

## Module 1 - Lesson 1

Peter enjoys spending his free time doing different activities he loves playing football with his friends at the park he feels happy when he runs kicks the ball and scores goals when Peter isn't playing sports he enjoys reading books he loves diving into stories and imagining himself in them his favorite book is Harry Potter however there are things that Peter doesn't like doing in his free time he dislikes watching TV for long periods because he finds it boring instead he prefers being active and engaged in physical activities Peter also hates cleaning his room he thinks it's tiring and difficult but he understands that responsibilities are a part of life so he tries to finish cleaning his room quickly

## Unit 1 Lesson 2: My free time activities

okay Helen what do you usually like doing in your free time oh I always enjoy playing video games what about you cool I like playing football how often do you play video games I play almost every day it's my favorite hobby what about you do you always play football at the weekend I usually play football three times a week I really enjoy it so I always make time for it do you have other Hobbies no not really video games are my main Hobby but I sometimes watch football matches on TV do you watch football matches too yes I love it I watch them whenever I can especially when my favorite team is playing that's awesome well it was nice talking to you about our Hobbies yes it was great maybe we can play video games together sometime that sounds like a plan let's do it see you around

## Unit 1 Lesson 3: A day out

hey what are your plans for this Saturday afternoon I'm not sure do you have any ideas well what about going to the park and having a picnic it's such a nice weather outside that sounds fun let's bring some sandwiches and relax in the sunshine great idea and after that let's go on a bike ride around town it's always nice to explore new places sorry but I can't I don't have a bike how about going to the library we can spend the afternoon reading our favorite books I like the library it's a quiet and cozy place to relax well we have some great options to choose from what do you feel like doing most I think having a picnic is the best way to have fun on Saturday I agree let's plan for the picnic in the park I will bring the snacks and you can bring the drinks I can't wait for Saturday afternoon it's going to be so much fun of course see you then

## Module 1 - Lesson 4

**Johnny:**hello Sam how are you?

**Sam:**hey Johnny I'm great thanks

**Johnny:**where are you?

**Sam:**I'm having a picnic at the park with my family

**Johnny:**wow lucky you are you having fun?

**Sam:**yes right now my parents are setting up the picnic basket and putting food on the plates

**Johnny:**what about your brothers ?what are they doing?

**Sam:**they are flying their kites near the river and my grandparents are watching them

**Johnny:**why aren't you playing with them?

**Sam:**I'm sitting under a tree and I'm reading a good book. I will join them after lunch

## Module 1 - Lesson 5

**Johnny:**hey Sam I have a great idea for the weekend do you want to play volleyball on the beach with me?

**Sam:**oh that sounds like fun but I don't know how to play?

**Johnny:**don't worry I'll teach you we can form a team and have a great time

**Sam:**okay I'll do my best but what if we lose?

**Johnny:**winning isn't important my friend we can just have fun and enjoy the game if we lose we can learn from our mistakes and try again next time

**Sam:**you're right it's all about having a good time together

**Johnny:**it's going to be a fantastic day let's meet at the beach on Saturday see you there

**Sam:**I can't wait to play with you and enjoy the beach see you soon

## Unit 2 Lesson 1: I'm healthy, I'm happy

**Tom :**hi Stacy what are you eating?

**Stacy:**oh hey Tom it's a hamburger it's really delicious do you want some?

**Tom :**no thanks do you usually eat a lot of fast food

**Stacy :**of course I love it

**Tom :** what about fruit and vegetables

**Stacy :**no I don't like them but my mom thinks I should eat them every day

**Tom :**she's right fast food is unhealthy and it's really bad for you should eat three meals a day and they should include fruit and vegetables you should also drink lots of water and practice sports to stay fit

**Stacy :**you're right thanks for your advice

**Tom :**you're welcome

## Unit 2 Lesson 2: Eat well, live well

attention kids do you always feel tired and lazy? do you sometimes have tooth and stomach pain? do you want to be fit and become a health superhero ? remember you mustn't eat sweets and ice cream all the time they are bad for your teeth you also mustn't eat a lot of fast food because it makes you fat you must eat fruit and vegetables because they give you vitamins you must also eat fish beans and chicken because they help you grow big and strong

