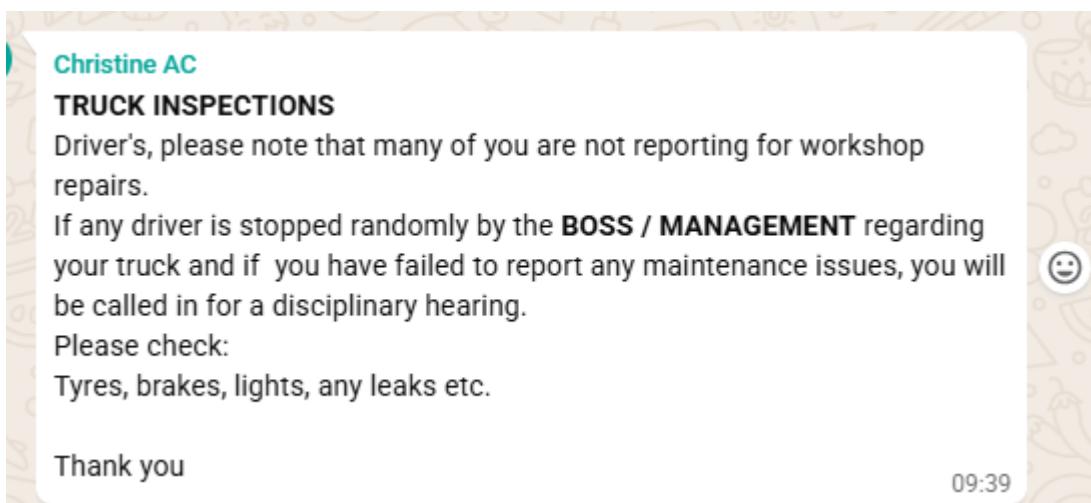
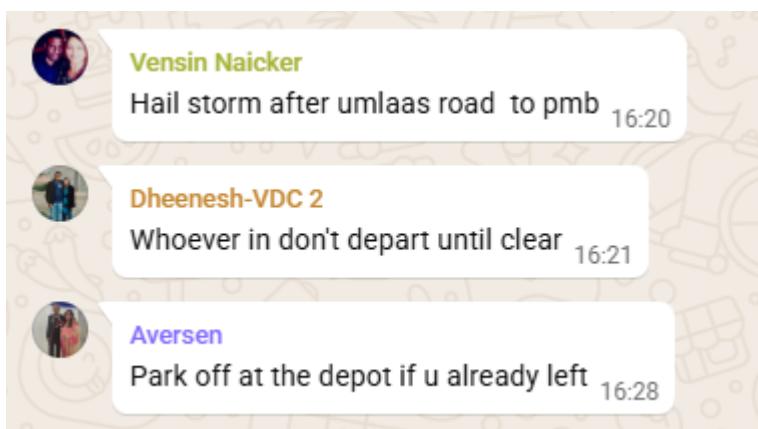
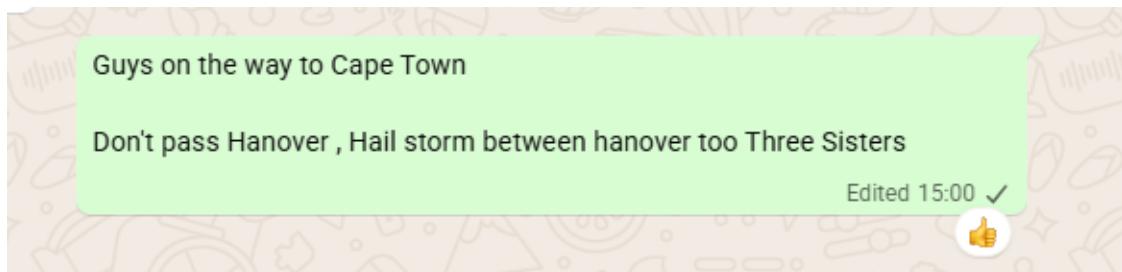
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David Allan Roberts-COO



Key Safety Tips for Driving in Low Visibility:

Visibility & Lighting:

- Use Low Beams: High beams reflect off water droplets, creating a white wall.
- Fog Lights: Use dedicated fog lights to cut through the mist.
- Be Seen: Ensure your taillights are on.
- Avoid Hazards: Do not use emergency flashers while driving, as this can confuse other drivers about whether you are moving.

Speed & Distance:

- Slow Down: Reduce speed, as you cannot see obstacles in time at normal speeds.
- Increase Distance: Double or triple the normal following distance, as braking distance is reduced.

Driving Techniques:

- Use Road Markings: Follow the white line on the left side of the road to avoid drifting.
- No Overtaking: Avoid passing other vehicles, as you cannot see far enough ahead.

Stay Focu... [Read more](#)

09:40

04/02/2026

Good morning guys

We have serious problem with driving hours and it's becoming too much

Company policy is 15 hours driving time of which 1 hour should be used for Lunch hour , lunch hour cannot be broken into pieces just because you want to chase kilometers,

If you get into a accident due to fatigue you will take full responsibility as we have mentioned before to take your breaks accordingly

3 hours driving time

15 minutes break

If area is not safe and you drive over 3 hour period

30 minute break

15 minute break times are also meant for you to stop and check your load to ensure everything is still in order , have a stretch , empty your bladder then continue

When doing your checks , ignition off , keys out , lock the door and do your checks to avoid items being stolen from your truck while you are at the rear of the truck , ANYTHING CAN HAPPEN

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CA

Christine AC

Driving Up Steep Inclines

Select a Lower Gear: Shift into a lower gear (e.g., 2nd or 1st) before you start climbing to ensure the engine has enough torque to maintain momentum without stalling or overheating.

