



# SSW-555: Agile Methods for Software Development

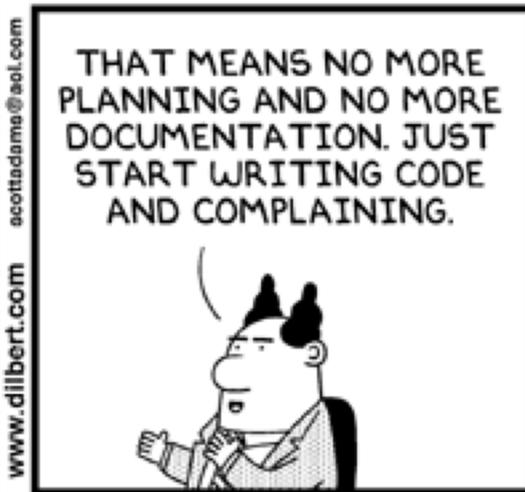
*Introduction*

*Extreme Programming/XP*

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School of Systems and Enterprises



# Just for fun...



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# Today's topics

Software development method comparison

Motivations for agile methods

Rational Unified Process (RUP)

Boehm's risk exposure comparison

Overview of Extreme Programming (XP)





# Acknowledgements

Lecture material comes from a variety of sources, including:

[https://www.tutorialspoint.com/sdlc/sdlc\\_quick\\_guide.htm](https://www.tutorialspoint.com/sdlc/sdlc_quick_guide.htm)

Software Engineering, 10<sup>th</sup> Edition, Ian Sommerville

Scott W. Ambler [www.ambysoft.com/surveys/](http://www.ambysoft.com/surveys/)

"Get ready for agile methods, with care" by Barry Boehm, *IEEE Computer*, January 2002.

<http://agilemanifesto.org/>

<http://www.extremeprogramming.org/>

# How much planning?

What's the right level of planning for software projects?

It depends on the task!

How should we decide?

What's the domain?



How complete are the requirements?

How stable are the requirements?

What's the cost of doing the wrong thing?

What's the cost of doing the right thing too slowly?

What are the risks?

What are the rewards?



# Software Development Life Cycle (SDLC)

What problems are we trying to solve in any SDLC?

Software specification

- What functionality must we support?

Software development

- How do we create the software that delivers the functionality?

Software validation

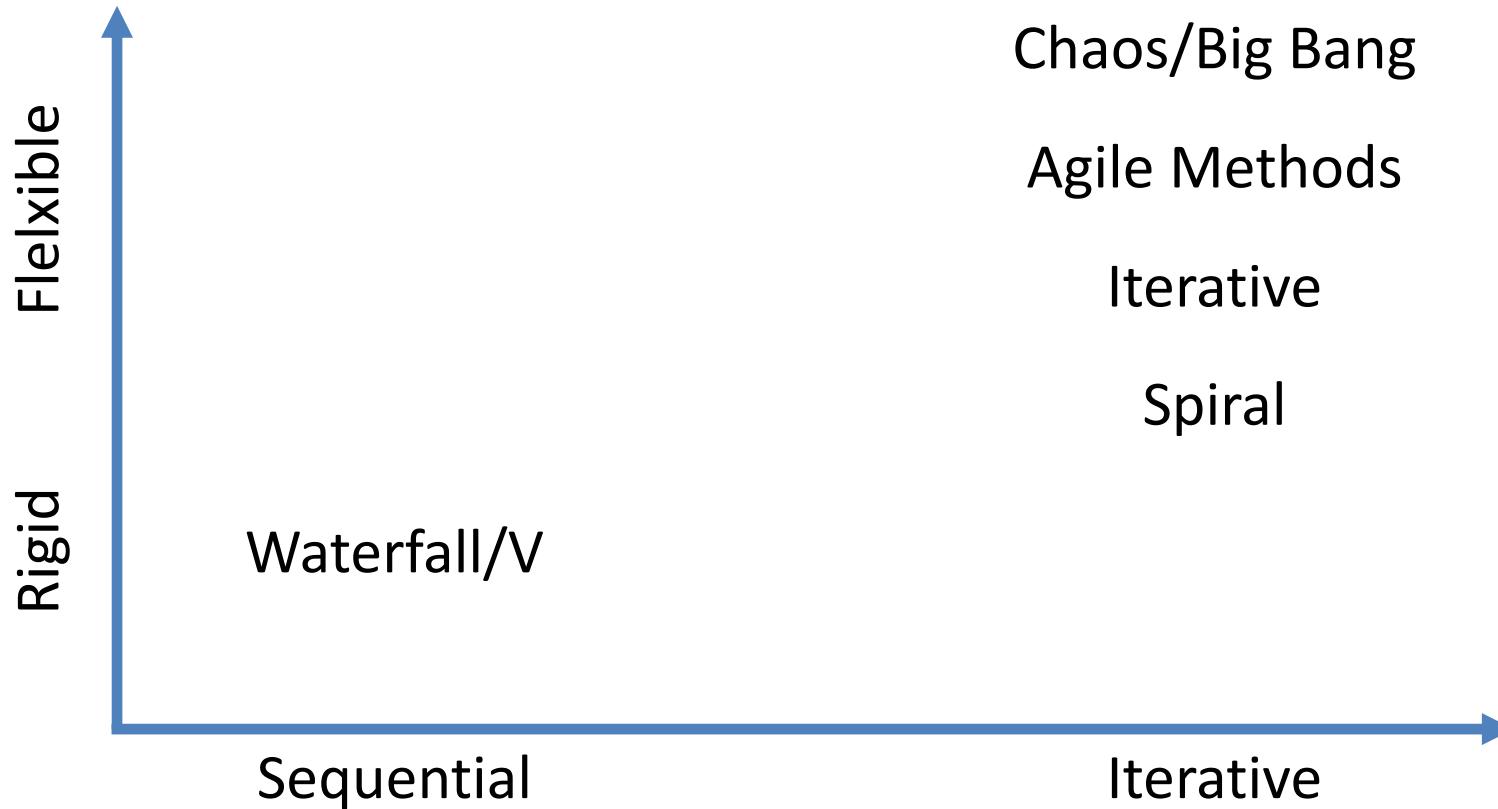
- How do we verify that the software does what it's supposed to do?

Software evolution

- How does the software evolve to meet customer needs?

