

civilization which have attended the efforts of her officials on the spot, and the improved facilities for travelling obtained by Messrs. Cook, have all tended to make Cairo and the Nile a very favourite winter resort. Some six thousand visitors come to Cairo during the winter months, and of these about twelve hundred proceed up the Nile in steamer or in dahabiyeh. To show that the climate deals fairly with these masses of visitors, it may be mentioned that the writer, in a medical experience of six winters, has lost only two patients who came to Egypt for their health. Both these were patients far advanced in consumption, who ought never to have left their homes, one an Australian, who reached Cairo at the beginning of 1888, and died there in February; the other, an American, who died in December, 1888, a few hours after reaching Cairo. This experience is not only a personal one, for the death register shows that there have been only nine deaths among British visitors in Cairo during the six years ending June, 1889. Of these nine, seven arrived here ill of incurable diseases; the eighth was thought to be robust, but died of uræmic poisoning during her first week in Cairo; and the ninth caught a chill while out sketching, and died of double pneumonia. But the writer's object is not to try and prove that Egypt is the best health-resort in the world,