**THE HAPPENINGS**

**Monthly newsletter**

**September 1st – 30th**

**“Gives you the inside scoop of the Hermitage”**



**OUR MISSION**

**PROVIDE FACILITIES, SERVICES AND PROGRAMS TO ENHANCE THE QUALITY OF LIFE FOR OLDER PERSONS.**

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**IN THE NEWS**

***Activity Innovation Forum***

*Do you have ideas for new activities? Join us every 2nd and 4th Monday at 11:30 a.m. in the lobby to discuss upcoming activities for the month and activities you would like to see on the calendar.*

**BLESSED SACRAMENT**

A bus from Blessed Sacrament will pick up Hermitage residents every Sunday at 10:15 am and take them to Blessed Sacrament church. Residents will be brought back when service is finished.

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| The **Buddy system** is when a new resident comes to our community and is paired up with a resident (buddy), who has been here for some time and they operate together as a single unit so that they are able to monitor and help each other.   * A Buddy is a resident who is willing to build new friendships and to introduce the new resident to the community, its activities and social atmosphere. * A Buddy would welcome the new resident to the community, introduce him/her to the residents in the dining hall or invite him/her to the activities of interest. * A Buddy will help the new resident feel included and accepted into the community. * A buddy will direct the new resident to an appropriate person amongst the personnel in case of concerns, questions and requests. * A Buddy will check in with the new resident occasionally and inquire about the acclimatization and help to build a social network supporting new residents need for human connection.   Being a Buddy is a very honorable and needed service. The Buddies are new friends and volunteers who have a generous heart to share their time and joy of life with other people.  Please contact Lynette Mitchell at 703-797-3914 to become a Buddy.  Your help is highly appreciated! |

**INFORMATIVE NEWS FROM THE BUSINESS OFFICE**

We have Priority Mail Flat Rate Boxes! Please check the Business Office for more information.

USPS Priority Mailing Flat Rate (small box - up to 4 lbs) - **$5.35**

USPS Priority Mailing Flat Rate (medium box - up to 20lbs) - **$11.35**

If you have any questions, please call 703-797-3805

The Lemon Tree is a convenience store where residents can purchase cards, snacks, personal items etc. It is located on the Garden level floor in the main building. The hours of operation are Tuesday, Wednesday and Thursday from 10:00 am to 2:00 pm.

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| The Strawberry Patch is a delightful little shop located on the Garden level floor in the main building. It features gently used and some new ladies clothing such as blouses, skirts, pants, jackets and suits etc. at very affordable prices. In addition you will find jewelry, scarves, shoes, purses and other accessories. It is a fun place to shop and visit with your family and friends. There are even some things available for men. Their hours of operations are from 10:00 am-2:00 pm Wednesday, Friday and Saturday. The Strawberry Patch is managed by Eve Holtzman, a volunteer from St. John’s Methodist Church who is ably assisted by volunteers from seven other churches and four of your own residents. All proceeds are used at this Hermitage for special needs. Do plan to visit soon. |

Beauty Shop hours are Wednesday 8 am to 1 pm

Saturday 8 am to 12 pm (noon)

**Beauty and Barber Services**

Shampoo........................................... **$** **10.50**    Tint......................................**$ 25.00**

Set...................................................... **$10.50**   Color rinse............................**$7.00**

Shampoo and Set............................... **$19.00**     Comb-out........................……**$ 5.50**

Permanent......................................... **$64.00**     Hot oil treatment..................**$ 10.00**

Haircut............................................... **$14.50**     Trim...................................... **$  9.00**

Manicure........................................... **$14.50**Beard, mustache................. **$ 9.00**

Clip Nails.............................................**$ 8.00** Women’s Facial Hair............ **$ 8.00**

**\*Please contact 703-797-3800 to schedule your beauty appointment!**

**Tuesday September 3rd** the Beauty Shop will be open. On Wednesday September 4th the beauty shop will be closed.

**Senior taxi**

**Senior Taxi Yellow Card Program-**

**Alexandria** Senior Taxi was provided through Senior Services of Alexandria in collaboration with the City's Office on Aging. All residents living in our community were registered with the Senior Taxi program and were able to enjoy the complimentary service that our community offered.

July 1st, the Senior Taxi program became the Senior Taxi Yellow Card Program.  The program is available to Alexandria residents age 60 and older who have a yearly household income of $48,508 or less.  The new Senior Taxi Yellow Card program will allow eligible riders to schedule taxi rides directly with Yellow Cab 24 hours a day, 7 days a week with no restrictions as to destinations.  Interested individuals must apply to the program to determine eligibility and then purchase fares in advance at a discounted cost.

Residents can pick up an application form at the front desk.

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| Value of taxi fares | Cost to Senior Taxi Yellow Card Ride |
| 90 | $15 |
| $60 | $10 |
| $30 | $5 |

|  |  |
| --- | --- |
| Time Frame | One Purchase can be made by |
| July-September | September 15 |
| October –December | December 15 |
| January March | March 15 |
| April-June | June 15 |

If you have questions, or will need assistance filling out the application please see Mary King (Director of Resident Services) or Kenya Bryant (Social Services).

**TRANSPORTATION NEWS**

Resident Services Department and Social Services has join forces in assisting residents who has not yet signed up through the Department of Transportation to utilize their multiple transportation options. Hermitage transportation can accommodate doctor appointments on **MONDAYS** and **THURSDAYS** from 9 am to 1 pm. Department Of Transportation and Metro Access offer wheelchair services to seniors. Some residents have already gone through the application process and were accepted to DOT and Metro Access systems. Please contact Mary King or Kenya Bryant and let them know, if you have Metro Access or DOT eligibility letter or a membership card. It will help us to narrow the efforts for enrollment and to introduce the services faster. Thank you very much for all your help and support!

Charles Scheffey

Mr. Scheffey grew up in the small town of Bristol, PA. He was a civil engineer; he helped build railroads out West. Mr. Scheffey has various degrees, one which he obtained from Cornell. Some of his hobbies include wood working, clocks and astronomy. His favorite food is pizza. He likes classical music and modern Jazz. Mr. Scheffey is an early morning person and is interested in learning everything that is new. He is a delight to talk to and full of life.

**New Resident Welcome Social will be held**

**Sunday September 22nd**

**in the lobby at 2:00 pm,**

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**DRAKE HEARING**

**GOOD NEWS!...A WISH LIST….FOR HEARING AIDS**

Residents can join Dr. Timothy Drake every second Thursday of the month in the Penthouse for an auditory check. A new chip has been put into hearing aids to allow them to do many things. For the first time, aids now can time how long lasting sound occurs like the Air Conditioning or a noise is heard in the dining room, the older aids amplified it, making speech more difficult. Now the aids ignore the A/C or dining room noises…” and amplifies only quicker voices. VERY GOOD!

We can amplify the TV and Phones better now and use Rechargeable batteries. Also, Volume Controls are not needed. You can use easy to see and feel remote controls to change the volume. EASY!