Source: Software Engineering, 10<sup>th</sup> Edition, Ian Sommerville

# SDLC Methods



# Waterfall Model

## Waterfall Model

Plan everything in sufficient detail so we can get it right the first time

<sarcasm> not likely </sarcasm>

Popular approach with traditional engineering problems, e.g. building bridges

Very formal process

Extensive documentation

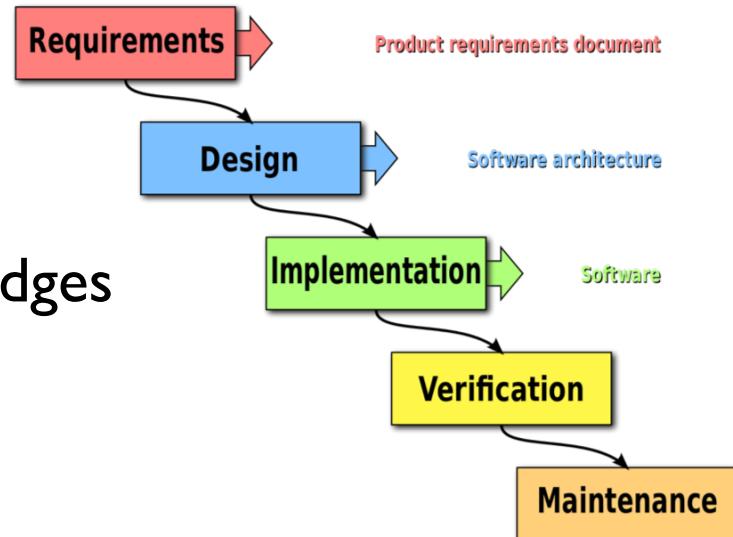
Serial execution

Complete each stage before starting next

Very difficult to go back to earlier stages

Strict handoffs between stages

“Signed off in blood”



[https://upload.wikimedia.org/wikipedia/commons/thumb/e/e2/Waterfall\\_model.svg/1280px-Waterfall\\_model.svg.png](https://upload.wikimedia.org/wikipedia/commons/thumb/e/e2/Waterfall_model.svg/1280px-Waterfall_model.svg.png)

# Waterfall Model

When is Waterfall appropriate?

When we must get it right the first time!

Cost of failure is very high

Complete requirements

Examples:

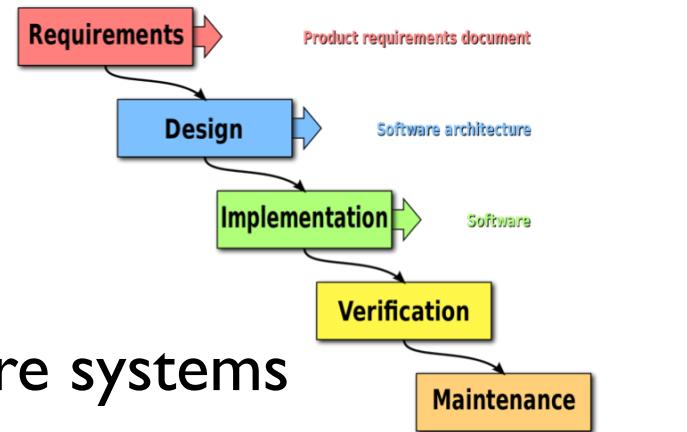
Interacting with embedded hardware systems

Very difficult/expensive to change the hardware components

Critical systems with extreme safety or security requirements

e.g. airplanes, self-driving cars, ...

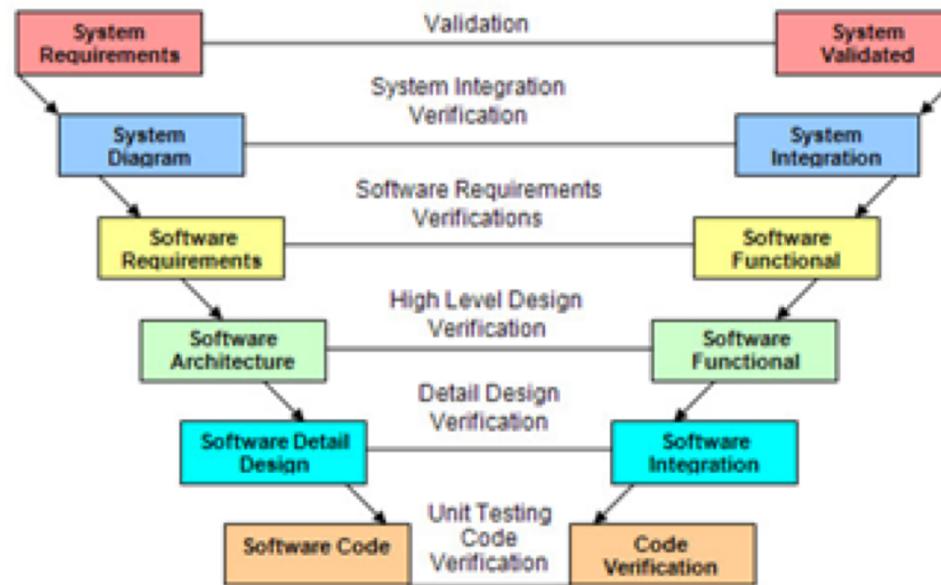
Very large, multi-organizational software projects



# V (Verification/Validation) SDLC Model

Add verification/testing to each step of the Waterfall Model

Must complete rigorous testing before proceeding to next step



<https://sites.google.com/site/advancedsofteng/software-acquisition/software-development-lifecycle-approaches>

# Boehm's Spiral Model

Recognizes limitations of Waterfall

Hard to get it right the first time...

Customers don't know what they want

Adds focus on risk assessment

Encourages incremental development and iterations

Learn from previous iterations

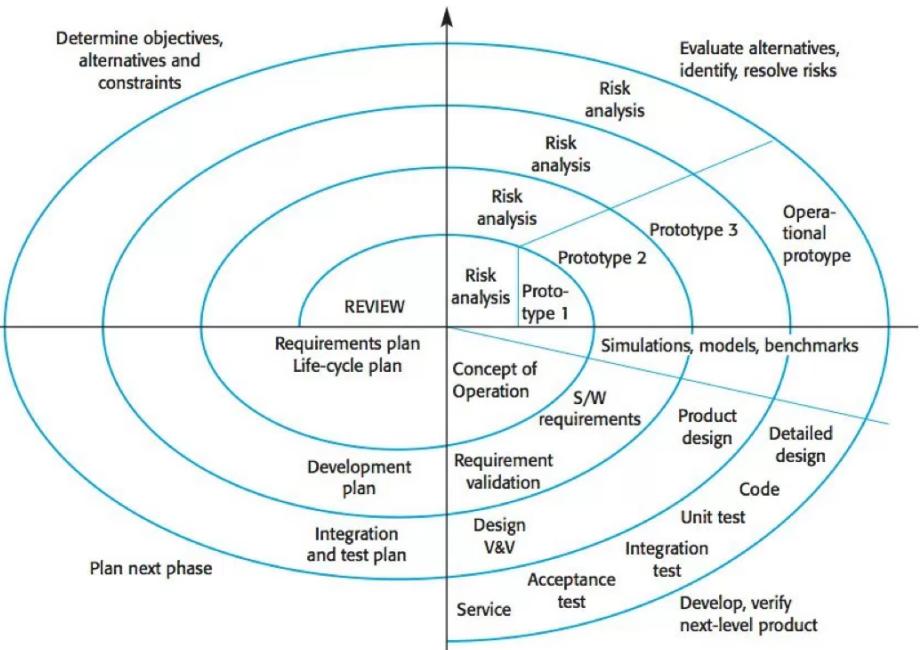
Each spiral includes:

Objective setting

Risk assessment and reduction

Development and validation

Planning



<http://iansommerville.com/software-engineering-book/web/spiral-model/>

# Iterative models SDLC

Recognizes limitations of Waterfall

Hard to get it right the first time...