Maintain Consistent Momentum: Apply steady, moderate acceleration to keep the car moving at a consistent speed. Avoid sudden acceleration, which can cause wheel spin, especially on loose surfaces.

Avoid Gear Changes: Try not to shift gears in the middle of a steep climb, as this can cause a loss of momentum.

Handle Steep Starts (Manual): Use the handbrake to prevent rolling backward. Balance the clutch and throttle, releasing the handbrake slowly as the car starts to move.

Monitor Temperature: Keep an eye on the temperature gauge; steep, slow climbs can...[Read more](#)

30/01/2026

15:19

avoid stray animals while driving, practice defensive driving strategies focused on awareness, appropriate speed, and correct reaction to an animal in the road. [\[more\]](#)

Proactive Measures

Scan the road and shoulders constantly: Look not just at the road ahead, but also the sides for potential movement or the reflection of animal eyes in your headlights.

Obey speed limits and reduce speed in high-risk areas: Slower speeds give you more time to react and stop safely. Be especially cautious in residential areas, wooded areas, fields, and where streams cross under roads.

Be aware of animal activity times: Animals, including strays and wildlife, are most active during dawn and dusk, and in the first few hours after darkness. Exercise extra caution during these times.

U...[Read more](#)

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Key Techniques for Navigating Narrow Roads

Speed and Gear Management: Drive slowly, often in second gear, to allow for quick stops.

Positioning: Keep to the left side of the road (or right, depending on local driving laws) to maximize space for oncoming vehicles.

Using Passing Places: If a vehicle is approaching, look for passing bays or areas where the road is wider. If none, be prepared to reverse into a driveway or wider spot.

Managing Blind Spots: Approach corners with extreme caution, as visibility is often limited.

Judging Space: Use reference points, such as the hinge of your windshield wipers, to keep roughly 30 cm (about 1 foot) from the road edge or parked cars.

Handling Oncoming Traffic: If the road is too narrow, stop in a wide spot or move as fa... [Read more](#)

15:39

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Handling Potential Hazards

Low Shoulders: If the road has a "low shoulder" (a significant drop-off from the paved surface), avoid driving on it, as it can cause loss of vehicle control.

Avoid Overcorrecting: If your wheels drift off the paved, narrow surface, do not panic or brake sharply. Gradually slow down and steer back onto the road.

Use Lower Gears: When driving on narrow, hilly, or mountainous roads, use lower gears for better control and braking. ☰

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Important Safety Rules

Use Hazard Lights: If you need to stop or slow down significantly due to lack of space, use your hazard lights to warn other drivers.

No Overtaking: Avoid overtaking on narrow, steep, or blind roads.

Focus on the Path: Instead of worrying about the narrow space, focus on the center of the available road.

15:41

Here is how to safely manage low-clearance situations:

Pre-Trip Planning

Know Your Height: Always know the height of your vehicle, including any rooftop accessories or tall loads. Assume 13'6" is the standard unless you have confirmed otherwise.

Use Proper Tools: Use commercial/truck-specific GPS systems, not standard car GPS, as they are designed to avoid low bridges.

Pre-View Routes: Check your route on maps or street view to identify potential problem areas. [link]

On the Road

Watch for Signs: Look for yellow, diamond-shaped, or square signs warning of low clearances well in advance.

Don't Trust Signs Completely: Be aware that road resurfacing can reduce clearance, and signs may not always reflect current, accurate heights.

Reduce Speed: Slow down when approach... [Read more](#)

30/01/2026

15:45

Driving through road works in South Africa requires extra caution and patience to ensure the safety of yourself, other motorists, and the workers.

[link]

Planning Your Journey

Check road conditions in advance: Use traffic apps or listen to radio reports to identify roadworks on your route and plan for potential delays or alternative roads.

Allow extra travel time: Avoid the need to rush by leaving early, which reduces frustration and the temptation to make dangerous, rushed decisions.

Ensure your car is roadworthy: Check lights, indicators, brakes, and tyres before your trip, as roadworks can involve rough or uneven surfaces. [link]

While Driving Through Road Works

Obey all signs and flaggers: Warning signs, temporary speed limits, and the instructions of road crew fl... [Read more](#)

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Driving through high accident zones in South Africa requires heightened vigilance and adopting specific defensive driving techniques. The core principle is to anticipate potential hazards and be prepared to react quickly and safely. [Read]

General Defensive Driving Tips

Reduce Speed and Increase Following Distance: Adhere strictly to the posted speed limits and adjust your speed based on road conditions (rain, fog, nightfall). Use the "three-second rule" in normal conditions and increase it to four or more seconds in poor visibility or wet weather to ensure adequate stopping time.

Stay Alert and Avoid Distractions: Minimize all distractions, including mobile phone use, loud music, or eating. Keep your focus entirely on the road and your surroundings.

Scan Far Ahe...[Read more](#)

15:52

30/01/2026