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# Effects of zygotic and maternally contributed RE-1 silencing transcription factor on stress coping in Zebrafish larvae

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# Stress Coping and Resilience

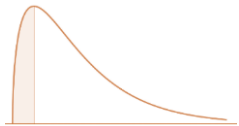
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**Stress** – a state in which an external or internal stimulus forces the system away from its physiological homeostatic steady state (Kyrou & Tsigos, 2009).



**Stress response** – physiological and behavioral changes towards regaining homeostatic stability, determined by **genetics** and **environment** (Kyrou & Tsigos, 2009).



**Variability in stress response** – difference in the rate and efficiency to rebound defines resilience or susceptibility to stress (Swaminathan et al., 2023).



**Stress coping and stress-related disorders** – coping patterns play a role in the development of disorders such as major depression, anxiety and post-trauma (Franklin et al., 2012).

# RE-1 Silencing Transcription Factor (Rest)



**Transcriptional repressor** – modifies chromatin structure, silencing transcription of over 2,000 neuron-specific target genes (Mampay & Sheridan, 2019).

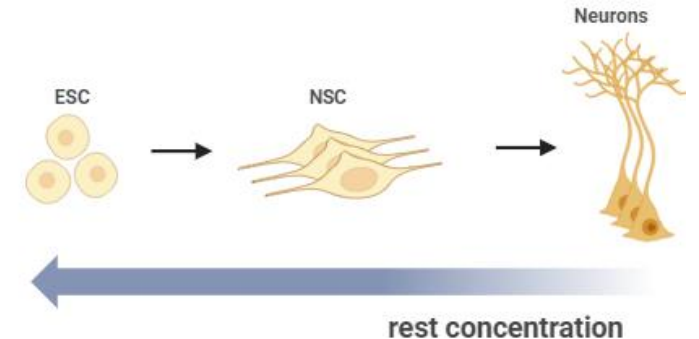
## Expression patterns :



Highly expressed in embryonic stem cells and non-neuronal tissues (Mampay & Sheridan, 2019).



Highly expressed in neuronal stem cells and gradually downregulated during development to allow neuronal differentiation (Mampay & Sheridan, 2019).



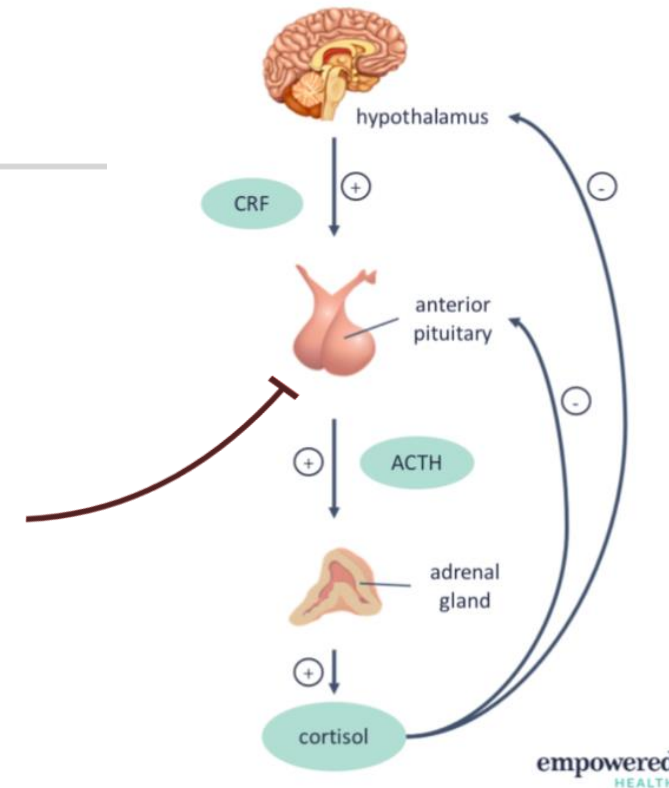
# Rest-mediated Stress Response

**Upregulated following stress** (Mampay & Sheridan, 2019)

**Attenuates the neuroendocrine stress response** via repression of the Corticotropin releasing hormone (CRH) that plays a key role in the hypothalamic-pituitary-adrenal axis (Seth & Majzoub, 2001).



Promotes Neuronal equilibrium



Resilient

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Susceptible

**High rest concentrations in resilient individuals** (Swaminathan et al., 2023)

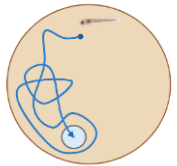
# Maternal Rest mRNA deposition to the oocyte

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**Transcription regulation during early development** – Until the mid-blastula stage the embryonic genome is transcriptionally silent, and development is driven mainly by maternally deposited mRNA in the cytoplasm (Winata & Korzh, 2018).