Customers don't know what they want

Identify requirements up front

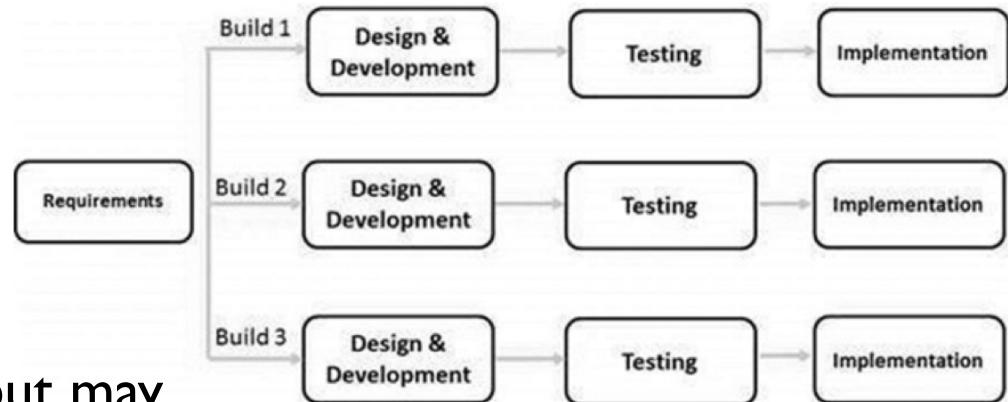
Build subsets of requirements

Sequentially or in parallel with multiple groups of developers

Requirements are mostly stable but may change

Works well for large projects that can be developed in parallel efforts

Delivers early functionality to customers for review



[https://www.tutorialspoint.com/sdlc/sdlc\\_quick\\_guide.htm](https://www.tutorialspoint.com/sdlc/sdlc_quick_guide.htm)

# Agile Methods SDLC

Frequent iterations and deliverables

Close collaboration between customers and developers

Customer is a critical partner in the process rather than an observer

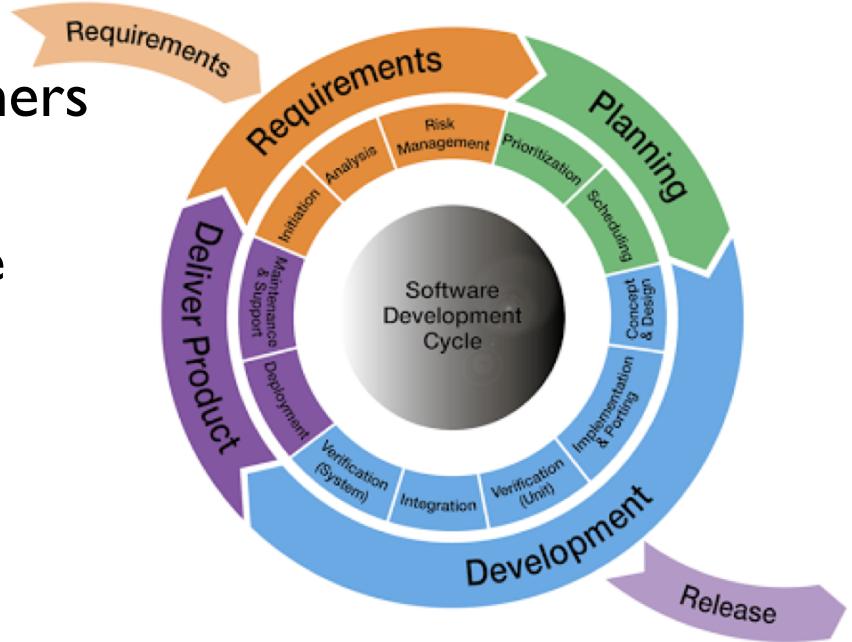
Supports changing requirements

Frequent reflection and continuous improvement

What are we doing well?

What can we improve?

