

irritatingly, until they get used to mosquito-nets. (4) A certain monotony at the dinner-table of butcher's meat, poultry, and game. (5) The insanitary condition of the picturesque old parts of Cairo.

The climate of Egypt is, then, suitable during the winter months for a great variety of chronic ailments, among which may be mentioned—convalescence from pneumonia, fevers, and all acute diseases; that common delicacy of English youth which may be called “threatened phthisis,” all cases of early phthisis, and all *quiescent* cases of the late forms of the disease; chronic bronchitis and emphysema; bronchial, catarrhal, and spasmodic asthma; chronic catarrhal affections of the larynx and pharynx, including “clergyman's sore throat;” rheumatism, rheumatoid arthritis, and gout in its various forms; heart-disease, and all other complaints which prevent a patient from walking or other active exercise; anæmia and chlorosis; exhaustion of nervous system from too great excitement, worry, business, or study, and sleeplessness or hypochondria; neuralgia, hysteria and its accompanying dyspepsia; diseases of spinal cord, locomotor ataxy, etc.; chronic kidney-disease; and the very large class of people without organic disease, who shrivel up sadly in a cold climate, and expand joyously in a sunny atmo-