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## Depletion of maternal Rest mRNA results in :



Behavioral locomotor changes in larvae, that persist into adulthood (Moravec et al., 2016).



Altered primary motor neuron architecture (Moravec et al., 2016).

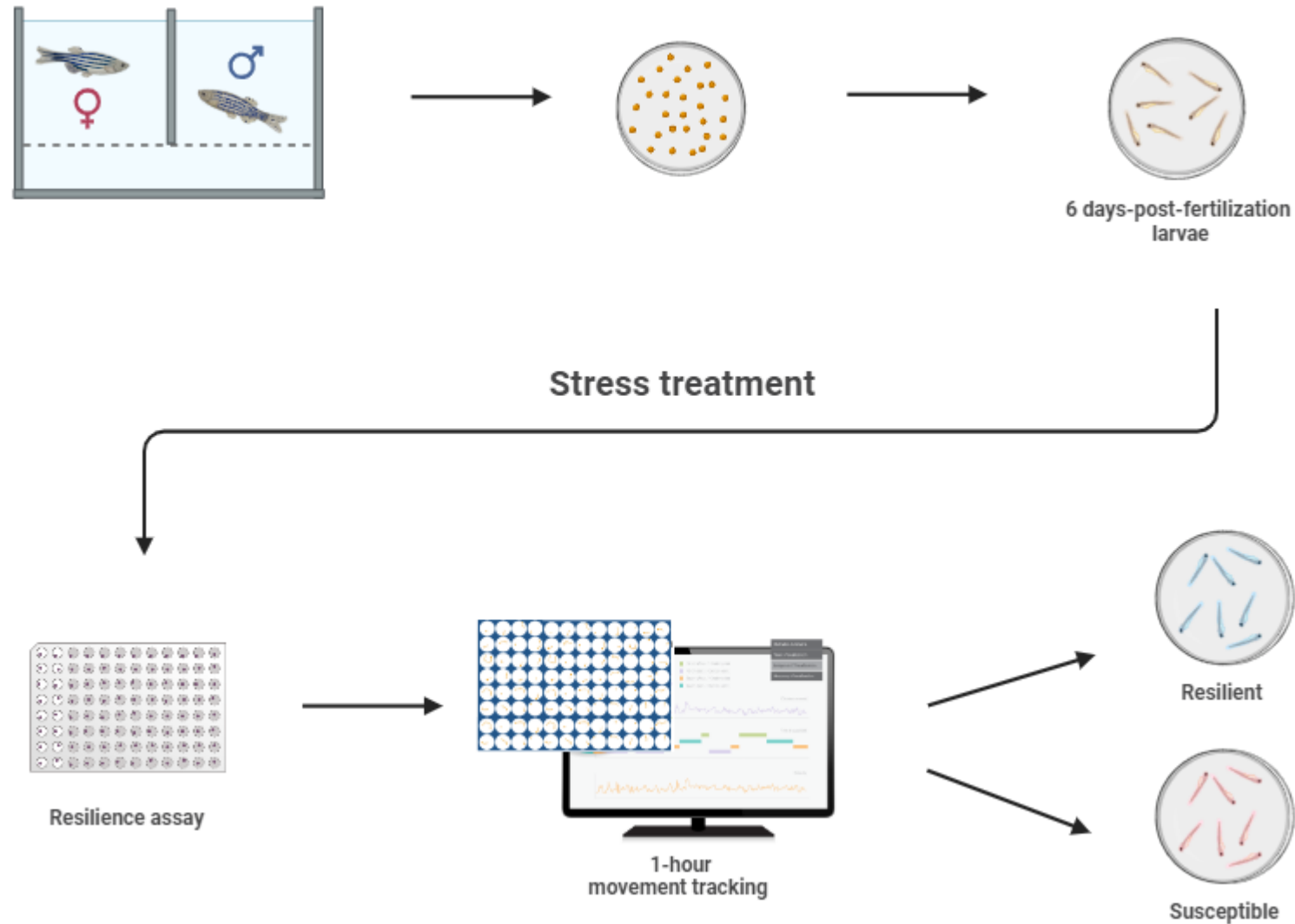
# Research Question :

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What is the effect of zygotic and maternally contributed Rest on stress coping in Zebrafish larvae?

