

食物

您最喜欢的食物是什么？您喜欢在外边哪些地方吃？在本单元里，您来谈谈您最喜欢的食物，并学习如何订购外卖。

单词

词汇	发音	词性	翻译
drink	[us]drɪŋk [uk]drɪŋk	noun	饮料
hungry	[us]'hʌŋɡri [uk]'hʌŋɡri	adj.	饥饿的, 饿的
salty	[us]'sɔ:lti [uk]'sɔ:lti	adj.	咸的, 咸味的
soup	[us]su:p [uk]su:p	noun	汤
spicy	[us]'spɑ:si [uk]'spɑ:si	adj.	辛辣的, 香的
bag	[us)bæg [uk)bæg	noun	袋子, 包, 书包
coffee	[us]'kɔ:fi [uk]'kɒfi	noun	咖啡
tea	[us]ti: [uk]ti:	noun	茶, 茶叶
bread	[us]bred [uk]bred	noun	面包
old	[us]oʊld [uk]əʊld	adj.	老的, 上了年纪的
shoulder	[us]'ʃoʊldər [uk]'ʃəʊldə(r)	noun	肩膀, 肩部
chicken	[us]'tʃɪkɪn [uk]'tʃɪkɪn	noun	鸡
cheese	[us'tʃi:z [uk'tʃi:z	noun	奶酪
chocolate	[us]'tʃɑ:klət [uk]'tʃɒklət	noun	巧克力
dessert	[us]dɪ'zɜ:rt [uk]dɪ'zɜ:t	noun	甜点
ice cream		noun	冰激凌
pasta	[us]'pɑ:stə [uk]'pæstə	noun	意大利面,通心粉
pizza	[us]'pi:tʃə [uk]'pi:tʃə	noun	披萨
rice	[us]raɪs [uk]raɪs	noun	稻, 米
salad	[us]'sæləd [uk]'sæləd	noun	沙拉, 色拉
sandwich	[us]'sænwɪtʃ [uk]'sænwɪtʃ	noun	三明治

apple	[us]'æpl [uk]'æpl	noun	苹果
banana	[us]bə'nænə [uk]bə'nɑ:nə	noun	香蕉
carrot	[us]'kærət [uk]'kærət	noun	胡萝卜
egg	[us]eg [uk]eg	noun	蛋, 卵
fish	[us]fɪʃ [uk]fɪʃ	noun	鱼
fruit	[us]fru:t [uk]fru:t	noun	水果
knife	[us]naɪf [uk]naɪf	noun	刀, 小刀, 菜刀, 手术刀, 匕首
meat	[us]mi:t [uk]mi:t	noun	肉
milk	[us]mɪlk [uk]mɪlk	noun	乳, 牛奶
noodle	[us]'nu:dl [uk]'nu:dl	noun	面条
tomato	[us]tə'mertəʊ [uk]tə'mɑ:təʊ	noun	番茄, 西红柿
vegetable	[us]'vedʒtəbl [uk]'vedʒtəbl	noun	蔬菜, 植物
awful	[us]'ɔ:fl [uk]'ɔ:fl	adj.	可怕的, 糟糕的
cake	[us]keɪk [uk]keɪk	noun	蛋糕, 糕饼
arm	[us]ɑ:rm [uk]ɑ:rm	noun	手臂, 胳膊
body	[us]'bɔ:di [uk]'bɒdi	noun	身体, 躯体
finger	[us]'fɪŋgə [uk]'fɪŋgə(r)	noun	手指
foot	[us]fʊt [uk]fʊt	noun	脚
grey	[us]greɪ [uk]greɪ	adj.	灰的, 灰色的
hand	[us]hænd [uk]hænd	noun	手
know	[us]noʊ [uk]nəʊ	verb	知道, 了解
leg	[us]leg [uk]leg	noun	腿, 足, 小腿
look	[us]lʊk [uk]lʊk	verb	看, 注意
sad	[us)sæd [uk]sæd	adj.	伤心
thin	[us]θɪn [uk]θɪn	adj.	瘦的, 肉少的
toe	[us]toʊ [uk]təʊ	noun	脚趾