* Labor Day 2
* Grandparents’ Day 9
* Patriot Day 11
* Stepfamily Day 16
* Citizenship Day 17
* Native American Day 27

[http://www.lifelinescreening.com/Themes/Marketing/images/logo.png](http://www.lifelinescreening.com/)

 On Wednesday September 18th 8:00-5:00pm Lifeline Screening will be in the auditorium providing Preventative Health Screenings that can detect your risk for serious diseases. When detected early, 4 out of 5 strokes can be prevented. It is now possible for you and your doctor to do something before it is too late.

Lifeline screening is sponsored by Minimally Invasive Vascular Centers and is trusted by hospitals nationwide. There are a total of five tests that are done and the cost of individual test varies from **$35.00 to $60.00.** The also have package one that consist of 4 test which cost **$139.00** and package 2 which consist of five test which cost **$149.00**. Residents who are interested in having this test done can call **1-888-653-6450** for pre-registration. Residents can pick up a flyer in the Library and if assistance is needed please contact Mary King at **703-797-3880.**

**Announcement for yoga in the chair presentation**

**Beginning Saturday September 21st 2013 at 2:00 pm** residents can join Ms. Bonnie Kendrick in the Penthouse for Yoga. Residents can come to Yoga in the Chair and feel the benefits of yoga. Stretch and breathe yourself into great health, happiness, and well-being.

Bonnie Kendrick will teach our community yoga in the chair weekly twice monthly. Folks in their 70’s, 80’s, and 90’s say how much more energy and lighter spirits they have because of this yoga.

Bonnie has been teaching yoga since 1982, Bonnie has taught all ages and people with different medical conditions.

The main rule in yoga is to follow your inner voice – your bodily and psychic awareness. We hope your inner voice will bring you to the presentation of yoga in the chair for a wonderful experience.

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**QUICK SNAPSHOT**

**Tuesday September** **3rd** please join “Messiah Menders” at 9:30 am on the 2nd floor Solarium odd side. The Messiah Menders are volunteers from the Messiah United Methodist Church. They come to the Hermitage once a month and assist our resident community by mending their clothing free of charge.

**Saturday September 7th** at 8:30 am the bus leaves for Northern Virginia Senior Olympics opening ceremony and track atThomas Jefferson Community Center. At 2:00 pm residents can enjoy Carmen’s Cultural Mix in the Penthouse. Century’s reports have been written showing the health benefits of dancing to the body, mind, and spirit.  Dancing is also a fun way to express creativity, develop self, and share our culture. Carmen’s Cultural Mix Dance Fitness program, sit or stand, is a blend of Latin, American, Martial Arts, & African cultures expressed and easy to follow along movement for all ages.

**Wednesday September 9th** please join us in the dining room for “Gentlemen’s Luncheon” at 12:00 noon. If you are interested in participating please let Mitchell or someone from activities know.

**Thursday, September 12th** residents can join Audiologist Dr. Timothy Drake for a Hearing/Hearing aid seminar in the penthouse 1:30 pm.

**Wednesday September 18th** At 6:00 pm join us for Lights/Action/Camera movie in the lobby. Our feature “Identity Theft.” This movie is about Sandy Patterson who is a banking executive living in Colorado with his wife and kids, or is he a she and living it up in Florida? When Sandy is accused of crimes he hasn't committed, he must track down the woman who has -- in his name. Cast includes [Jason Bateman](http://dvd.netflix.com/RoleDisplay/Jason_Bateman/20017881?lnkce=mdp-cast&trkid=1457035), [Melissa McCarthy](http://dvd.netflix.com/RoleDisplay/Melissa_McCarthy/20060210?lnkce=mdp-cast&trkid=1457035), [Jon Favreau](http://dvd.netflix.com/RoleDisplay/Jon_Favreau/29244?lnkce=mdp-cast&trkid=1457035)

**Friday September** **20th** at 9:30 am the bus leaves for Durant Art Center in Alexandria, Virginia for the **“Young at Art”** exhibit. These collections of art are jointly sponsored by Senior Services of Alexandria and Goodwin House Foundation. The art on display is brought to us by artists in and around the metropolitan area in celebration of the Young at Art 27th anniversary.Residents can sign up for this program in the trip folder at the reception desk.

**Tuesday September 24th** residents can come to the lobby at 2:00pm for our Hermitage Book review. The book we will be reviewing is J.K. Rowlings “The Casual Vacancy.” Residents will receive a copy of the book by the 1st of the month.

**MONTHLY BIRTHDAYS**

Residents who celebrate their birthday in September can enjoy a luncheon in their honor on **September 25th** in the dining room at 12:00 noon. Residents whose name is on the list can bring their spouse along to enjoy this moment with them.

**SEPTEMBER BIRTHDAYS**

Clara Nichols 5

Beverly Floyd 7

Samuel Packer 8

Lowell Creed 10

Rita Morin 13

Marguerite Scheffey 14

Ernestine Miller 17

Shirley Howard 19

R. Elizabeth Long 21

Grace Fishman 21

Michael Kuruc 23

Lila Skaer 24

Elinor Tyson 26

Margaret Stevas 26

Emory Hodges 26

Marian Cooley 30

**A Birthday Poem**   
  
Birthdays come and go each year,  
Today is yours, so don’t you fear.  
Conversations fill the air,  
We have joined you since we care.  
  
Funny jokes and laughs out loud,  
We will always be your crowd.  
Many friends you haven’t seen,  
How long has it really been?  
  
We shall dance all through the night,  
Until our spirits are truly light.  
Celebrate our dearest friend,  
A birthday poem, we wish to send.  
  
by Martin Dejnicki.



**SHARED MOMENTS**

[](http://graylingchamber.com/wp-content/uploads/2010/11/coffee-hour1.jpg)

Residents can mingle or relax with a soothing cup of tea/ coffee or Cappuccino

Every Monday & Thursday

9:30 – 10:30 am

POINTS FOR PRIZES PROGRAM

Residents can accumulate Points for Prizes every Tuesday and Wednesday by participating in a variety of activity programs all of which can be found in the Hermitage monthly calendar highlighted in “red”.

Attending these programs on the designated days will automatically earn you points and at the end of the month the resident with the most accumulated points wins a Lunch Bunch treat.

Congratulations to our July winner

**Ms. Nora Durso**

**HOSPITALITY COMMITTEE NEEDS YOU**

Are you interested in joining the Hospitality Committee?

Meetings are held the third Wednesday of every month at 2:00 pm in the 1st floor solarium even sideC:\Documents and Settings\MKing\Local Settings\Temporary Internet Files\Content.IE5\T6LZO4H4\MC900104732[1].wmf

**C:\Documents and Settings\MKing\Local Settings\Temporary Internet Files\Content.IE5\GV4OAS2L\MC900157213[1].wmfThis is the last month for our Stride Rite walking group before the weather changes. Join us every Tuesday at 9:00 am as we meet in the lobby to walk as a group in and around our community.**

**Scenic Ride**

Every Monday at 3:00 pm residents can enjoy our scenic ride trip in and around the metropolitan area. There are a lot of places to go and things to see, whether it is cruising past the Potomac River or watching the planes take off and land at Reagan International airport, they are all great sites to behold.

Ice-cream Social

**Saturday September 14th** at 2:00 pm residents can enjoy our “New Resident Welcome Social” in the lobby. Let’s get acquainted with our neighbors over a cup or bowl of ice-cream.

