This is a simple paragraph Which continues at the next line And this is the next paragraph

1 Lists

@Prefs style is very useful for items. Note that prefs should be indented more then surrounding paragraphs

- enumerate (this text is in paragraph inside an item):
 1. one (it should be more indented then paragraph)
 - 2. two
 - 3. three
- itemize:
 - one
 - two
 - three

Consecutive elements of the list are framed by the itemize/enumerate environment, if there is no empty lines between them. So:

- 1. one
- 2. two
- 3. three
- 1. one again
- 2. two

2 Math

In line math can be inserted in paragraph in back quotes: a+b=c — this is inline math

Fore block math @Prefs syntax is used:

$$a + b = c$$

Next lines will be framed by align* environment and $\$ will be added between them automatically

$$a+b=c$$
$$(a+b)^2=d$$

$$a + b + c = 0$$

Note that the last equation will framed by separate align*, because there is an empty line before it.

To be continued...