9. In spite of the fact you won't understand a word, your whole body still responds with congeniality意气相投 and acceptance\_ 10. A Self-Fulfilling Prophecy预言,love begets产生love, like begets like, respect begets respect 11. In addition to being liked, you want to appear credible, intelligent, and sure of yourself. 7 How to Come Across as 100 Percent Credible to Everyone 1. many large companies turn to the polygraph测谎仪, or lie detector, a mechanical apparatus designed to detect if someone is lying.

2. Banks, drug stores, and grocery stores rely heavily on it for pre-employment screening.

5. When you master them, you will be able-like Donnie-to melt the heart of everyone you touch.

6. The aim is to make you a dynamic conversationalist and forceful communicator.

3. Hey Dottie, what can I bring you back for lunch?, Oh anything is fine with me\_

4. almost anything you say really is OK-as long as it puts people at ease and sounds passionate.

1.The technique requires no exceptional skill on your part, only the courage to sport a simple visual prop called a "Whatzit."\_

1. Like a persistent politician, go to the party giver and say, "That man/woman over there looks interesting. Who is he/she?"\_

1. Do humanity and yourself a favor. Never, ever, give just a one-sentence response to the question, "Where are you from?" $\_$ 

2. Suppose the party giver says, "Oh, that's Joe Smith. I'm not sure what his job is, but I know he loves to ski."\_\_\_

4. Whoozat is the most effective, least used (by non-politicians) meeting-people device ever contrived.\_

4. It gives John an opening to discuss his love of writing. Or of cooking. Or of food. \_

1. When talking with anyone, keep your ears open and, like a good detective, listen for clues.\_

2. One word of warning: make sure the story you request is one in which the teller shines.\_

3. The next technique deals with sharing some positive stories of your life.\_

3. Phil thinks of that trip as one of the best conversations we ever had. And all I did was parrot a few of his phrases.

2. What's a Whatzit? A Whatzit is anything you wear or carry that is unusual—a unique pin, an interesting purse, a strange tie, or an amusing hat.

2. All it takes is an extra sentence or two about your city-some interesting fact, some witty observation-to hook the asker into the conversation.\_\_\_

3. Now you make a beeline for Joe Smith. "Hi, you're Joe Smith, aren't you? Susan was just telling me what a great skier you are. Where do you ski?" You get the idea.

3. When they feel superior to you, they steeple their hands.

7. How to Start Great Small Talk\_

3. TECHNIQUE #15 NEVER THE NAKED CITY\_

1. TECHNIQUE #16 NEVER THE NAKED JOB\_

2. Most people know if their conversation partners step back or look away, they're not interested in what you're saying.

5. If a horse can do it, so can a human. People will say you pick up on everything. You never miss a trick. You've got horse sense.

5. Whenever your conversation really counts, let your nose itch, your ear tingle, or your foot prickle刺痛.\_ 6. Do not fidget, twitch抽搐, wiggle, squirm蠕动, or scratch. And above all, keep your paws away from your puss.\_ 7. Hand motions near your face and all fidgeting can give your listener the gut feeling you're fibbing撒谎.\_ 8 How to Read People Like You Have ESP 1. Even while you're talking, keep your eyes on your listeners and watch how they're responding to what you're saying. Don't miss a trick.

3. All the machine can do is detect fluctuations in our autonomic nervous system—changes in breathing patterns, sweating, flushing, heart rate, blood pressure, and other signs of emotional arousal唤起\_

4. when the average person tells a lie, he or she is emotionally aroused and bodily changes do take place. When that happens, the individual might fidget坐立不安

move the slient world to the speak world 1. with The Flooding Smile, Sticky Eyes, Epoxy Eyes,\_ 2. Hang by Your Teeth, The Big-Baby Pivot, Hello Old Friend, Limit the Fidget, Hans's Horse Sense, and\_ 3. Watch the Scene Before You Make the Scene, you'll be right on course to get whatever you eventually want from anybody-be it business, friendship, or love.\_ 10 How to Start Great Small Talk

4. Make it a habit to get on a dual track while talking. Express yourself, but keep a keen eye on how your listener is reacting to what you're saying. Then plan your moves accordingly.

