

Question 1

Not yet answered

Marked out of 1.00

Hardiness is a coping style that may protect against the onset of cancer.

- ☐ a. True
- ☐ b. False

Question 2

Not yet answered

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Illness beliefs play no role in the initiation and promotion of cancer.

- ☐ a. True
- ☐ b. False

Question 3

Not yet answered

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What are the three key approaches to understanding the causes of obesity?

- ☐ a. Behavior, environment, and genetics
- ☐ b. Diet, exercise, and genetics
- ☐ c. Stress, diet, and environment
- ☐ d. Genetics, behavior, and stress

Question 4

Not yet answered

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Obesity can be defined using Body Mass Index (BMI).

- ☐ a. True
- ☐ b. False

Question 5

Not yet answered

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Sarah, a Type A personality, is concerned about her Coronary Heart Disease (CHD) risk. What should she consider?

- ☐ a. Type A behavior has no impact on CHD risk.
- ☐ b. Type A behavior increases CHD risk.
- ☐ c. Type A behavior decreases CHD risk.
- ☐ d. Type A behavior only affects men, not women.

Question 6

Not yet answered

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What is the primary role of psychology in pain management for chronic illnesses?

- ☐ a. To prescribe pain medication
- ☐ b. To eliminate pain entirely
- ☐ c. To provide strategies for coping with pain
- ☐ d. To perform surgery to remove pain

Question 7

Not yet answered

Marked out of 1.00

3. What does the term "obesogenic environment" refer to?

- ☐ a. An environment that encourages healthy eating
- ☐ b. An environment that makes weight loss easy
- ☐ c. An environment that promotes weight gain
- ☐ d. An environment free from stress