## Software paper for submission to the Journal of Open Research Software

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## (1) Overview

### Title

WEARDA: human activity monitoring with wearable sensors

## Paper Authors

- 1. Dijk, van, Richard;
- 2. Gawehns, Daniela;
- 3. Bourdage, Renelle;
- 4. Leeuwen, van, Matthijs;

### Paper Author Roles and Affiliations

- 1. Research software engineer, Leiden Institute of Advanced Computer Science, Faculty of Science, Leiden University, The Netherlands.
- 2. PhD candidate, Leiden Institute of Advanced Computer Science, Faculty of Science, Leiden University, The Netherlands.
- 3. PhD candidate Psychology, add affiliation
- 4. Associate professor, Leiden Institute of Advanced Computer Science, Faculty of Science, Leiden University, The Netherlands.

### Abstract

There are a multitude of research questions especially in the field of Environmental Psychology and Urban Planning that need data of human movements including their activities where this has taken place. We present the Wearable Sensor Data Acquisition WEARDA software package for acquisition of human moving data from a Samsung smart watch <sup>1</sup>. WEARDA contains software functionality for data collection in the field of monitoring activities and location information of humans. The software package was initially created for the Dementia project "Dementia back at the heart of the community" [1] <sup>2</sup>. A Samsung smart watch [2] was chosen because of its relatively open operating system, accompanied by tooling for software development, available set of sensors and acceptance by participants. Together with WEARDA, the Samsung smart watch [2] can monitor real-life subject's activities by recording acceleration (tri-axis accelerometer), rotation velocity (tri-axis gyroscope), outdoor location trajectory (Global Positioning System), passing doors, and

<sup>&</sup>lt;sup>1</sup>https://github.com/liacsprojects/wearda

<sup>&</sup>lt;sup>2</sup>This project was a collaboration between Netherlands Institute for Health Services Research (NIVEL) Utrecht and Leiden Institute of Advanced Computer Science (LIACS), Leiden University, funded by ZONMW, with project timeline from 2018 to 2022

switching floors (barometer). Five practical challenge were addressed for data collection: efficient and errorless preparation, measurement execution, logistics, privacy preservation and reproducibility of the data collection.

### **Keywords**

Human physical activity; Smart watch; Tizen OS; Tri-axes accelerometer; Tri-axis gyroscope; GPS; Privacy geofencing.

#### 1 Introduction

We present the WEARDA software package running on a smart watch with Tizen OS to access and collect raw sensor and GPS data.

The WEARDA software package is developed for researchers. It can be used to collect human activity in a real-life environment, where the subjects work or live, and to collect human activity data in an experimental setting, where the activity behavior is known and there is a wish for annotation.

The Samsung Gear Fit Pro 2 smart watch, issued in 2016, was selected. The Samsung watch has acceleration, gyroscope, barometer, and Global Positioning System (GPS) sensors. This combination of sensors allows for the collection of human physical activity data as well as the location outdoors.

The operating system of the watch is Tizen OS. This operating system comes with strong software development tooling, is free of charge and has a rich, well-documented API accompanied by many programming examples, all available online [3]. Tizen OS allows the access to raw sensor data via their APIs, something that other, more closed systems such as FitBit or Apple watches do not allow. A possible alternative are wearables running on Wear OS, an Android based software stack. Wear OS driven watches appear to be an interesting choice but we couldn't seek these type of watches with the required set of sensors, and ultimately chose the Samsung watch as mentioned.

Data collection on real-life human subjects in a laboratory environment or in real-life, is a difficult and error-prone task. Inefficiencies and human errors can occur during preparation, measurement execution, and data logistics. Beside these three practical challenges, driven by efficiency and error reduction, we took notice for privacy preservation and reproducibility of the data collections. The following paragraphs describe how WEARDA addresses these five practical challenges in detail. A summary of these descriptions are found in table 1 below.

The first practical challenge is an efficient and errorless preparation and configuration of the smart watches. We therefore chose for a configuration file which can be prepared before hand and can easily be uploaded onto the watches. The configuration files become part of the data collection protocol and therewith increase the reproducibility of the data collection by other researchers. The watches will store the used configuration file along with the collected data.

