Liffey Valley AC Winter League of Races 2023/24								
Provisiona	l							
Rank	Athlete	Cake Race	5k XC	XC Championship	Avondale Cup	Bonus	Worst Score	Grand Total
1	Bernard O'Sullivan	50		50	45			145
2	John Touhy	34	33	50	44	10	-33	138
3	Mark Naylor		41	50	43			134
4	Alex Du Marquez	43	40	50				133
5	Eddie McGrath	35	24	50	34	10	-24	129
6	Cormac Long		44	50	35			129
7	Anthony McMahon	45		50	32			127
8	Patrick Fox		38	50	38			126
9	David Carroll	40	32	50				122
10	Joe Cooper	30	35	50				115
11	Pat Collins	28	26	50	26	10	-26	114
12	Rebecca McLoughlin		27	50	33			110
13	Tom O'Connor	23	36	50				109
14	Paddy Reilly		23	50	27			100
15	Alejandro Cavallo		42	50				92
16	Conor Galvin		45		42			87
	Aoife Brady	37		50				87
18	Conor O'Loughlin			50	36			86
	Geoffrey Alexandre	36			50			86
20	Óisin Murphy	44			41			85
21	Brigid Long			50	31			81
22	Orla Gordon	26		50				76
23	Jeanne Nicollier	25		50				75
24	Donal Iremonger	38	37					75
25	James McKenna	32	39					71
26	Melissa Thompson		31		39			70
27	Annie Gittens		30		37			67
28	Tom Ward	31	29					60
29	Siobhán Nugent			50				50
	Gavin Curran		50					50
	Heather Browning			50				50
	Pierce Geoghegan			50				50
33	Michael Ferreira		43					43
34	Keith Lunders	42						42
35	Simon Monds	41						41
36	Aifric Gallagher				40			40
37	John Parker	39						39
38	Brianna McGhee		34					34
39	Tommy Breheny	33						33
40	Hilary McDonnell				30			30
41	Antonio Lorente	29						29
	Jen Preston				29			29
43	Úna Reilly		28					28
	Arnaud Benjacar				28			28
45	Julie Long	27						27
46	Michelle Skeath		25					25
47	Sean Ó'Meallaigh	24						24
48	Sean Conneally	22						22
49	Grand Total	854	832	1150	760	30	-83	3543