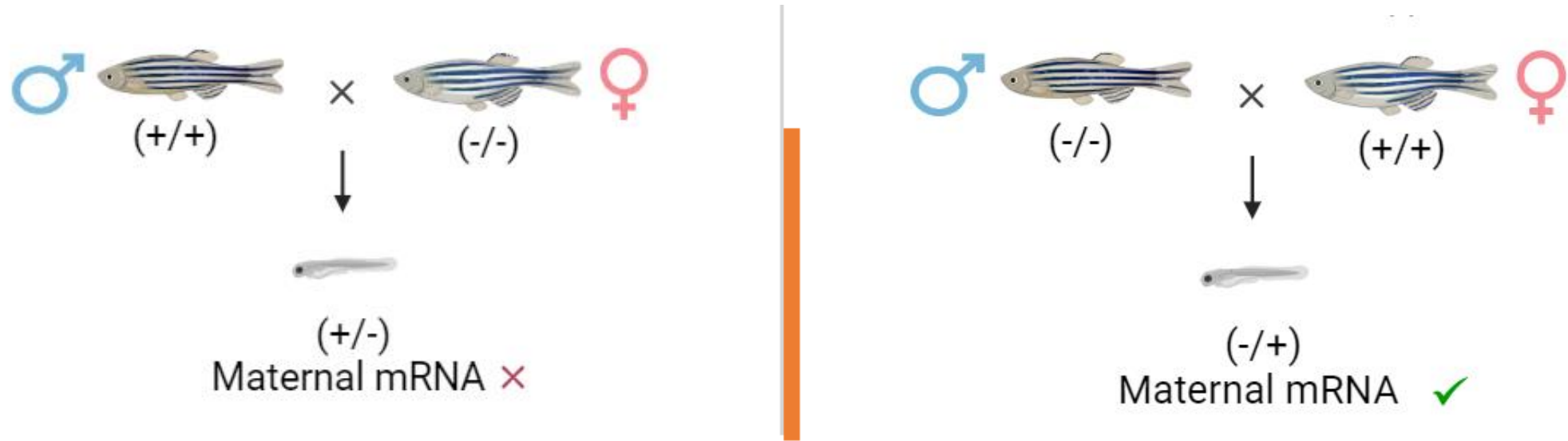


# The Stress-inducing Behavioral Paradigm



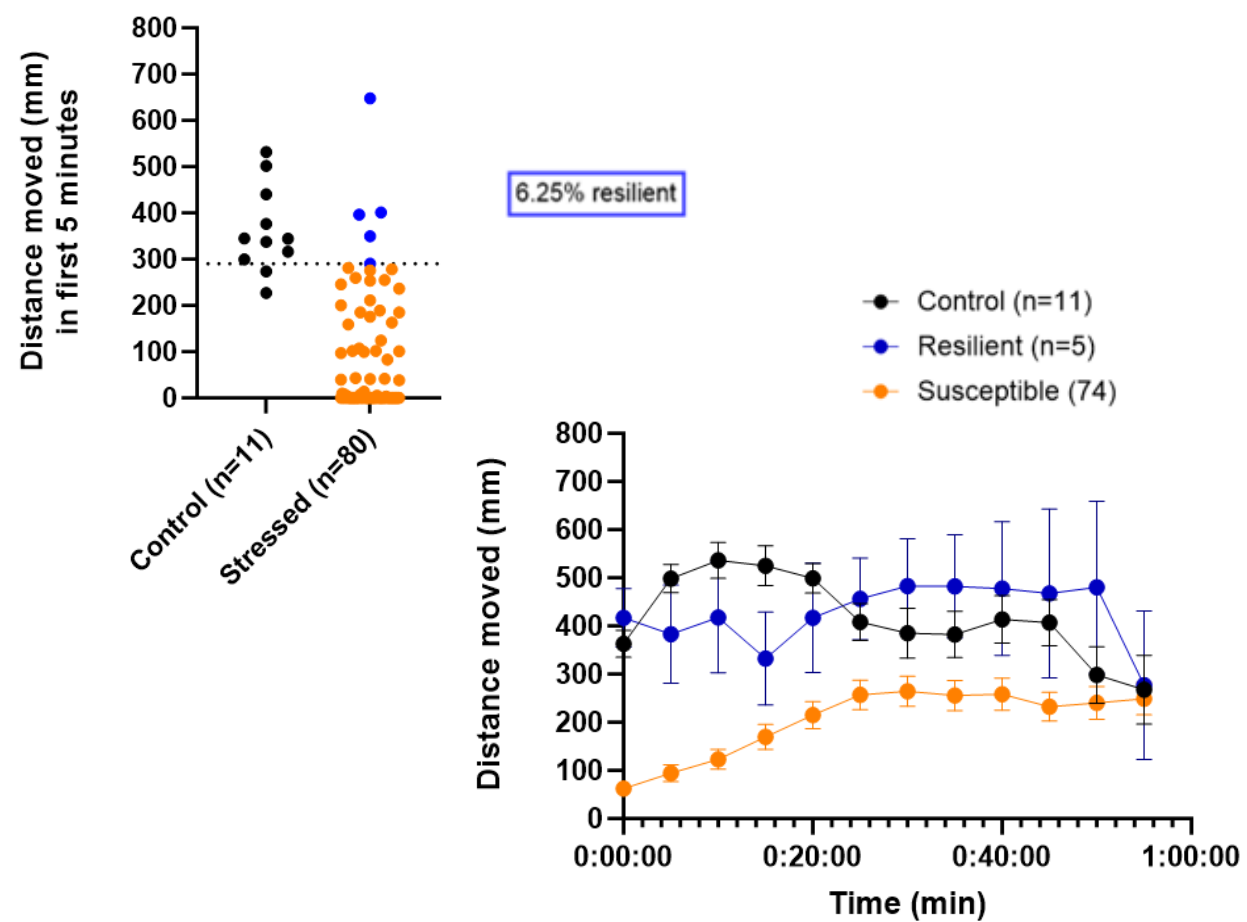
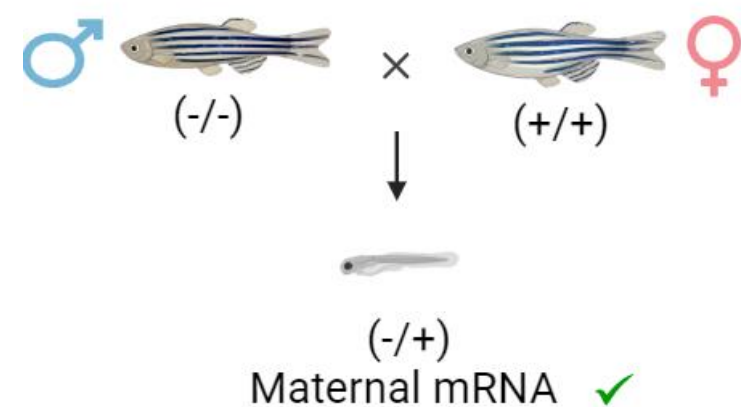