Learn and improve from experience



<https://www.pinterest.com/pin/553168766708998354/>

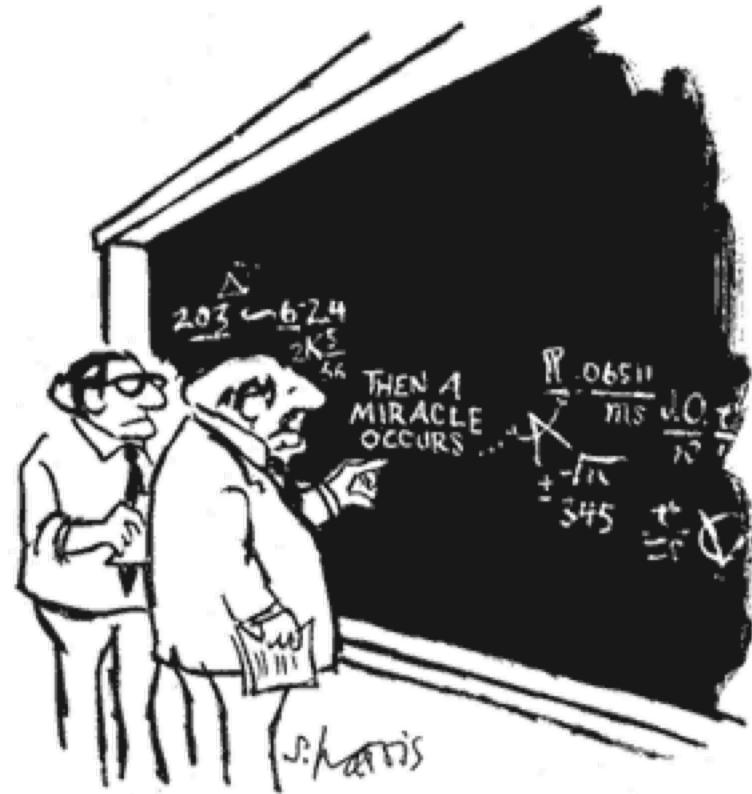
# Big Bang/Chaos SDLC

Little to no planning

Figure it out as you go

Typically used for very small projects

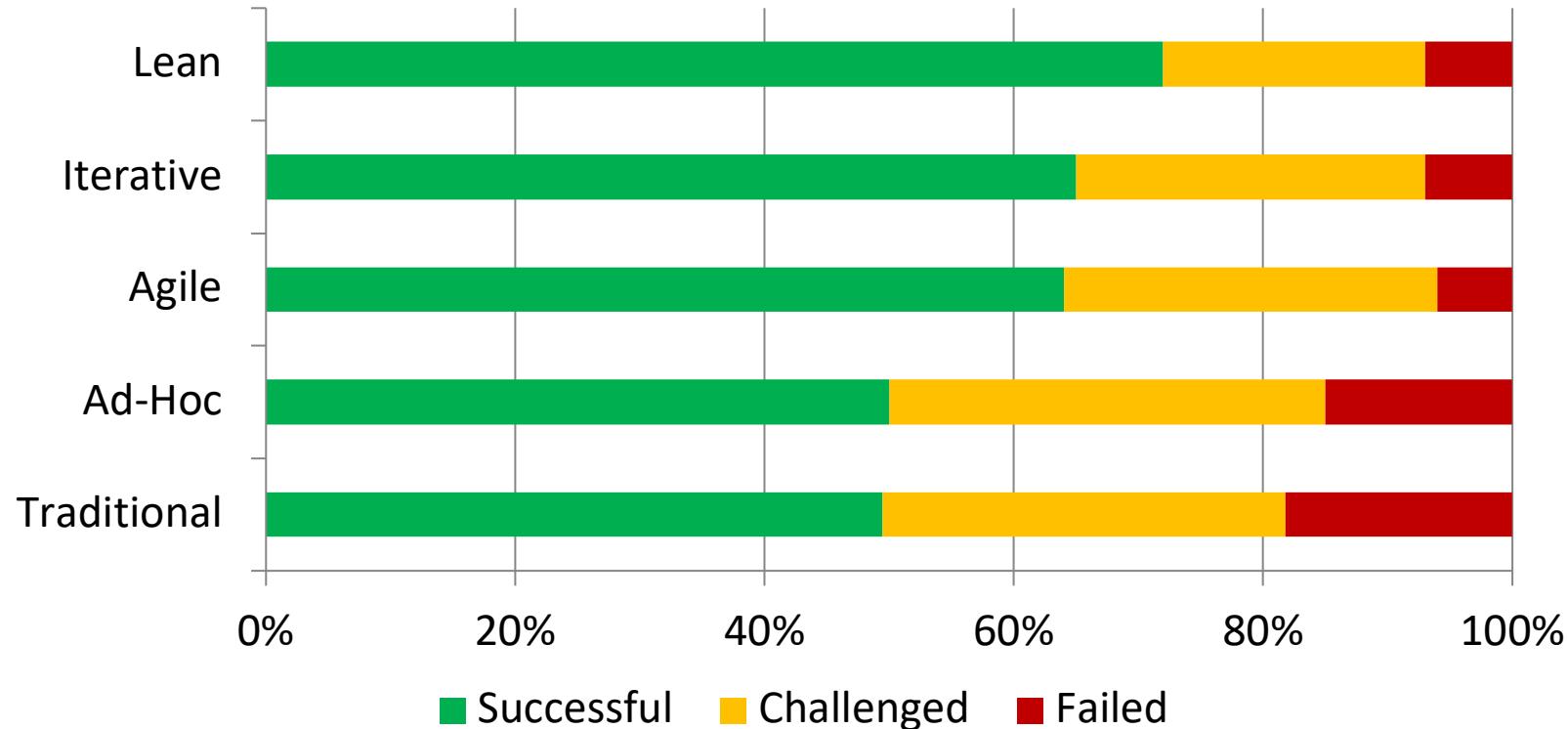
Not highly recommended...



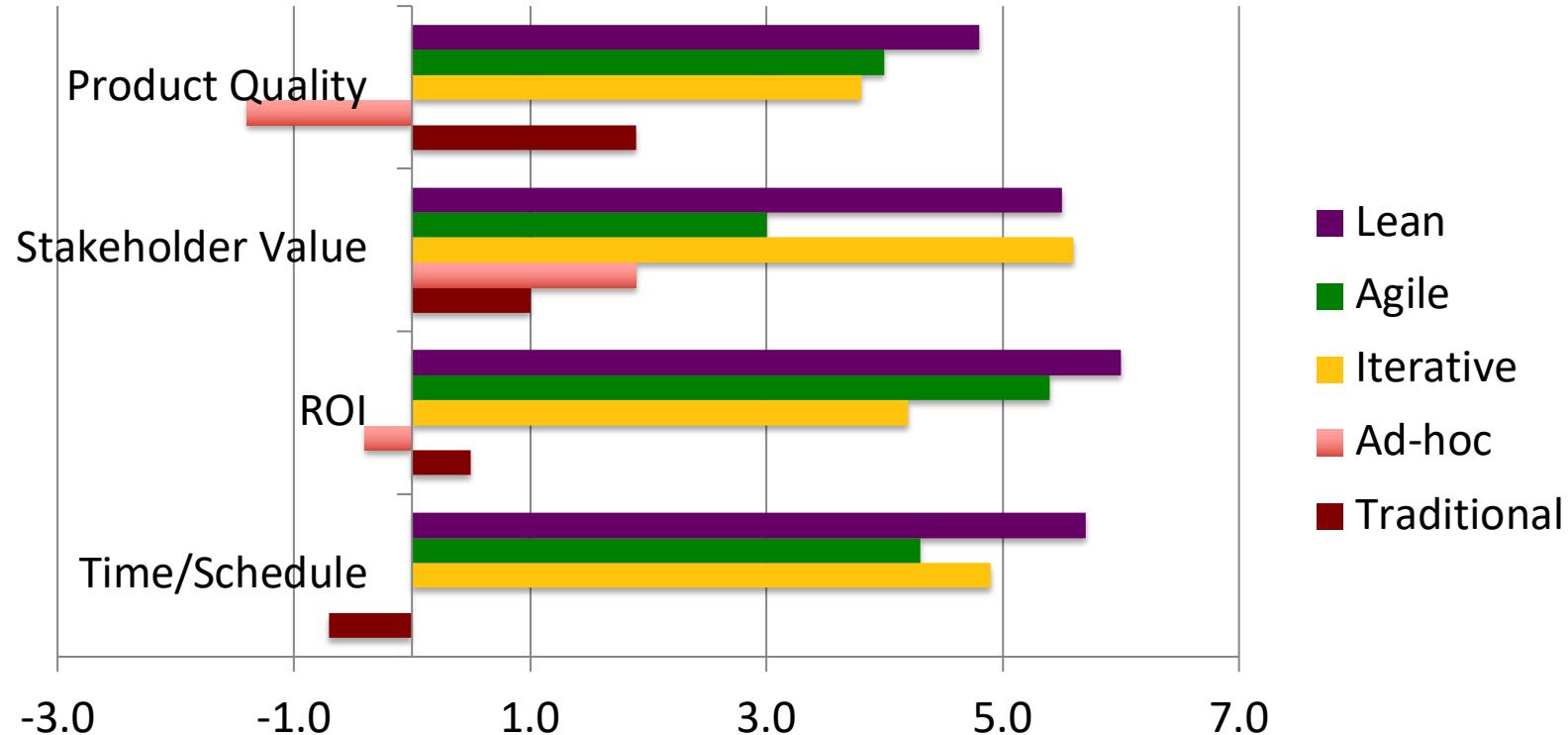
"I THINK YOU SHOULD BE MORE EXPLICIT HERE IN STEP TWO."



# Comparing Software Development Paradigms: 2013



# Comparing Delivery Paradigms



# Software development in the 1990s

Large projects (> 40 people, > 1 year)

- Used plan-based methods, such as RUP (Rational Unified Process)

- More incremental than waterfall, but heavy process

- Focus on quality, discipline, process improvement

Medium-sized projects (7-40 people, 3-12 months)

- Some used plan-based methods, some used ad hoc methods

- Struggled to reduce process overhead while maintaining quality

Small projects (< 7 people, < 3 months)

- Many used ad hoc methods (or no methods)

- Struggled to achieve greater speed



# Software development before Agile

1960s:

Original software crisis leads to "software engineering"

Apply techniques from other engineering disciplines to software

1970s:

Adoption of traditional engineering methods, such as the waterfall model

1980s:

Many attacks on complexity (OO, CASE tools, formal methods, iterative process models, process maturity)

"No silver bullet" published by Brooks

Software market expands from DoD and large business to home PCs

1990s:

WWW, dot-com boom, and Internet time

Backlash against heavy process



# Rational Unified Process (RUP)

Developed at Rational Software in late 1990s after acquisition of several Object Oriented companies