## Unit 2 Lesson 3: I'm happy, I'm fit

**Tina** :come on Jack hurry up I don't want to be late for school

**Jack**:wait a minute I'm very tired and I can't walk give me some water

**Tina** :what's the problem?

**Jack** :walking is hard for me because I'm not fit

**Tina** :wl understand Jack it can be difficult but there are things you can do to help with that

**Jack** :like what?

**Tina** :well you should start practicing Sports and being active

**Jack** :I'm not sure where to start or what to do

**Tina** :ydo start with something simple you should take short walks in the mornings after one or two weeks let's start going to the park at the weekends we can do many physical activities like running jumping and skipping rope

**Jack** :that makes sense thanks for your advice Tina

**Tina** :no problem I'm here to help you now let's walk to school together and become healthier together we got this

## Unit 2 Lesson 4: How are you feeling?

**Boy** :hi doctor I have a stomachache and my tooth hurts too

**Doctor**:hello I'm sorry to hear that let's see what causes this pain do you eat a lot of fast food sweets and ice cream?

**Boy** :well I sometimes have sweets and chocolate at school I also eat fast food quite often

**Doctor**:too much sugar is bad for your teeth you should stop eating sugary treats you should also brush your teeth twice a day

**Boy** :okay I'll do that what about my stomach?

**Doctor**:well fast food isn't good for your stomach it's important to eat more fruit and vegetables you should also eat three regular meals a day

**Boy** :thanks doctor I'll make these changes and I'll take care of my body

**Doctor**:you're welcome I'm here to help you feel better

## Unit 2 Lesson 5: How to stay fit

**Bella**:hey Sam what kinds of food do you usually eat  
**Sam**:well I like lots of different things I have cereal for breakfast sandwiches for lunch and sometimes pasta or pizza for dinner I also enjoy having snacks like chocolate and cookies

**Bella**:that sounds delicious but it's not very healthy it's important to eat balanced meals for example you should eat fruit and vegetables daily

**Sam**:how many vegetables should I eat?

**Bella**:well they are really good for you so eat as much as you can

**Sam**:I also love sweets so how much sugar should I have?

**Bella**:it's okay to enjoy some sweets but you shouldn't eat a lot of them too much sugar can be bad for your health and your teeth

**Sam**: thanks Bella I appreciate your advice

## Unit 3 Lesson 2: Having fun in spring

hello and welcome to the weather report it's springtime and everyone loves it the grass is green everywhere you look and there are beautiful flowers under the trees tomorrow the weather will be fantastic the sun will shine all day and the wind will be warm the sky will also look clear and blue so make plans to go out and have some fun take your children to the park this weekend there they can fly kites ride bikes Chase butterflies swing or read comics

## Unit 3 Lesson 3: Having fun in summer

**Toby**:hey Mom

**Mom**:hello Toby you look happy

**Toby**:I am very happy today is the last day of the school year I won't go to school for the next three months

**Mom**:okay let's make some plans for the summer what do you want to do this year?

**Toby**:I'm not sure but I'm happy because I will have a lot of free time we will go to the beach and I'll swim and build sand castles it'll be fun

**Mom**:let's go to the mall next weekend I will buy you new summer clothes

**Toby**:yay I will need a lot of t-shirts shorts and swimsuits I want to spend a lot of time outside doing fun things

**Mom**: so you won't play video games all day

**Toby**:no I won't I promise

### Unit 3 Lesson 4: Having fun in autumn

**Girl:** Jesse you look sad what's wrong

**Jesse:** I can't believe we will go back to school next week I hate Autumn

**Girl:** but we will meet our friends and teachers I'm happy because we won't stay at home and be bored

**Jesse:** really I love summer it's hotter than Autumn so we can go swimming all the time we also eat lots of ice cream

**Girl:** like autumn it's cooler than Summer and the days are shorter so we can sleep a lot at night

**Jesse:** but we'll be at school all day

**Girl:** oh come on let's go buy our school supplies from the mall we'll have a lot of fun

**Jesse:** okay let me get dressed first

### Unit 3 Lesson 5: Having fun in winter

hello I'm Dan and winter is my favorite season it's usually cold rainy and snowy but there are many fun activities to do my sister and I usually go out when it snows we build snowmen and play with snowballs it's really cold outside but our coats keep us warm we wear jackets sweaters hats boots and gloves but when it's raining we stay inside the house we watch movies play video games and read stories with Grandma I also love winter because my birthday is in January

