



Mark O'Brien

Kentucky Public Health AmeriCorps Member, Kentucky Peer Support Specialist, Certified Community Health Worker, Mental Health First-Aider, Climate for Health Ambassador. Mark is a veteran in substance abuse recovery who has found tremendous support and opportunity for impact through public health work.

LIVED EXPERIENCE AND EDUCATION

Mark discovered a passion to help people battle substance use disorder (SUD) after his own lived experience and recovery. As a veteran, he studied social work and completed numerous certifications in the mental and behavioral health field.

MENTORSHIP AND PUBLIC HEALTH AMERICORPS (PHA)

Serving the Kentucky River District Health Department as a PHA member, Mark gained valuable experience helping people in recovery and combating SUD stigma with the help of an amazing mentor.

LEADERSHIP AND ADVOCACY

Mark's PHA role became a permanent position leading public health committees, and he now coordinates a community addiction and recovery center. Mark is committed to advocating for those in recovery and influencing policy through service on the Trusted Advisors Council board through the Kentucky Youth Advocates. He continues to battle stigma and demonstrate that people can recover and become assets to the workforce and community.