2004 ISL A5

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Problem

If a, b, c are three positive real numbers such that ab + bc + ca = 1, prove that

$$\sqrt[3]{\frac{1}{a} + 6b} + \sqrt[3]{\frac{1}{b} + 6c} + \sqrt[3]{\frac{1}{c} + 6a} \le \frac{1}{abc}.$$

Solution

Let

$$x = \sqrt[3]{\frac{1}{a} + 6b}, y = \sqrt[3]{\frac{1}{b} + 6c}, z = \sqrt[3]{\frac{1}{c} + 6a}.$$

Then by CS, we have

$$(1+1+1)(1+1+1)(x^3+y^3+z^3) \ge (x+y+z)^3.$$

Thus we have

$$\sqrt[3]{\frac{1}{a} + 6b} + \sqrt[3]{\frac{1}{b} + 6c} + \sqrt[3]{\frac{1}{c} + 6a} \le \sqrt[3]{9\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + 6a + 6b + 6c\right)}$$

$$= \sqrt[3]{9\left(\frac{ab + bc + ca + 6(abc)(a + b + c)}{abc}\right)}$$

$$= \sqrt[3]{9\left(\frac{1 + 6(abc)(a + b + c)}{abc}\right)}$$

Claim 1. $6(abc)(a+b+c) \le 2(ab+bc+ca)^2$

Proof. Dividing by 2 on both sides and expanding it remains to prove

$$a^{2}bc + ab^{2} + abc^{2} \le a^{2}b^{2} + b^{2}c^{2} + c^{2}a^{2}$$
.

If we let x = ab, y = bc, z = ca then we get

$$xy+yz+zx \leq x^2+y^2+z^2$$

which is obvious by rearrangement inequality.

Because Claim 1, we have

$$\sqrt[3]{\frac{1}{a} + 6b} + \sqrt[3]{\frac{1}{b} + 6c} + \sqrt[3]{\frac{1}{c} + 6a} \le \sqrt[3]{9\left(\frac{1 + 2(ab + bc + ca)^2}{abc}\right)}$$

$$= \sqrt[3]{9\left(\frac{3}{abc}\right)}$$

$$= \frac{3}{\sqrt[3]{abc}}$$

$$= \frac{3\sqrt[3]{abc}}{abc}$$

$$= \frac{3\sqrt[3]{a^2b^2c^2}}{abc}$$

$$\le \frac{ab + bc + ca}{abc}$$

$$= \frac{1}{abc}$$