Based on 6 ***Best Practices*** of Software Engineering

Develop iteratively

Manage requirements

Use component-based architectures

Model software visually (UML)

Continuously verify software quality

Control changes





# RUP Best Practices



## Develop software iteratively

Solutions are too complex to get right in one pass

Use an iterative approach and focus on the highest **risk** items in each pass

Customer involvement

Accommodate changes in requirements

## Manage requirements

Use cases and scenarios help to identify requirements

Requirements provide traceable thread from customer needs through development to end product



# RUP Best Practices



## Use component based architectures

Creating and baselining an architecture is a gate for development

Architecture should be flexible to accommodate change

Focus on reusable, component-based software

## Visually model software

Capture structure and behavior in Unified Modeling Language (UML)

UML helps to visualize the system and interactions



# RUP Best Practices



## Verify software quality

Verification and Validation is part of the process, not an afterthought

Focus on reliability, functionality, and performance

## Control changes to software

Change is inevitable

Actively manage the change request process

Control, track, and monitor changes

# RUP project lifecycle phases



**Inception:** scope system for cost and budget, create basic use case model

**Elaboration:** mitigate risks by elaboration of use case model and design of software architecture

**Construction:** implement and test software

**Transition:** plan and execute delivery of system to customer

Each phase ends with a milestone when stakeholders review progress and make go/no-go decisions

# RUP supporting disciplines

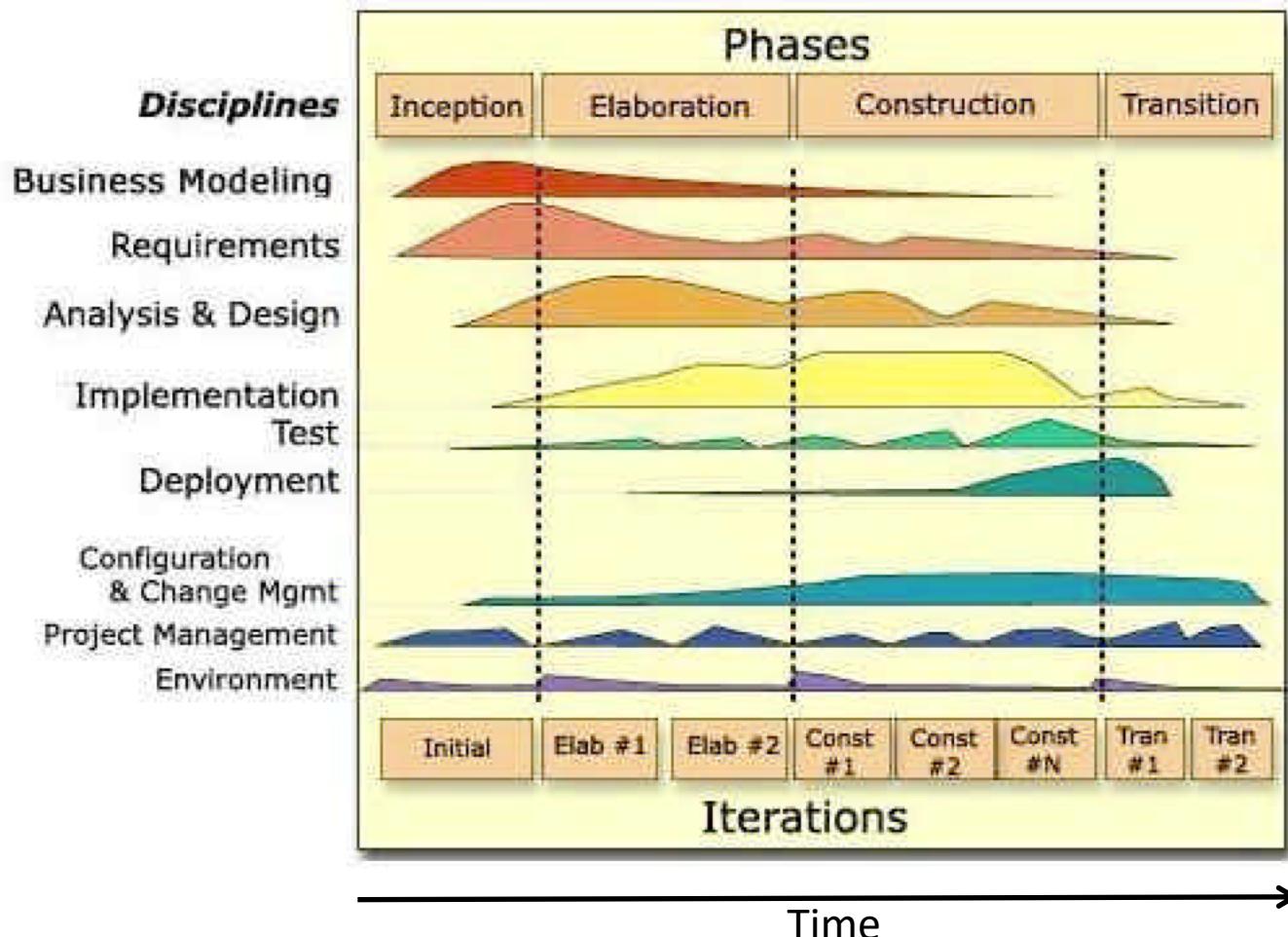


**Configuration and Change Management:** manage access to project work products

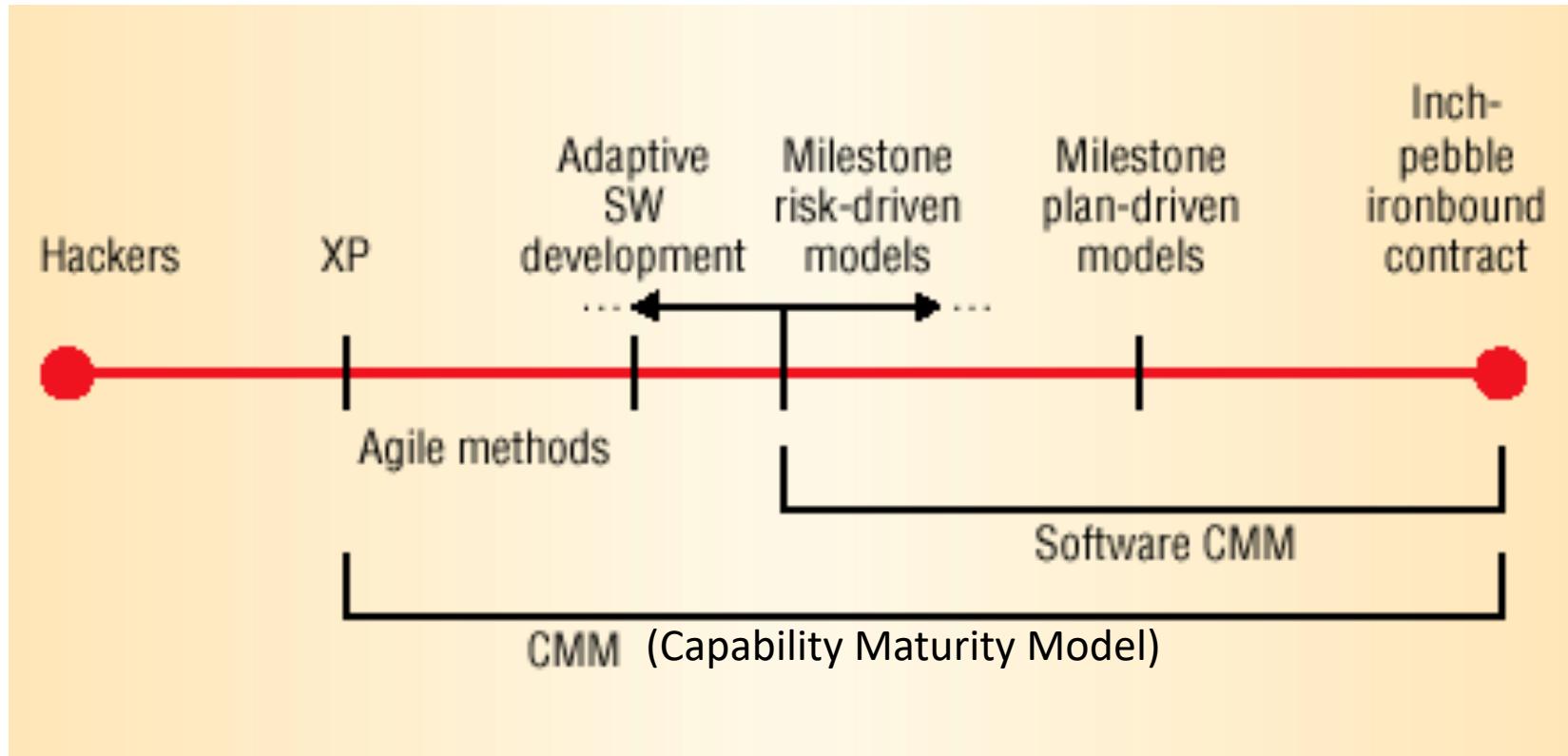
**Project Management:** manage risks, direct people, coordinate with other stakeholders

