




Aura Reading

Level 1

 Online

 15/01 - 25/01



Welcome to the Language of the Spirit

An Initiation into Intuition, Self-Knowledge, Healing, and Transformation

Through this transformative path, you will open the door to your **intuition, self-knowledge, healing, and personal transformation**. This course teaches you to see, feel, and listen to the energy that moves within you and surrounds you, revealing that everything in life begins as energy and that awareness gives you the power to transform it.

Aura Reading is a **conscious conversation between essences**. By reading another person's aura, you support their journey of growth and healing while receiving mirrors and insights that illuminate your own path. Each reading becomes a conscious exchange where both the reader and the person being read are touched and transformed.

This transformation becomes possible by awakening your **clairvoyance, clairsentience, clairaudience**, and other subtle senses. These abilities allow you to connect directly with what is real and receive guidance that leads to freedom, clarity, and growth.

This journey is an invitation into intuition, presence, and truth—a gateway into the mystery of who you are and who you are becoming.



What You Will Experience

Five Transformative Components of Your Journey



Rose Meditation – Levels 1, 2, and 3

The foundation for Aura Reading and powerful technologies to cleanse, recognize and protect your energy field. This meditation practice prepares you to work with subtle energies safely and effectively.



Aura Reading Initiation

Learn how to read your own aura and the aura of others, opening a direct channel to intuition and healing. This skill becomes a conscious technology for constant self-knowledge and spiritual development.



Healing Journeys

A pathway to bring light into the unconscious, revealing past-life impressions, the inner wounded child, masks, fears, and unresolved traumas — so they can finally be seen, understood, and released. Aura reading can open the way for profound emotional and spiritual healing.



Universal Wisdom

Teachings of the chakras, the layers of the aura, Hermetic Principles, and the laws that govern manifestation in this reality. Understanding these universal principles empowers your spiritual practice.



Energy of Love

Exploring the difference between human and divine love, forgiveness, gratitude, compassion, and the healing power of truth. Love becomes the foundation for all transformation.

Who Is This Course For?

Your Call to Awaken Intuition and Transform Your Life



Open Your Intuition

Communicate with your inner truth in a simple, accessible way through the technologies of Aura Reading, bringing clarity to your daily life and spiritual practice.

Release Negative Patterns

Identify and release patterns that block your well-being, creating space for healing, growth, and positive transformation by understanding their dynamics, and learning how to work with the information that is captured from the Aura.

Serve Others Through Reading

Support others on their healing path by reading their auras, while receiving reflections and learnings for yourself in every reading.

Recognize the Spirit and Reveal Your Highest Potential

Empower your own spirit by moving beyond the limitations of the identities shaped by human experience, allowing yourself to break free from the programs that no longer serve you by understanding the Codes of the Rose.

Master Aura Reading

Learn to read your own aura, and the energy fields of people, nature, situations, places and use the technologies of the Rose for constant self-knowledge, personal development, and spiritual evolution.

No Previous Experience Required

Aura Reading is a human capacity that belongs to everyone willing to awaken it. This course welcomes all seekers.



Course Structure – Two Stages

1st Stage: Rose Meditation Levels 1, 2, and 3

January 15th & 16th (Thursday & Friday)

Days	Classes per Day	Hours per Day	Total Hours
2	2	6h	12h

Time Zone	First Class (3h)	Second Class (3h)
San José (CST)	7:00 AM - 10:00 AM	11:30 AM - 2:30 PM
New York (EST)	8:00 AM - 11:00 AM	12:30 PM - 3:30 PM
Brasília (BRT)	10:00 AM - 1:00 PM	2:30 PM - 5:30 PM
London (GMT)	1:00 PM - 4:00 PM	5:30 PM - 8:30 PM

Course Structure – 2nd Stage Overview



2nd Stage: Aura Reading (January 17-25)

The 2nd Stage is divided into three distinct periods with varying schedules. Classes are mandatory in all periods. Weekday practices are flexible (choose one period), but the 2nd weekend is mandatory. The classes will be recorded.

