

A druggist is provided by the Government, but many European visitors prefer to be dependent upon Cairo for their doctors and drugs.

There are two hotels, the larger of which is in connection with the baths, and has forty-six bedrooms, some of which are very large, also a lawn-tennis court. There is easy telephone and telegraph communication with Cairo.

Furnished and unfurnished villas can be hired near the Bath Establishment.

*Course of baths.*—The water for the baths has a temperature of about 86° Fahr. upon coming out of the spring, and this can be artificially heated to 102°, or more, in pipes which prevent any evaporation of gas. But it is doubtful whether it is ever necessary to take the bath above 100°, for hotter baths are generally apt to exhaust the patient. The baths are open from 6 a.m. to 8 p.m., and may be taken as it suits the convenience of the patient—say one hour before meals, or three or four hours after meals. There can be no object in taking more than one bath in the day, though robust men who are in a hurry to get through their course can easily stand an occasional second bath in the twenty-four hours. The beginner should not stay in the water longer than fifteen minutes, but he may gradually increase this to thirty minutes. If he is not under medical supervision