**Environment:** ensure that process, guidance and tools are available

# RUP phases, iterations and disciplines



# Spectrum of methods to meet different project needs



Source: "Get ready for agile methods, with care" by Barry Boehm, *IEEE Computer*, January 2002.

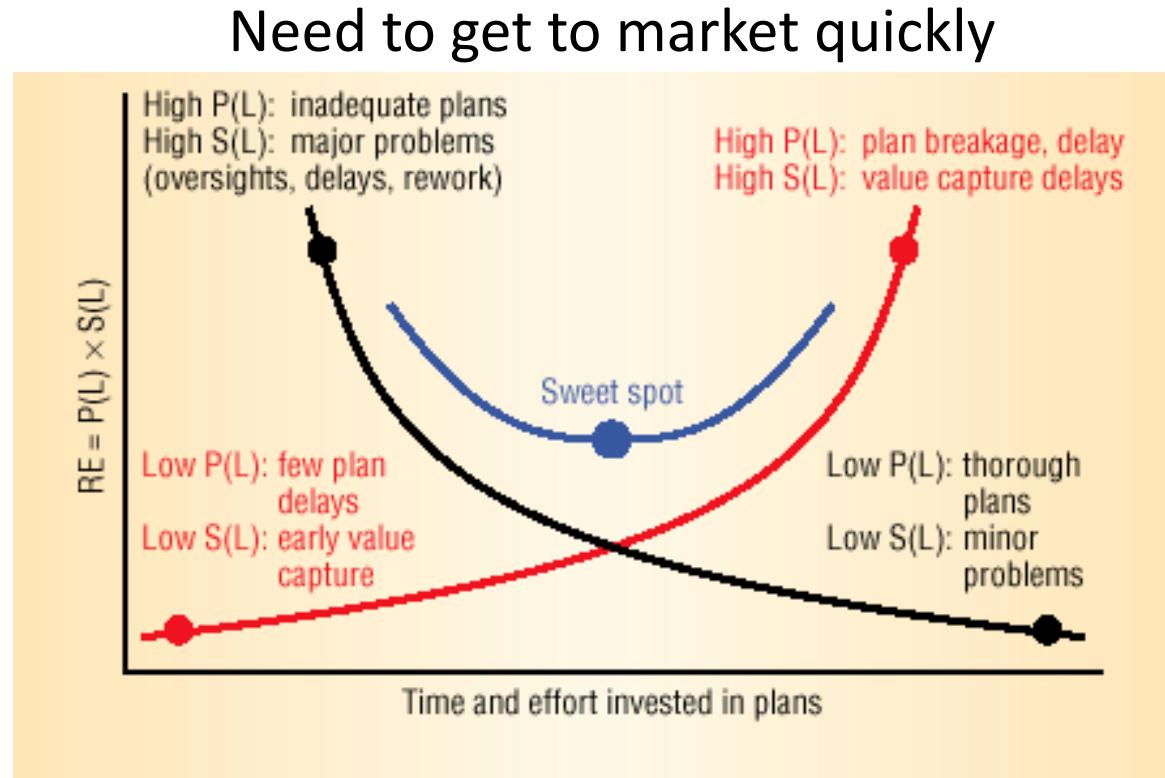
# Boehm's risk exposure profile:

## How much planning is enough?

**RE:** Risk Exposure  
**P(L):** Probability of Loss  
**S(L):** Size of Loss

Black curve:  
 Inadequate plans

Red curve:  
 Loss of market share



**Figure 2. Risk exposure (RE) profile.** This planning detail for a sample e-services company shows the probability of loss  $P(L)$  and size of loss  $S(L)$  for several significant factors.

Source: "Get ready for agile methods, with care" by Barry Boehm, *IEEE Computer*, January 2002.

