

temperature of all three resorts, Helouan, Pyramids, and Matariyeh, may be taken as the same as that given for Cairo, with the difference of a little less humidity in their favour. As in Cairo, there is a great fall in temperature soon after the sun has set, and invalids must either be indoors or provided with wraps, but fortunately there is no danger of malaria.

*Sight-seeing.*—About forty years ago, when Lepsius visited the Pyramids, and had his encampment partly washed away by a fierce rain-storm, there were no less than sixty-five Pyramids on the plateau of Ghizeh; but now there are only nine recognized, and of these visitors pay homage to the three largest. I have so often been summoned to attend patients with weak hearts who have suffered after rapidly ascending the Great Pyramid, that I am constrained to warn all those who are elderly and delicate from attempting it. The climb is a difficult one of at least twenty or thirty minutes, and the only satisfaction to be gained is a beautiful view from the summit. The staff on the top of this Pyramid dates from the transit of Venus expedition of 1874.

There are always Bedouins who will be delighted for a small sum to ascend one or both Pyramids in an incredibly short time, and a patient of mine with a weak heart was induced last winter after