The second practical challenge is an efficient and errorless measurement execution. The WEARDA software collects the data in the background, invisible for the subject, and it cannot be stopped to prevent unintended interventions by subject or researcher. The stored measurements on the watch can be copied to a standalone laptop wireless, and later removed, with Tizen software running on this laptop. Removal of the measurements can also be done with the WEARDA application

installed on the watch, if there is no laptop available on site. Further, the watches can store days of data captured by measurements. Further, entering the person-id (an unique number attached to a real-life subject) is designed to be done fast and errorless. We choose the digital spinner wheel widget what shows only the possible id's while swiping (errorless entry). The free format data entry widget was not chosen because of its error sensitive free format but also because individual digits must be entered with a digital, very small, keyboard, which is time consuming because it needs a solid, relaxed hand, and therefore could induce errors quickly.

The third practical challenge of data collection is an efficient and errorless logistics. The measurements are linked to an unique identifier of the watch, and are accompanied by the (corrected) configuration settings used by that particular watch. The WEARDA software replaces invalid configuration settings by default values: it will not block the start of the measurements, nor produce error messages, if errors are detected in the original configuration settings. With this correction mechanism, the researcher will not be confronted with the absence of measurements later, after intensive data collection efforts on site. We chose this correction error handling because giving notice of warning or errors could confuse subject and researchers.

Table 1: Practical challenges and the functions how they are solved.

| Challenges:                                       | Preparation | Measurement | Logistics | Privacy | Reproducibility |
|---|-------------|-------------|-----------|---------|-----------------|
| Configuration file                                | v           |             |           |         | v               |
| Watch identifier                                  | v           |             | v         | v       | v               |
| Automatic correction of configuration file        |             | V           |           |         | v               |
| Removal files by UI watch                         | v           | v           |           | v       |                 |
| Not easy to remove file by UI watch               | v           | V           |           |         |                 |
| Person identifier                                 |             | v           | v         | v       |                 |
| Storage of all data also outside public area      |             | V           |           |         |                 |
| Easy entering person identifier                   |             | v           |           |         |                 |
| Storages for days of measurements                 |             | V           | v         |         |                 |
| Not easy stopping the data collection             |             | V           |           |         |                 |
| Use of standalone laptop                          |             | v           | v         | v       |                 |
| Quick upload of files to laptop                   |             | V           | v         |         |                 |
| Wireless upload to laptop                         |             |             | v         | v       |                 |
| Person id date time and watch id in data filename |             |             | v         |         | v               |
|   |             |             |           |         |                 |

The fourth practical challenge is the preservation of privacy. The challenge here is to filter out the data collected if the wearable is measuring while being outside a predefined data collection area. We used the GPS Geo fencing API of Tizen OS by configuring a circle as Geo fence around the area where the data collection takes place. If the smart watch is residing outside of this circle, data is marked as being private, but still recorded because of possible inaccuracy of GPS. The privacy data collected is supposed to be removed after upload to the laptop. Before filtering out privacy data, the data must stay in a protected digital environment. We chose to have the data directly downloadable to a standalone research laptop without involvement of third parties.

The fifth practical challenge is to take measures for reproducibility of the data collections. We chose for a configuration file holding all settings data of the data collection including a reference to a particular watch. The configuration files become part of the data collection protocol and therewith increase the reproducibility of the data collection by other researchers. The watches will store the used configuration file along with the collected data.

If we take the aforementioned practical challenges and related solutions into consideration, the data collection on real-life subjects steps are: create a particular configuration setting and upload this to all watches used in the study (preparation). On site, each watch is activated by the researcher with the WEARDA sensor app: remove all previous collected data, enter a person-id, start the measurement, and then let the subject wear the watch on their wrist (measurement execution). After data collection, every watch is read out by use of a laptop to copy its data, to be placed in one folder, first sorted by person-id, and after that by date time (errorless data logistics).

The following section is about the implementation and architecture of the WEARDA software. It is followed by a section regarding the quality control of the package, where the tests and the techniques are provided to ensure the high quality of the delivered software. In the availability section, details on the WEARDA software system requirements and dependencies are given, as well as the information on how to obtain the software. The last section describes the software reuse potential, and provides an overview of how to configure and run WEARDA on a Samsung watch.

### 2 Implementation and architecture

We developed the WEARDA software package, consisting of two main components: 1) an interactive "Sensor application" that can be operated through the touchscreen of the watch, and 2) a data collection "Sensor service" that runs in the background on the watch.

