













InnerStrength Yoga

https://www.inner-strength-yoga.com

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Timetable

Class	Date & Time	Instructor	Level
Breathing Work	Monday 20:00	Shiva Peld	Advanced
Breathing Work	Monday 20:00	Shiva Peld	Advanced
Breathing Work	Monday 20:00	Shiva Peld	Advanced
Breathing Work	Monday 20:00	Shiva Peld	Advanced
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First Name

Last Name

Email address

Username

Are you new to yo

☒ Yes

☐ No

Level

Choose...

☒ Agree to terms and conditions

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