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Activities

1st Weekend

January 17 & 18

Saturday & Sunday

Meditation

1st Class

2nd Class

Focus: Introduction to Aura Reading techniques

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Days

Weekdays

January 19-23

Monday to Friday

Mandatory Class

Morning session

Optional Practices

Focus: Flexibility in practice timing

4

Activities

2nd Weekend

January 24 & 25

Saturday & Sunday

Meditation

1st Class

Practice

2nd Class

Focus: Consolidation & Practical Application



Aura Reading – 1st Weekend Schedule

January 17th & 18th | Saturday & Sunday

Full Weekend: All activities are mandatory. Plan your day to participate in all sessions.

Time Zone	Rose Meditation 30 minutes	First Class 2.5 hours	Second Class 2.5 hours
San José (CST)	7:00 AM - 7:30 AM	8:00 AM - 10:30 AM	12:00 PM - 2:30 PM
New York (EST)	8:00 AM - 8:30 AM	9:00 AM - 11:30 AM	1:00 PM - 3:30 PM
Brasília (BRT)	10:00 AM - 10:30 AM	11:00 AM - 1:30 PM	3:00 PM - 5:30 PM
London (GMT)	1:00 PM - 1:30 PM	2:00 PM - 4:30 PM	6:00 PM - 8:30 PM



Aura Reading – Weekdays Schedule

January 19th - 23rd | Monday to Friday

Important: Classes are mandatory every day. For practices, you can choose to participate in just one period (First or Second Practice) and if you can be present to both of them, even better!

Mandatory Classes:

Activity	Duration	San José Mexico City (CST)	New York (EST)	Brasília (BRT)	London (GMT)
Rose Meditation	30 min	7:00 AM - 7:30 AM	8:00 AM - 8:30 AM	10:00 AM - 10:30 AM	1:00 PM - 1:30 PM
Main Class	2.5h	8:00 AM - 10:30 AM	9:00 AM - 11:30 AM	11:00 AM - 1:30 PM	2:00 PM - 4:30 PM

Practices (Choose 1 Period):

Period	Duration	San José Mexico City (CST)	New York (EST)	Brasília (BRT)	London (GMT)
First Practice	1.5h	11:30 AM - 1:00 PM	12:30 PM - 2:00 PM	2:30 PM - 4:00 PM	5:30 PM - 7:00 PM
Second Practice	1.5h	2:00 PM - 3:30 PM	3:00 PM - 4:30 PM	5:00 PM - 6:30 PM	8:00 PM - 9:30 PM
European Time Practice	1.5h	3:00 AM - 4:30 PM	4:00 AM - 5:30 AM	6:00 AM - 7:30 AM	9:00 AM - 10:30 AM



Aura Reading – 2nd Weekend Schedule

January 24th & 25th | Saturday & Sunday

Classes & Meditation:

Attendance at classes and rose meditation is mandatory for all participants.

Mandatory Practice:

Unlike the week, the practice on the 2nd weekend is mandatory and not optional.

Time Zone	Meditation (30min)	First Class (2h)	Mandatory Practice (1h)	Second Class (2h)
San José (CST)	7:00 AM	8:00 AM	10:30 AM	12:30 PM
	7:30 AM	10:00 AM	11:30 AM	2:30 PM
New York (EST)	8:00 AM	9:00 AM	11:30 AM	1:30 PM
	8:30 AM	11:00 AM	12:30 PM	3:30 PM
Brasília (BRT)	10:00 AM	11:00 AM	1:30 PM	3:30 PM
	10:30 AM	1:00 PM	2:30 PM	5:30 PM
London (GMT)	1:00 PM	2:00 PM	4:30 PM	6:30 PM
	1:30 PM	4:00 PM	5:30 PM	8:30 PM



To read energy, first you need to know your own.

This is why the 1st Stage of Aura Reading Level 1 is Rose Meditation.

In this way, it is possible for you to choose taking only Rose Meditation, if it feels right for your moment.
The next pages introduce this foundational practice, and will help you to make your decision.

The Rose Meditation is more than a technique, is a technology



An initiatic path to remember who you are

Through the simple yet powerful technology of the roses, you will learn how to cleanse and protect your Aura, so that you no longer live like a sponge, absorbing energies that don't belong to you.

Everyday, we are surrounded by energies — from people, memories, situations, environments, even our own thoughts. When we are unaware, these energies stick to us, creating confusion, heaviness, and programs that cloud who we truly are.

By cleansing and protecting your energy field, you begin to live in the presence of your own essence. You recover your vitality, raise your vibration, and create space for your soul to manifest with clarity and power.

