

The psychological impact of Quarantine and how to reduce it

Serikbolsyn Tastanbek
Astana IT University
English language instructor

Introduction

Background (situation)

Thesis statement



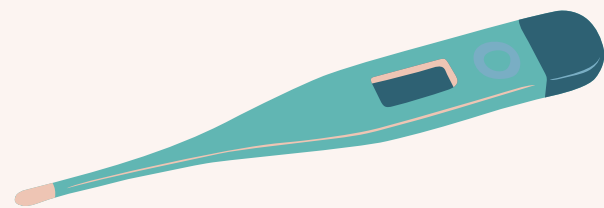
Solution 1

Describe and give evidence



Problem 1

Describe and give evidence



Solution 2

Describe

Give evidence



Problem 2

Describe and give evidence



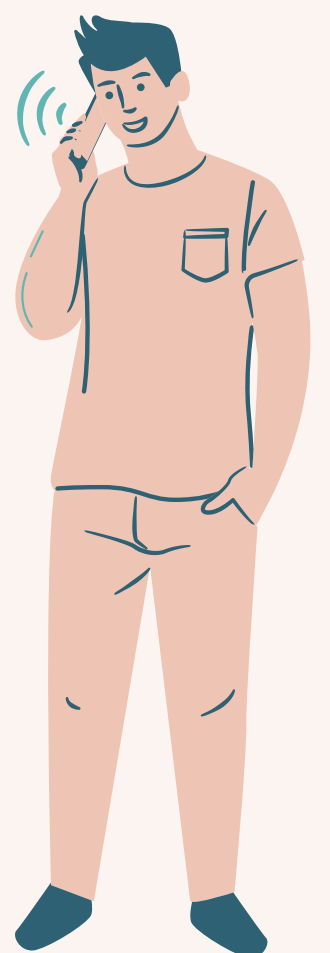
Transition

One sentence or paragraph



Conclusion

Evaluate the solutions and summarize the main points



References

• Brooks, S. (2020). The Psychological Impact of Quarantine. Lancet, 395, pp. 912-920. [https://doi.org/10.1016/S0140-6736\(20\)30460-8](https://doi.org/10.1016/S0140-6736(20)30460-8)