LUNCH BUNCH

**Wednesday September 18th** residents can sign up for the lunch bunch trip to Silver Diner. The bus leaves at 11:00 am. At Silver Diner they strive to be value-driven, consistently honest, dependable, and ethical in what we say and do. We want to keep our promises, fulfill expectations, and "Walk Our Talk." The quality of service they provide is due to having an unrelenting passion to do everything to the highest standards of excellence and a commitment to continuously seek improvement.

They feel it is their duty to put people first so they empower staff by teaching them the skills and knowledge by which to achieve their professional and personal best.

The overall service at the Silver Diner is contagiously friendly, warm, familiar, informal and CARING. The Guests are treated like a friend in a home away from home. Developing a one to one relationship with the Guest -- is the core of Diner Hospitality

Their service is always attentive, fast-paced, high energy, contagious Friendliness, caring relationships and above all they love the guest.

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**SINGER/ACTRESS**

On **Sunday August 15th** resident can join singer Jocelyn Jackson as she brings to the Hermitage, her musical talents in this unique performance. Jocelyn is no stranger to our community she have performed here before, and when she performs she gives that "theater hall experience" that spans a wide variety of musical genres. Broadway, Americana, Rock N' Roll, Jazz and special Holiday programs are just a few of the expressive and exciting musical performances that will entertain and delight residents.

Jocelyn Jackson has been singing and acting all over the world since the age of two, professionally by the age of twenty. She received her Bachelor of Music from Boise State University in 1993. Jocelyn is a member of the American Federation of Television and Radio Association (AFTRA) and the Screen Actors Guild (SAG), the Washington Area Music Association (WAMA) and the Songwriter's Association of Washington (SAW). Jocelyn has appeared in many television shows and movies, musical directed, and performed in several shows around the world.

**DATES OF UPCOMING MOVIE ENTERTAINMENT ON CHANNEL 2**

**Sunday September 1 “Something’s Gotta Give”:** Still sexy at 60, Harry Sanborn is having the time of his life, wining, dining and bedding women half his age. But when he agrees to go to the Hamptons with his girlfriend, their getaway goes awry after her playwright mother stops in unannounced. This movie stars [Jack Nicholson](http://dvd.netflix.com/RoleDisplay/Jack_Nicholson/68198?strkid=806069555_0_0&strackid=16fc27f03f024e16_0_srl), [Diane Keaton](http://dvd.netflix.com/RoleDisplay/Diane_Keaton/48451?strkid=806069555_0_0&strackid=16fc27f03f024e16_0_srl).

**Friday September 6“last Holiday”:** Given the news she's terminally ill, Georgia throws caution to the wind, breaks out of her shell and takes a no-holds-barred European vacation. While she's celebrating her last hurrah, she touches the lives of everyone around her. This movie stars [Queen Latifah](http://dvd.netflix.com/RoleDisplay/Queen_Latifah/53008?strkid=136218141_0_0&strackid=ee3d90a06042113_0_srl), [Timothy Hutton](http://dvd.netflix.com/RoleDisplay/Timothy_Hutton/44302?strkid=136218141_0_0&strackid=ee3d90a06042113_0_srl)

**Sunday September 8 “The First Wives Club”:** Three old college chums reunite for the funeral of a friend who committed suicide after her husband dumped her for a younger model -- only to realize they're all in the same predicament. So they form a troika and plot payback against their exes. The cast includes [Bette Midler](http://dvd.netflix.com/RoleDisplay/Bette_Midler/63594?strkid=1733403822_0_0&strackid=475dfe1047a57fe9_0_srl), [Goldie Hawn](http://dvd.netflix.com/RoleDisplay/Goldie_Hawn/40256?strkid=1733403822_0_0&strackid=475dfe1047a57fe9_0_srl), [Diane Keaton](http://dvd.netflix.com/RoleDisplay/Diane_Keaton/48451?strkid=1733403822_0_0&strackid=475dfe1047a57fe9_0_srl), [Maggie Smith](http://dvd.netflix.com/RoleDisplay/Maggie_Smith/86853?strkid=1733403822_0_0&strackid=475dfe1047a57fe9_0_srl)

**Friday September 13 “Maids in Manhattan”:** It's love at first sight when Marisa Ventura and fast-rising politician Christopher Marshall literally run into each other at a posh New York City hotel. The only problem, Christopher has mistaken Marisa for a guest, but she's one of the maids. Cast includes [Jennifer Lopez](http://dvd.netflix.com/RoleDisplay/Jennifer_Lopez/20000050?strkid=825492252_0_0&strackid=6f3c53ae1357fc5a_0_srl), [Ralph Fiennes](http://dvd.netflix.com/RoleDisplay/Ralph_Fiennes/29932?strkid=825492252_0_0&strackid=6f3c53ae1357fc5a_0_srl),

**Sunday September 15** “Tommy Boy”: This hilarious comedy stars funny boys Chris Farley and David Spade and tells the story of an incompetent heir to an auto parts factory who must save the business and tries everything to keep it out of the hands of his new, con-artist relatives.

**Friday September 20 “Back to School”:** Self-made millionaire Thornton Melon decides to get a better education and enrolls at his son Jason's college. While Jason tries to fit in with his fellow students, Thornton struggles to gain his son's respect, giving way to hilarious antics. Cast includes [Rodney Dangerfield](http://dvd.netflix.com/RoleDisplay/Rodney_Dangerfield/21677?strkid=460584888_0_0&strackid=7ef1abdadcdd1ea6_0_srl), [Sally Kellerma](http://dvd.netflix.com/RoleDisplay/Sally_Kellerman/48668?strkid=460584888_0_0&strackid=7ef1abdadcdd1ea6_0_srl)

Sunday **September 22** “**Blood Work”:** Retired FBI director Terry McCaleb, feeble from a recent heart transplant, is hired by Graciela Rivers to investigate the death of her sister, Gloria -- who is, coincidentally, the donor of McCaleb's new heart. McCaleb soon deduces that Gloria was murdered by a serial killer he was trailing for years while in the FBI but can the elderly agent muster the strength to hunt down the killer and stop him for good? The cast includes [Clint Eastwood](http://dvd.netflix.com/RoleDisplay/Clint_Eastwood/26874?strkid=1821387882_0_0&strackid=486fcf96cd78ff00_0_srl), [Jeff Daniels](http://dvd.netflix.com/RoleDisplay/Jeff_Daniels/21741?strkid=1821387882_0_0&strackid=486fcf96cd78ff00_0_srl), [Anjelica Huston](http://dvd.netflix.com/RoleDisplay/Anjelica_Huston/44219?strkid=1821387882_0_0&strackid=486fcf96cd78ff00_0_srl).

**Friday September 27 “Crazy on the Outside”:** When Tommy gets out of the big house; he discovers life on the outside is even crazier than it was behind bars. His sister won't get off his back, his ex-girlfriend won't leave him alone, and his former partner in crime won't take no for an answer. Cast includes [Tim Allen](http://dvd.netflix.com/RoleDisplay/Tim_Allen/159864?strkid=611121686_6_0&strackid=3a045f77c7b879cb_6_srl), [Sigourney Weaver](http://dvd.netflix.com/RoleDisplay/Sigourney_Weaver/97834?strkid=611121686_6_0&strackid=3a045f77c7b879cb_6_srl).