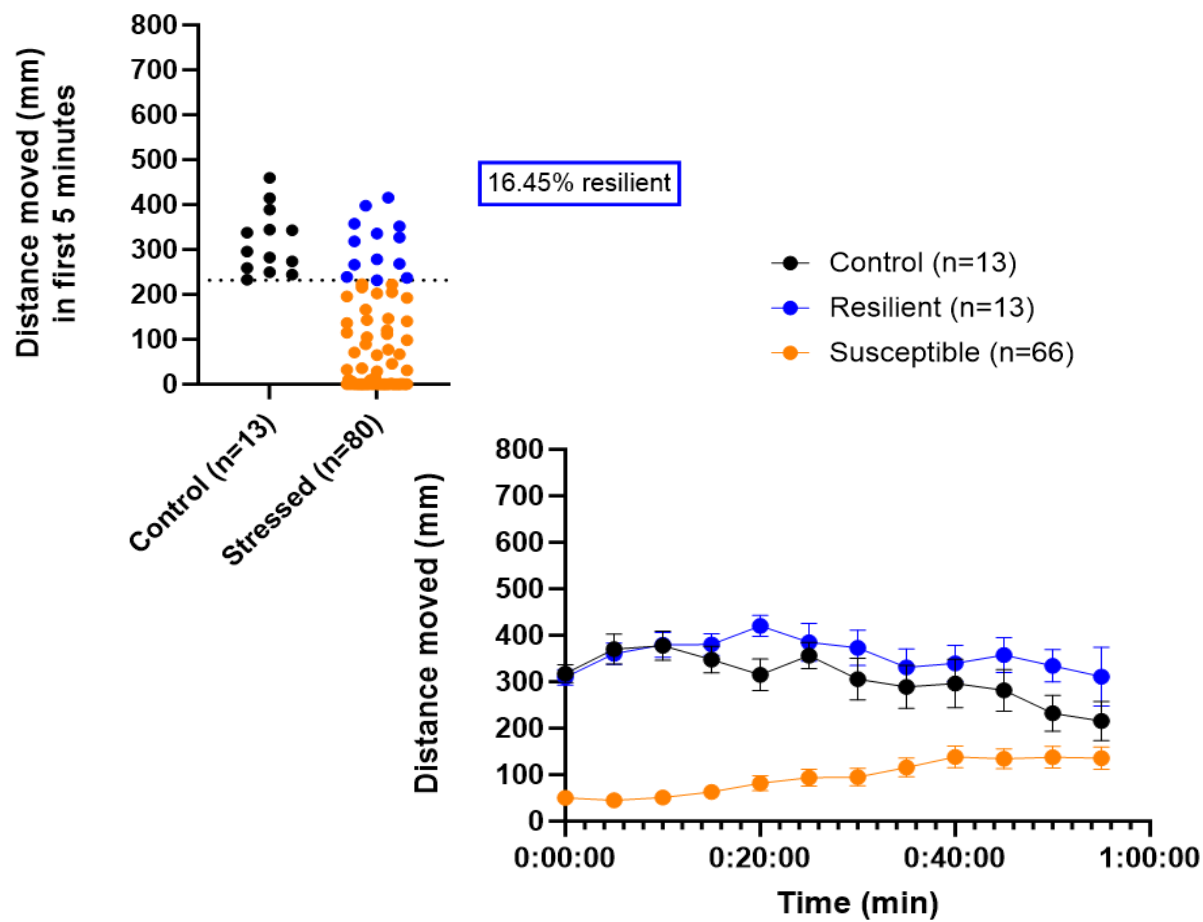
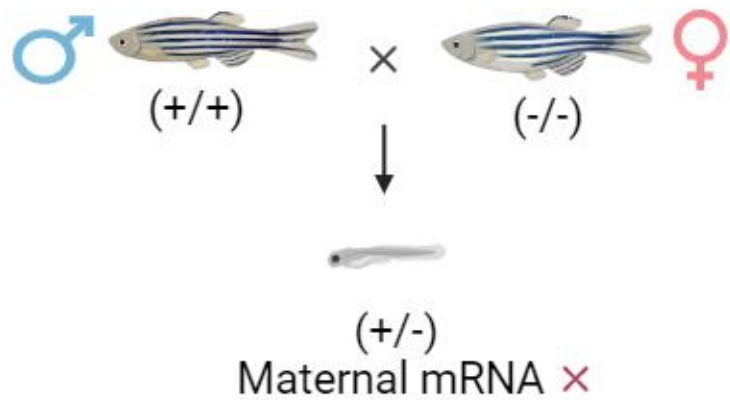
# Investigating the Effect of Maternally Contributed Rest

