

Time left 0:39:53

Question 1

Not yet answered

Marked out of 1.00

Emotions are purely physiological responses and have no cognitive component.

- ☐ a. TRUE
- ☐ b. FALSE

Question 2

Not yet answered

Marked out of 1.00

Intentional change involves categorizing oneself into different groups for different situations.

- ☐ a. TRUE
- ☐ b. FALSE

Question 3

Not yet answered

Marked out of 1.00

How do psychological principles influence human relations in the workplace?

- ☐ a. They have no impact on human relations
- ☐ b. They foster understanding and empathy
- ☐ c. They promote division and conflict
- ☐ d. They encourage manipulation and control

Question 4

Not yet answered

Marked out of 1.00

Which model combines mental abilities with personality traits to define emotional intelligence (EI)?

- ☐ a. Trait model
- ☐ b. Mixed model
- ☐ c. Personality model
- ☐ d. Ability model

Question 5

Not yet answered

Marked out of 1.00

Conflict resolution counseling partially enhances three fundamental principles of peace: tolerance, acknowledgment of others' perspectives, and appreciation.

- ☐ a. TRUE
- ☐ b. FALSE

Question 6

Not yet answered

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The concept of emotional intelligence suggests that:

- ☐ a. Emotions are static mental processes.
- ☐ b. Emotions cannot be managed or controlled.
- ☐ c. Emotions have no impact on judgment and behavior.
- ☐ d. Individuals can leverage their emotions to enhance thinking, judgment, and behavior.

Question 7

Not yet answered

Marked out of 1.00

Extrinsic motivation arises solely from internal factors.

- ☐ a. TRUE
- ☐ b. FALSE

Question 8

Not yet answered

Marked out of 1.00

Self-monitoring involves evaluating oneself based on an external standard.

- ☐ a. TRUE
- ☐ b. FALSE

Question 9

Not yet answered

Marked out of 1.00

What aspect of the goal-setting process does the SMART acronym help with?

- ☐ a. Defining core values
- ☐ b. Establishing deadlines
- ☐ c. Identifying obstacles
- ☐ d. Providing motivation

Question 10

Not yet answered

Marked out of 1.00

EVT stands for Exploring Victims Tenacity.

- ☐ a. TRUE
- ☐ b. FALSE