

# Biofreeze Irish Runner 5K 2025 (2025) 5k (M) Team Results

Place	Team	GrossTime		
1	Dundrum South Dublin A.C.	01:00:22		
Runner Name	GrossTime	Place(Cat)	Score	Sub Category
Killian MOONEY	00:14:35	3	01:00:22	MS
Emmet JENNINGS	00:14:45	6	01:00:22	MS
Michael MCCARTHY	00:15:00	10	01:00:22	MS
David GORMLEY	00:16:04	32	01:00:22	MS
2	Raheny Shamrock A.C.	01:02:40		
Runner Name	GrossTime	Place(Cat)	Score	Sub Category
Kieran KELLY	00:14:36	4	01:02:40	M35
Kevin BYRNE	00:15:42	21	01:02:40	MS
Cillian O'LEARY	00:15:53	26	01:02:40	M45
Robert FREWEN	00:16:31	49	01:02:40	MS

Place	Team	GrossTime
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3	Galway City Harriers A.C.	01:03:59
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Aaron BRENNAN	00:15:39	19	01:03:59	MS
James ELGAR	00:15:48	24	01:03:59	M40
Chris JONKER	00:16:14	41	01:03:59	MS
Conor BYRNE	00:16:20	44	01:03:59	M35

4	Clonliffe Harriers A.C.	01:05:27
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Sean DORAN	00:15:23	13	01:05:27	MS
Malcom KIPLAGAT	00:16:07	35	01:05:27	MS
Mick MCMAHON	00:16:56	70	01:05:27	M45
Maxime BERNARD	00:17:02	74	01:05:27	MS

5	Annadale Striders	01:06:29
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Brandon MCKEOWN	00:15:38	17	01:06:29	MS
Ronan MCAREE	00:16:21	45	01:06:29	MS
Andrew MULLEN	00:17:03	77	01:06:29	MS
Aodhan MCCAY	00:17:29	100	01:06:29	MS

Place	Team	GrossTime
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6	Liffey Valley A.C.	01:06:49
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Geoffrey ALEXANDRE	00:15:54	27	01:06:49	M35
Mark NAYLOR	00:16:42	58	01:06:49	MS
Paddy MURPHY	00:17:03	79	01:06:49	MS
Patrick FOX	00:17:11	86	01:06:49	MS

7	Sportsworld A.C.	01:11:30
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Tom KELLEHER	00:17:08	83	01:11:30	MS
Luke HICKEY	00:17:39	115	01:11:30	MS
Donagh EGAN	00:17:51	128	01:11:30	MS
Stephen O'DONNELL	00:18:53	212	01:11:30	MS

8	Crusaders A.C.	01:12:06
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Luke CLARKE	00:17:02	75	01:12:06	MS
Michael O'CONOR	00:17:48	123	01:12:06	M35
Mikel CRISOSTOMO	00:18:20	161	01:12:06	M35
James SHERRY	00:18:57	220	01:12:06	MS

Place	Team	GrossTime
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9	Dublin Front Runners A.C.	01:12:36
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Ross HUNTER	00:17:03	76	01:12:36	MS
Néill O'SHEA	00:18:19	159	01:12:36	M35
Conor MOHAN	00:18:30	173	01:12:36	MS
Tiernan CAULFIELD	00:18:46	193	01:12:36	MS

10	Skerries A.C.	01:12:59
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Kevin THOMPSON	00:17:24	97	01:12:59	M55
Colm MCCARTHY	00:18:01	138	01:12:59	M40
Gavan FARRELL	00:18:28	171	01:12:59	M45
David DALY	00:19:08	231	01:12:59	M40

11	Rathfarnham W.S.A.F. A.C.	01:13:26
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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David REIDY	00:17:47	122	01:13:26	M45
Michael MURPHY	00:17:57	133	01:13:26	M40
Colm MURRAY	00:18:09	147	01:13:26	M55
Ronan BYRNE	00:19:35	277	01:13:26	M45