# Safety-critical profile

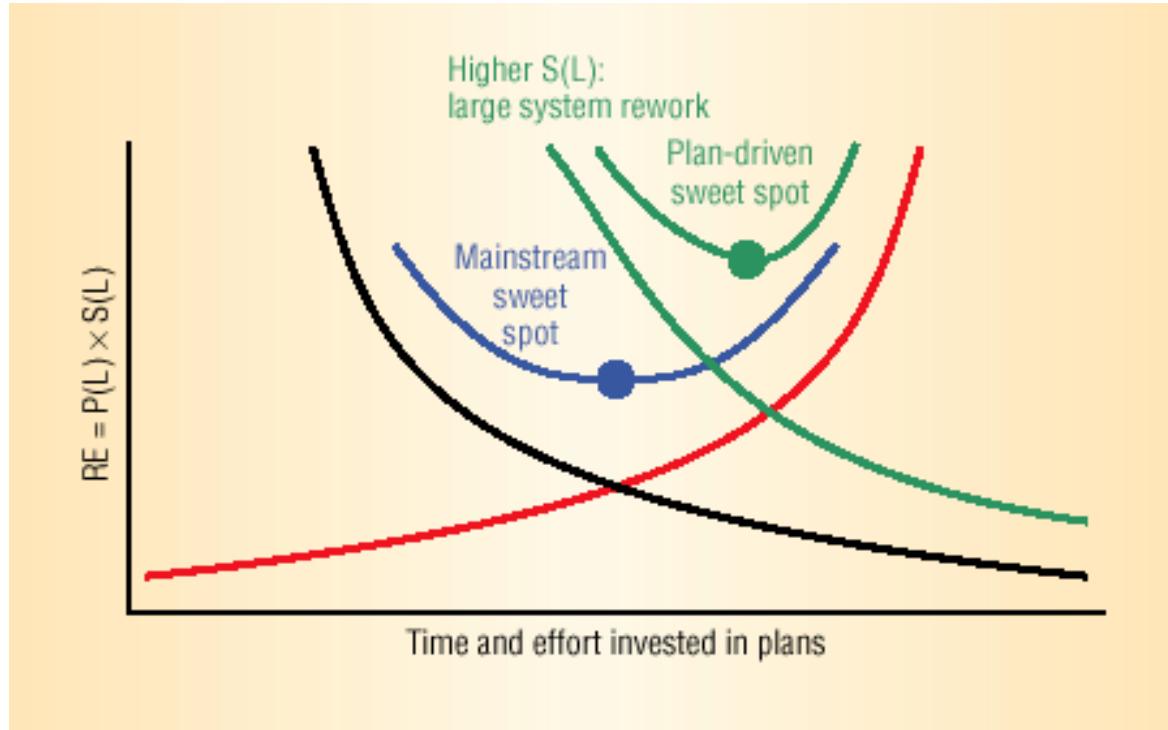
**RE:** Risk Exposure

**P(L):** Probability of Loss

**S(L):** Size of Loss

Black curve:  
Inadequate plans

Red curve:  
Loss of market share



**Figure 4. Comparative RE profile for a plan-driven home-ground company that produces large, safety-critical systems.**

Source: "Get ready for agile methods, with care" by Barry Boehm, *IEEE Computer*, January 2002.

# Agile profile

**RE:** Risk Exposure

**P(L):** Probability of Loss

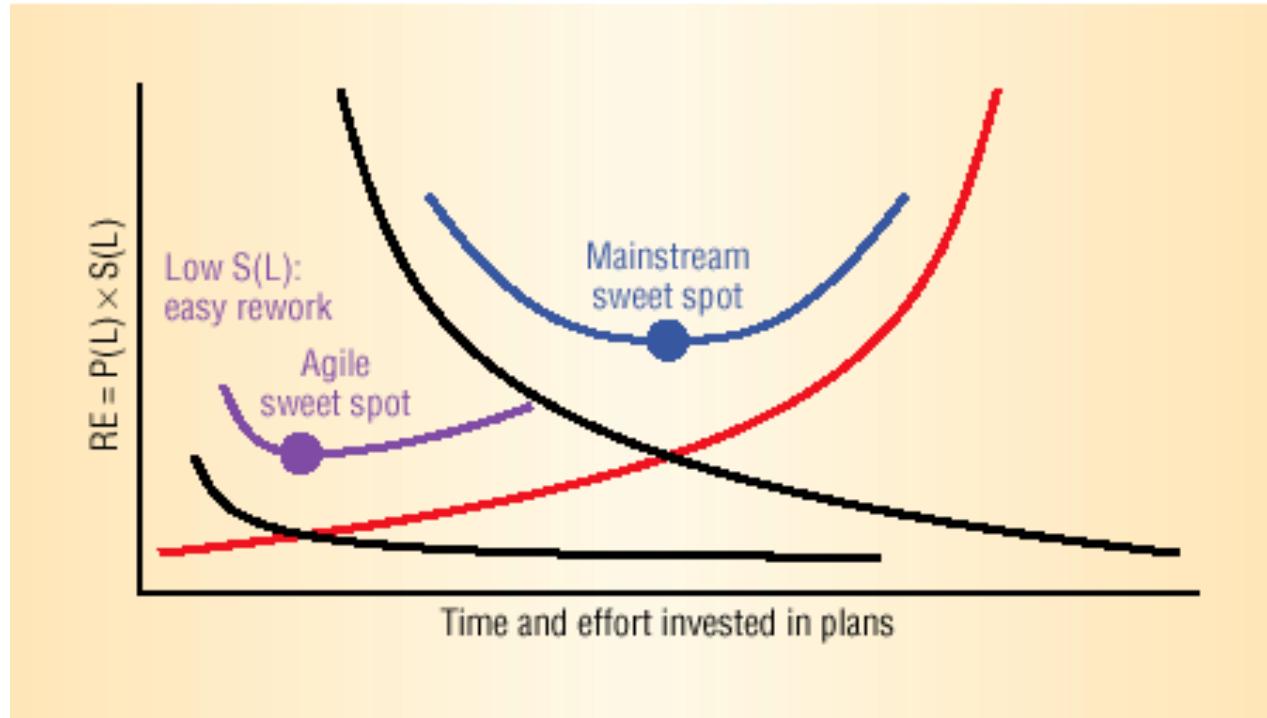
**S(L):** Size of Loss

**Black curve:**

Inadequate plans

**Red curve:**

Loss of market share



**Figure 3. Comparative RE profile for an agile home-ground company with a small installed base and less need for high assurance.**

Source: "Get ready for agile methods, with care" by Barry Boehm, *IEEE Computer*, January 2002.

# Agile Manifesto (2001)

We are uncovering better ways of developing software by doing it and helping others do it. Through this work we have come to value:

- Individuals and interactions** over processes and tools
- Working software** over comprehensive documentation
- Customer collaboration** over contract negotiation
- Responding to change** over following a plan



That is, while there is value in the items on the right, we value the items on the left more.

- 12 Principles behind the Agile Manifesto
- <http://agilemanifesto.org/>



# 12 Principles of the Agile Manifesto

Our highest priority is to satisfy the customer through early and continuous delivery of valuable software.

Welcome changing requirements, even late in development. Agile processes harness change for the customer's competitive advantage.

Deliver working software frequently, from a couple of weeks to a couple of months, with a preference to the shorter timescale.

Business people and developers must work together daily throughout the project.



Build projects around motivated individuals. Give them the environment and support they need, and trust them to get the job done.

The most efficient and effective method of conveying information to and within a development team is face-to-face conversation.

<http://agilemanifesto.org/principles.html>



# 12 Principles of the Agile Manifesto

Working software is the primary measure of progress.

Agile processes promote sustainable development. The sponsors, developers, and users should be able to maintain a constant pace indefinitely.

Continuous attention to technical excellence and good design enhances agility.

Simplicity--the art of maximizing the amount of work not done--is essential.

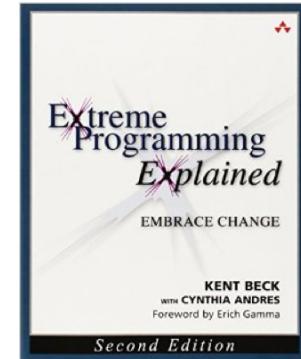


The best architectures, requirements, and designs emerge from self-organizing teams.

At regular intervals, the team reflects on how to become more effective, then tunes and adjusts its behavior accordingly.

