

ventilation have been renewed. The hotel stands in a beautiful garden of sweet-smelling plants, and is distant about 350 yards from the Nile. Excellent milk and other provisions can be obtained. There are no mosquitoes or sand-flies, but often a plague of house-flies. The dogs at night have sometimes been a nuisance, but they can be destroyed by the police if proper representation is made, either locally or to Cairo.

Drinking-water is taken as usual from the Nile above the watering-place of the town, and then filtered in the ordinary way with big porous jars.

*Clothing* should be as for summer and autumn in the south of England. Flannel suits supplemented by a belt are very useful for both sexes by day and night. Ladies should avoid black dresses on account of the all-pervading sand, and they will require wash-leather or other gloves for donkey-riding. Sun-hats will be wanted in February and March.

*Climate.*—The invalid who seriously wishes to get full benefit from his stay will not be out before 10 a.m. or after sunset, and on cold days this period should be shortened. It cannot too often be repeated that the night air is very cold in comparison to that of the day, and also that whenever the temperature in Egypt is lower than 60° Fahr. it seems unpleasantly cool. But the healthy