

Liffey Valley AC Winter League of Races 2022/23

Provisional Rank	Athlete	Cake Race	5k Cross Country	XC Championship	Avondale Cup	2 Mile Road Race	Bonus for competing in all races	Total
1	Rebecca McLoughlin	50	35	50			10	145
2	David Carroll	39	44	50			10	143
3	Patrick Fox	45	36	50			10	141
4	Bernard O'Sullivan	20	50	50			10	130
5	Matt Blyth	38	31	50			10	129
6	Orla Gordon	27	41	50			10	128
7	Arnaud Benjacar	29	38	50			10	127
8	John Touhy	41	26	50			10	127
9	Mollie O'Donnell	36	25	50			10	121
10	Keith Lunders	23	37	50			10	120
11	Hilary McDonnell	16	40	50			10	116
12	Una Reilly	22	34	50			10	116
13	Pat Collins	18	33	50			10	111
14	Brigid Long	30	21	50			10	111
15	Joe Cooper	25	23	50			10	108
16	Siobhán Nugent	24	22	50			10	106
17	Tom Breheny		45	50				95
18	Paul Balfe	34		50				84
19	Geoffrey Alexandre		32	50				82
20	Peter Bowe		29	50				79
21	Alejandro		27	50				77
22	Stephanie Hawkins	26		50				76
23	Sergei Dolgy		24	50				74
24	Michael Ferreira	43	28					71
25	Tom O'Connor	31	30					61
26	Javier Silvan			50				50
27	Conor O'Loughlin			50				50
28	Paddy Reilly			50				50
29	Jim Davis			50				50
30	Paulius			50				50
31	Brendan Beere	44						44
32	Pierce Geoghegan		43					43
33	Sile Muldowney	42						42
34	Seán O'Meallaigh		42					42
35	Ciara Broderick Farrell	40						40
36	Michelle Skeath	19	20					39
37	Conor Galvin		39					39
38	Elle O'Driscoll	37						37
39	Tom Ward	35						35
40	Ben O'Connor	33						33
41	Peter Arthur	32						32
42	Tito Lo	28						28
43	Aoife Brady	21						21
44	Stephen Coughlan	17						17