Sunday **September 29** “The Other Son”:While preparing to enter the Israeli military for his compulsory service, young Joseph Silberg learns he was accidentally switched at birth with the son of an Arab couple from the West Bank -- a shocking revelation that sends both families reeling. Cast includes [Emmanuelle Devos](http://dvd.netflix.com/RoleDisplay/Emmanuelle_Devos/20008339?strkid=114956684_0_0&strackid=247c0352f974dfd5_0_srl), [Pascal Elbé](http://dvd.netflix.com/RoleDisplay/Pascal_Elbe/30046563?strkid=114956684_0_0&strackid=247c0352f974dfd5_0_srl).

**THURSDAY AT 10:30 AM ON CHANNEL 2/IN THE LOBBY**

**Thursday September 5 “Wings of Life”** Full of intrigue, drama and beauty, this mesmerizing documentary looks at bats, butterflies, hummingbirds and bees -- increasingly endangered little creatures that a third of the world's food supply depends on. Meryl Streep narrates.

**Thursday September 12 “Deadliest Volcanoes”** scientists probe the world's most powerful volcanoes -- including the colossal super volcano that slumbers beneath Yellowstone National Park -- searching for clues to their potential destructive power and when they might erupt again.

**Thursday September 19 “Most Amazing moments”** This film showcases the beauty of the planet's natural resources. This collection catches animals in their own habitat as they battle for supremacy in the wild and captures the power and strength of Mother Nature in all forms of weather. Plus, viewers get to hear firsthand about the challenges of documenting such phenomena.

**Thursday September 26 “Fire Ants”** This fascinating documentary examines the phenomena of fire ants, including their decades-long infestation across swaths of the United States, and reveals the latest scientific strategies for combating their ferocious destructiveness.

**MINI SERIES: JOHN ADAMS**

Every **Saturday at 6:00 pm** stay tuned for our 7 part miniseries John Adams. In this powerful, epic biography, David McCullough unfolds the adventurous life-journey of John Adams, the brilliant, fiercely independent, often irascible, always honest Yankee patriot -- "the colossus of independence," as Thomas Jefferson called him -- who spared nothing in his zeal for the American Revolution; who rose to become the second President of the United States and saved the country from blundering into an unnecessary war; who was learned beyond all but a few and regarded by some as "out of his senses"; and whose marriage to the wise and valiant Abigail Adams is one of the moving love stories in American history.

Designed for the use of all residents, the Hermitage Library is managed by a Library Committee, whose members volunteer their services to keep it operating in an orderly and easily accessible manner. According to the committee’s guidelines, the purpose of the Hermitage Library is to “fill the needs of residents for study, education, entertainment, and amusement through the use of reference, fiction, non-fiction, and large print books, newspapers and magazines, and audiovisual materials.”

The main library, located on the first floor, contains magazines and hard-covered books. An adjoining room provides two computers, available for use by all residents. There is also a small area on the Garden Level between the Strawberry Patch and the Creative Arts room, called the Book Nook, which contains paperback books and audiovisual materials.

Arranged on the shelves in the main library room are books grouped together in the following categories:

Fiction (standard print) Art

Fiction (large print) Travel

Mystery (including suspense and thrillers) Trees and Plants

(standard print) Games and Music

Social Science

Mystery (large print) History (World and USA)

Biographies Applied Science

Short stories Birds and Wildlife

Poetry Religion

Humor Reference and Encyclopedias

Within each category, books are arranged alphabetically by author – except that biographies are arranged by subject.

Reference books and encyclopedias, magazines, and newspapers may not be taken out of the library.

To borrow all other hardcover books, use the following steps.

1. Take the card from inside the back cover of the book.
2. Sign your name and date the book was borrowed.
3. Place the card in the green file box on the “Return Shelf.”
4. When the book is returned, put it on the “Return Shelf.”

Library committee members will retrieve the correct card and return the book to its proper place on the shelves. There is no limit to the number of books residents may borrow or the time they may be kept for. Committee members will contact residents who do not return items in a reasonable time.

There are no “charging out” steps to follow for paperback books and audiovisual materials -- and they may be taken out and kept as long as wanted. They are not arranged in any order so just put them back wherever there is room. You are encouraged to donate any new paperbacks you may purchase or receive as gifts, when you are through with them -- and the same for CDs, cassettes, or DVDs.

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**News from the Library Committee**

Good news -- there is a new source of reading material for residents. Because so many contributions have been made to the library in the past several months, there is no longer room to add them to the collection in the main library. We have, therefore, put these books in the hallway shelves closest to the elevator (even side) on the fourth and fifth floors. (These shelves were built into the former extra doors for apartments on these floors.) They have not been processed as library acquisitions but are available for reading by all residents – to be returned to the shelf when read. The books are not arranged in any order, so you are free to browse around until you find something that strikes your fancy. The committee encourages you to visit these special book shelves to find some good reading. (And if you have books you no longer want to keep in you room, please donate them so others may enjoy.)

Once again, the Library Committee reminds all residents that the library copy of the Washington Post should be kept in the library, so that it is available **all day** to residents who come there especially to read it***. Please do not take the Post out of the library***.

**Is your television functioning properly?**

Now that many new channels are available to Hermitage residents, some folks are experiencing problems. First, you should know that many of these new channels are high definition and if your television is not equipped for digital reception (that is, is still only analog), you will not be able to receive them. You will have to buy a new television set.

If you are set up for HD and are still having problems, with either sound or picture – make out a work order at the front desk. Someone will come to help straighten things out.

**A new way to pass the time away!**

Would you like to find something to do outside your own room – for an interesting change of scenery and a challenge to stimulate your mental and physical talents - something you can do all by yourself or in the company of like-minded folks? The answer is – jig saw puzzles. There are now puzzles always in progress in the garden level solarium (even side) and in the third floor solarium (odd side). Puzzles are being added this month to the lounge on the sixth floor and in future months we plan to add them on other floors also, either in the lounge areas or the solariums. So come and enjoy the fun!

**Learning is ageless!**

Learning something new every day is exciting and stimulating for the brain. New knowledge and skills bring the sense of fulfillment and accomplishment, opportunities for new friendships and exposure to the amazing world of the unknown. Our community has a very good relationship with Northern Virginia Community College which participates in “The Free Education for seniors” program sponsored by the state. Every person over the age of 60 who has lived in VA during one year has the right to access courses with the college for free. Please call Mary King at 703-797-3880 for more information or you can pick up a registration form at the front desk if you are interested to register. Do not lose this wonderful opportunity to learn something new and to make new friends!