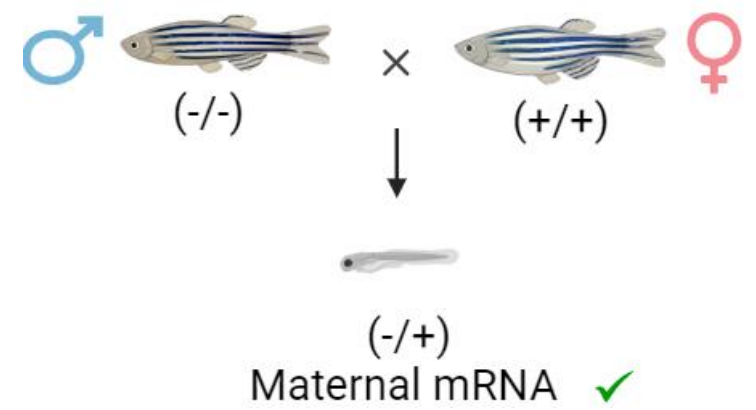
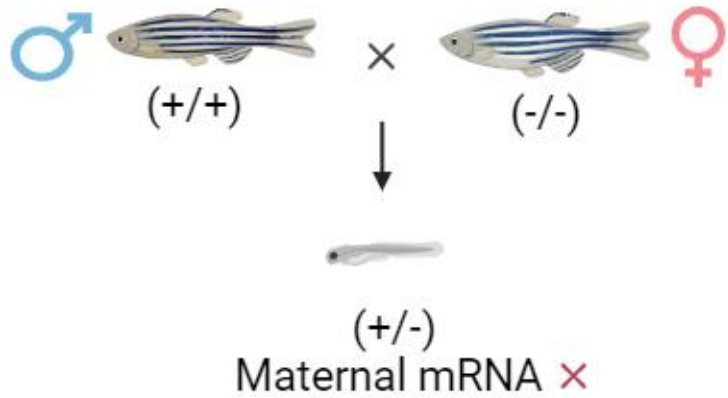
**Created two different mutants :**



