



# Mentee Resource Guide

Welcome to the 50strong Mentor Community — a space where conversations can unlock solutions and help you build a powerful future. This is a community built on trust, respect, and mutual growth.

As a mentee, you're taking an exciting step toward personal and professional development. This document includes your Mentee Commitment and Best Practices to help you get the most out of your experience with 50strong Mentor.



## **Mentee Commitment**

As a member of the 50strong Mentor Community, you are expected to:

### **Respect the Volunteer Nature of This Program**

- Understand that mentors are volunteering their time.
- Show up for sessions on time and prepared.
- Cancel or reschedule meetings with at least 24 hours advance notice.

### **Maintain Professional Conduct**

- Communicate respectfully and professionally with mentors.
- Do not pitch, solicit, or promote services during calls.

### **Uphold Community Trust**

- Treat this space as a trusted professional community.
- Never misrepresent your relationship with mentors (e.g., using their name for outreach without explicit permission).
- Use mentorship sessions for career growth, not personal gain.

### **Take Ownership of Your Career**

- Understand that mentorship is a tool — not a replacement for personal effort.
- You are responsible for applying insights and doing the work.

By participating, you acknowledge and accept these expectations and agree to engage in a way that reflects integrity, gratitude, and professionalism.

## **Best Practices for a Strong Mentorship Experience**

50strong Mentor is designed to deliver on-demand, 1-1 advice from industry experts — here's how to make the most of each connection.

### **Choosing Mentors: Explore Broadly, Think Strategically**

As a military-affiliated job seeker, you bring unique experience, but don't limit your opportunities by only connecting with those who share your exact background.

Here's how to make the most of who you schedule calls with:

- **Diversify Your Conversations** —Don't only select mentors from industries or companies you already know. Use this as an opportunity to learn about new fields, roles, or organizations you may not have previously considered.
- **Look Beyond Shared Experience** —While it's great to connect with fellow veterans or spouses, don't overlook mentors with different life paths — they can offer fresh perspectives and expand your understanding of the broader workforce.
- **Focus on Career Interest, Not Just Familiarity** —Choose mentors based on the roles or industries you're curious about, even if they feel out of reach. Learning from those who've walked different paths can be incredibly valuable.
- **Be Open to Different Leadership Styles and Journeys** —Exposure to varied professional experiences, from corporate to nonprofit to startup, will help you identify what environments may suit you best.

### **Before the Call: Prepare with Intention**

- Review your mentor's background and role.
- Set a goal for the session: Are you seeking advice on transitioning, learning about an industry, or understanding a company?
- Prepare a few focused questions to guide the conversation.

### **During the Call: Be Engaged and Authentic**

- Start by thanking your mentor for their time.
- Share a quick overview of your background and goals.
- Ask thoughtful questions — specific, not vague ("How should I tailor my resume for roles like yours?" vs. "Can you help me get a job?").
- Be curious, but also respectful of time limits.

### **After the Call: Follow Up & Stay Connected**

- Send a thank-you message within 1-2 days.
- Reflect on what you learned and how you'll apply it.
- If appropriate, keep the mentor updated on your progress.
- Always ask before using a mentor's name for introductions or referrals.