**Inviting All Collection Lovers**

Living at Hermitage means living in the heart of Northern Virginia. There is multitude of opportunities to meet new people, see unusual and wonderful things, and participate in exotic activities such as Scottish Parade in Old Town Alexandria or Restaurant Open Table week in Washington DC. Our community is a part of huge cultural web of opportunities available to the residents. According to your dictionary.com, Heritage means “something handed down from one's ancestors or the past, as a characteristic, a culture, a tradition.” The people who live here have many interesting and amazing memories and experiences to share. Some of our residents have hobbies collecting thematic pieces of art for many years. Our hallways have beautiful built in shelving units that are waiting to be filled in with rare and special collections. We invite you to choose a bookshelf and exhibit temporarily some or all of your collection for our residents, family members and friends to admire. The collections will be carefully preserved by the glass and identified by the resident name. We will have guided tours offered to the residents and visitors allowing insight on the collections and the owners who so graciously and generously offered to participate in this shared activity. We plan to collect votes for the “Most memorable” and the” Most exotic” collections. The upcoming holiday season serves as an excellent opportunity for our residents to impress the neighbors and to show off their most precious possessions.

Please contact Mary King at 703 797-3880 for more details.

|  |
| --- |
| DINING Daymo Nash  **Meal Time in the Main Dining Room**    **Breakfast**  Continental Breakfast  6:00am – 9:00am  Hot Breakfast Buffet Style  7:00am – 8:00am    Wait Staff Table Service Breakfast  8:00am – 8:45am    **Lunch**  Wait Staff Table Service  12:00pm – 1:00pm  **Dinner**  Wait Staff Table Service  5:00pm – 6:00pm  Dining is requesting our residents’ assistance at meal times by staggering their arrival to the main dining room. This will help us provide meals with consistence, accuracy, and increase resident satisfaction.  Shown above is our scheduled meal times and I assure you every resident will receive the same food items offered on our menus from the beginning to the end of our meal service times.  C:\Documents and Settings\MKing\Local Settings\Temporary Internet Files\Content.IE5\LU1Y22XW\MC900437944[1].wmfC:\Documents and Settings\MKing\Local Settings\Temporary Internet Files\Content.IE5\LU1Y22XW\MC900437944[1].wmf |

**HOUSEKEEPING NANCY NAPIER**

Residents’ housekeeping schedule is as follows:

* **Monday –5th & 6th Floor**
* **Tuesday –4th Floor**
* **Wednesday – 3rd Floor**
* **Thursday –2nd Floor**
* **Friday –1st Floor & Ground Floor**

**Please call**

**Director of Environmental Services**

**Nancy Napier at 703-797-3823.**

If additional work is needed, please call the front desk at **703-797-3800** and place the work order. An additional charge may be applied.

**Spring cleaning service**

Spring cleaning service is offered once a year through the Environmental Services Department. Residents who wish to have it done can call the front desk at 703-797-3800 to place the order starting in April.

**Personal laundry**

This is done every Monday in the Main building.

1. The bed pads blankets, spreads will

be washed when needed or requested.

1. 2. If residents are using personal linens the
2. linens will be washed at no charge.

However, the residents need to let the

Housekeeper have the clean set to

change the bed.

We hope this little article allows you better understanding of the housekeeping services available in the community.

C:\Documents and Settings\MKing\Local Settings\Temporary Internet Files\Content.IE5\EMW3KG44\MC900048039[1].wmf **GOOD NEWS FROM THE CHAPLAIN Kathy Howell**

**New Opportunities for Religious Worship**

The mission of the Virginia United Methodist Homes, Inc., of which the Hermitage is a member, is to “provide facilities, services and programs to enhance the quality of life for older adults.” Over the past several years the religious diversity among our residents has grown dramatically. In order to enhance the spiritual life of as many residents as possible we are expanding the religious activities offered to residents.

In keeping with the religious traditions of many or our residents, we will be offering a new worship service at 10:45am on Sunday mornings starting after Labor Day on Sept 8th in the auditorium. Usually I will be presiding over this service. It will be a traditional United Methodist service with communion offered on the first Sunday of every month. In keeping with the practice of the United Methodist Church all are invited to attend.

In addition, we have had an offer from the Episcopal Church of the Resurrection to conduct a service once a month. They hope to serve not only our Episcopalian residents but they also wish to extend an invitation to everyone who might be interested in attending. Therefore, on the third Sunday of each month the 10:45am Sunday service in the auditorium will be conducted by the Church of the Resurrection.

Our Sunday evening Vesper service will continue to be at 6:30pm, but at the request of several regular attendees to this service it will be moved to the Penthouse. This will provide a more intimate setting for this smaller group. For those of you who would like to attend both the Sunday morning worship and the Sunday evening Vespers, I intend to provide a different sermon at each service.

With these additions and changes the list of religious activities at the Hermitage are as follows:

**Sunday**

9:30 am Adult Sunday   (Chapel) This is a traditional classroom style Protestant Sunday School Class.  It is lead by a devoted volunteer General Wilma Vaught who has been teaching this for 40 years.

10:15 am Bus to Roman Catholic Mass A bus from Blessed Sacrament Roman Catholic Church picks up residents from the main entrance in order to transport them to Mass.

10:45 am Worship     (Auditorium) Traditional Worship Service, presided over by the chaplain of the Hermitage on the 1st, 2nd, 4th and 5th Sundays of the month. Presided over by clergy from the Episcopal Church of the Resurrection on the 3rd Sunday of the month.

3:30 pm  Worship   (Health Care Center 3rd floor) An informal but traditional non-denominational Christian Worship Service conducted by the chaplain of the Hermitage.

4:00 pm Worship    (Health Care Center 4th floor Sunroom) An informal but traditional non-denominational Christian Worship Service conducted by the chaplain of the Hermitage.

6:30 pm  Vespers  (Penthouse) A traditional Christian Worship service conducted by the chaplain of the Hermitage

**Monday**

10:30 am Bible Study  (chapel) This is a discussion group style Bible study facilitated by the chaplain of the Hermitage. Currently we are discussing the 12 Apostles.

**Tuesday**

6:00pm Hymn Sing    (1st floor Solarium Even Side)This is a relaxed gathering where hymns are sung by request by residents.

**Wednesday**

10:30 am   Roman Catholic Mass   (Chapel ) Conducted by a priest from Blessed Sacrament Church.

7:00 pm  Bible Study  (Chapel) conducted by the Congregational Presbyterian Church

|  |
| --- |
| \* Executive Committee Meeting **September 9th** at 1:15 pm in the Penthouse.  \* HCC Resident Council Meeting 3rd floor **September 12th** at 11:00 am  \* Food Committee Meeting **September 16th** at 9:30 in the Dining room.  \* Religious Life Committee Meeting **September 16th 2th** at 1:00in the Chapel.  \* Library Committee Meeting **September 17th** at 2:00pm in the Library  \* Hospitality Committee Meeting **September 18th** at 2:00 pm in the 1st Floor Sol. Even  \* Resident Council Meeting **September 19th** at 6:15 pm in the Auditorium.  C:\Documents and Settings\MKing\Local Settings\Temporary Internet Files\Content.IE5\9RGZN8QR\MC900231082[1].wmf |

**SOCIAL SERVICE KENYA BRYANT**

**“What we have once enjoyed, we can never lose. All that we love deeply becomes part of us.”**

Helen Keller

In Remembrance of:

Alvin Pugh

1918 - 2013

Mr. Pugh became an important member of the Hermitage in 2011 and moved over to the Healthcare Center where he developed great friendships with both staff and residents. He was a quiet soul with a gentle smile. He will be missed by the staff and residents of the Hermitage.

