

Lex Pryor

Windsor, CT 06095
lexcpryor@gmail.com
860.983.5858

Web Developer with a background in Culinary and Customer Service. Recognized as proactive, resourceful, and a persistent problem-solver. Excellent communicator with effective client relationship building skills. Graduate of Nashville Full-Stack Coding Bootcamp through Vanderbilt University.

Willing to relocate: Anywhere
Authorized to work in the US for any employer

Work Experience

Assistant Kitchen Manager

Lifetime Fitness - Franklin, TN
November 2019 to Present

- Inventory management and food ordering.
- Created daily prep lists, minimizing food waste.
- Helping in all areas of the cafe during high volume times.
- Handled customer concerns and complaints quickly and effectively.
- Maintains daily operations of back of house including maintaining cleanliness, ordering food and supplies, evaluating prep lists and par levels
- Supervises, observes, trains, develops, and assesses cooks and dishwashers to encourage continuous growth, proper procedures/protocols and performance

Certified Trainer, Prep/Line Cook

Olive Garden - Franklin, TN
March 2019 to December 2019

- Trained new staff on food preparation, use of equipment, sanitation and safety procedures.
- Anticipate dinner volume and prep soups, sauces, and miscellaneous dishes, and prepare accordingly.
- Opened and closed the kitchen

Prep/Line Cook

AMC Dine- In Theatre - Franklin, TN
June 2018 to June 2019

- Trained and able to work all stations.
- Worked as a team to keep workflow moving effectively.
- Prep and stock stations for service based on anticipated need.
- Experienced working as part of a team that needs to adapt quickly to a changing environment.
- Provided customer service to guests when possible.

Legal Assistant

Law Office of J. Xavier Pryor - Windsor, CT

January 2016 to April 2018

- Prepared, edited, and distributed legal documents in a professional and timely manner.
- Organized and maintained client and firm records using Excel and Word.
- Handled business calls

Shift Supervisor

Law Office of J. Xavier Pryor - Windsor Locks, CT

January 2016 to April 2018

- Ensures all duties are carried out efficiently and correctly by staff.
- Handled cash, drawer counts, inventory management
- Serviced customers

Education

Certification

Vanderbilt University - Nashville, TN

May 2020 to August 2020

High school diploma or GED

Windsor High School - Windsor, CT

June 2012

Skills

- Kitchen Management Experience
- Food Safety
- Catering
- JavaScript
- Food Preparation
- React
- MySQL
- MongoDB
- HTML5
- CSS3
- Node.js
- Express.js
- Git
- User Interface (UI)
- JSON
- Bootstrap
- REST
- APIs
- AJAX
- GitHub
- MVC
- Software Development

- SQL
- Cooking (2 years)

Links

<https://github.com/LexTheMenace>

<https://www.linkedin.com/in/lex-pryor-8a4a53132>

Certifications and Licenses

ServSafe

June 2018 to June 2021