# 2.1 Sensor application

The software package contains the Tizen OS widget application "liacs.sensorapplication", visible in the list of applications with title "Sensors" and a digital brain as icon.

**Application front-end** The application carries a spinner entry widget control to enter the person-id, a number between 000 and 999, and two buttons: the RESTART button to start or restart measurements, and the CLEAN button to remove all measurements from the watch. The CLEAN button can be activated by pressing it three times to prevent unintended removal when accidentally pressing the button. The application can be closed by pressing the back button on the side of the watch. This will not influence the measurements, and allows the participant to use other applications on the watch. We did not supply a STOP button because of the fear that participants would press this button unintended. Thus, the measurements can only be stopped by a full shutting down of the watch. After several measurements the battery will be depleted, and the watch shuts down automatically. While re-charging, the data can be downloaded, removed, and the watch is ready for the next participant. Shutting the watch down reduces power consumption, and thus, the charge duration will be shortened for the next experiment to start. In data collection setting where the data needs annotation, the person-id can be used as an annotation label. For example, if different types of daily activities needs labelling, such as washing dishes, cutting vegetables or biking, the person-id could be used (e.g., ID 001 = washing dishes, 002 = cutting vegetables, et cetera).





Figure 1: Left: the icon of the sensor application in the Tizen OS menu, right the sensor application with the person-id snipper, restart, and clean button.

Measurement files The measurement records are stored in comma separated values sensor files, and the file name contains the person-id, date, time, watch-id, and sensor types. This information also appears in the first line of these files. The researcher retrieves the files by use of the Smart Development Bridge (SDB): a command line tool which is part of the Tizen Studio package. It is advised to retrieve the files daily while collecting data, for example to validate the data in the evening, to prevent loss of data because watches can get lost or damaged. In principle, the watch can store 0.5 GB of data, which should be enough for 7 days of 12 hours of measurements a day. So, it could be possible to monitor real-life subjects during the day for one week continuously without intervention of the researcher to download the data frequently during this period. However, the battery will be depleted after 12 hours, so the subject should recharge the watch battery daily in this data collection scenario.

Files separation Sensor values can be recorded with different frequencies. The motion sensors are usually read out with high frequency 25-50 Hz, while the barometer, battery, and GPS (Global Positioning System) have lower frequencies 0.25-2 Hz. For every frequency, a separate file is created. In that way, there is no need for sensors with low frequency rates to be recorded many times as duplicates, if these recordings are mixed with sensors who are recorded with higher frequency rates. This separation of files, thus reduces power consumption, and memory usage, because it reduces also the number, and size of recordings. Sensor values are stored in the comma separated value file format.

**Central clock** The application uses one central clock. The time recordings in several sensor files can be aligned with this central time reference. It is advised to synchronize the time of the watches with internet available clocks before the data collection. Precise time synchronization can be established automatically by connection to internet via Bluetooth or WIFI.

Configuration file The measurements are configured with a configuration file that is uploaded to the watch, and placed in an application-independent, accessible file system directory. Its contents are read before starting the measurements. The used configuration settings and the software package version, is saved in a meta file which has an identical structure as the original configuration file. This file becomes an integral part of the sensor files generated by each series of measurements. Errors in the configuration file are corrected to default settings instead of giving a warning. A configuration file is uploaded to the watches with the SDB command line tool.

Privacy preservation The sensor service writes sensor values to the sensor files continuously. This is independent of the privacy preservation settings. However, if the privacy preservation settings are activated, the sensor values are enriched with a privacy label indicating that the watch was inside the public area ('I'), or outside the public area ('P'). In case the GPS coordinates are not available, the privacy preservation data can not be collected and the privacy label is '?'. After data collection, the collected files can be processed offline to preserve the privacy of the real-life subject by removing the data records which indicate the label outside the public area 'P'. The reason not to store collected data on the watch – while the subject is outside the public area in the first place – but remove privacy sensitive later on with a post processing step is 1) it could be that the GPS Geo fence is not accurate enough or 2) the GPS base point is not set correctly which could result in empty data collections if the data was not stored at all. So, this step serves the wish for overcoming human errors.

The public area can be set by the configuration file by setting a circle on the map by defining a GPS middle point expressed in longitude and latitude coordinates, and its radius in meters. Privacy is only preserved if the GPS sensor is switched on and the sensor can establish the location of the watch what is more likely when the watch is worn outdoors.

