

# EuroMed Info

*Gesundheit und Vorsorge im Überblick*

## How culture influences health

Webseite durchsuchen

Systems of health beliefs to explain what a disease is, how it can be cured or treated, and who is responsible in the process. The extent to which cultural differences in patient education as having cultural differences can have a profound effect on their health care. In industrialized societies such as the United States, the dominant disease as a result of natural scientific knowledge and the use of medical treatments that combat disease. Other societies believe that health is influenced by supernatural phenomena and spiritual interventions that can be in favor or disfavor of powerful forces. Cultural differences play a role in patient compliance. One study of Cambodian adults with minimal formal education made considerable efforts to comply with medical advice in a manner consistent with their understanding of how medicines and the body work.

Indigenous peoples are a large ethnic group in the Pacific Islands. There are several important cultural beliefs among Pacific Islanders that nurses should be aware of. The extended family has significant influence,

## Zufällige Artikel



### Herr Kaiser: Neue Zähne bei ungarischer Zahnklinik für „Mr. Versicherung“

Beinahe 2 Jahrzehnte lang stand "Herr Kaiser" in Werbespots im deutschen Fernsehen für die Versicherungswelt, ... [\[Weiterlesen...\]](#)

### Was muss man nach der Bruststraffung für die Nachbehandlung beachten?

the family is often the decision person. The interests and honor of the family are more important than those of individual family members are respected, and their wishes are unquestioned. Among Asian cultures, harmony is an important value; therefore, there is an emphasis on avoiding conflict and direct confrontation. A respect for authority, disagreement with health care professionals is rare. A lack of disagreement does not indicate that the family agrees with or will follow the recommendations. Among Chinese patients, the behavior of the individual reflects on the family. Any behavior that indicates lack of respect may produce shame and guilt. As a result, patients may be reluctant to discuss symptoms of depression.

Attitudes of cultures, such as those from Asia, are reluctant to accept a diagnosis of mental illness or mental retardation because it reflects on the chances of other members of the family. In Vietnamese culture, mystical beliefs surround physical and mental illness. Health is viewed as an harmonious balance between the poles of yin and yang that govern bodily functions. Vietnamese patients do not seek Western mental health counseling and are particularly when self-disclosure is required. However, if it is possible to accept assistance if needed.

Patients frequently view U.S. medical care with skepticism. The Russian experience with medical care has been an authoritarian relationship in which there is a lack of information and open discussion. As a result, many Russian patients find it difficult to talk to a physician and to talk openly about their health. Patients expect a paternalistic health care professional who does not let them do what they want to do, but tells them what to



Die Operation der Bruststraffung dauert je nach Operationsmethode etwa 1 bis 2,5 Stunden. Danach ist die ... [\[Weiterlesen...\]](#)

## Augenoperation mit LASIK

Das so genannte LASIK Verfahren gehört zu den Augen OP – Varianten, bei denen durch den Einsatz eines Lasers ... [\[Weiterlesen...\]](#)



## Videos

Dicker Opa -kranke Enkel A...



## TV-Sendungen

ZDF: Mediathek Medizin &amp; Gesundheit

ARD: Mediathek Gesundheit &amp; Ernährung

n physician expertise undermines a  
n to learn more about self-care and  
behaviors.

s share a strong heritage that includes  
l, each subgroup of the Hispanic  
tinct cultural beliefs and customs. Older  
nd other relatives are respected and are  
n important matters involving health and  
ews are shared by many Hispanic  
illness as God's will or divine  
ht about by previous or current sinful  
patients may prefer to use home  
consult a folk healer, known as a

ericans participate in a culture that  
ortance of family and church. There are  
onds with grandparents, aunts, uncles,  
uals who are not biologically related but  
tant role in the family system. Usually, a  
r is consulted for important health-  
The church is an important support  
frican-Americans.

ommon to Native Americans usually  
nted in the present and valuing  
e Americans also place great value on  
l beliefs. They believe that a state of  
a person lives in total harmony with  
ewed not as an alteration in a person's  
; but as an imbalance between the ill  
l or supernatural forces. Native  
e a medicine man or woman, known as a

ch ethnic group brings its own  
values to the health care system, and  
beliefs and health practices differ from  
ional American health care culture.

expectation of many health care  
been that patients will conform to  
s. Such expectations have frequently  
care that have been compounded by  
uage and education between patients  
n different backgrounds.

as affect patients' attitudes about  
heir ability to understand, manage, and  
rse of an illness, the meaning of a  
consequences of medical treatment.  
families bring culture specific ideas and  
oncepts of health and illness, reporting  
ectations for how health care will be  
efs concerning medication and  
ition, culture specific values influence  
xpectations, how much information  
reatment is desired, how death and  
ged, bereavement patterns, gender and  
rocesses for decision making.

iations also exist within cultures.  
1 can use in working with patients from  
as displayed in Table 14.

Table 14

Working With Patients In Cross-Cultural Settings
the cultural traditions of the patients
ention to body language, lack of
expressions of anxiety that may signal
ent or family is in conflict but perhaps
ell you.

ent and family open-ended questions to  
formation about their assumptions and

udgmental when given information that  
es that differ from yours.

lvice given by patients about  
ways to facilitate communication within  
between families and other health care

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hlin, L., & Braun, K. (1998). „Asian and  
ltural values: Considerations for health  
ing.“ *Health and Social Work*, 23 (2), 116-

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## Assessment

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### Euromed Info - Bereiche

- Gesundheit

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- Gesundheitsschutz

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- Schönheit

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- Zähne

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### Patient Teaching

- Patient Education

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- › Theoretical Basis of Patient Education

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- › The Process of Patient Education

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- › The Family and Patient Education

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- › Providing Age-Appropriate Patient Education

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- › Impact of Culture on Patient Education

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- › Adherence in Patient Education

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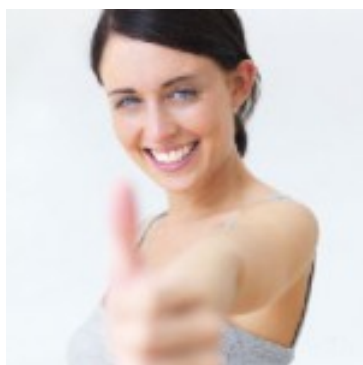
- › Helping Patients Who Have Low Literacy Skills

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- › Resources for Patient Education

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## Featured article



The concept of compliance requires a dependent lay person and a dominant professional; one giving expert advice, suggestions, or orders, and the other

carrying them out.

Adherence to medical  
treatment ... [Read more ...](#)

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## Recommendable link

Journal of Public Health:  
The Need of Patient  
Education