

Time left 0:38:29

Question 11

Not yet answered

Marked out of 1.00

How can culture influence motivation?

- ☐ a. By diminishing intrinsic motivation
- ☐ b. By emphasizing extrinsic rewards
- ☐ c. By providing a broader perspective on behavior
- ☐ d. By reducing the importance of group goals

Question 12

Not yet answered

Marked out of 1.00

According to David Wechsler, intelligence is defined as:

- ☐ a. The ability to think irrationally and act impulsively.
- ☐ b. The capacity to feel emotions deeply.
- ☐ c. The global capacity of an individual to think rationally, act purposefully, and deal effectively with their environment.
- ☐ d. The capability to react emotionally to external stimuli.

Question 13

Not yet answered

Marked out of 1.00

Listening skills are only necessary for the receiver in the communication process.

- ☐ a. TRUE
- ☐ b. FALSE

Question 14

Not yet answered

Marked out of 1.00

Moral thinking in CBT is only about enforcing societal rules without considering the emotional aspects.

- ☐ a. TRUE
- ☐ b. FALSE

Question 15

Not yet answered

Marked out of 1.00

Which of the following best describes the role of empathy in the Cognitive Behavioral Therapy (CBT) model for children with conduct problems?

- ☐ a. Empathy is integral in teaching children to understand the feelings and perspectives of others, which is critical for evaluating the consequences of their actions and making moral decisions.
- ☐ b. Empathy is used to teach children to focus solely on their own emotional states, disregarding the emotions of others in the process.
- ☐ c. Empathy is considered only in the initial stages of CBT and is not integrated into the ongoing development of other psychological skills.
- ☐ d. Empathy is taught as a separate module with no connection to other social problem-solving skills outlined in the therapy.

Question 16

Not yet answered

Marked out of 1.00

Knowing the four stages of the conflict process can help identify when a conflict situation is occurring.

- ☐ a. TRUE
- ☐ b. FALSE

Question 17

Not yet answered

Marked out of 1.00

How is empathy used to enhance communication in therapeutic settings for children with conduct problems?

- ☐ a. Empathy aids in understanding and addressing the emotional states behind behaviors, improving therapeutic communication.
- ☐ b. Please add a second option
- ☐ c. Empathy focuses on enhancing verbal skills without considering emotional states.
- ☐ d. Empathy leads to less effective communication by focusing too much on emotions.

Question 18

Not yet answered

Marked out of 1.00

Critical listening doesn't entail systematic reasoning to evaluate logical messages based on facts.

- ☐ a. TRUE
- ☐ b. FALSE

Question 19

Not yet answered

Marked out of 1.00

Which of the following theories emphasizes the continuous evolution of the self over a lifetime?

- ☐ a. Adult constructive development theories
- ☐ b. Experiential learning theory
- ☐ c. Adaptive performance models
- ☐ d. Intentional change theory

Question 20

Not yet answered

Marked out of 1.00

Which theory suggests that individuals have different selves relevant to different contexts and situations?

- ☐ a. Intentional change theory
- ☐ b. Self-determination theory
- ☐ c. Experiential learning theory
- ☐ d. Self-categorization