4. Donnie instinctively had the small-talk skills that we are now going to fashion into techniques to help you glide through small talk like a hot knife through butter.

8. We want the first words falling from our lips to be sparkling, witty, and insightful. We want our listeners to immediately recognize how riveting we are. 9. small talk is not about facts or words. It's about music, about melody. Small talk is about putting people at ease. 10. It's about making comforting noises together like cats purring, children humming, or groups chanting. You must first match your listener's mood. 11. The first step in starting a conversation without strangling it is to match your listener's mood, if only for a sentence or two. \_ 12. When it comes to small talk, think music, not words. Is your listener adagio or allegro? Match that pace. I call it "Make a Mood Match."\_ 13. Matching Their Mood Can Make or Break the Sale\_ 14. Your listeners are all big babies! Match their mood if you want them to stop crying, start buying, or otherwise come'round to your way of thinking.

15. MAKE A MOOD MATCH, 16. Take a "psychic photograph" of the expression to see if your listener looks buoyant, bored, or blitzed. 17. If you ever want to bring people around to yourthoughts, you must match their mood and voicetone, if only for a moment. 11 How to Sound Like You've Got a Super Personality (No Matter What You're Saying!) 1. It convinced me that it's not all what you say, it's how you say it.\_ 2. "What's a Good Opening Line When I Meet People?"\_

5. How do you put people at ease? By convincing them they are OK and that the two of you are similar. When you do that, you break down walls of fear, suspicion, and mistrust. 6. Why Banal Makes a Bond\_ 7. He made unoriginal remarks to set them at ease. He said to the husband that it was too bad the train should be late on so cold a night. The man agreed. 8. to remark that it must be especially difficult to travel with a small child in winter when train schedules were so uncertain\_ 9. Top communicators know the most soothing and appropriate first words should be, like Senator Hayakawa's, unoriginal, even banal. But not indifferent.\_\_ 10. Hayakawa delivered his sentiments with sincerity and passion.\_ 11. Hayakawa delivered his sentiments with sincerity and passion.

12. Worried about your first words? Fear not, because 80 percent of your listener's impression has nothing to do with your words anyway. Almost anything you say at first is fine. \_ 13. No matter how prosaic 平淡的the text, an empathetic mood, a positive demeanor, and passionate delivery make you sound exciting.\_ 14. Anything you say is fine as long as it is not complaining, rude, or unpleasant. 15. If the first words out of your mouth are a complaint—BLAM—-people label you a complainer.\_\_\_ 16. If your first comment is a complaint, you're a griper. If your first words are rude, you're a creep. If your first words are unpleasant, you're a stinker. Open and shut.\_ 17. The trick is to ask your prosaic question with passion to get the other person talking.\_

12 How to Make People Want to Start a Conversation with You

3. Your Whatzit can be as subtle or overt as your personality and the occasion permit. 4. I wear around my neck an outmoded pair of glasses that resembles a double monocle. Often the curious have approached me at a gathering and asked, "Whatzit?". 5. Be a Whatzit Seeker, Too\_ 6. "Excuse me, I couldn't help but notice your attractive lapel pin. Are you a golfer? Me, too. What courses have you played?" 7. ALWAYS WEAR A WHATZIT, Excuse me, I couldn't help but notice your... what IS that?f\_ 13 How to Meet the People You Want to Meet

14 How to Break into a Tight Crowd 1. Excuse me, I just thought I'd eavesdrop窃听 in and say 'Hello.\_ 2. I couldn't help overhearing your discussion of Bermuda. I'm going there next month for the first time. Any suggestions?\_ 3. TECHNIQUE #14 EAVESDROP IN\_ 15 How to Make "Where Are You From?" Sound Exciting

4. you will obviously throw out different conversational bait to snag simple shrimp or sophisticated sharks.\_ 5. Your hook should relate to the type of person you're speaking with.\_\_\_\_ 6. I'm originally from Washington, D.C. If someone at, say, an art gallery asked me where I was from, I might answer "Washington, D.C.—designed, you know, by the same city planner who designed Paris. 7. At a social party of singles I'd opt for another answer."I'm from Washington, D.C. The reason I left is there were seven women to every man when I was growing up."\_ 8. Where do you get your conversational bait? Start by phoning the chamber of commerce or historical society of your town. 9. Learn some history, geography, business statistics, or perhaps= a few fun facts to tickle future friends' funny bones.\_\_