谈论一顿饭

在本课中，您将学习如何谈论餐食。

观看视频，学习语言用法。 https://cns2.ef-cdn.com/Juno/11/12/27/v/111227/GE_1.6.1_v2.mp4

[SALLY] This place has great burgers.
[JAKE] Mm-hmm.
[SALLY] Do you want some of my fries?
[JAKE] Mm-hmm.
[SALLY] How's your sandwich?
[JAKE] It's delicious.
[SALLY] How about some dessert?
[JAKE] Mm-hmm.
[SALLY] I want some chocolate ice cream.

burgers 汉堡
fries 炸薯条
sandwich 三明治
delicious 美味
dessert 甜点
chocolate ice cream 巧克力冰淇淋

请选择一张卡片并听音频。



hamburger:汉堡



french fries:薯条



pizza:披萨



rice:稻, 米



fried chicken:炸鸡



salad:沙拉, 色拉



pasta:意大利面,通心粉



cheese:奶酪



ice cream:冰激凌

请用**want + noun** 来表达某人想要某物。记得在**he, she** 或 **it**之后的**want**后面加**s**。

用如以下的问句询问某人想要什么。

I want a hamburger.	我想要一个汉堡。
She wants some ice cream.	她想要冰淇淋。
They want dessert.	他们想要甜点。
They don't want coffee.	他们不想喝咖啡。

表达您的欲望

What do you want?	您想要什么?
Do you want some water?	您想喝水吗?
Does he want a salad?	他想吃色拉吗?

表达喜好

用形容词**favorite** 谈谈您最爱的事物，包括食物。

What's your favorite food?	您最喜欢吃的食物是什么?
Pizza's my favorite food.	我最爱吃披萨。
His favorite is chocolate.	他最爱吃巧克力。

请听音频。请把词条移至正确的间隔处。

LINDA: (What) do you want? How about a salad?

BILL: Mmm, no. I (don't want) a salad. I want a hamburger. It's my (favorite) food.

LINDA: OK ... I want chicken and rice.

WAITER: (Can) I help you?

LINDA: Yes, I want the chicken and rice. And some water, please.

BILL: And I (want) the hamburger and french fries, please. And some coffee.

WAITER: So, that's the chicken and rice, and a hamburger and french fries.

LINDA: Yes.

WAITER: And water, and coffee.

LINDA: Yes, (thanks) .

可数名词和不可数名词

一些名词可数，其他的都是不可数名词。可数的名词(例如 **apples** 和 **hamburgers**) 称为可数名词。不可数的名词(例如**rice** 或 **water**) 成为不可数名词。

单数，可数名词用冠词**a** 和 **an** 。

a hamburger = one hamburger (... two hamburgers, three hamburgers)
an apple = one apple (... two apples, three apples)

不明确的数额的复数，可数名词用**some**。

some hamburgers	一些汉堡包
some carrots	一些胡萝卜

在例如**rice, water** 和 **beef**这样的不可数名词之前也用 **some** 。

some rice	一些米饭
some water	一些水
some beef	一些牛肉

请选择正确的词。

I want (a / an / some) beef.

She wants (a / an / some) apple.

Do you want (a / an / some) rice?

He wants (a / an / some) hamburger.

Do you want (a / an / some) carrots?

I want (a / an / some) carrot.

Truth: some; an; some; a; some; a

和朋友们准备一顿饭

在本课中，您将学习有关烹饪的语言用法。

观看视频，学习语言用法。 https://cns2.ef-cdn.com/Juno/11/12/28/v/111228/GE_1.6.2_v2.mp4

[SIMON] Hey, Jake - pass me that knife.

[JAKE] What's next?

[SIMON] Uh, cut the vegetables.

[SIMON] Don't cut them so big.

[JAKE] OK. Done. Anything else?

[SIMON] Uh, slice the bread.

[JAKE] They're here!

[ALLY] Hi!

[KELLY] Hi!

[SALLY] I love your place!