Place	Team	GrossTime
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12	Donore Harriers A.C.	01:13:50
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Alex NEWTON	00:18:17	156	01:13:50	M35
Koffi KPOGLO	00:18:22	165	01:13:50	M35
Eoin GROGAN	00:18:24	167	01:13:50	MS
Kishor SHELAKE	00:18:48	198	01:13:50	M35

13	Bray Runners A.C.	01:17:01
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Drew DONOHOE	00:16:11	38	01:17:01	MS
Rory GOLDSMITH	00:18:57	219	01:17:01	M35
Paul DONOHOE	00:19:02	225	01:17:01	M55
Aleksei IVANOV	00:22:53	558	01:17:01	M45

14	Newbridge A.C.	01:19:40
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Dean RYAN	00:16:38	52	01:19:40	M35
Keith BROWNE	00:17:59	136	01:19:40	M35
Conor FARRELL	00:21:07	422	01:19:40	MJ
Ciaran HAUGHTON	00:23:57	624	01:19:40	M35

Place	Team	GrossTime
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15	Mullingar Harriers A.C.	01:22:19
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Andy NEVIN	00:16:03	31	01:22:19	MS
Eddie LYNCH	00:18:29	172	01:22:19	M60
Patrick MULDOON	00:21:50	487	01:22:19	M40
Nicky MCCABE	00:25:59	768	01:22:19	M70

16	Blackrock (Dublin) A.C.	01:23:03
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Brian CAULFIELD	00:17:29	101	01:23:03	M50
Nicholas DONNELLY	00:20:15	340	01:23:03	M50
Arik WARSHAGER	00:21:57	496	01:23:03	M45
Michael WALSHE	00:23:24	594	01:23:03	M40

17	Civil Service Harriers A.C.	01:29:55
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Dermot WOODGATE	00:20:41	382	01:29:55	M60
Vincent O'NEILL	00:21:20	445	01:29:55	M70
Sunil SINGH	00:23:24	593	01:29:55	M40
Philip HANNA	00:24:32	672	01:29:55	M40

Place	Team	GrossTime
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18	Coolock Running Club A.C.	01:30:53
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Anthony BRADY	00:16:40	55	01:30:53	M35
Ian KELLY	00:23:39	605	01:30:53	MS
Shane NOLAN	00:25:09	715	01:30:53	MS
Gregory LOWRY	00:25:27	732	01:30:53	M40

19	Liberties Running Club	01:34:52
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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David SHANAHAN	00:20:22	354	01:34:52	M45
Jack STAPLETON	00:20:23	355	01:34:52	MS
Ian KAVANAGH	00:24:49	689	01:34:52	MS
Greg WALSH	00:29:19	1049	01:34:52	M35

20	Dunboyne A.C.	01:42:18
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Liam HEFFERNAN	00:21:11	429	01:42:18	M40
Stephen O'BEIRNE	00:24:53	695	01:42:18	M55
Alan DOYLE	00:27:01	860	01:42:18	M35
Jamie CASSIDY	00:29:14	1040	01:42:18	MS

Place	Team	GrossTime
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21	D15 Running Club A.C.	01:43:35
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Mick MOONEY	00:24:11	649	01:43:35	M35
Ryan TRAVERS	00:24:12	650	01:43:35	MS
Paddy MURPHY	00:26:53	854	01:43:35	M50
Gordon HUGHES	00:28:21	963	01:43:35	M45

22	Castleknock Running Club	01:56:27
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Martin MOONEY	00:24:14	653	01:56:27	M60
Jordan CROWTHER	00:26:38	832	01:56:27	MS
Garry DONOHOE	00:27:48	926	01:56:27	MS
David O'REILLY	00:37:49	1664	01:56:27	MS

23	Ballymun A.C.	01:59:27
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Runner Name	GrossTime	Place(Cat)	Score	Sub Category
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Aidan MCGRATH	00:20:37	379	01:59:27	M60
Calvin KEARNEY	00:26:33	829	01:59:27	MS
Derek PIGOTT	00:36:09	1549	01:59:27	M40
Evan PIGOTT	00:36:09	1550	01:59:27	MJ



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