Dorothy Gooch

1923 - 2013

Mrs. Gooch was a long standing friend and resident of the Hermitage. She will be remembered for her love for gardening; always had beautiful flowers from her home garden in her room. She had a smile that would light up a room and loved to read. She will be missed by the staff and residents of the Hermitage.

Eugenia Sanford

1930 – 2013

Although, Mrs. Sanford was with us for a short period of time her amazing personality and gentle smile. Mrs. Sanford was a vital member of the Hermitage and will be missed by the staff and residents of the Hermitage.

Mary Indainer

Although, Mrs. Indainer was with us for a short period of time she was said to be a gentle and sweet women by the staff and residents of the Hermitage. She had a love for scrabble, enjoyed reading and was an devoted Red Hatter. She will be missed by the staff and residents of the Hermitage.

**Message from the Resident Council:**

**COMMUNICATION**

In order to introduce new communication channels and to be able to deliver the information more efficiently to our residents, please provide us with information about your preferred method of communication.

1. Oral

2. Visual

3. Auditory

4. Other

Please do not forget to mention your name!

Contact Mary King

703-797-3880 [MKING@VUMH.ORG](mailto:MKING@VUMH.ORG)

Dear Residents and Friends,

Everyone is invited to take an active role in the community life. Multiple resident run committees are available for the residents to be able to share their ideas, participate in hobbies and help to make the community life more interesting and pleasant. Below you will find the various committees listed and the staff liaison for that committee.

Activity Committee------Mary King 703-797-3880

Hospitality Committee--Mary King 703-797-3880

Library Committee------Erika Lee 703-797-3886

Food Committee -------Deyalmor Nash 703-797-3830

Religious Life------------Kathy Howell 703-797-3883

HCC Resident Council-Kenya Bryant 703-797-3846

Safety Committee--- Mitchell Barnes 703-797-3886

**Resident Council Meeting is held nine days after the Executive Committee Meeting.**

|  |  |  |
| --- | --- | --- |
| 1 Sun | 2 Mon | 3 Tues |
| 9:30 Sunday School Chp.  10:45 Worship A  11:30 Daily Chronicles L  2:00 Movie Matinee Ch. 2  4:00 Mystery Person of the Week L  6:30 Vesper Service A | **2**  9:15 Fun and Fitness A  9:30 Coffee Hour L  10:30 Bible Study 5Lge  10:30 Functional Fitness 3 SO  11:15 Daily Chronicles 3 SO  2:00 Trivia L  3:00 Scenic Ride- B  4:00 Word Combination L  6:15 Family Ties Ch. 2 | 3  9:15 Skyline Shopping B  9:30 Messiah Menders 2SO  10:00 Collage Art CA  10:30 Functional Fitness 3SO  11:15 Daily Chronicles 3 SO  2:00 Ken Jennings Jeopardy L  4:00 Musical Notes L |
| 4 Wed | 5 Thurs | 6 Fri |
| **4**  9:15 Fun and Fitness A  10:15 Tai Chi/Yoga P  10:30 Catholic Mass Chp.  11:15 Daily Chronicles 3Lge  2:00 Let’s get Jazzy 3Lge  4:00 Penny Ante L  6:00 Lights/Camera/Action L  Oldies but Goldies  7:00 Bible Study Chp. | **5**  9:30 Coffee Hour L  10:30 Film: Ch2  10:30 Functional Fitness 3SO  11:15 Daily Chronicles 3SO  2:00 Midtown Happy Hour/  Popcorn L  4:00 Old Time Rock & Roll L  6:00 Dance Fever L | **6**  9:15 Fun and Fitness A  9:30 Netflix Movie Classic Ch. 2  10:00 Rainbow Nails BS  10:30 Functional Fitness 3 SO  11:15 Daily Chronicles 3SO  2:00 Computer 101  3:00 Bingo A  3:00 Current Events 6Lge  4:00 Word Scramble L |
| 7 Sat | CODE KEYS | CODE KEYS |
| 8:30 Senior Olympics Opening  Ceremony B  10:00 Music Appreciation 2 SO  11:15 Daily Chronicles L  2:00 Carmen’s Cultural Mix P  6:15 Mini Series: John Adams Ch 2 | A-Auditorium  BRZ-Breezeway  B- Bus Ride  CA-Creative Arts Room  Ch.2-Channel 2  Chp. –Chapel  DR-Dining Room  FL-Front Lawn  FR-Fitness Room  GL-Garden Level  GR-Game Room  LG-Laurel Grove  L-Lobby  L-Ch.2-Lobby on Channel 2  Lib-Library  1-1st Floor | 2-2nd Floor  3-3rd Floor  4-4th Floor  5-5th Floor  6-6th Floor  P -Penthouse  Points for Prize -Highlighted in red  Accumulated points win prize  SO-Solarium Odd  SE-Solarium Even  Lge-Lounge  BS-Beauty Shop  SDR-Staff Development Room  SW-Showcase Window |

HAVE A WONDERFUL WEEK

|  |  |  |
| --- | --- | --- |
| 8 Sun | 9 Mon | 10 Tue |
| **8**  9:30 Sunday School Chp.  10:45 Worship A  11:30 Daily Chronicles L  2:00 Movie Matinee Ch. 2  4:00 Dominion Trio L  6:30 Vesper Service P | 9  9:15 Fun and Fitness A  9:30 Coffee Hour L  9:30    Food Committee Mtg.  DR  10:30 Bible Study Chp.  10:30 Functional Fitness 3 SO  11:15 Daily Chronicles 3 SO  11:30 Activity Innovation Forum L  12:00  Gentlemen’s Luncheon  DR  1:00    Religious life Mtg.  Chp.  2:00 Name that tune L  3:00 Scenic Ride- B  4:00 Word Homonyms L  6:15 Family Ties Ch. 2 | **10**  9:15 Target Shopping B  10:00 Wood Art CA  10:30 Functional Fitness 3SO  11:15 Daily Chronicles 3 SO  12:00 Red Hat Society lunch DR  1:15 Executive Comm. P  2:00 Family Feud L  4:00 Word Games L  6:00 Hymn Sing 1 SE |
| 11 Wed | 12 Thurs | 13 Fri |
| **11**  9:15 Fun and Fitness A  10:15 Tai Chi/Yoga P  10:30 Catholic Mass Chp.  11:00 Inga’s Items L  11:15 Daily Chronicles L  1:30 Poetry Group P  2:00 Lets go Hollywood L  4:00 Ripley’s Believe it or not L  6:00 Dance Fever L  7:00 Bible Study Chp. | **12**  9:30 Coffee Hour L  10:00 Hermitage Guild presentation A  10:30 Film: Ch2  10:30 Functional Fitness 3SO  11:15 Daily Chronicles 3SO  1:00 Drake Hearing P  2:00 Midtown Happy Hour/  Popcorn L  4:00 Old Model Cars L  6:00 Lights/Camera/Action L  Oldies but Goldies | **13**  9:15 Fun and Fitness A  9:30 Netflix Movie Classic Ch. 2  10:00 Rainbow Nails BS  10:30 Functional Fitness 3 SO  11:15 Daily Chronicles 3SO  2:00 Guess Who L  3:00 Bingo A  3:00 Current Events 6Lge  4:00 Remember When L  6:00 Violinist/singer Vladimir L |
| 14 Sat | CODE KEYS | CODE KEYS |
| 10:00 Music Appreciation 2 SO  11:15 Daily Chronicles L  2:00 Ice-Cream Social L  6:15 Mini Series: John Adams Ch 2 | A-Auditorium  BRZ-Breezeway  B- Bus Ride  CA-Creative Arts Room  Ch.2-Channel 2  Chp. –Chapel  DR-Dining Room  FL-Front Lawn  FR-Fitness Room  GL-Garden Level  GR-Game Room  LG-Laurel Grove  L-Lobby  L-Ch.2-Lobby on Channel 2  Lib-Library  1-1st Floor | 2-2nd Floor  3-3rd Floor  4-4th Floor  5-5th Floor  6-6th Floor  P -Penthouse  Points for Prize -Highlighted in red  Accumulated points win prize  SO-Solarium Odd  SE-Solarium Even  Lge-Lounge  BS-Beauty Shop  SDR-Staff Development Room  SW-Showcase Window |