knife 刀

vegetables 蔬菜

bread 面包

请选择一张卡片并听音频。



meat:肉



fish:鱼



fruit:水果



vegetables:蔬菜, 植物



dairy products:奶制品



grains:谷物



bread:面包



milk:乳, 牛奶



noodles:面条

食物分组

我们常常说到食物群，即食物的分类。请看以下食物群以及其中包含的一些食物。

Fruits	水果
apples	苹果
bananas	香蕉
oranges	橙子

语言点：西红柿从科学上讲属于水果，但往往被看作是蔬菜。

Vegetables	蔬菜
tomatoes	西红柿
carrots	胡萝卜
potatoes	土豆

Dairy products	乳制品
cheese	芝士
milk	牛奶
yogurt	酸奶
butter	黄油

Meat, fish and eggs	肉，鱼和鸡蛋
beef	牛肉
chicken	鸡肉
fish	鱼
eggs	鸡蛋

Grains	谷物
bread	面包
pasta	通心粉
rice	米饭
noodles	面条

观看视频，学习语言用法。 https://cns2.ef-cdn.com/Juno/11/12/28/v/111228/GE_1.6.2_v2.mp4

[SIMON] Hey, Jake - pass me that knife.
[JAKE] What's next?
[SIMON] Uh, cut the vegetables.
[SIMON] Don't cut them so big.
[JAKE] OK. Done. Anything else?
[SIMON] Uh, slice the bread.
[JAKE] They're here!
[ALLY] Hi!
[KELLY] Hi!
[SALLY] I love your place!

Pass me that knife. 把那把刀递给我。
What's next? 接下来是什么?
Cut the vegetables. 切蔬菜
Don't cut them so big. 不要把它们切那么大。
Slice the bread. 切成面包片。

祈使句

使用祈使句发出命令或要求。祈使语气动词与动词原形是相同的。

在祈使句前用 **don't** 表达否定的命令。在写作中，你可以在句尾用感叹号 (!)，加强陈述的语气。

Cut the vegetables.	切青菜
Slice the bread.	把面包切片。
Give me the vegetables.	请给我青菜。
Pass me the knife.	把刀递给我。

Don't cut the vegetables too small.	请不要把青菜切得太小。
Don't be lazy!	别偷懒!

用**please** 发出祈使会更礼貌。**please** 出现在祈使句的句首或句末。如果**please** 置于句末，在**please** 之前添一个逗号 (,) 。

Please give me the cheese.	请把芝士给我。
Help me, please.	请帮帮我。

请把词条移至正确的间隔处。

(Give) me an apple, please.

(Don't) cut the fruit.

(Pass me) the cheese, please.

Please (slice) the bread.

(Help) me, please.

Give me the milk, (please) .

推荐一家午餐餐厅

在本课中，您将学习如何建议用餐的地方。

观看视频，学习语言用法。 https://cns2.ef-cdn.com/Juno/11/12/29/v/111229/GE_1.6.3_v2.mp4

[KELLY] You hungry?
 [SALLY] Yeah.
 [KELLY] Let's have lunch.
 [SALLY] The Snack Shack? What's the food like?
 [KELLY] It's good. I like their sandwiches and salads. Oh, and I love their desserts.
 [SALLY] Ooh, I want the beef noodles.
 [KELLY] They're spicy.
 [SALLY] Cool. I love spicy food.
 [KELLY] Hmmm. I like their salads. They're always really fresh. Yep, a chicken salad.
 [KELLY] And some chocolate cake.
 [SALLY] What soft drinks do they have?
 [KELLY] Orange juice or iced tea.
 [SALLY] I'll have orange juice.
 [KELLY] Me, too.
 [SALLY] What's their number?
 [KELLY] It's 555 462 ...

hungry 饥饿
lunch 午餐
sandwiches 三明治
spicy 辛辣
chocolate cake 巧克力蛋糕
iced tea 冰茶
orange juice 橙汁

请选择一张卡片并听音频。



soups:汤



salads:沙拉, 色拉



sandwiches:三明治



desserts:甜点



drinks:饮料



chocolate cake:巧克力蛋糕



tea:茶



orange juice:橘子汁

描述味道的形容词

食物有不同的味道。学习一些用来描述您所吃的食物的形容词。

您可以用表示国籍的形容词谈论各种菜的种类。

Lemons are sour.	柠檬是酸的。
The fries are very salty.	薯条很咸。
I love sweet desserts.	我爱甜点。
It's really spicy!	真辣!
The salad is fresh.	色拉是新鲜的。

I don't like Italian food.	我不喜欢意大利菜。
My favorite food is Japanese.	我最爱日本料理。

用属性形容词说说食物是好是坏。

非常好

The restaurant has delicious food.	那家餐馆的食物很美味。
The food tastes really good.	食物的味道很棒。

一般

My salad is OK.	我的色拉不错。
This sandwich isn't bad.	这三明治不错。

不好

The soup tastes bad.	这汤水很难喝。
My salad is awful.	我的色拉很难吃。

请选择正确的词。

I don't like the food. It's too (salty / delicious / fresh) .