**One genotype per plate**  $\longrightarrow$  compare between plates

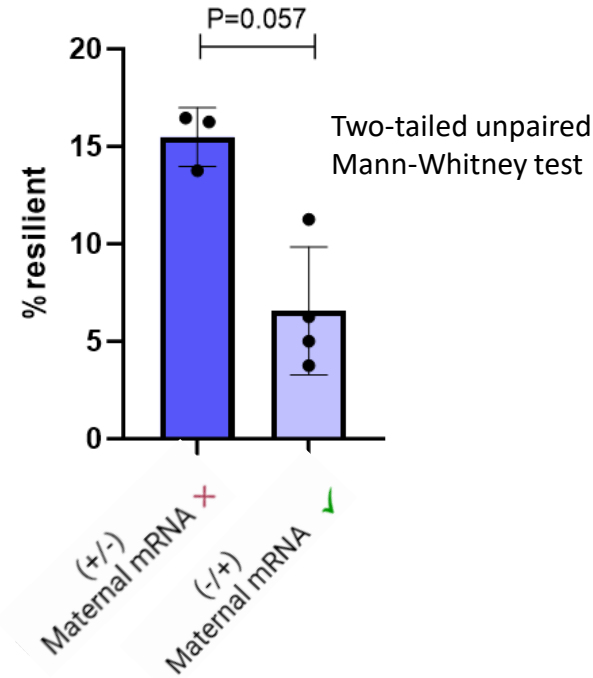






16.25% resilient  
 13.75% resilient  
 16.45% resilient

Average percent of resilience by genotype



5% resilient  
 3.75% resilient  
 11.25% resilient  
 6.25% resilient

Depletion of maternal Rest mRNA promotes resilience

# Effect of Maternally Contributed Rest

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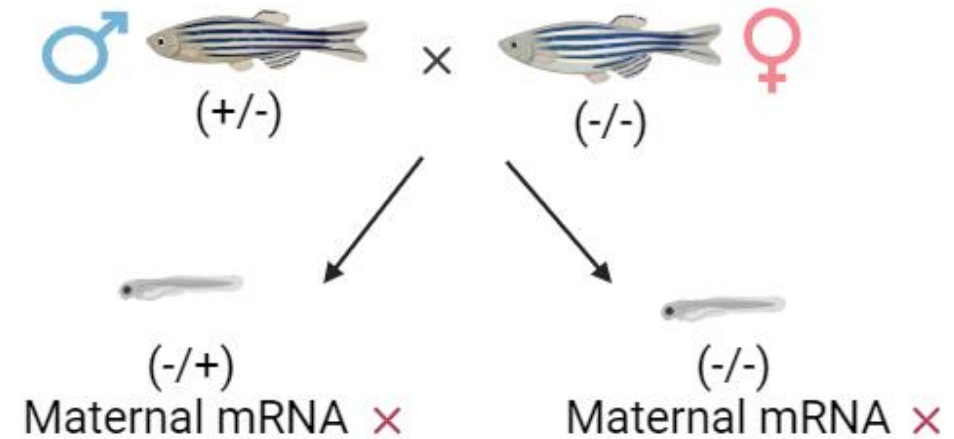
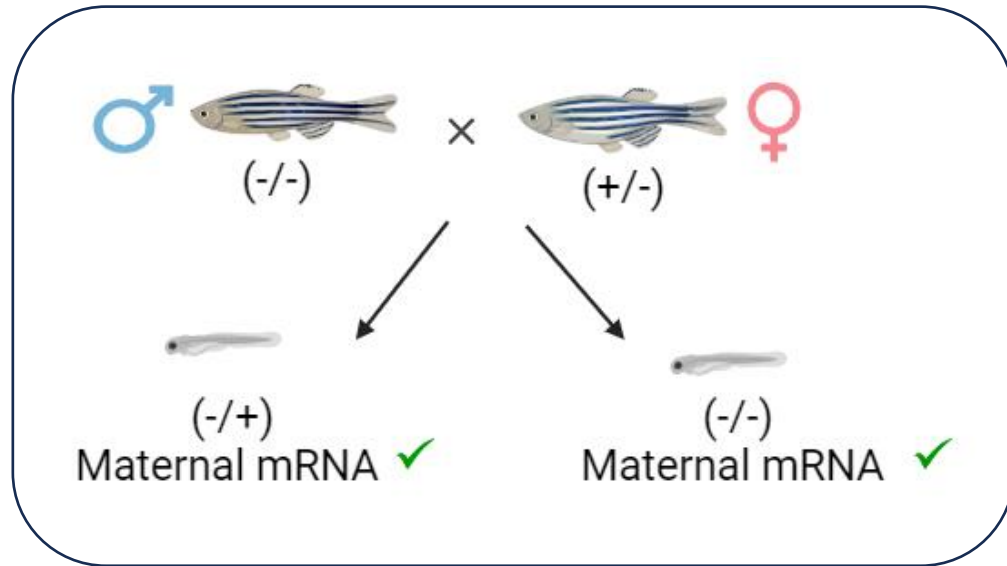
- Additional neurophysiological stress factors regulated by Rest
  - Rest splice variants



