

## WELCOME AT BEAUTIFUL NATURE ADVENTURE.

Beautiful nature adventure is a team of young, energetic creative tour guides with the major aim of assisting visitors and tourists in exploring the beauty of the slopes of Mountain Kilimanjaro, its people, their unique and fascinating History, traditional practices and Culture.

### A. **ADVENTURE ACTIVITIES: Waterfalls hikes.**

#### Adventure 1

##### **Kilasiya waterfalls physical and mental health programs**



*Very strong and beautiful landforms provide both physical and mental health benefits. Hiking down-up the beautiful and adventurous trails while exchanging*

*breaths with nature is worthwhile.*



#### Adventure 2

##### **River hike;**

*Offers an opportunity to witness two waterfalls at Moonjo river of Mteshane and Ndeurambari respectively provide natural Swimming pools.*



#### Adventure 3

##### **Lerewiti waterfalls;**

*Hiking down the path gives a beautiful view of Pare and Usambara Mountains in the horizon through the great Whona river valley.*



#### Adventure 4

**Ndoro waterfalls:** *The longest waterfalls in Moonjo River and Marangu, the joint of Moonjo and Whona Rivers to form the great Whona River is found at the fall of its water. Experience adventure mixed with an automatic workouts that gives an opportunity to see various vegetation cover while changing altitude.*



#### Adventure5

**View point;** *Ngangu hill is a 360° viewing point, which gives an opportunity to see both peaks of mountain Kilimanjaro and Mawenzi on clear sky; also it is the great vantage for other landforms around such as lakes, forests, nearby Hills Mountains and plains. A binocular gives the best and detailed view.*



#### Adventure 6

##### **Hot springs;**

*Chemka Hot springs are natural springs which produce warm water throughout the year as water are penetrating through hot rocks, swimming at the natural hot springs water is a very great aerobic exercise apart from being a natural sauna.*





## **B. CULTURAL ACTIVITIES**

### **1. Coffee Processing, spice and Herbal Tea (Flower and eco- tour bonus)**

*At Manyangwe Riverside Coffee transformation get to experience an activity full of fun of a step by step processing of locally transforming Arabica coffee beans into beverage. A ceremony taking place at a setting surrounded with useful plants and flowers. Learn history of coffee plant in Tanzania, prepare and drink Coffee Spice and Herbal Tea for their multiple health benefits.*



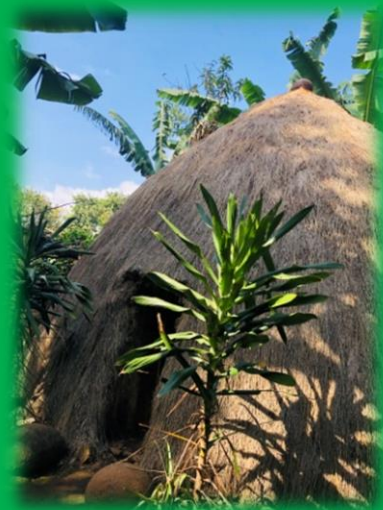
### **2. Traditional chagga culinary and beverages;**

*Manyangwe riverside local foods and drinks give an appropriate opportunity for learning and engaging on the preparation and taste of chagga traditional foods and liquor.*

## **C. HISTORICAL ACTIVITIES:**

### **1. Chagga live museum**

*This site provides a detailed historical background concern chagga and other ethnic groups their traditional practice, culture, local tools and equipments.*







## 2. **Ancient chagga caves**

*These are the underground tunnels constructed by chagga ancestors during tribal conflict of 16C which had contributed to proliferation of the ethnic group in the region. Learn tactics and techniques used to defend, fight and protect the tribe against their enemies.*



+255696246801



+255752450750



victorelivesco.

Email; [victorkessy51@gmail.com](mailto:victorkessy51@gmail.com)