Lemons are (spicy / sour / salty) .

I like the chocolate cake. It's so (sour / salty / sweet) .

French fries are usually (salty / sour / sweet) .

The food in this restaurant is great. It's really (OK / awful / delicious) .

The soup isn't good. It tastes (bad / OK / delicious) .

Truth: salty; sour; sweet; salty; delicious; bad

订外卖

在本课中，您将学习如何点外卖。

观看视频，学习语言用法。 https://cns2.ef-cdn.com/Juno/11/12/31/v/111231/GE_1.6.4_v2.mp4

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[SERVER] Hi. Can I help you?
[KELLY] Yes. I'd like a roast beef sandwich, please.
[SERVER] OK.
[SERVER] There you go. Anything else?
[KELLY] Uh, a bag of potato chips.
[SERVER] Here you are. Would you like a drink?
[KELLY] Yes, a bottle of water.
[SERVER] OK.
[SERVER] Anything else? How about some dessert?
[KELLY] Oh ... A piece of chocolate cake, please.
[SERVER] Would you like a bag?
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[KELLY] Yes, please.
[KELLY] How much is that?
[SERVER] That's, uh, 14 dollars.
[KELLY] Here you go.
[KELLY] Thanks!

a bag of 一包
a bottle of 一瓶
a piece of 一片

请选择一张卡片并听音频。



a bottle of water: 一瓶水



a glass of water: 一杯水



a cup of tea: 一杯茶



a cup of coffee: 一杯咖啡



a bag of potato chips:一袋薯片



a piece of carrot cake:一块胡萝卜蛋糕



a bowl of soup:一碗汤



a bowl of rice:一碗米饭



a piece of pizza:一块比萨

量词与不可数名词一起使用

可数名词有复数形式。它们是可数的。比如说**hamburger – hamburgers**。

We want two hamburgers.

我们想要两个汉堡。

不可数名词没有复数形式。它们是不可数的。例如：**rice, water**。

She has some rice.	她吃了些米饭。
We want some water.	我们想喝些水。

用量词描述不可数名词的数量。量词可以是一包，一瓶，一碗或其他用来承食物的物体。

Give me two bags of chips, please.	请给我两包薯条。
I want a bottle of water.	我想要一瓶水。
There are three bowls of rice.	那有三碗饭。
Please give me a piece of cake.	请给我一块蛋糕。
We want four glasses of water.	我们想要4杯水。
They have three cups of tea.	他们有三杯茶。

观看视频，学习语言用法。 https://cns2.ef-cdn.com/Juno/11/12/31/v/111231/GE_1.6.4_v2.mp4

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[SERVER] OK.
[SERVER] Anything else? How about some dessert?
[KELLY] Oh ... A piece of chocolate cake, please.
[SERVER] Would you like a bag?
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[KELLY] How much is that?
[SERVER] That's, uh, 14 dollars.
[KELLY] Here you go.
[KELLY] Thanks!
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Can I help you? 有什么可以帮忙的吗?
 I'd like a roast beef sandwich, please. 请给我来一份烤牛肉三明治。
 Anything else? 还需要什么别的吗?
 Would you like a drink? 您想喝点什么吗?
 How about some dessert? 来一些甜点怎么样?
 Would you like a bag? 您想来一包吗?
 Yes, please. 是的。

礼貌的请求

使用这些疑问句礼貌提出帮助或食物。

Can I help you?	有什么我能帮您的吗?
Would you like a drink?	您想喝点什么吗?

用**Can I have** 或 **I'd like** 发出礼貌的请求。在英语口语中，缩写 **I'd** 比**I would**更常见。

Can I have a sandwich?	我可以吃一个三明治吗?
I'd like a bowl of soup.	我想要一碗汤。
I would like a glass of water.	我想要一杯水。

服务员会用**anything else** 来询问您是否还需要什么别的。

提出请求时记得用 please ，这样更加礼貌。	
I'd like a glass of water, please.	请给我来一杯水。
We'd like two hamburgers, please.	请给我们来两个汉堡包。
Can I have some ice cream, please?	我想来些冰淇淋，可以吗?

A: Can I help you? B: Yes, I'd like a chicken sandwich, please. A: Anything else? B: Yes, a glass of milk.

请问我可以帮您什么？ 是的，请给我来份鸡肉三明治。 还需要什么别的吗？ 是的，一杯牛奶。

