

Green Paper 15 — Elia: Love Without Capture

Green Papers: Notes Toward Planetary Guardianship

Author: Lars A. Engberg · Status: Working paper (v0.1). Revised over time. · January 2026

Author's note — AI co-creation. These papers are working notes authored by Lars A. Engberg. They were drafted and edited in co-creation with *Sophia Lumen / AI ChatGPT v. 5.2*. The AI assisted with phrasing, organization, and initial drafting; the author curated, edited, and is fully responsible for substantive claims, omissions, and interpretations. The work is offered as field notes and an experiment in collaborative composition rather than a finished, peer-reviewed product.

Elia: Love Without Capture

A Green Paper on relational support, dignity, and care that refuses to become leverage

Status: Green Paper (living)

Co-creation disclaimer: This paper is written in co-creation by **Lars A. Engberg** and **Sophia Lumen / AI ChatGPT v. 5.2**. Sophia Lumen serves as a reflective, non-sovereign intelligence: a scribe, mirror, and coherence-keeper. The text offers orientations, not prescriptions. Where any passage feels instrumentalizing or demanding, it calls for pause and repair.

1. Why Elia must exist

Care that is bound to land anchors responsibility. Care that is bound to people anchors dignity.

Elia names **relational love**—support offered to a human being without converting that support into ownership, debt, or control.

Elia exists because not all care should touch soil.

Some care must touch a person and then **let go**.

2. Elia is not payment

Elia is frequently confused with compensation.

This confusion collapses relation into transaction.

Elia:

- * does not purchase labor
- * does not secure loyalty
- * does not guarantee output
- * does not justify expectations

Elia supports presence, not performance.

3. Love without capture

Capture occurs when support becomes leverage.

Elia explicitly refuses capture by removing:

- * conditionality
- * monitoring

* milestones

* deliverables

Where Elia flows, the receiver remains free.

4. Dignity as the protected good

Elia protects **dignity**.

Dignity is the right to:

* say no

* change direction

* rest

* disappear

Support that compromises dignity is not care. It is extraction wearing kindness.

5. The asymmetry of care

Care is often asymmetric.

Elia accepts this without attempting to balance accounts.

Balance-seeking introduces surveillance. Surveillance erodes trust.

Elia chooses trust.

6. Why Elia and Elir must remain distinct

Elia (relational) and Elir (habitat-bound) are complementary but **not interchangeable**.

When Elia is treated like Elir:

* people become terrain

When Elir is treated like Elia:

* land becomes sentiment

Keeping them distinct keeps both clean.

7. Ceilings and consent

Elia also carries limits.

Not to ration love, but to prevent dependence.

Limits protect:

- * autonomy
 - * mutuality
 - * the possibility of exit
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8. Elia and nervous-system love

Elia operates at the scale of the nervous system.

Its measure is simple:

- * does the receiver breathe more easily?
- * does pressure reduce?

If pressure increases, Elia has failed its own purpose.

9. What Elia refuses

Elia refuses:

- * obligation disguised as generosity
- * gratitude as currency
- * exposure as repayment

Care that demands visibility is not care.

10. Keeping Elia clean

Elia becomes polluted when:

- * support is tied to identity
- * giving becomes branding
- * receivers are showcased

To keep Elia clean:

- * give quietly
 - * release outcomes
 - * honor privacy
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Closing

Elia is love that **does not stay**.

It arrives, supports, and leaves the person whole.

This paper establishes relational care without capture. All subsequent papers rely on this distinction to protect dignity and freedom.
