An Introduction to Correlation

In these exercises we're going to learn more about different types of correlational analyses, which seek to estimate the extent to which pairs of continuous variables are linearly associated with each other¹.

In these exercises we'll also learn about some functions we can use to standardise our variables and create new variables (using the Compute function). We will also get some more practice at exploring our data - think of this as an opportunity to practice doing "assumption checks" for yourself!

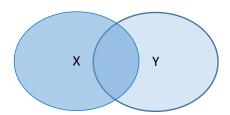
Relevant chapters for this week in the Andy Field Textbook are:

Chapter 6: The beast of bias

Chapter 8: Correlation

Exercise 1: Correlation

An approach commonly used when exploring linear relationships between variables is to calculate a correlation coefficient. Note, this type of **correlational analysis does not allow us to infer causality² between the variables involved**. Instead, correlational analysis will tell us how much response on a pair of variables 'co-vary'. In other words, it estimates the proportion of overall variability across two variables that is shared between them. This is analogous to measuring the overlapping section between the two circles in the illustration below, which represents a proportion of the total area of **both** circles:



If X represents how much people vary in their response to one variable (e.g. how much people within a sample vary in terms of how depressed they report feeling) and Y represents the same property for another variable (e.g. variation in how anxious they report feeling), then the overlap represents the extent to which knowing about variation in one of these things can help us understand variation in the other. The more overlap the stronger the correlation and the more useful it is to know about someone's level of Depression in helping us understand their level of Anxiety, and vice versa. Want a more technical and detailed explanation? See: Andy Field's Textbook Chapter 8, Sections 8.2.1.

At the top of the next page there is a description of a (fictitious) observational study we'll be using as an example dataset.

The data for this exercise can be found in the file **session_3_data_Ex1.sav**. Please open it in SPSS.

¹ The parameter these tests try to estimate is the rate at which the value of Variable Y will change in response to changes in Variable X. In other words, if Variable X increases by 1 unit to what degree would we also expect Variable Y to increase or decrease in value?

² Causality is the proposition that one variable acts mechanistically to directly influence (i.e. cause) a response in another variable.

An assessment centre for the College of Policing is interested in the relationships that may exists between the various assessments they give to applicants when they apply. Applicants complete a face-to-face interview, a physical fitness test and two exams (one on their numerical skills and one on their written language skills). The scores on these assessments are then considered by a recruitment panel who then decide whether to offer an applicant a place. The panel is worried though that they may be over-assessing. Are some assessments so similar in what they measure that it's unnecessary to run both of them? They would like to develop more standardised and transparent admissions processes based on using composite, combined scores, derived from all assessments. The panel would then only considering applicants who score above a certain threshold on this overall grading scale.

Task 1: Checking assumptions

In Task 2 we're going to run a type of correlational analysis known as a Pearson's *r*, to give us some correlation coefficients for relationships between the different assessments in this Police College Exam. Prior to running a Pearson's correlation analysis though, we must first check that the data we're using satisfies the assumptions for running this type of analysis³. These are listed out below, in red:

•	Outcomes are measured on a continuous (interval) scale. For which of the three assessments does this not apply?

- That each of the variables involve has a normal distribution⁴ (if we want to infer significance).
 - To test this assumption we need to explore the data. Checking for a sufficiently 'normal' looking distribution within each of the continuous variables. To do this:
 - 1. Select Analyze > Descriptives > Explore...
 - Select the three continuous variables you are interested in correlating and move all over using the button into the **Dependent List**

³ You will recall that we've talked about why it is important to check assumptions for statistical tests in several of the previous sessions.

⁴ A normal distribution is the "bell-shaped curve distribution" we discussed a lot in the previous session, when talking about sampling distributions. It's also known as a Gaussian distribution. Note, here it is the symmetrical shape of the distribution of observations of your *variable* we care about, not whether these observations are centred on 0 (i.e. it is the shape of the curve not its position on the x-axis that defines a normal distribution). Whether the distribution centres on 0 is something the correlation will test. That is, can we reject the null hypothesis that data is normally distributed around zero?