HAVE A WONDERFUL WEEK

|  |  |  |
| --- | --- | --- |
| 15 Sun | 16 Mon | 17 Tue |
| 9:30 Sunday School Chp.  10:45 Worship  Church of the Resurrection A  11:30 Daily Chronicles L  2:00 Movie Matinee Ch. 2  4:00 Singer Jocelyn Jackson L  6:30 Vesper Service P | 9:15    Fun and Fitness  A  9:30   Coffee Hour  L  10:30  Bible Study- Chp.  10:30  Functional Fitness  3 SO  11:15 Daily Chronicles 3SO  2:00   Carmen’s Cultural Mix P  3:00   Scenic Ride B  4: 00   Word Challenge L  6:15 Family Ties Ch. 2 | 9:15 Shopping at Shoppers B  10:30 Functional Fitness 3 SO  11:15 Daily Chronicles 3SO  2:00 Library Committee Mtg. Lib.  2:00 Blurt it L  3:00 Word Games L  4:00 Know my Neighbor L  6:00 Hymn-Sing 1SE |
| 18 Wed | 19 Thurs | 20 Fri |
| 8:00 Lifeline Screening A  9:15 Fun and Fitness A  10:15 Tai Chi/Yoga P  10:30 Catholic Mass Chp.  11:00 Lunch Bunch- Silver Diner B  11:15 Daily Chronicles L  2:00 Creative Arts with Kay CA  2:00 Hospitality Comm. Mtg. 1SE  4:00 Internet Action L  6:00 Lights/Camera/Action movie L  Identity Theft  7:00 Bible Study Chp. | 9:30 Coffee Hour L  10:30 St. John’s Senior Saints  L  11:15 Daily Chronicles L  2:00 Midtown Happy Hour/  Popcorn L  4:00 Crossword Puzzles L  6:15 Resident Council Mtg. A | 9:15 Fun and Fitness A  9:30 Young at Art B  9:30 Netflix Movie Classic Ch. 2  10:00 Rainbow Nails BS  10:30 Functional Fitness 3SO  11:15 Daily Chronicles 3SO  2:00 Computer 101  3:00 Bingo A  3:00 Current Events 6Lge  4:00 Word Scramble L  6:00 Dance Fever L |
| 21 Sat | CODE KEYS | CODE KEYS |
| 10:00 Music Appreciation 2 SO  11:15 Daily Chronicles L  2:00 Yoga with Bonnie P  6:15 Mini Series: John Adams Ch 2 | A-Auditorium  BRZ-Breezeway  B- Bus Ride  CA-Creative Arts Room  Ch.2-Channel 2  Chp. –Chapel  DR-Dining Room  FL-Front Lawn  FR-Fitness Room  GL-Garden Level  GR-Game Room  LG-Laurel Grove  L-Lobby  L-Ch.2-Lobby on Channel 2  Lib-Library  1-1st Floor | 2-2nd Floor  3-3rd Floor  4-4th Floor  5-5th Floor  6-6th Floor  P -Penthouse  Points for Prize -Highlighted in red  Accumulated points win prize  SO-Solarium Odd  SE-Solarium Even  Lge-Lounge  BS-Beauty Shop  SDR-Staff Development Room  SW-Showcase Window |