<http://agilemanifesto.org/principles.html>

# Extreme Programming (XP)



Created by Kent Beck while working on a project for Chrysler in the late 1990s

Collaborators: Ward Cunningham and Ron Jeffries

One of the most well-known agile methods

Takes best practices to extreme levels

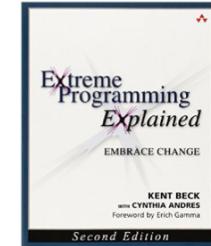
“Hard to get an XP t-shirt” - Rowland

<http://www.extremeprogramming.org/>



# 12 Extreme Programming Practices

- The Planning Game
- Small releases
- Metaphor
- Simple design
- Testing
- Refactoring
- Pair programming
- Collective ownership
- Continuous integration
- Sustainable pace
- Whole team
- Coding standards



# The Planning Game

Business people decide:

scope

priority

release dates

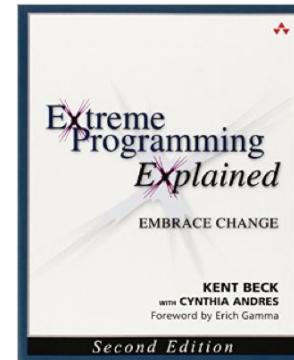
Technical people decide:

estimates of effort

technical consequences

process

detailed scheduling

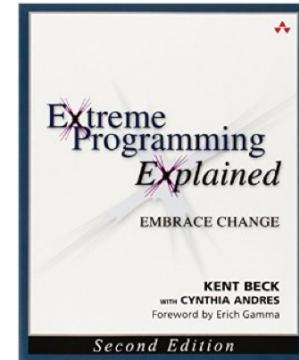


Requires a close collaboration between customers and developers not found in traditional plan driven approaches



# Small releases

Every release should be as small as possible



Every release must completely implement its new features

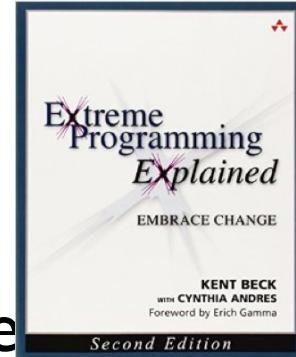
Every release should contain the ***most valuable business features***

Contrast with RUP where you focus on the biggest risk first



# Metaphor

Metaphor is a simple explanation of the project



Agreed upon by all members of the team

Simple enough for customers to understand

Detailed enough to drive the architecture

Metaphor replaces architecture as 10,000 feet view of the system



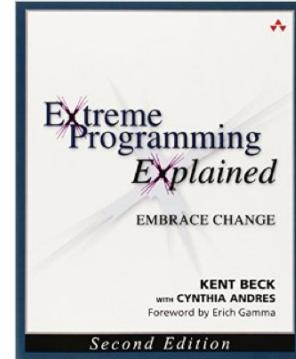
# Simple design

Successfully runs all the tests

Has no duplicated logic

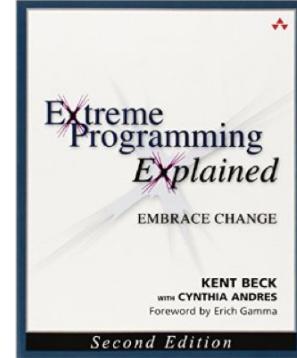
States every intention important to programmers

Has the fewest possible classes and methods





# Testing



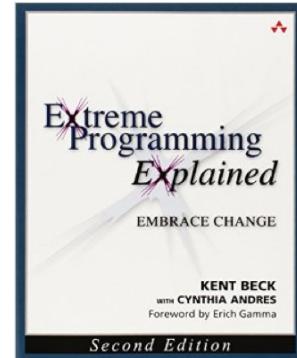
Any feature without an automated test does not exist

Programmers need confidence in correct operation

Customers need confidence in correct operation



# Refactoring



Rewrite or restructure the code to improve the implementation

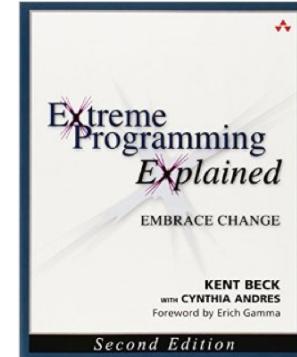
Always ask if there is a way to make the program simpler

When the system requires duplication of code, it is asking for refactoring

Can always find a series of small, low-risk steps



# Pair programming



All code written with two people at one machine

Driver:

- thinks about best way to implement

Navigator:

- thinks about viability of whole approach

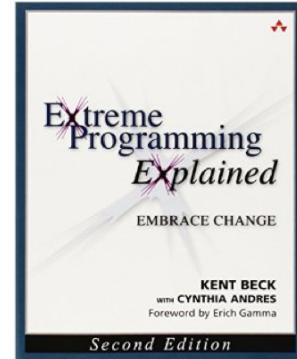
- thinks of new tests

- thinks of simpler ways

Switch roles frequently



# Collective ownership

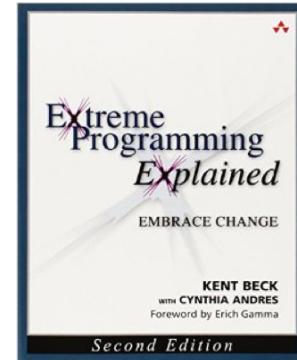


Anybody who sees an opportunity to add value to any portion of the code is required to do so

Everyone knows something about everything

Everyone feels obligated to make improvements

# Continuous integration



Integrate and test every few hours, at least once per day

Don't wait until the very end to begin integration

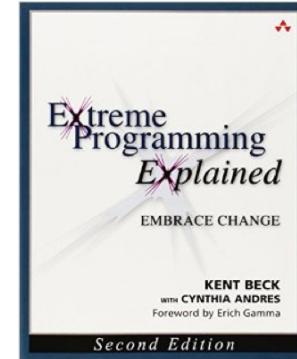
All tests must pass

Easy to tell who broke the code

Problem is likely to be in code that was most recently changed



# Sustainable pace (40-hour week)



People should be fresh and eager every morning

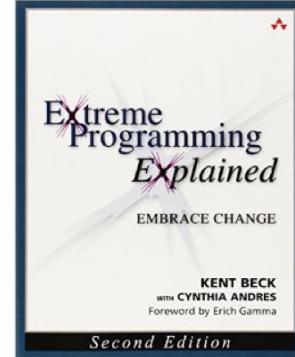
Overtime is a symptom of a serious problem

XP only allows one week of overtime



# Whole Team (On-site customer)

Customer is a member of the team



Real customer will use the finished system

Programmers need to ask questions of a real customer

Clarify requirements or explain what's needed

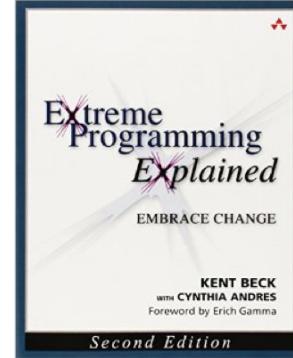
Customer sits with the team

Customer can get some other work done while sitting with programmers



# Coding standards

Everyone edits everyone's code



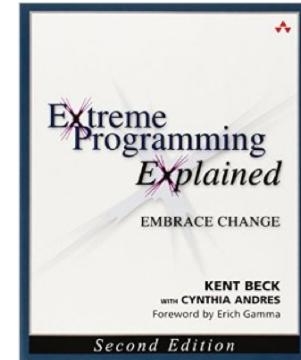
Standard should require least amount of overhead

Standard should be adopted voluntarily by the team

# Workspace



<http://study.com/cimages/multimages/16/openworkspace.png>



# Questions?

