

## 11 Ways to Interrupt Someone Politely in English (from *Speak Confident English*: [link to site](#))

### **When you need to deliver a message:**

- I hate to interrupt, but I wanted to let you know I have to leave the meeting early.
- I'm so sorry to interrupt, but...
- I don't mean to be rude, but may I interrupt quickly?

### **When you need to end a conversation**

- I'm terribly sorry to interrupt you, but I have to be at work for a meeting shortly and must \*get going\*. It was wonderful to see you. Have a nice day. (Note: In this context, to get going means to depart or leave.)
- Oh! Sorry to interrupt, but I just noticed the time, and I need to get to work. I'm very sorry. But it was great chatting with you.

### **When you need to ask a question or would like to clarify something:**

- Sorry to interrupt, but may I ask a quick question?
- I'm so sorry for interrupting, but I'd like to make sure I understood you correctly.
- I don't mean to be rude, but I'd like to ask a question.

### **When you want to join a conversation or express your opinion:**

- So sorry to interrupt, but before we \*move on\*, I'd like to add my thoughts on this topic. (Note: to move on means to start doing or discussing something new.)
- Excuse me, but may I jump in here?
- May I add something quickly?