

## Liffey Valley AC Winter League of Races 2022/23

Provisional Rank	Athlete	Cake Race	5k Cross Country	XC Championship	Avondale Cup	Bonus for competing in all races	2 Mile Road Race	Total
1	Patrick Fox	45	36	50	50	10		191
2	David Carroll	39	44	50	42	10		185
3	Arnaud Benjacar	29	38	50	43	10		170
4	John Touhy	41	26	50	37	10		164
5	Hilary McDonnell	16	40	50	45	10		161
6	Mollie O'Donnell	36	25	50	28	10		149
7	Una Reilly	22	34	50	32	10		148
8	Joe Cooper	25	23	50	39	10		147
9	Pat Collins	18	33	50	29	10		140
10	Brigid Long	30	21	50	36			137
=11	Tom Breheny		45	50	40			135
=11	Rebecca McLoughlin	50	35	50				135
13	Bernard O'Sullivan	20	50	50				120
14	Matt Blyth	38	31	50				119
15	Orla Gordon	27	41	50				118
=16	Keith Lunders	23	37	50				110
=16	Paul Balfe	34		50	26			110
=18	Siobhán Nugent	24	22	50				96
=18	Michael Ferriera	43	28		25			96
20	Seán O'Meallaigh		42		44			86
21	Conor O'Loughlin			50	35			85
22	Paulius Zeimys			50	33			83
23	Geoffrey Alexandre		32	50				82
24	Peter Bowe		29	50				79
25	Alejandro		27	50				77
26	Stephanie Hawkins	26		50				76
=27	Sergei Dolgy		24	50				74
=27	Paddy Reilly			50	24			74
29	Jim Davis			50	22			72
30	Tom Ward	35			30			65
31	Tom O'Connor	31	30					61
32	Javier Silvan			50				50
33	Brendan Beere	44						44
34	Pierce Geoghegan		43					43
35	Sile Muldowney	42						42
36	Shauna Dunne				41			41
37	Ciara Broderick Farrell	40						40
=38	Michelle Skeath	19	20					39
=38	Conor Galvin		39					39
40	Ciaran Reilly				38			38
41	Elle O'Driscoll	37						37
42	Kevin McDonnell				34			34
43	Ben O'Connor	33						33
44	Peter Arthur	32						32
45	David Van Buren				31			31
46	Tito Lo	28						28
47	Mary Ellen Ryan				27			27
48	John Costigan				23			23
49	Aoife Brady	21						21
50	Stephen Coughlan	17						17