### 2.2 Sensor service

The software package contains an Tizen OS widget service, "liacs.sensorservice", what runs in the background, neither visible in the list of applications nor visible via the display of the watch. This design makes continuous measurements possible since Tizen applications become idle after brief time to reduce power consumption of the display, while services only become idle if the battery is almost empty.

Processing messages The sensor service processes the messages RESTART and CLEAN sent by the sensor application. After start of the watch, the sensor service is activated and waiting for these messages. After one valid message is received, the service starts the recording of the sensor values and stores it into comma separated values files. The measurement is based on the contents of the uploaded configuration file. Each RESTART message will reload the configuration file found in its uploading folder. This allows the researcher to change the configuration of watches while the measurement is still running.

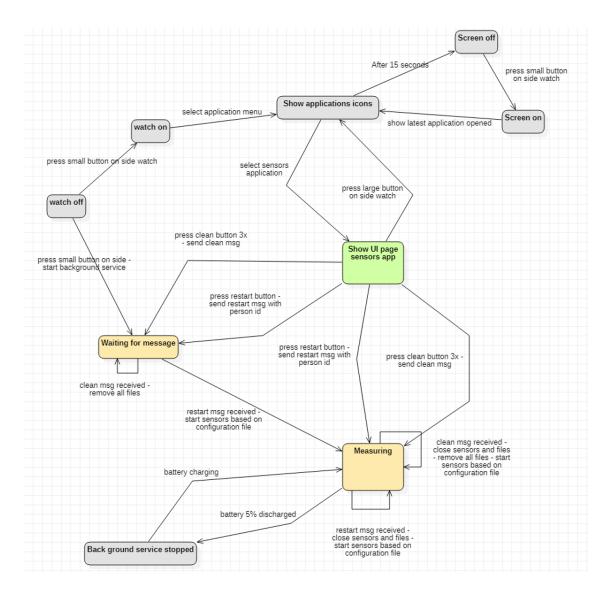


Figure 2: State diagram of sensor application (green), sensor service (orange), and the Tizen OS (grey).

Figure 2 shows a state diagram with transitions with format "event - actions", as a formal description of the states, and relevant state events between the watch application manager, the sensor application, and service.

### 3 Quality control

The watches were manually tested. We conducted a spinning test — watch rotating on its Gorilla glass – to validate the values of the acceleration and gyroscope sensors. The sensors are positioned a bit outside of the center of the watch.

**Gyroscope and accelerometer** The gyroscope values showed a decreasing trend on two of its axes, the gravity acceleration axis showed ax = 0,  $ay = 1.2 \text{ m/s}^2$ ,  $az = 9.81 \text{ m/s}^2$ . The linear acceleration was not valid for high rotation velocities, but showed promising values after 32 seconds. The linear acceleration is derived from the gravity acceleration with an algorithm used by Samsung.

#### Spinner test Samsung Gear Fit Pro2

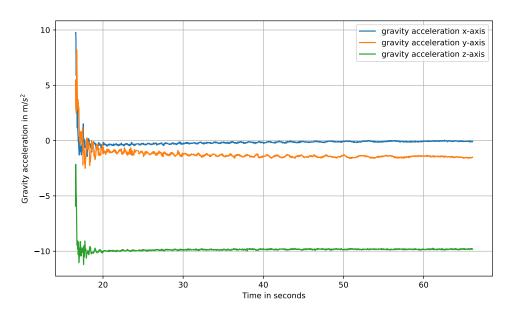


Figure 3: Watch spinning on its glass, decelerating. The oscillation is caused by the movements of the arms of the band. The graph shows the gravity acceleration per axis in  $m/s^2$ .

Baseline measurements Zero measurements or baseline measurements showed that the standard deviation of the gravitational acceleration  $G = \sqrt{(ax^2 + ay^2 + az^2)}$  ranges between 0.02 - 0.036 m/s². Its average G ranges between 9.6 - 10.2 m/s². Further, the average gravitational acceleration G was dependent on the spatial orientation or spatial positioning of the watch compared to the direction of the gravitational force or orientation of the surface of the ground as well.