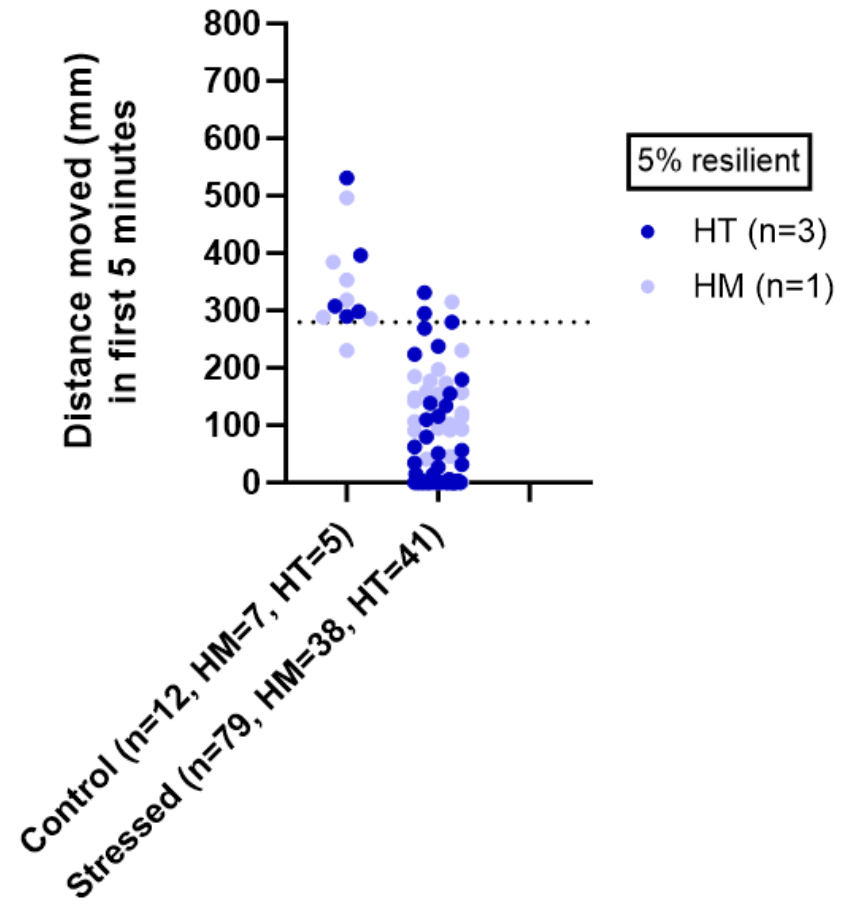
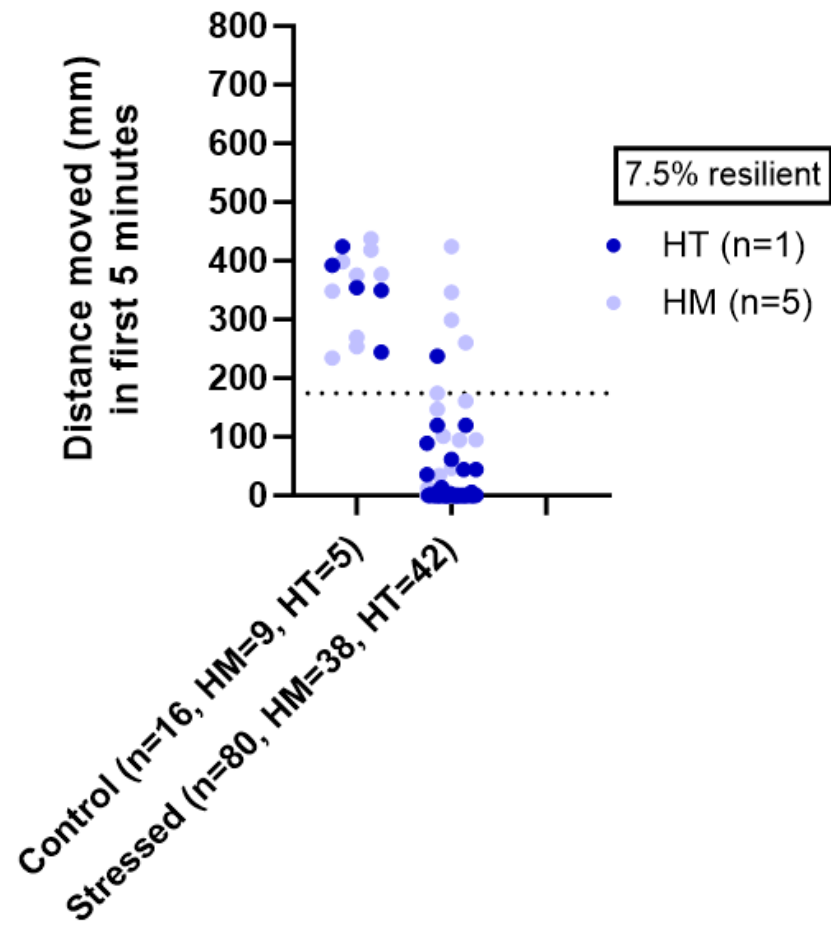
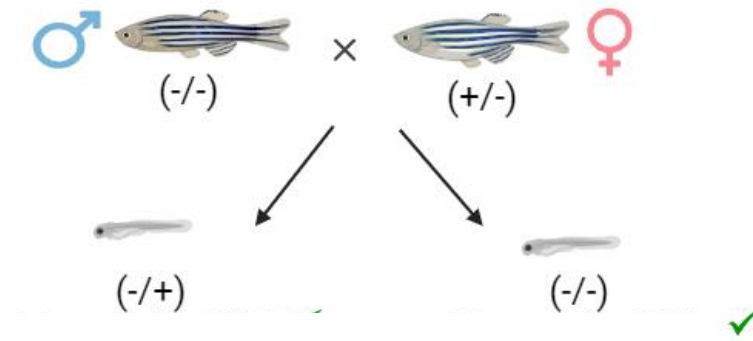
**More repetitions are needed to elucidate the results**

