1. Do you prefer dynamic or static visual information?

A. dynamic

B. static

2. How long do you think you can focus your attention on the screen?

A. Under 10 minutes

B. 10-30 minutes

C. 30-60 minutes

D. over an hour

3. To what extent does the following statement apply to you:  
“I need to interact with my learning materials to fully absorb the information.”

A. A lot like me

B. Somewhat like me

C. Nothing like me

4. I prefer teaching methods that explain a lot instead of giving practices and let me learn through exercises.

A. Agree

B. Neutral

C. Disagree

5. Do you revise and recall information through catchy songs?

A. Yes

B. No

6. To what extent does this statement apply to you:  
“I remember and use information by reading out loud a lot of texts.”

A. Very much me

B. Somewhat like me

C. A little bit like me

D. Nothing like me

7. When you recall a piece of information or knowledge, how would you recall it?

A. by picturing an associated photo or image or picture

B. by remembering the sounds of something

C. by remembering the texts you have learned by heart

8. You use your hand to gesticulate when you want to explain something to somebody.

A. Very much like me

B. Somewhat like me

C. Nothing like me

9. I tap my foot or pencil when I am thinking or learning.

A. Very much like me

B. Somewhat like me

C. Nothing like me

10. I learn better by listening to lectures than by reading a textbook.

A. Agree

B. Not really, a combination of both

C. Disagree completely