The Rose Meditation is a key to remembering yourself — to stand rooted in your own truth, connected to the energies of Earth and Cosmos, and present to the sacred space within you.

Content and Journey



LEVEL 1 – Understanding How Your Aura Works

- Cleanse and protect your Aura;
- Become aware of your own energy field;
- Root yourself and bring presence into life and meditation;
- Separate what is yours from what belongs to others;
- Open to receive the nourishing energy of Earth and Cosmos;
- Recover scattered energy and raise your vibration.



LEVEL 2 – Empowering Yourself

- Discover what your Aura carries
- Transmute energies from the past and present
- Cleanse and understand the 7 chakras
- Explore the 7 layers of the Aura and how to cleanse them
- Protect and purify physical environments
- Create your Sacred Space in consciousness
- Touch your essence through roses, roses, and more roses



LEVEL 3 – Spiritual Awareness

- Understand spiritual agreements and energetic cords
- Explore the 5 bodies of your being
- Release energetic ties
- Free yourself from the energies of past sexual relationships
- Work with beliefs to go beyond them
- Cleanse mental programs
- Learn the Mock Up – a technique for Reality Creation

The Rose Meditation is the first stage of Aura Reading Level 1, so, the detailed schedule you can see [clicking here](#)



Angelina Ataíde

Co-founder and Guardian of Lineage - International Aura & Dreams School

Pioneer in Aura Reading education in Brazil, Angelina Ataíde has dedicated her life to spiritual development and training aura readers for over three decades. With a journey marked by passion for transmitting ancestral knowledge in an accessible and transformative way, she has received and developed a **unique methodology** that has already trained thousands of students, therapists, and teachers throughout the country.

Angelina is recognized for her **transformative and profound approach**, combining spiritual wisdom with practical techniques for daily life that allow her students to develop their intuitive abilities safely and consistently.



Diego Dosal

Co-founder & Architect of Structure - International Aura & Dreams School

Diego Dosal Stieglitz brings the bridge between spirit and structure, weaving inner mastery with the architecture needed for teachings to reach the world. His path **unites spiritual practice, energy work and the creation of communities dedicated to remembrance.**

Within the Aura & Dreams School he carries **the horizontal axis**, developing platforms, systems and frameworks that allow the Rose and Aura teachings to be lived with clarity and coherence.

His presence supports expansion, accessibility and the growth of a global community rooted in truth and simplicity. Recognized for harmonizing intuition with strategy, Diego serves the School by building the **foundations that allow inner transformation to become a lived reality across cultures.**



Dara Ayoub

Guardian of the Community and Programs - International Aura & Dreams School

With a background rooted in multiple traditions of self-knowledge, Dara Ayoub developed an approach that **integrates body, mind, and spirit** with reverence, cultivating a holistic and harmonious understanding of all layers of existence.

In the International Aura School, she supports structural development, the creation and delivery of Programs and Courses, mediating as well the organizational flow. Blending intuitive listening with grounded clarity, Dara **ensures sustainable growth and a nurturing environment for all students.**

As Guardian of the Birthday Aura Reading, Dara upholds the practice's highest purpose: bringing individuals back to **the remembrance of their true essence.**



Peggy Mars

Guardian of the Methodology - International Aura School

Peggy Mars **creates bridges between cultures, communities, and inner worlds**. With over a decade walking the Aura Reading path, she integrates emotional, ancestral, and spiritual layers with clarity and compassion.

She is the Guardian of the **Birth Oracle**, a sacred reading that reconnects us with our first memories, our purpose on Earth, and the path from where we come and where we are going.

At the International Aura & Dreams School, Peggy **sustains authentic connection** between teachers and students, supporting each person to remember who they truly are.



Invest in Your Transformation

Your Path to Aura Reading Level 1 or Rose Meditation

We offer this work in devotion and invite you to choose the contribution that reflects your truth and your current reality. Each experience is held with depth, presence and precision, and your participation directly supports the foundation that will allow this work to reach more people around the world.

Aura Reading Level 1

Your Investment

\$888 — \$2111

**Rose Meditation included*

Rose Meditation

Your Investment

\$222 — \$777

**For the ones only joining Rose Meditation*

We trust you to contribute from clarity, sincerity and alignment, knowing that what you offer sustains the field and helps expand this work into the world.

Start Your Aura Journey



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