# Investigating the Effect of Zygotic contributed Rest

**Created two different crosses :**



**Two genotypes per plate**  $\longrightarrow$  compare inside plates

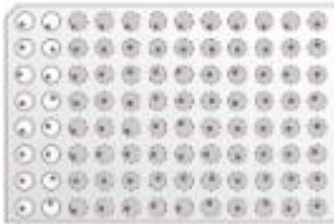


# Discussion - Effect of Zygotic Contributed Rest

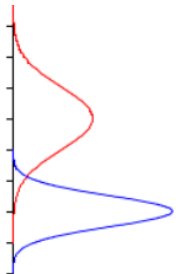
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From the results collected we can not conclude about the effect of zygotic Rest

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**More repetitions are needed to elucidate the results**



Bigger resilient population to investigate genotype distribution

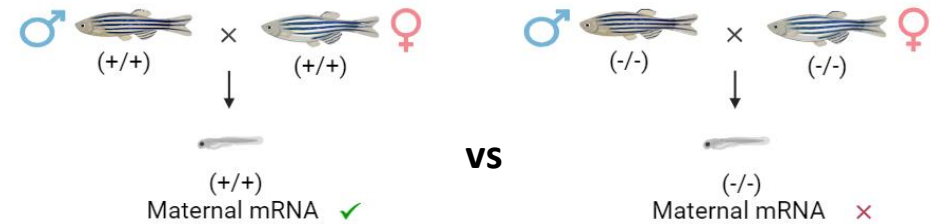


**Reducing stress intensity**

- Lower salt concentrations
- Shorter stress periods

# Discussion – Additional Steps and Future Directions

Investigate the **combined effect** of both Maternal mRNA depletion and Zygotic



**Maternal mRNA inheritance pattern** - Check maternal mRNA levels in fertilized wild-type eggs compared to fertilized heterozygous.

**Additional factors** - Look for different maternally inherited factors that play a role in stress coping mechanisms during development.





Questions ?







Questions ?



Thank You !