- 3. Click on **Plots** to open another pop-up window and in this window check **Histogram** and **Normality plots with tests**, close this pop-up by then clicking **Continue**
- 4. To run these explorations of your data click **OK**

As you'll recall from this morning, there's a lot of output. You only need to focus on the parts listed below for this exercise though...

Tests of normality

- Formal significance tests for normality are provided by the Kolmogorov-Smirnoff (K-S) test and the Shapiro-Wilk test. Sample size can influence the likelihood of achieving a statistically significant result in both of these tests, with small deviations from normality being picked up as significant when the sample size is very large and quite noticeable deviations going undetected in smaller samples (in other words, these tests can fall foul of both statistical under- and over-powering of your sample). For these reasons I would always favour looking at the histograms and Q-Q plots when judging normality. As a rule of thumb I'd want to see a clear and consistent suggestion from both these tests that there is non-normality (i.e. p < .05) and further evidence from the plots before defining a given variable as non-normally distributed. For further criticism of the reliability of these tests see: Andy Field's Textbook Chapter 6, Sections 6.10

Histograms and QQ-plots

- These are two methods of visualising the data in your variables, which are useful for judging the normality of its distribution.

When looking at **histograms** you want to check that the observations conform (approximately) to the 'bell-shaped' curve seen in a normal distribution. If observations are not normally distributed values will likely either be bunched more to one end of the graph (skewed), have two or more peaks (bi-modal distribution) or have a single, centrally located peak but with this being overly 'peaked' or 'flattened' compared to how we'd expect a normal distribution to look (this is called Kurtosis).

For **Q-Q plots** (specifically the 'normal' rather than 'detrended' graph) normality is indicated by observations all typically falling on or near to the diagonal line. When values consistently fall above or below the line this suggests kurtosis. When points make a 'snaking' pattern back and forth across the diagonal line as it rises this is indicative of skew.

What is your assessment of the distribution of each of the continuous variables and would you consider all of them suitable for analysis using a Pearson's <i>r</i> correlation test?						

Before we move on, we also have one more assumption we need to check...

Linear relationships between variables seem plausible

To check this assumption we'll need to explore the pairs of variables we're interested in, using a series of scatterplots, which we also learned about this morning. To produce an appropriate scatterplot for the *Physical* vs. *Maths* tests comparison:

- 1. Go to Graphs > Chart Builder
- 2. In the 'Choose From' menu select the Scatter/Dot option, and then click on the simple scatter option, which looks like this:

o c

- 3. From the **Variables:** list drag-and-drop in the *physical* variable along the X-axis and the *math* variable along the Y-axis⁵.
- 4. Then Click OK

Now create equivalent scatterplots for the other linear relationships you wish to test, and assess whether the plots suggest a linear-relationships is plausible in all of these cases (i.e. *physical* & *interview*, *interview* & *math*). Are there grounds, given what you see in the scatterplots, to believe it is worth testing for linear relationships in all three cases?

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Task 2 (Running Correlational Analyses)

Having considered whether our assumptions are met we're now going to run six bivariate (bivariate meaning: "2-variable") correlations. These will allow us to investigate how plausible it is that linear relationships exist between the variables in our dataset. To perform this analysis:

- 1. In SPSS select **Analyze > Correlate > Bivariate**
- 2. Select the three variables we're interested in correlating with one another (i.e. *interview, physical* and *math*) and move them into the **Variables** box.

⁵ You could, if you wanted, reverse this order (e.g. *math* on Y and *physical* on X). We would only normally set variables to specific axes in the event we were implying a causal relationship. If that were the case we'd normally put the predictor on the X axis and the Outcome on the Y axis.

