

Do It Yourself HARVEST HOPE

Urban gardening is a great way to contribute to a greener city and support your community.

This kit will guide you through setting up a small, manageable garden along your balcony, with a focus on how you can use your harvest to help others by donating it.

What you need

1. Small pots or containers
2. Potting soil
3. Seeds or seedlings of your choice
4. Watering can
5. Plant Labels
6. Gardening gloves



STEPS

1. Select herbs like basil, mint, and coriander, or small vegetables like cherry tomatoes and chilies, which are easy to grow and suited to the local climate.
2. Ensure pots have drainage holes and fill them with potting soil, leaving some space at the top.
3. Sow seeds or plant seedlings according to the instructions. Label your plants.
4. Water gently to keep the soil moist but not waterlogged.
5. Place containers where they get a few hours of direct sunlight each day.
6. Regularly check for pests and diseases, prune as needed.
7. Harvest herbs and vegetables as they mature. Regular harvesting encourages more growth
8. Coordinate with local charities (e.g. Lions Home For The Elders) to donate your produce. Confirm they can accept your donations and understand their requirements.

