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Week 2

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Last Lecture

Short Paper

I found Randy Pausch's "Last Lecture" to be very relevant to my current outlook on life. Initially I struggled to connect when discussing childhood dreams because I never had much of one that allowed me to be in that state of mind. It reminded me of regrets I carry towards life choices I have made and where I stand in social norms. I had a twinge of "I'm so behind" which is such a lonely feeling. As his lecture went on though, it reassured the mindset I have been practicing that has alleviated much of the stress these thoughts can cause. In reality I have dealt with a lot and overcome so much learning each step of the way. As I'm in the midst of self improvement and rediscovery, I find myself having the goals and dreams that I had neglected to build in adolescence. I am feeling more fulfilled because I am being true to myself. It reminded me of a wonderful book I frequently reference called "Wabi Sabi" by Beth Kempton. It teaches the named Japanese concept of accepting and appreciating the beauty of life's transience and imperfection. I highly recommend it.