

SKIN CARE DIAGNOSIS REPORT : Anjali

Analysis result :

Skin Type :You Have Oily Skin

1.epidermal health :

Smoothness--- 80% - 100%

Hydration----- 80% - 100%

Dry Patches---- No

2.Skin Support :

Wrinkles----- 20% - 60%

Sagging----- No

3.Pigmentation :

Tan----- 60% - 100%

Spots----- 0% - 10%

Patches----- 0%

4.Texture :

Open Pores----- 0% - 20%

Acne----- 10%

Suggestions For Your Problems :

Wrinkles : Bananas contain natural oils and vitamins that can boost skin health. Experts recommend applying banana paste to the skin: Mash a quarter of a banana until it becomes a smooth paste. Put a thin layer of the banana paste on your skin and allow it to sit for 15 to 20 minutes before rinsing it off with warm water.

Tan : Sandalwood or Chandan is an excellent ayurvedic ingredient to remove tan. Along with eliminating tan, sandal also acts as a cure for acne, dark spots and many other skin problems.Honey and papaya face pack

Acne : Honey has been used to treat skin conditions, such as acne, for thousands of years. It contains many antioxidants that can help to clear waste and debris from clogged pores. Doctors use honey in wound dressings because of its antibacterial and wound-healing properties. Using a clean finger or cotton pad, rub a little honey into pimples. Otherwise, add honey to a face or body mask.

Habits to change :

**** Drink More Water :** Drinking at least 3-4 litres a day will help rid the body and skin of toxins. Consuming an adequate amount of water everyday gives you fresh, soft and glowing skin. It helps maintain the optimal body temperature, keeping the skin moist. It hydrates and replenishes the skin tissues leading to an increase in the skin's elasticity.

Thank you! Visit again!