From last year to this year’s March, I was taking part in an activity called “China thinks big”. It was a competition that needed corporation and neoteric ideas. At last, our team entered the national competition and won a prize called “certificate of recognition”. I was the leader of this group, so convened all team members and decided a proper task for our team to study were all organized by me. During this period of time, I was also preparing for some important examinations in my school. At the start of the CTB competition, I found it hard to manage my own time. But after listing a plan of the things and their corresponding time for both school and competition, I gradually got accustomed to my plan and did things step by step. After about half a month, I found that I could made a balance between my school work and competition! As a result, I developed my time management ability. During the process of competition, we often had tasks to cooperate. In order to get the situation of sleeping from middle school students, I proposed to hand out questionnaires. Our team members voted for it, all of them supported my idea, so we printed some questionnaires. Our team had seven people included me, so I divided us into three groups, two people, two people and three people, each group handed out questionnaires to one grade and after three days, we had to collect all of them. All the process proceeded well and we collected almost all questionnaires After that, each group analyzed their questionnaires and the data processers summarized all data and made a statistical graph. Through this process, I developed my leadership and cooperation. Although we cooperated well in most of the time, we stilled faced a few problems. For example, some team members couldn’t hand in their tasks on time. When this happened, I talked to them about the importance of each task and so on, after this, they would immediately take the action to complete tasks. From this, I developed my ability of communicating with others.