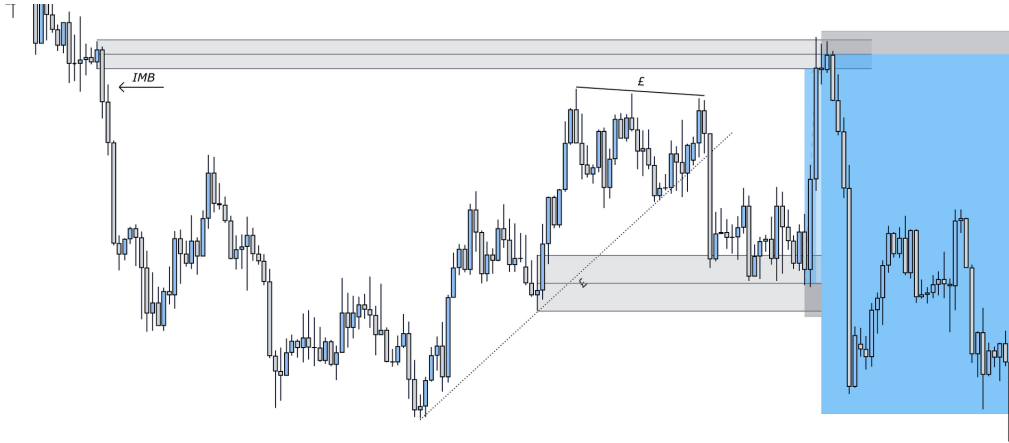


Process - high timeframes

When we are trading high timeframes we are simply looking to follow structure, using the aspects we learned about in a systematic approach to find prime entry areas & targets for trend following positions. Here is a recap of the concepts we use & the systematic approach we follow for trading high timeframes.



High timeframe trading | primary concepts

There are FOUR major concepts used in our high timeframe process

Structure

The core directional concept of all trading work - used for working out which way the market is heading and which way we should be looking to trade it.

Supply & Demand

The primary concept for targets & entries. Every entry made flows out of a supply or demand zone, and almost every target moves into one. Used with structure.

Market Efficiency

Used in correlation with structure & supply & demand to work out areas that need to be filled. Ideal for prime entries and crucial for choosing the most effective targets. Good also for avoiding bad 'early entry' trades.

Liquidity

Adds confluence & confidence to our trades by presenting more clarity on what the market is really doing. Helps to form high probability buying/selling ranges.

The four concepts listed above make up the core of our high timeframe work. The concepts are pulled together in a 'top-down' system from the higher timeframes for directional bias and overall plan down to the lower timeframes for execution and management of prime positions.

Process - high timeframes

6-step process

High timeframe trading follows a 6-step process which can be carried out within any session. With HTF work we do not need to rely on session volume, but it can aid entries.

Step 1

Use the 1w/1d charts to form directional bias for the market. Plot imbalanced areas for price to move through for general targets and entry areas

Step 2

Scale to the 4h/1h timeframes to start formulating a clearer view, build a hypothetical idea of a setup and the prime areas you want to see for reversals or continuations

Step 3

On the 1h/30m decide whether you will be using a risk entry or confirmation entry for the given setup. Risk entries should be set on 15m/30m zones. For confirmed entry plan set alerts within your prime zone and wait for a tap in

Step 4

Identify a clear stop loss position by looking at market efficiency and working out the safest zone for a high risk reward logical position. Finalise targets and set orders/wait for confirmation reversal

Step 5 (CE)

Wait for clear shift in structure with new HH/HL in the direction you want to trade. Refine to the 15/5m for a pinpoint entry and set your orders for confirmation entry.

Step 6

Once executed, manage your position closely with stop loss trailing following structure and scaled positions as a bonus when they become available.

Following the high timeframe 6-step system consistently will bring positive results long term. Always stay on top of risk management limiting position risk to 1% or 0.5% of your position per trade. DO NOT stray from the rules - breaking the strategy breaks your results!