### Unit 4 Lesson 1: Let's help each other

my name is Mike and I'm 10 years old in my family we all help around the house my Mom prepares delicious meals for us every day she also cleans the kitchen and sweeps the floors my dad takes care of the garden and takes out the trash my older sister Emily usually helps mom she washes the dishes and tidies the living room as for me I always keep my room tidy and I make my bed every morning I also help my dad around the garden we work together to make sure our home is clean and comfortable for everyone

### Unit 4 Lesson 2: Sharing is caring

**Boy:** hey Sandra can I come to your house on Saturday we can do our homework together

**Sandra:** of course

**Boy:** I really like your neighborhood it's always clean and everyone there is nice

**Sandra:** yes my mom says that we must always help our neighbors

**Boy:** is that true?

**Sandra:** sure when my mom or dad is sick the neighbors always bring us food but we are helpful too we also share food and clothes with poor neighbors

**Boy:** really?

**Sandra:** of course Mrs Johnson is the oldest person in our town my brother and I always help her with shopping and gardening

**Boy:** that's really nice of you

**Sandra:** thanks we also meet the youngest neighbors every month and we clean the neighborhood together

### Unit 4 Lesson 3: We are stronger together

**teacher:** good morning kids today we'll talk about jobs so what do you want to be when you grow up? yes Johnny

**Johnny:** I'd like to be a teacher I want to help people learn important things

**teacher:** great what about you mark?

**mark:** I want to be a police officer like my father he helps people and protects them

**teacher:** yes Sally

**Sally:** I'd like to be a farmer I want to grow vegetables and take care of animals

**teacher:** Helen what would you like to be when you grow up?

**Helen:** I want to be a baker I love cooking and I'd like to bake cakes and cookies and sell them

### Unit 4 Lesson 4: Caring for my school

**Jenna:** hi Toby

**Toby:** hey Jenna how are you?

**Jenna:** I'm great thanks my friends and I are planning to clean our school on Saturday do you want to come with us?

**Toby:** really!?

**Jenna:** yes we'll meet at 2PM and we'll do different things to make our school beautiful

**Toby:** I would love to come what do you want me to do?

**Jenna:** there are many things you can do we'll collect papers and put them in the trash we'll also decorate the classrooms and clean the blackboards

**Toby:** that's great I will see you there

### Unit 4 Lesson 5: Caring for my pet

**Jack:** good evening Angela

**Angela:** hi Jack guess what I have a new dog

**Jack:** really that sounds great

**Angela:** yes but I don't know how to take care of dogs

**Jack:** oh it's easy I'll help

**Angela:** you cool thanks

**Jack:** so take your dog for a walk every day and give him water and healthy dog food but don't give the dog people food and don't hit him

**Angela:** okay can I play with him?

**Jack:** of course

**Angela:** what should I do when he's sick

**Jack:** you should take him to the vet

**Angela:** okay thanks Jack



## Unit 5 Lesson 1: Children's day

children's day is a very special day in Tunisia we celebrate it on January 11th of every year on this day children learn about their rights and enjoy fun activities there are many ways to celebrate Children's Day schools usually plan fun events such as games and sports competitions some families go to parks and zoos where children can enjoy outdoor activities many parents and teachers also give gifts to make children feel special children's day is important because it encourages us to help children live a happy and healthy life

## Unit 5 Lesson 3: Happy new year

**Sarah:**hey Ryan Happy New Year

**Ryan:**happy New Year Sarah how was your New Year's Eve

**Sarah:**oh it was wonderful!

**Ryan:**really?

**Sarah:**yes my mom prepared a delicious cake we had a small party in the living room we put on music and we danced and blew up balloons it was fantastic what about you?

