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**Question 11**

Not yet answered

Marked out of 1.00

Sustainability in healthcare is not a significant concern for the future of the healthcare industry.

- ☐ a. True
- ☐ b. False

**Question 12**

Not yet answered

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The three moderators of the stress/illness link are coping, social support, and personality.

- ☐ a. True
- ☐ b. False

**Question 13**

Not yet answered

Marked out of 1.00

Tim decides to reward himself with a movie night after completing a week of regular exercise. This is an example of which behavior change mechanism?

- ☐ a. Modeling
- ☐ b. Association
- ☐ c. Reinforcement
- ☐ d. Cognitive restructuring

**Question 14**

Not yet answered

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Information, Education, and Communication (IEC) aims to:

- ☐ a. Generate profits for health agencies
- ☐ b. Educate and entertain the audience
- ☐ c. Reinforce existing health behaviors
- ☐ d. Change or reinforce health-related behaviors

**Question 15**

Not yet answered

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Who is credited with developing the idea of wellness?

- ☐ a. Carl Rogers
- ☐ b. Alfred Adder
- ☐ c. Abraham Maslow
- ☐ d. Halbert Dunn

**Question 16**

Not yet answered

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Pain behaviors can only decrease the perception of pain.

- ☐ a. True
- ☐ b. False

**Question 17**

Not yet answered

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Health actions, such as smoking or engaging in physical exercise, can be regarded as components of the indirect pathway that links psychology to health consequences.

- ☐ a. True
- ☐ b. False

**Question 18**

Not yet answered

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What is the relationship between the physical environment and healing?

- ☐ a. It has no impact on healing.
- ☐ b. It is crucial and can affect patient outcomes.
- ☐ c. It is a minor factor in healthcare.
- ☐ d. It only affects healthcare professionals.

**Question 19**

Not yet answered

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What should healthcare providers consider when communicating with patients from different cultures?

- ☐ a. Their own cultural beliefs are the only relevant ones.
- ☐ b. Using an interpreter is never necessary.
- ☐ c. Patients should adapt to the provider's cultural norms.
- ☐ d. Patients may have differing cultural perceptions of effective treatment.

**Question 20**

Not yet answered

Marked out of 1.00

What should healthcare providers do regarding patients' cultural perceptions of effective treatment?

- ☐ a. Disregard cultural perceptions and follow standard protocols.
- ☐ b. Respect and understand cultural perceptions.
- ☐ c. Persuade patients to change their cultural perceptions.
- ☐ d. Assume all patients have the same cultural perceptions.