- 3. Check that the option for **Pearson** and **Two-tailed**⁶ are both checked
- 4. Also tick the options for **Kendall's tau-b** and **Spearman**, so that SPSS gives us these alternative correlation tests. These alternatives are more suitable when assumptions of normality are violated. Why might we be more interested in these results for some of the bivariate correlations we're running?



- 5. Open the Options sub-window and also ask for Means and Standard Deviations
- 6. Then click **Continue** and **OK** to run these tests

Your SPSS output will contain some **Descriptive Statistics** for each variable and **Correlations** tables (often referred to as a 'correlation matrix) that report on the analysis having been repeated three times – once per 'type' of correlation calculated (i.e. Pearson, Kendall's and Spearman).

Summarise your output for the Pearson correlations in the APA formatted table below. The 2nd row has been completed for you as an example:

Table 1.Descriptive statistics and Pea
rson correlations between application centre assessments (N=31).

М	easure	Mean	SD	1	2	3
1.	Interview Score	6.42	2.49	-	.278	.546**
2.	Physical Assessment	6.21	0.56		-	.566**
3.	Numeracy test	51.39	18.16			-

^{*} *p* < .05, ** *p* < .01

Extra Tips:

In this table, note that we don't place a 0 before the decimal point for the correlation coefficient and significance (p) values. We do for the Mean and Standard Deviation though. This is because in APA style we denote proportional values (i.e. values that can't be greater than 1) by not placing a 0 in front of the decimal place. Putting a zero implies these values could under some circumstances be larger than zero.

Why do you think it is that in this APA formatted table we only fill in values on one side of the table (i.e. above the diagonal, marked with the '-' symbol)?

⁶ Always default to using 2-tailed, as this is a more conservative test of statistical significance

	sults in the table:
our paramet	ated assumptions momentarily, what do the size of the correlation coefficients er estimates) and their significance values tell us about the extent to which on each variable is related to the others?
	y of these relationships you would prefer to analyse and report using the other now requested (i.e. Spearman or Kendall's tau)?
Lastly, there	is one of the four assessments we chose not to include in our correlation table. type of correlation might be appropriate to investigate relationships between the
-	the other three? Hint: see Andy Field Chapter 8, Sections 8.4.5

Task 3 (optional): Standardising and Weighting Scores

Before we leave this dataset behind we're briefly going to cover:

1) How to manipulate/transform some of the variables in this dataset to allow us to make direct comparisons, within participants, for their performance on the different variables. Yes, this is possible in spite of them being measured on different scales originally!

2) How to combine scores on individual assessments in a more sophisticated way to arrive at an overall (weighted average) score.

If the Policing College wished to create a transparent selection procedure, which in some way

combined how individuals performed on these four assessments into an overall score, this would presently be quite difficult. Assuming we did not make any further improvements/alterations to the dataset what problems would you foresee in doing this? Hint: why would calculating an 'average' score not be possible?

Standardising Continuous Variables

To compare participant's responses across a set of continuous variables that are measured on different scales we need to first transform all variables so they are measured on the same scale. In statistics, when variables are normally distributed, the most common approach to doing this is to convert raw-scores into **z-scores**. The z-score is a 'special case' of the normal distribution, with a mean of 0 and a standard deviation of 1.

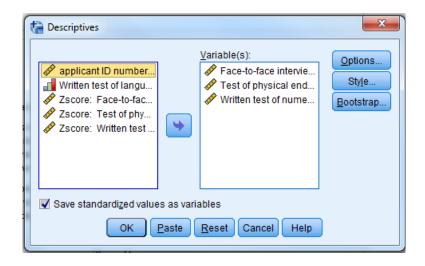
You can convert the scale of any continuous variable from its natural units (e.g. cm, kg, percentage points) into a z-score in SPSS. It does this by creating a new variable in which every participant's value for the original (i.e. 'raw-score') has had the sample mean (M) subtracted from it, before dividing that value by the sample standard deviation (SD) for that variable too:

