

P R E F A C E .

THOUGH much has been written about Egypt of late years, nothing especially for the guidance of invalids has appeared in the form of a handbook since 1867. The climate remains as it was then, but many of the surroundings are changed and improved, so that patients need no longer fear absence of civilization or undue expense. I have tried to avoid writing a guide-book, and to supply only that information which cannot be found in them. Baedeker's Guide-book is the best for Cairo and the Delta, but unfortunately has not been extended to Upper Egypt. Murray's Handbook was last published in 1888, but does not contain too much recent information, and Messrs. Cook have provided for their clients a very useful elementary