

CHAPTER VIII.

LUXOR—ASSOUAN.

Luxor is becoming more and more popular every winter, and as the season is a short one patients have hardly time to get tired of its monotony. A bright sunny sky, combined with healthy outdoor exercise and interesting sights to visit, is a great help towards cheerfulness, and to this we may add a dry bracing climate, and freedom from rain and all atmospheric impurities.

Dr. Patterson long ago described the Egyptian climate as possessing the warmth of Madeira, without its terrible damp and relaxing influence. The days for sending consumptive patients to hot, damp climates are almost at an end. In writing of Luxor I cannot do better than supplement Dr. Maclean's * pamphlet, which appeared after his death, and contained his own experiences as an invalid during the winters of 1877-8-9.

* "Hints for Invalids and Travellers, with Observations on the Climate of Luxor and Egypt." 1884.