Barometer and GPS The barometer and GPS were validated by comparing height differences of a GPS track with the air pressure measured [4]. An air pressure difference of 1 millibar (hPa) corresponded to 7.75 meters at sea level, temperature 10 degrees Celsius. The accuracy of the barometer is roughly 0.01 millibar (0.075 meters).

**Different timestamp bias and irregular sampling rate** We noticed that the Tizen OS API is producing different biased time stamps per sensor type. On top of that the sampling time appears to be irregular.

We implemented a write timer which writes all sensor values known at a certain moment, to one or more sensor files, to overcome these two problems. As a consequence, identical values can be written if the write timer interval is shorter then a sensor specific readout interval. Therefore identical values are not written to the files. One could argue that a sensor value could be identical with its previous value. However, because of noise influences on the values, this probability is very low.

#### Spinner test Samsung Gear Fit Pro2

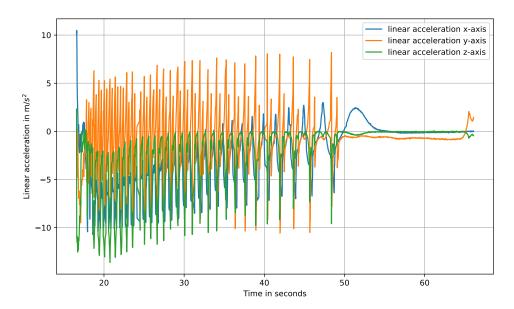


Figure 4: Watch spinning on its glass, decelerating. The oscillation is caused by the movements of the arms of the band. The graph shows the linear acceleration per axis in  $m/s^2$ .

In case the sensor readout interval is shorter then the write timer interval, changing sensor values could be missed. We choose to write only the last available values.

Writer and sensor intervals, and sample density The best intervals of the writer timer and the sensor read outs are listed in Table 1. The table also contains the realized sample density which is defined as the ratio between recorded samples divided by the expected number of samples. A sample density of 1 is ideal; if it is lower then 1 the effective sample frequency is lower then the configured one; if it is larger then 1 the effective sample frequency is higher then the configured one.

Non-blocking error handling At last, we mention the non-blocking error handling approach. Errors are corrected if possible, or at least will be bypassed to prevent sudden unexpected stops. For example, if the configuration file contains values being out of range, they will be replaced by typical or default values. For the release version of the WEARDA package, errors are not shown to the user nor is it logged. Logging in general (not only for errors) is switched off to reduce power consumption and memory use. Only, the debug version of the WEARDA package will log information about the program flow, or warnings, or errors.

### (2) Availability

### Operating system

Tizen OS developed by Samsung based on Linux OS, version 2.3.1:13

#### Spinner test Samsung Gear Fit Pro2

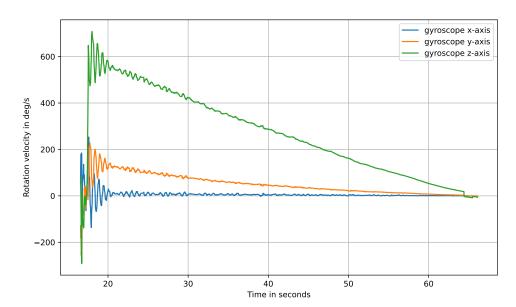


Figure 5: Watch spinning on its glass, decelerating. The oscillation is caused by the movements of the arms of the band. The graph shows the rotation velocity per axis in degrees per second.

## Programming language

C-programming language, Tizen API version 2.3.1:13

## Additional system requirements

The software needs some disk space to store the data collected. Typical for 7 days of data collection, 12 hours a day, 50Hz sample frequency 500 MB will be sufficient.

### **Dependencies**

None

### List of contributors

Richard van Dijk, research software engineer of the LIACS software lab was the only developer of the software package. The software was reviewed by his colleague Jeremie Gobeil, also research software engineer of the LIACS Software Lab.

### Software location:

Archive (e.g. institutional repository, general repository) (required)

Name: Zenodo

Persistent identifier: https://doi.org/?/zenodo.?

