

Kadamba Mess Menu Spring 2022 (w.e.f 01.07.2022)

| Meal | Items | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------|--------------------------|------------------------------|-------------------------------|------------------------------------|------------------------|----------------------------------|-------------------------|---|
| Breakfast | <i>Item 1</i> | Poori | Idly | Wada | Uttapam | Paratha (Aloo/ Paneer) | Dosa (Allo/Corn) | Idly |
| | <i>Item 2</i> | Semiya | Poha | Bread -Butter-Jam | Veg. Upma | Uggani | Cornflakes | Bread -Butter-Jam |
| | <i>Accompanians</i> | Aloo ki Bhaji | Sambhar, Chutney | Sambhar,Chutney | Sambhar,Chutney | Raitha, Chutney | Sambhar, Chutney | Sambhar, Chutney |
| | <i>Beverages</i> | Tea, Coffee and Milk | Tea, Coffee and Milk | Tea, Coffee and Milk | Tea, Coffee and Milk | Tea, Coffee and Milk, | Tea, Coffee and Milk | Tea, Coffee and Milk |
| | <i>Fruits</i> | Muskmelon/Pineapple | Water Melon | Banana | Papaya | Muskmelon | Banana | Water Melon |
| Lunch | <i>Wet Curry</i> | Rajma | Broad Beans & Tomato | Special Curry | Gobi/ Cluster Bean | Mix Veg Paneer | Khadi Pakodi | Chole |
| | <i>Dry Curry</i> | Cabbage Tomato | French Fries | | Sambhar | Rasam | Aloo Baigan | Fruit Custard - Sweet |
| | <i>Dal</i> | Sambar | Masoor Daal | Chana Dal | Green Moong Dal | Dal Makhani | Chana Dal Tadka | |
| | <i>Flavoured Rice</i> | Veg. Pulao | Millet Khichidi | Veg. Biryani | Jeera Rice | Pulihora/ Lemon | Millet Khichidi | Veg. Biryani |
| | <i>Plain Rice</i> | White Rice | White Rice | White Rice | White Rice | Whit Rice | White Rice | White Rice |
| | <i>Chutney</i> | Fresh Chutney | Fresh Chutney | Fresh Chutney | Fresh Chutney | Fresh Chutney | Fresh Chutney | Fresh Chutney |
| | <i>Accompanians</i> | Methi Phulka, Curd and Salad | Phulka, Curd ,Salad and Rasam | Phulka, Curd, Raitha, Salad, Papad | Phulka, Curd and Salad | Palak Phulka, Curd, Salad | Phulka, Curd and Salad | Curd, Raitha, Salad and Salan |
| Snacks | <i>Item</i> | Dahi Bhalla/ Sandwich | Papdi chat | Gunta Ponganalu | Samosa | Pav Bhaji/ Vada Pav | Pasta | Bhelpuri |
| | | | | Chutney | Sauce | - | Chutney | Chutney |
| | <i>Beverages</i> | Tea , Coffee and Milk | Tea, Coffee and Milk | Tea , Coffee and Milk | Tea , Coffee and Milk | Tea , Coffee and Milk | Tea , Coffee and Milk | Tea , Coffee and Milk |
| Dinner | <i>Wet Curry</i> | Mailai Kofta Curry | Chole Bhatore | Bhindi Jaipuri/ Bhendi Kurkure | Special Paneer | Beeroot Porial / Karela Fry | Veg/ Gobi Manchurian | Gobhi Matar Gazar ka Bhaji / Chamagadda Fry |
| | <i>Dry Curry/Special</i> | Soup | Spl Sweet | ----- | Wheat -Lachha Paratha | Lauki ka Sabji | Tomato Soup | Soyabeans masala |
| | <i>Dal</i> | Moong Dal | Donda | Pancharang Dal | Toor Dal | Tomato Dal | Moong Dal | Veg. Dal |
| | <i>Steam Rice</i> | White Rice | White Rice & Bagara Pulao | White Rice & Tomato Pulao | White Rice | White Rice | White Rice & Fried Rice | Khichidi and White Rice |
| | <i>Chutney</i> | Fresh Chutney | Fresh Chutney | Fresh Chutney | Fresh Chutney | Fresh Chutney | Fresh Chutney | Fresh Chutney |
| | <i>Accompanians</i> | Butter Naan, Curd and Salad | Curd, Raitha and Salad | Phulka, Curd and Salad | Curd, Salad and Sweet | Phulka/ Chapathi, Curd and Salad | Phulka, Curd and Salad | Triangle Chapathi, Curd and Salad |

Sweet Week- 1 Gulab Jamoon
 Week - 2 Sweet Boondi
 Week- 3 Jalebi
 Week - 4 Kalajamoon
 Week- 5 Semiya Kheer
 Gazar ka Halwa

Paneer Week -1 Paneer Butter Masala
 Week - 2 Mutter Paneer
 Week- 3 Palak Paneer
 Week - 4 Paneer Khurchan
 Week- 5 Paneer Pasanda