


Item	Picture of Item	Reason for selection
Desk		<p>The desk is tall and can be adjusted supporting people who like to stand or sit and help people achieve good posture so they can be ergonomic and avoid injuries, additionally, placing your electronics on the desk can be good to avoid long term health problems as you are subjected to less radiation from the devices</p>
Chair		<p>The chair allows for the person's arms to rest on it and their neck to be looking straight which can avoid neck strain. Additionally, the chair is less cushioned and more straight which forces the person who sits on it to learn good posture in order to avoid health problems in the future like an arched back.</p>
Keyboard		<p>This keyboard allows for optimal ergonomic posture. This helps your hands rest in a more natural position and puts less strain on your wrists.</p>

External Hard Drive	 A black Logitech MX Vertical ergonomic mouse. It has a vertical design with a scroll wheel and two main buttons. The Logitech logo is visible on the side.	<p>The ergonomic mouse allows for your hands and forearms to rest more naturally which can prevent future health problems.</p>
Headphones	 A pair of black over-ear headphones with a flexible headband and large ear cups. They have a coiled cable.	<p>Headphones allow you to listen to audio clearly no matter how far away you are from the internal speakers of the computer which means that you don't have to lean your head close to the computer to hear the audio and compromise your good posture</p>
Speakers	 Two small, black, cylindrical speakers standing side-by-side. They have a textured surface.	<p>Speakers support all forms of working whether your standing and working at a standing desk or sitting and working at a traditional desk, speakers make it ideal for you to be able to hear the audio your meant to hear from any part of the room</p>