10. "I'm from Columbus, Ohio. You know many major corporations do their product testing in Columbus because it's so commercially typical. In fact, it's been called the most American city in America.\_

16 How to Come Out a Winner Every Time They Ask, "And What Do You Do?"

2. Whenever people ask you what you do, give them some mouth-to-ear resuscitation so they can catch their breath and say something. 17 How to Introduce People Like the Host(ess) with the Most(est) 1. Big winners may not talk a lot, but conversation never dies unwillingly in their midst. \_ 2. "Susan, I'd like you to meet John. John has a wonderful boat we took a trip on last summer. John, this is Susan Smith. Susan is editor in chief of Shoestring Gourmetmagazine."\_ 3. Padding the introduction gives Susan the opportunity to ask what kind of boat John has or where the group went.\_

5. The conversation can then naturally expand to travel in general, life on boats, past vacations, favorite recipes, restaurants, budgets, diets, magazines, editorial policy-to infinity. 6. TECHNIQUE #17 NEVER THE NAKED INTRODUCTION\_ 7. "Leil, I'd like you to meet Gilbert. Gilbert's gift is sculpting. He makes beautiful wax carvings." \_ 8. I remember thinking, "Gift-now that's a lovely way to introduce someone and induce conversation."\_ 18 How to Resuscitate a Dying Conversation

2. TECHNIQUE #18 BE A WORD DETECTIVE\_ 19 How to Enthrall 'Em with them 1. The longer you keep it shining away from you, the more if I ask about their life. I always try to turn the spotlight on the other person." \_\_ 2. Truly confident people often do this. They know they grow more by listening than talking. Obviously, they also captivate the talker.\_

20 How to Never Need to Wonder, "What Do I Say Next?"

4. TECHNIQUE #20 PARROTING\_ 5. Parroting is also a can opener to pry撬 open people's real feelings. 6. Want to take a rest from talking to save your throat? all you have to do is listen (or even sneak off unnoticed as he or she chats congenially away). 21 How to Get 'Em Happily Chatting (So You Can Slip Away if You Want To!) 1. TECHNIQUE #21 ENCORE!(演出结束后的加演节目)

1. here's a foolproof trick to get the fire blazing again. I call it "Parroting" after that beautiful tropical bird that captures everyone's heart simply by repeating other people's words.\_

2. As I was dozing off, he mentioned he'd gone to the theater the night before. "Theater?" I parroted quizzically. "Yes, it was a great show," he replied, Great show?" I parroted\_

22 How to Come Across as a Positive Person 1. TECHNIQUE #22AC-CEN-TU-ATE THE POS-I-TIVE\_ 2. "ac-cen-tu-ate the pos-i-tive and elim-i-nate the neg-a-tive."\_ 3. The next is both an assertive and defensive move to help spare you that pasty smile we tend to sport when we have no idea what people are talking about.\_

2. you must have just the right tie or correct color lipstick. You puff your hair, pack your business cards, and you're off.\_ 3. You will, of course, follow your instincts in conversation. But at least be prepared in case inspiration doesn't hit.\_ 4. The best way to ensure you're conversationally in the swing of things is to listen to a newscast just before you leave.\_ 5. What's happening right now in the world-all the fires, floods, air disasters, toppled governments, and stock market crashes-pulverizes into great conversational fodder,

1. When going to a gathering with great networking possibilities, you naturally plan your outfit and make sure your shoes will match.

6. TECHNIQUE #23 THE LATEST NEWS .. HOME WITHOUT IT . DON'T LEAVE\_\_ 7. Anything that happened today is good material.\_ 8. Knowing the big-deal news of the moment is also a defensive move that rescues you from putting your foot in your mouth by asking what everybody's talking about.\_ 9. Feedback from her employees had revealed that 60 percent of her girls' work hour was spent in chatting and only 40 percent in satisfying the customers' needs\_

Lina Liu 2023 book list: how to talk to anyone 92 little tricks

23 How to Always Have Something Interesting to Say