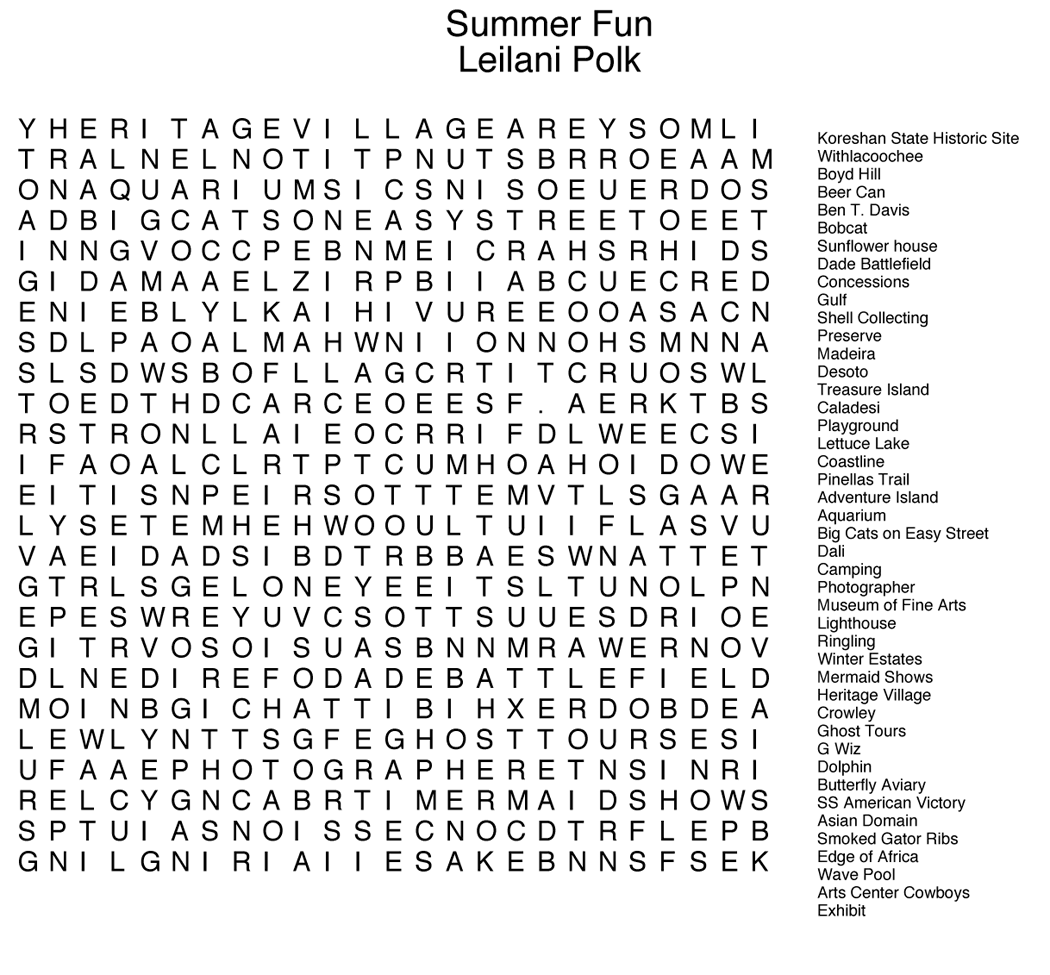
HAVE A WONDERFUL WEEK

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 22 Sun | 23 Mon | | 24 Tue | |
| 9:30 Sunday School Chp.  10:45 Hermitage Worship A  11:30 Daily Chronicles L  2:00 Movie Matinee Ch. 2  2:00 New Resident Welcome  Social L  6:30 Vesper Service P | 9:15 Fun and Fitness A  9:30 Coffee Hour L  10:30 Bible Study- Chp.  10:30 Functional Fitness 3SO  11:15 Daily Chronicles 3SO  11:30 Activity Innovation  Forum L  2:00 Mind Trap  3:00 Scenic Ride B  4:00 Word Combination L  6:15 Family Ties Ch. 2 | | 9:15 Walmart Shopping B  10:00 Creative Arts CA  10:30 Functional Fitness 3 SO  11:15 Daily Chronicles 3SO  2:00 Don’t Quote Me L  3:00 Crossword Puzzles L  4:00 Book Review L  6:00 Hymn-Sing 1 SE | |
| 25 Wed | 26 Thurs | | 27 Fri | |
| 9:15 Fun and Fitness A  10:15 Tai Chi  10:30 Catholic Mass Chp.  11:15 Daily Chronicles L  12:00 It’s your Birthday DR  1:30 Poetry Group P  2:00 Exercise ER  4:00 The Great Debate L  6:00 Dance Fever L  7:00 Bible Study P | 9:30 Coffee Hour L  10:30 Film: Ch 2  10:30 Functional Fitness 3SO  11:15 Daily Chronicles 3SO  2:00 Staff Summer Sport  Spectacular FL  4:00 Trivia Pursuits L  6:00 Lights/Camera/Action L  Oldies but Goldies | | 9:15 Fun and Fitness A  9:30 Netflix Movie Classic Ch. 2  10:00 Rainbow Nails BS  10:30 Functional Fitness 3 SO  11:15 Daily Chronicles 3 SO  1:00 Barnes and Noble Trip B  2:00 Spelling Bee L  3:00 Bingo A  3:00 Current Events 6Lge  4:00 Fruits Around the World L  6:00 Accordionist: Ron Onda L | |
| 28 Sat | 30 Mon | | CODE KEYS | |
| 10:00 Music Appreciation 2 SO  11:15 Daily Chronicles 2 SO  2:00 Yoga with Bonnie P  6:15 Mini Series: John Adams  Ch. 2 |  | 9:15 Fun and Fitness A  9:30 Coffee Hour L  10:30 Bible Study Chp.  10:30 Functional Fitness 3SO  11:15 Daily Chronicles 3SO  11:30 Activity Innovation  Forum L  1:30 Vaudeville Singer A  3:00 Scenic Ride- B  4:00 Spelling Bee L  6:15 Family Ties Ch. 2 | A-Auditorium  BRZ-Breezeway  B- Bus Ride  CA-Creative Arts Room  Ch.2-Channel 2  Chp. –Chapel  DR-Dining Room  FL-Front Lawn  FR-Fitness Room  GL-Garden Level  GR-Game Room  LG-Laurel Grove  L-Lobby  L-Ch.2-Lobby/ Channel 2 | Lib-Library  1-1st Floor 2-2nd Floor  3-3rd Floor  4-4th Floor  5-5th Floor  6-6th Floor  P -Penthouse  Points for Prize -Highlighted  in red(Accumulated points  win prize)  SO-Solarium Odd  SE-Solarium Even  Lge-Lounge  BS-Beauty Shop  SDR-Staff Development Rm  SW-Showcase Window |
| 29 |
| 9:30 Sunday School Chp.  10:45 Hermitage Worship A  11:30 Daily Chronicles L  2:00 Movie Matinee Ch. 2  4:00 Singer Charlie Lopez L  6:30 Vesper Service |

HAVE A WONDERFUL WEEK

I HOPE YOU ENJOY YOUR ACTIVITIES FOR THE MONTH

|  |  |  |  |
| --- | --- | --- | --- |
| **ACROSS** 1. Walk in water 5. Young sheep 10. Bit of gossip 14. Astringent 15. Poplar tree 16. Rational 17. Coarse file 18. A type of biologist 20. Ways of doing things 22. Income 23. Ottoman officer 24. Daisylike bloom 25. Protuberances 32. Creepy 33. Arm of the sea 34. Preschooler 37. After-bath powder 38. Give off 39. Arithmetic 40. Operative 41. French for "Our" 42. Eagle's nest 43. What's received from parents 45. Slash 49. French for "Word" 50. Goddess of healing 53. Praise 57. Graniteware 59. River of Spain 60. Skin disease 61. Not fluid 62. Narrow opening 63. Bobbin 64. Leave out 65. Oceans | http://mirroreyes.com/crossword/p13numb1.gif | | |
| **DOWN** | | |
| 1. Not cool 2. Wings 3. Powdery dirt 4. Forceful 5. A four-wheel covered carriage 6. Garments of goat hair 7. Got together 8. Make unclear 9. Arid 10. Small islands 11. Corrupt 12. Follow as a result 13. Gauge | 19. Nautical for stop 21. Monster 25. Animal companions 26. Harvest 27. Paris airport 28. Coming after fifth 29. Accustom 30. Not younger 31. Born as 34. Mountain pool 35. Ear-related 36. You (archaic) 38. Many millennia 39. Vegetarian | 41. Daughter of a sibling 42. At the peak of 44. Hinder 45. Lance 46. Javelin 47. Absurd 48. Dromedary 51. If not 52. Absent Without Leave 53. Dry 54. Competent 55. Murres 56. Specks 58. Former boxing champ |



THE HERMIAGE GUILD PRESENTATION

Thursday September 12th 2013 residents are invited to the Hermitage Guild presentation at 10:00 am in the auditorium. Several years ago Virginia United Methodist Church decided the annual awards should be made at the local Hermitage where the volunteer work took place. Last year we made the awards at the 50th celebration of the Hermitage in Northern Virginia. This year Kay Wood will receive the Arlington District Volunteer Award; Messiah Menders will receive the Alexandria District Volunteer Award and Graham Road United Methodist church will receive the Northern Virginia Innkeeper Award. We look forward to presenting these awards to individuals and groups that have provided a strong support to Hermitage NOVA.

Our guest speaker many if not all residents are familiar with is General Vaught who has been facilitating our Sunday school program for a very long time.

C:\Documents and Settings\MKing\Local Settings\Temporary Internet Files\Content.IE5\5HIM07PD\MC900019069[1].wmfPlease join us as we recognize these individuals for their outstanding performance.