**Ryan:**I had a great time my family and I talked and laughed we ate lots of cookies and drank juice at midnight we counted down to zero then we blew up the balloons and hugged each other

## Unit 5 Lesson 4: Teacher's day

at my school Mrs Muller is everyone's favorite teacher last September on teacher's day my friends and I decided to have a surprise party for her Jenny baked a delicious cake Sarah and Mike went to the supermarket and bought balloons and sweets Tom and I decorated the classroom and asked everyone to hide when Mrs Mueller arrived we hugged her and gave her flowers and thank you cards we ate sweets and drank juice together then we played music and danced with her she was really happy

## Unit 5 Lesson 5: End of school year party

**Stan:**hey Jenny

**Jenny:**hi Stan how's it going?

**Stan:**I'm fine thanks did you go to your end of school year party?

**Jenny:**no I had a stomachache and I went to see my doctor yesterday did you go to your school's party?

**Stan:**yes I went with my mom

**Jenny:**how was it?

**Stan:**it was fantastic all my friends were there we played games and we danced at the end of the party the teachers and parents gave us many gifts

**Jenny:**what was your gift?

**Stan:**I got two books and a new kite

## Unit 6 Lesson 2 (Parts 1+2): At the market

**Mr Bell:**good morning Sam how can I help you?

**Sam:**good morning Mr Bell I'd like two loaves of bread and four donuts please

**Mr Bell:**here you are anything else?

**Sam:**yes please I'd like six chocolate cookies

**Mr Bell:**is that all ?

**Sam:**yes how much are they?

**Mr Bell:**are six dollars

**Sam:**here you are have a nice day

**Mr Bell:**thank you

**Mr Bell:**Hi Sam how can I help you today?

**Sam:**I'd like a carton of milk a can of tuna and a dozen eggs

**Mr Bell:**okay sure would you like anything else?

**Sam:**no thank you how much are they are?

**Mr Bell:**seven dollars

**Sam:**here you are thank you

**Mr Bell:**you're welcome

## Unit 6 Lesson 3: At the toy shop

**Jenny:**hi Stan where were you all morning?

**Stan:**hello Jenny I went to the toy shop in the city center Alex's birthday party is next Saturday so I wanted to buy him a gift for his birthday

**Jenny:**oh I forgot about that what did you buy?

**Stan:**I bought him a colorful kite because I know he enjoys going to the park at the weekends what about you will you buy him a gift?

**Jenny:**yes of course I will buy him a robot I will also bake some cookies for him

**Stan:**he will love that okay then I will see you on Saturday

## Unit 6 Lesson 3: At the toy shop

**Customer:**good evening

**Seller 1:**hello how can I help you?

**Customer:**I'm looking for jeans and t-shirts

**Seller 1:**the jeans section is on the left and the t-shirts are in the right corner behind the jackets

**Customer:**thank you

**Customer:**okay I'd like to have these two T-shirts and this pair of jeans

**Seller 2:**what size?

**Customer:**medium size please

**Seller 2:**here you are

**Customer:**can I try them on?

**Seller 2:**of course the fitting room is over there next to the jeans section

**Customer:**thank you

**Seller 3:**are they the right size?

**Customer:**yes thanks how much are they?

**Seller 3:**they're 225 dollars

**Customer:**okay here you are

**Seller 3:**thanks have a nice day

**Customer:**thank you for your help

### **Unit 6 Lesson 5: At the mall**

last weekend Stacy needed a lot of things so she went to the mall to do her shopping first she visited some clothes shops where she tried on many clothes she bought a new jacket and two t-shirts she also picked a beautiful blue suit for her father then she went to a jewelry shop and chose a bracelet for her mother's birthday she also needed a new toy for her little brother so she went to the toy shop and bought an expensive kite before going home she decided to go to the cinema to watch a film

### **Unit 7 Lesson 3: I prefer to travel by...**

last summer I traveled to Europe with my family we had lots of fun there first we traveled to France by plane it was fast and exciting then we visited Germany we went there by train it was slow but it wasn't very expensive in Germany we saw many monuments and we did lots of shopping finally we visited England we stayed there for five days in England we traveled by bus to see different monuments it was comfortable and very cheap before coming home I bought many souvenirs for my friends

### **Unit 7 Lesson 5: Customs and habits**

England is a country in the west of Europe its capital is London and people there speak English British people enjoy playing and watching sports such as football and tennis the most famous food in England is fish and chips but people also enjoy Indian and Chinese food people in England also drink lots of tea they usually have tea between four and five o'clock in the afternoon this hour is called tea time restaurants are an important part of life in England too people go there to meet their friends talk eat and relax