

Lex Pryor

Windsor, CT 06095 | 860.983.5858 | lexcpryor@gmail.com | [Portfolio](#)

Full Stack Web Developer with a background in Culinary and Customer Service. Recognized as proactive, resourceful, and a persistent problem-solver. Excellent communicator with effective client relationship building skills. Graduate of Vanderbilt University School of Engineering's Full-Stack Coding Bootcamp.

Certificates

Full Stack Web Development

Vanderbilt University - Nashville, TN

May 2020 to August 2020

Work Experience

Assistant Kitchen Manager

Lifetime Fitness - Franklin, TN

November 2019 to Present

- Managed inventory efficiently, accurately, and cost-effectively.
- Assessed daily prep needs, minimizing food waste.
- Working in all areas of the cafe as needed.
- Handled guest questions, concerns, and complaints quickly and effectively.
- Responsible for daily BOH operations including maintaining sanitation, ordering food and supplies, evaluating prep lists and par levels.
- Directing productivity to maintain efficient ticket times
- Supervise, assess, train, and develop team members to encourage growth via training, feedback.

Certified Trainer, Prep/Line Cook

Olive Garden - Franklin, TN

March 2019 to December 2019

- Trained staff on food preparation, use of equipment, sanitation and safety procedures.
- Anticipate dinner volume and prep soups, sauces, and miscellaneous dishes, and prepare accordingly.
- Temperature checks and HACCP log.
- Prepared and packaged catering orders.
- Read and follow recipes

Prep/Line Cook

AMC Dine- In Theatre - Franklin, TN

June 2018 to June 2019

- Trained and able to work all stations.

- Worked as a team to keep workflow moving effectively.
- Prep and stock stations for service based on anticipated need.
- Experienced working as part of a team that needs to adapt quickly to a changing environment.

Legal Assistant

Law Office of J. Xavier Pryor - Windsor, CT

January 2016 to April 2018

- Prepared, edited, and distributed legal documents in a professional and timely manner.
- Organized and maintained client and firm records using Excel and Word.
- Handled business calls

Shift Supervisor

CVS Health - Windsor Locks, CT

January 2014 to April 2018

- Ensures all duties are carried out efficiently and correctly by employees.
- Handled cash, drawer counts, inventory management
- Serviced customers

Education

Full Stack Web Development

Vanderbilt University - Nashville, TN

May 2020 to August 2020

High School

Windsor High School - Windsor, CT

Graduated June 2012

Skills

- | | | |
|--------------|-------------|----------------------|
| • JavaScript | • GitHub | • Web Development |
| • React | • HTML5 | • Kitchen Management |
| • MongoDB | • CSS3 | • Food Preparation |
| • MySQL | • Git | • Cooking (3 years) |
| • Node.js | • Bootstrap | |
| • Express.js | • APIs | |