



Erika Akers

working toward her Master of Public Health, has a deep interest in techniques that promote health equity and behavior change.

EARLY INTERESTS



Erika's participation in high school athletics sparked interest in health and nutrition, while lifeguarding exposed her to the importance of drowning prevention. Erika utilized career services in college to explore different health careers.

FIELD EXPERIENCE

Shadowing health care professionals and volunteering during the COVID-19 pandemic helped Erika narrow her job search after graduating with a Bachelor of Science in Sociology and minors in biological science, math, and psychology. A fellowship helped build communication, marketing, and community mobilization skills.



CAREER EXPLORATION AND GRADUATE STUDIES

Erika served the Health Disparities Office at the Nebraska Department of Health as an AmeriCorps member. This experience led her to pursue a Master of Public Health degree to learn more about evidence-based practices in the field. She continues to explore public health options and is committed to prevention and health equity for all.