Definition of Documents

the main table: email
JSON examples:
1. emails:{
    id
    title
    content
    created_time
    sent_time
    sender_id
    receiver_id
    attachments:[
        {
            id1,
            file1,
        },
        {
            id2,
            file2,
        }
    ]
}
2. folders:[
    email_id,
    foldername,
    user_id
]
3. users:[
    id
    username
    password
    email
    cellphone
    address
    birthday
    contacts:[
        {
            Id1,
        }
        {
            Id2,
        }

```
        {
            Id3,
        }
        {
            Id4,
        }
    ]
]
```