

be bought in Cairo. Pugries may be twisted around them, but it is of no use to wear streaming tails of coloured calico to protect the neck. If a helmet is objected to—and indeed few ladies look well in it—a Terai hat is the best substitute ; but straw hats may be worn during the colder months. Flannel suits are always comfortable, and brown leather boots and shoes are commended to both sexes. Wire gauze goggles should be bought in England to protect delicate eyes from the glare of the sun and from sandstorms. Ladies who desire to ride must bring their habits, and will be more independent if they bring a saddle. Warm cloaks and rugs are wanted in December and January, and on the river always at night. Keating's powder or Persian powder is wanted for insects. Patent English or foreign medicines should be brought by the invalid if required, though the local druggists provide the public with the most commonly asked-for specialities. White umbrellas and all common requisites can be bought in Cairo.

Ladies may be glad of the hint that silk or silk and wool combination garments are preferable to underlinen.

*Routes to Egypt.*—Those who are not afraid of the sea can leave London by P. and O. steamers, or British India or Orient Line, and they will reach Ismailia in twelve days by paying £20.