Licence: MIT license

Publisher: LIACS Software Lab, Leiden University

Version published: Sensor application v1.0.1 and sensor service v1.0.2

Date published: ?/?/21

Code repository (e.g. SourceForge, GitHub etc) (required)

Table 2: Sample density as function of write- and sensor readout interval in milliseconds.

| Sample rate      | Sensor interval  | Writer interval  | Sample density GPS off | Sample density GPS on |
|------------------|------------------|------------------|------------------------|-----------------------|
| 50 Hz            | $10 \mathrm{ms}$ | $20 \mathrm{ms}$ | 0.99                   | 0.90-0.93             |
| 50 Hz            | $20 \mathrm{ms}$ | $10 \mathrm{ms}$ | 0.94                   |                       |
| $40 \mathrm{Hz}$ | $25 \mathrm{ms}$ | $25 \mathrm{ms}$ | 0.80-0.87              | 0.975                 |
| $40 \mathrm{Hz}$ | $10 \mathrm{ms}$ | $25 \mathrm{ms}$ | 0.86                   |                       |
| $40 \mathrm{Hz}$ | $15 \mathrm{ms}$ | $25 \mathrm{ms}$ | 0.94                   |                       |
| 30 Hz            | 15ms             | 33 ms            | 0.96                   |                       |
| 30 Hz            | $33 \mathrm{ms}$ | $33 \mathrm{ms}$ | 0.97                   |                       |
| 25 Hz            | $20 \mathrm{ms}$ | $40 \mathrm{ms}$ | 0.99                   |                       |
| 20 Hz            | $10 \mathrm{ms}$ | $50 \mathrm{ms}$ | 0.96                   |                       |
| 20 Hz            | $25 \mathrm{ms}$ | $50 \mathrm{ms}$ | 0.98                   |                       |
| 20 Hz            | $50 \mathrm{ms}$ | $50 \mathrm{ms}$ | 0.93                   |                       |
| 10 Hz            | 100ms            | 100ms            | 0.99                   |                       |

Name: GitHub

Persistent identifier: https://github.com/LiacsProjects/Wearda

Licence: MIT license

Date published: 28/07/21

Emulation environment (if appropriate)

Name: None

Persistent identifier: None

Licence: None

Date published: None

## Language

The language of repository, documentation, software and supporting files, are all in English.

## (3) Reuse potential

While developed for the Dementia project of LIACS and Nivel, the WEARDA package was designed in a generic manner to allow reuse in other contexts. The package can be reused with minor reconfiguration for any project where another wearable device running the Tizen OS is used for collecting activity information. Items to be configured include the coordinates and radius of the privacy circle, selection of the sensors, and the polling frequency appropriate for the type of sensor being used, see Table 2 for an overview of all settings.

For projects where similar watches are used (i.e., smart watches with a comparable set of sensors), the overall architecture of the WEARDA package is reusable, as are the optimization strategies for energy consumption, time synchronization, robustness of the measurement and storage of the data.

The wearable chosen meets the requirements set out in 2018. The development of smart watches continued, and there will be better alternatives available in terms of battery discharge / charge duration, quality of the sensors, amount of sensor types, and software development environments such as Android Wear OS of Google.

Google and the Tizen foundation recently decided to merge both their operating systems Android Wear OS and Tizen OS into a new OS called "Wear" [5]. This

Table 3: Configuration settings.

| Field name                                 | Field type | Possible values, $() = default$               |
|--|------------|---|
| Unique identifier watch                    | string     | Example "D8F8"                                |
| Accelerometer interval                     | integer    | 0 indicates switched off, 10-1000 (25) ms     |
| Linear accelerometer interval              | integer    | 0 indicates switched off, 10-1000 (25) ms     |
| Gyroscope interval                         | integer    | 0 indicates switched off, 10-1000 (25) ms     |
| Barometer interval                         | integer    | 0 indicates switched off, 10-1000 (100) ms    |
| GPS interval                               | integer    | 1-10 (1) seconds                              |
| GPS middle point privacy circle, latitude  | float      | -90.0-90.0 (52.169311) degrees                |
| GPS middle point privacy circle, longitude | float      | -180.0-180.0 (4.456711) degrees               |
| GPS radius privacy circle                  | integer    | 0 indicates switched off, 10-1000 (100) meter |
| Write recordings interval                  | float      | $0.01-10.0 \ (0.05) \ \text{seconds}$         |

means that our application can also run-on Android Wear OS wearables in the future, possibly with little adaption.

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### Competing interests

The authors declare that they have no competing interests.

### Data policy

The data collection of the Dementia project of LIACS and Nivel will be available to other researchers but not to the general public because of their privacy sensitive nature.

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