Flexible: able to change or be changed easily according to the situation.

For example:

My schedule is flexible - I could arrange to meet with you any day next week.

The European Union should remain flexible enough to assimilate more countries quickly.

If they're flexible, we're flexible", the official was quoted as saying.

Warships are flexible in operation and can travel the seas freely.

Computer generated models are more flexible and less expensive to build than physical models.

The constitution is flexible enough to change as the organization develops.

Regular: happening or doing something often.

Professional athletes make regular appearances on TV.

I'll need regular updates on your progress.

Match: