

User Manual

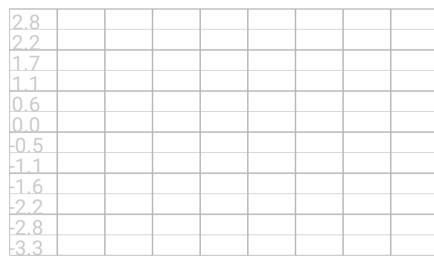
Brief Introduction

There are 3 pages:

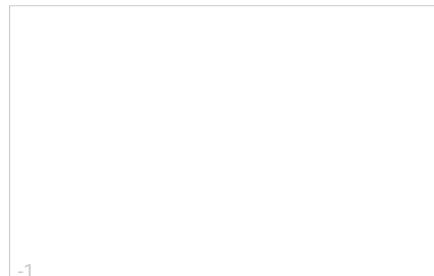
1. Home page: you can see the real time data of ECG and hear rate in this page.



Real Time Data

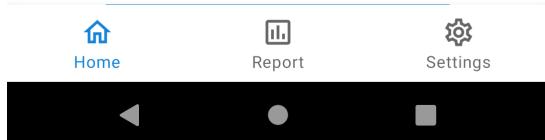


ECG



Heart Rate

Start Capture Data

A button labeled "Start Capture Data" followed by a switch-like icon with a grey circle on the left and a white circle on the right.

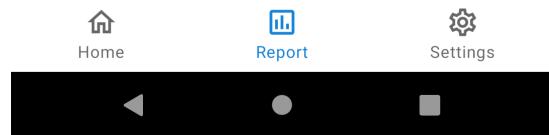
2. Report page: daily, weekly and monthly report of heart rate and weight will be displayed.



The highest heart rate: 102.0
The time is: 19:32:23

The lowest heart rate: 0.0
The time is: 19:32:23

The Average heart rate: 92.0



3. Setting page: devices connection, personal settings and data exporting function can be done in this page.

Settings

HR Device: CONNECT

Scale Device: CONNECT

Simulation



Receive warning when not capture data

Receive alert when report generated

Receive message when not wear device

EXPORT DATA

CLEAR DATA

VIEW RECORDED DATA



Home



Report



Settings



Capture Heart Rate

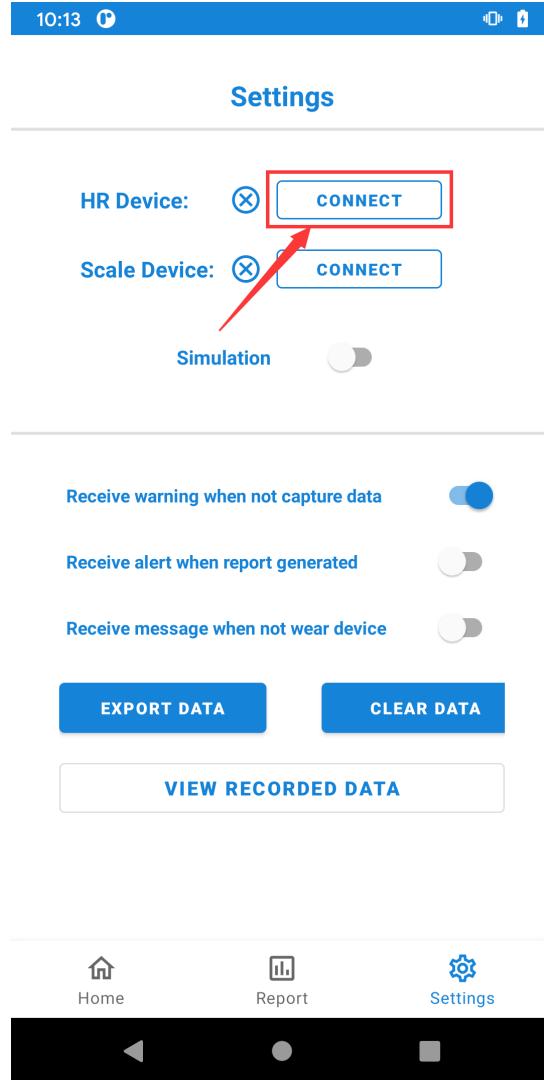
1. Wear the device

Wear your Polar heart rate device correctly, make sure it has enough power and be open.

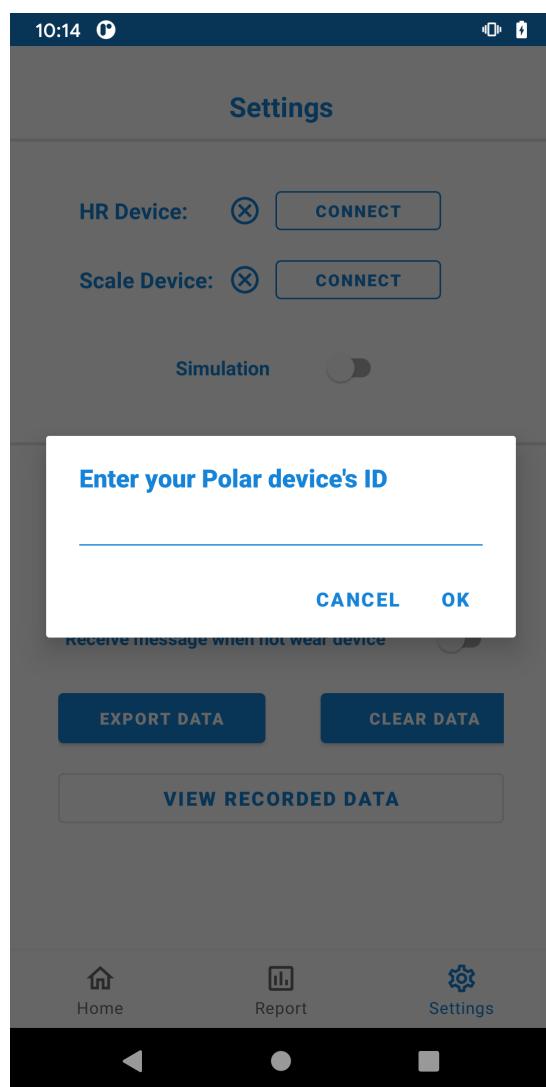


2. Connect with device

After wearing the device, open the setting page and click "CONNECT" button for heart rate device

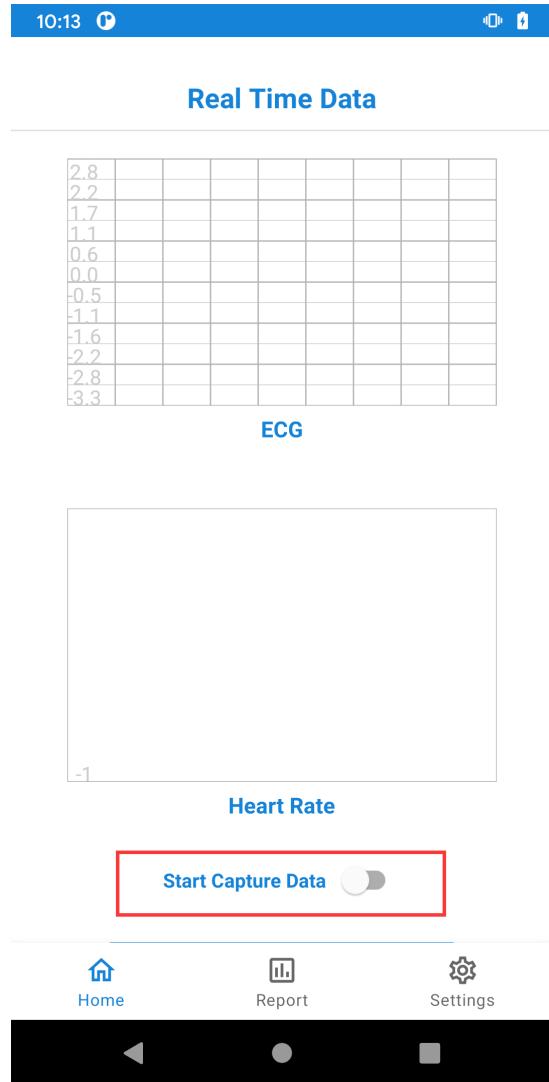


Then input device's ID which can be found in Polar device



3. Start capture data

Back to home page, and open the "Start Capture Data" switch



Now the system could capture you heart rate data, and display it as a chart



Current Heart Rate: 83



Heart Rate

Start Capture Data



Start Recording ECG

Start Recording Hr

Recording Accelerator

Weight



Home



Report



Settings



[optional] Record heart rate data

Click the "Start Recording Hr" button, the system will start recording your heart rate data.

10:18



Current Heart Rate: 83



Start Capture Data



Start Recording ECG

Start Recording Hr

Recording Accelerator

Weight



Home

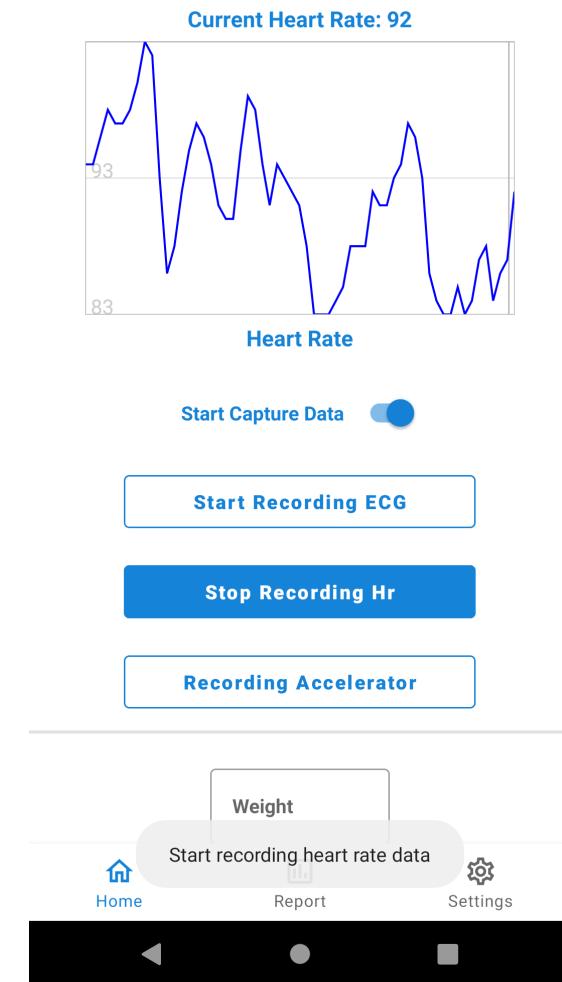


Report



Settings





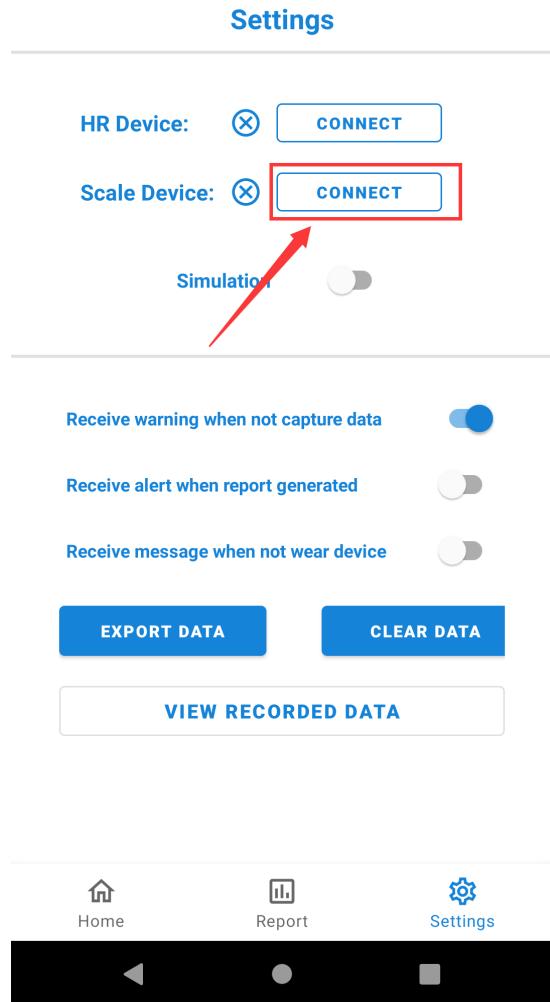
After you click "Stop Recording Hr" button, the system will export data that recorded as a ".csv" file in your mobile phone.

[Click here to see how to view the data that have exported](#)

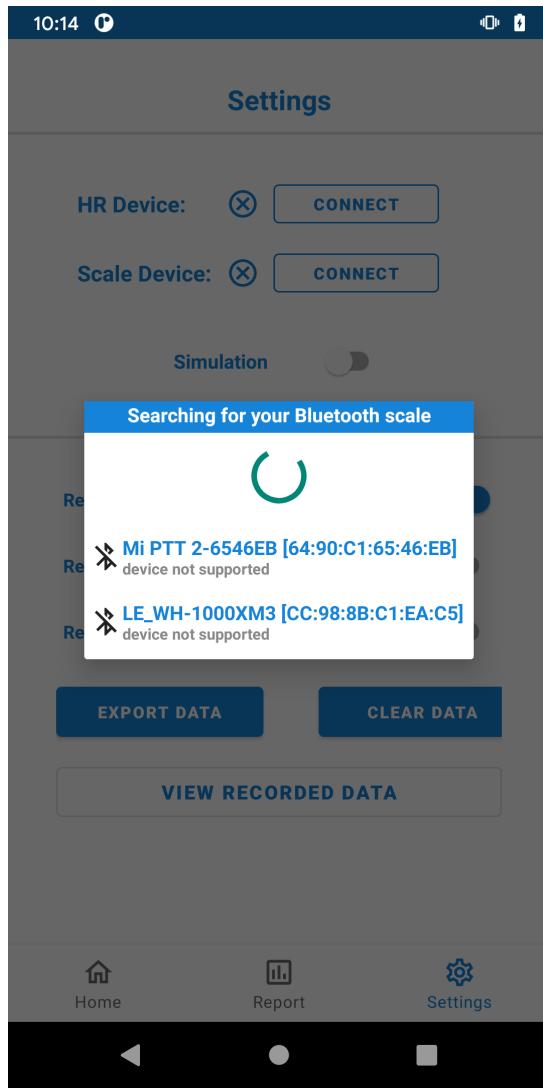
Measure Weight

1. Connect with device

Open the setting page and click "CONNECT" button for Scale device



Then the system will search and show connectible devices, choose the right one [photo here]



2. Stand at scale device

After connecting, you need to stand at scale device.

3. Measure data

The measurement of your weight data will be transferred to this system

View Health report

Export data

All of the heart rate data that the system captured will be stored temporarily in your mobile phone, you can export these data if needed.

Click "EXPORT DATA" button in settings page.

Settings

HR Device: CONNECT

Scale Device: CONNECT

Simulation

Receive warning when not capture data

Receive alert when report generated

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EXPORT DATA

CLEAR DATA

VIEW RECORDED DATA



Home



Report



Settings



Clear data

If you want to clear all of data that have been captured, you can click "CLEAR DATA" button in settings page.

This operation will reset the database, which means all of data that include heart rate, weight and health report will be cleared.



Settings

HR Device: CONNECT

Scale Device: CONNECT

Simulation

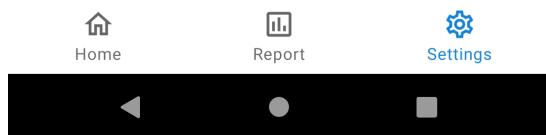
Receive warning when not capture data

Receive alert when report generated

Receive message when not wear device

EXPORT DATA **CLEAR DATA**

VIEW RECORDED DATA



View exported data

Click this button in setting page

Settings

HR Device: CONNECT

Scale Device: CONNECT

Simulation

Receive warning when not capture data

Receive alert when report generated

Receive message when not wear device

EXPORT DATA

CLEAR DATA

VIEW RECORDED DATA



Home

Report

Settings



10:20

□

VitalSigns



:

Pixel 3 > VitalSigns



VITALSIGNS 中的文件



Exported

HR

