

Cereals Analysis

(Values per cup)

7

Total Manufacturers

77

Total Cereals

143.47

AVG Calories

9.22

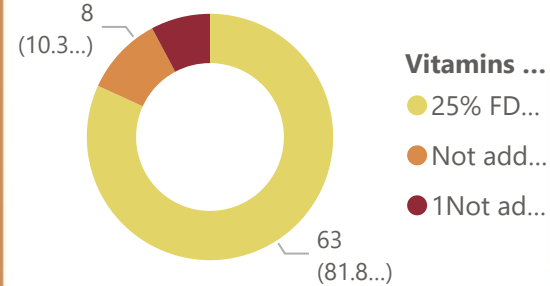
AVG Sugars

42.67

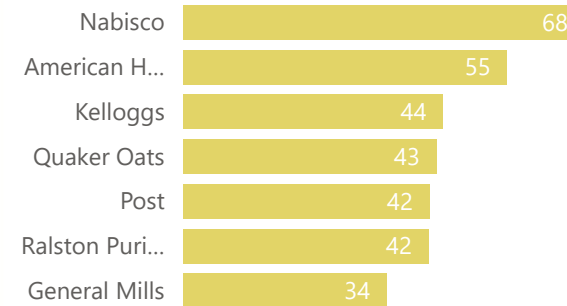
AVG Rating

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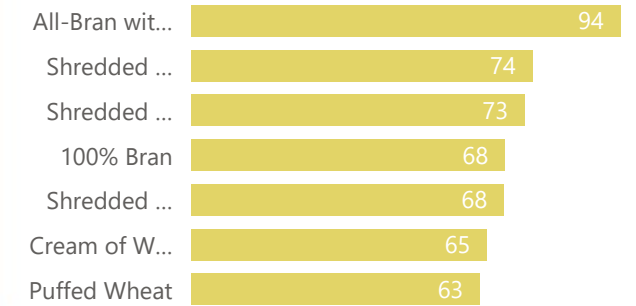
Cereals by Vitamins & Minerals



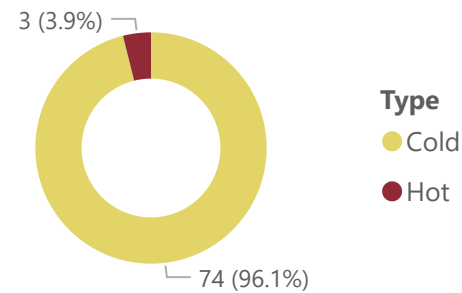
AVG Rating by Manufacturer



Rating by Cereal



Cereals by Type



Cereals by Manufacturer



| Manufacturer | Calories | Complex Carbohydrates | Dietary Fiber | Fat | Potassium | Protein | Sodium | Sugars | Rating |
|--|---------------|-----------------------|---------------|-------------|---------------|-------------|---------------|-------------|--------------|
| <input type="checkbox"/> American Home Food Postproducts | 100.00 | 16.00 | 0.00 | 1.00 | 95.00 | 4.00 | 0.00 | 3.00 | 54.85 |
| <input type="checkbox"/> General Mills | 137.79 | 17.69 | 1.65 | 1.78 | 109.20 | 2.88 | 240.39 | 10.05 | 34.49 |
| <input type="checkbox"/> Kelloggs | 145.35 | 19.60 | 4.80 | 0.98 | 175.40 | 3.80 | 236.46 | 10.21 | 44.04 |
| <input type="checkbox"/> Nabisco | 125.13 | 20.89 | 7.96 | 0.51 | 236.92 | 4.68 | 81.49 | 3.86 | 67.97 |
| <input type="checkbox"/> Post | 194.76 | 24.28 | 5.38 | 1.78 | 203.87 | 4.70 | 253.73 | 12.71 | 41.71 |
| <input type="checkbox"/> Quaker Oats | 124.81 | 13.11 | 1.88 | 2.20 | 102.20 | 3.72 | 127.78 | 6.99 | 42.92 |
| <input type="checkbox"/> Ralston Purina | 133.87 | 20.60 | 2.39 | 1.46 | 107.05 | 2.96 | 237.40 | 7.19 | 41.54 |
| Total | 143.47 | 19.09 | 3.60 | 1.44 | 148.86 | 3.62 | 213.26 | 9.22 | 42.67 |

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AVG Rating

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Parameter

| | | | |
|---------------------------|-------------------|---------------|------------|
| AVG Calories | AVG Dietary Fiber | AVG Potassium | AVG Sodium |
| AVG Complex Carbohydrates | AVG Fat | AVG Protein | AVG Sugars |

AVG Calories and AVG Rating by Manufacturer

