Understanding Two-Factor Authentication (2FA)

Introduction

Two-Factor Authentication (2FA) adds an extra layer of security to your online accounts.

Why 2FA Matters

- Protects against stolen passwords
- Reduces risk of account takeover
- Adds peace of mind

How to Set Up 2FA

1. Enable 2FA in your account settings.
2. Choose an authentication method: SMS, authenticator app, or email.
3. Follow prompts to link your device.

Tips for Users

- Always have backup codes
- Do not share your authentication method
- Use authenticator apps for stronger security