My sister was fond of traveling. Ever since graduating, she had been determined to organize a trip to an old temple. Since transporting fare was expensive, she decided to use a bicycle to cycle there not caring about the disadvantages. Her stubborn attitude was always her shortcoming. Once she made up her mind to do something, no one could persuade her to change her mind. Finally, we gave in as usual though we preferred to take a train. After we prepared everything, including the schedule, reliable weather forecast and the insurance, we began our trip.

Our journey was along a river flowing from a high altitude. Our pace was slow because the river frequently had many sharp bends through deep valleys, where the water seemed to boil. Just as I recorded int my journal, it was really a hard journey. But we also enjoyed great views. One night, I put my head on my pillow—a parcel of wool coats, and lay beneath the stars. When the flame in front of our cave went out at midnight, I found the sky so beautiful !

route n 路线

detail n 细节

source n 来源

atlas n 地图

glacier n 冰河

rapids n急流

waterfall 瀑布

meander n （河）蜿蜒缓慢流动

delta n 三角洲

yak n 牦牛

Laos n 老

Laotian n 老挝人adj