# 12 Rules for life

An antidote to chaos

## 12 RULES FOR LIFE

- RULE 1: Stand up straight with your shoulders back
- RULE 2: Treat yourself like someone you are responsible for helping
- RULE 3: Make friends with people who want the best for you
- RULE 4: Compare yourself to who you were yesterday, not to who someone else is today
- RULE 5: Do not let your children do anything that makes you dislike them
- RULE 6: Set your house in perfect order before you criticize the world
- RULE 7: Pursue what is meaningful(not what is expedient)
- RULE 8: Tell the truth or, at least, don't lie
- RULE 9: Assume that the person you are listening to might know something you don't
- RULE 10: Be precise in your speech
- RULE 11: Do not bother children when they are skateboarding
- RULE 12: Pet a cat when you encounter one on the street.

## **FOREWORD**

#### About the Author Peterson, why Peterson is popular?

- 1. Why Peterson is popular?
  - 1. He is not an "eccentric"
  - 2. He has sufficient conventional chops
  - 3. He is knowledgeable
  - 4. He is a gentleman though he did say damn and bloody a lot.
  - 5. He was in fact addressing questions of concern to everyone at the table.
  - 6. He is a person so learned yet speaking in an unedited way

## **OVERTURE**

### Why we like people who live by the same code?

- 2. Why we like people who live by the same code?
  - 1. They are rendered mutually predictable to one another.
  - They act in keeping with each other's expectations and desires
  - 3. They can cooperate
  - 4. They can even compete peacefully, why?
    - Because everyone knows what to expect from everyone else
  - 5. A shared belief system
  - 6. Know how to maintenance this same code system.
  - 7. Shared culture system
  - 8. Have some goal, that is something positive valued.