

whom he would do well to imitate. Judged by the thermometer, we find that the mean annual temperature of London is 50° Fahr., and the same isothermal line passes through New York, though the climates of the two cities are from other reasons widely different. The Royal Observatory at Greenwich supplies us with a daily average temperature for the last fifty years, and by consulting this we find that on October 19 the average temperature falls below 50° , descending in January to 36° , and never regaining 50° again till May. Roughly speaking, those fleeing from cold must leave England not later than the middle of October, and should not return there till at least the end of May.

Let us consider as fairly as possible the advantages and disadvantages of Cairo and the Nile for those in search of health.

The *advantages* are: (1) A dry and exhilarating air which acts in itself as a tonic, and enables visitors to be out-of-doors in sunshine the whole day. (2) An almost complete absence of rain, and of fog, and of clouded leaden skies. (3) The absence of extreme cold, so that the invalid by closing his windows at sunset need never breathe air colder than 55° Fahr., even without any artificial heat. (4) The absence of strong winds at Cairo and Luxor, though invalids occasionally