

Spaghetti Bolognese



Ingredients:

- 200g spaghetti
- 300g ground beef
- 1 onion, finely chopped
- 2 garlic cloves, minced
- 1 can (400g) diced tomatoes
- 2 tablespoons tomato paste

- 1 teaspoon dried oregano
- Salt and pepper to taste
- Olive oil (for cooking)
- Grated Parmesan cheese (optional)
- Fresh basil or parsley (optional, for garnish)