$$z = \frac{x - \mu}{\sigma}$$

$$\mu = \text{Mean}$$

$$\sigma = \text{Standard Deviation}$$

- To create z-scores for the three continuous variables we have (i.e. *Interview, Physical,* and *Math*) select **Analyse > Descriptive Statistics > Descriptives**
- In the window that pops up (see top of next page) move these three variables into the Variable(s) box and ensure the Save standardized values as variables option is ticked before pressing OK.
- Doing this will create z-score transformed versions of the variables you've selected in your dataset (i.e. check your **Data** and **Variable View** in SPSS and you'll see we now have 3 extra variables added to our dataset (*Zinterview*, *Zphysical* and *Zmath*).



	What has changed and what is still the same about these variables after this rescaling into standardised z-scores?
	In the case of the first candidate (i.e. id = 1), compare their performance on the z-scored mathematics and physical assessments. Which do they perform relatively better on? Similarly, answer this question for the final candidate (i.e. id= 31).
ariable ssessm ntervie	ant Note: for the purposes of a later exercise we have z-score transformed the <i>Interview</i> but why is this arguably less valid than z-score transforming either the Numeracy or Physic nents? Also, are there any steps we could have taken before z-score transforming this the w variable to address any concerns we might have (see Andy Field Chapter 6, Sections for ideas)?

Using categorical variables to exclude cases and editing filters to create new Categorical Variables Let's presume that the Police College automatically reject any applicants that fail the written assessment.

- To exclude cases from our dataset where participants have failed this test use the **Select Cases** function we discussed this morning. **Reminder:** use the function to 'Filter out unselected cases' using the 'If condition satisfied' command to specify that for the categorical variable written you only want to select cases where a 'Pass' has been achieved.
- In Data View rename the **filter_\$** variable this creates as *AutoRej* and relabel it as 'Automatic Rejection based on failing written language assessment' Creating weighted averages

Lastly, the college wants the admissions panel to only consider applicants whose performance, after combining scores on the three remaining assessments, is classifiable as "above average". Combining scores across these assessments is now feasible because we've converted them all to the same standardised scale (i.e. we have a z-score version of each variable).

However, in calculating this combined score the college view some of the assessments as more important than others and want this adjusted for in the averaging process. Specifically, they view the interview as being twice as important as the other two assessment. To do this we need to calculate a **weighted average**, which adjusts for the relative contribution different assessment's z-scores make to the overall average. To do this use we can use SPSS's **compute variable** function to create a new variable from responses to our existing ones by following these instructions:

- Select Transform > Compute Variable
- Give the **Target variable** you're creating a name (e.g. *AssessmentScore*)
- In the **Numeric Expression** box enter the following formula then click **OK** to create the new variable:

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(Zinterview * 0.5) + (Zphysical*0.25) + (Zmath*0.25)
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Note: This formula tells SPSS the weights (highlighted in red) that we want to apply to each of the variables in calculating the Assessment Score. *Zinterview* score makes a 0.5 (i.e. 50%) contribution, whilst *Zphysical* and *Zmath* each make smaller equal contribution of 0.25 (25%). Thus *Zinterview* is 'double weighted' compared to the other two component variables (i.e. counts for twice as much as any one other component). If using this method to apply weights to variables before combining them in the future then you must make sure that the overall sum of your weightings adds up to 1 (i.e. 0.5 + 0.25 + 0.25 = 1 [i.e. 100%]). Obviously, the variables you're combining must also be measured on the same standardised scale too!

As a conclusion to this exercise can you tell me how many candidates the admissions panel would review if they accepted all candidates who (1) passed the written assessment and (2) scored above the median on the overall assessment score?

Hint: You'll need to first checking the median value for AssessmentScore using the Explore function but then you could run check 1 and 2 by hand OR challenge yourself to use Compute Variable to create a new categorical variable based on these criteria!