


September 2023 | George Washington Elementary | [Lunch Menu](#) | [Lunch - Elementary 23-24](#)

Monday	Tuesday	Wednesday	Thursday	Friday
28 Elementary Lunch W2 Monday MAIN ENTREE - LUNCH Orange Chicken w/Rice & Broccoli Pepperoni Pizza Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Honey/Mustard Turkey Wrap w/Carrots GRAIN Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based) Roll, Whole Wheat	29 Elementary Lunch W2 Tuesday MAIN ENTREE - LUNCH Crunchy Turkey Taco w/Fresh Salsa Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Deli Hoagie (Turkey/Cheese) & Carrots Supper - Honey/Mustard Turkey Wrap w/Carrots GRAIN Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based) Roll, Whole Wheat	30 Elementary Lunch W2 Wednesday MAIN ENTREE - LUNCH Famous Turkey Hot Dog Pepperoni Pizza Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Deli Hoagie (Turkey/Cheese) & Carrots Supper - Honey/Mustard Turkey Wrap w/Carrots GRAIN Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	31 Elementary Lunch W2 Thursday MAIN ENTREE - LUNCH Cheeseburger Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based) Roll, Whole Wheat VEGETABLE Baked Beans - CK Carroteenies	1 Elementary Lunch W2 Friday MAIN ENTREE - LUNCH Honey-Mustard Turkey Wrap Pizza, Hawaiian Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based) Roll, Whole Wheat VEGETABLE Baked Beans - CK Carroteenies
 VEGETABLE Steamed Broccoli Carroteenies	 VEGETABLE Corn, Canned (Commodity) Fresh Salsa	 VEGETABLE Roll, Whole Wheat	 FRUIT Tater Tots Carroteenies	 MILK Milk, Chocolate FF Carton
 FRUIT Apple, Crisps (Plain)	 FRUIT Peach, Fresh	 FRUIT	 MILK Milk, White LF 1% Carton	 MILK Milk, Chocolate FF Carton
 MILK	 MILK			 MILK Milk, White LF 1% Carton

Milk, Chocolate FF Carton	Milk, Chocolate FF Carton	Banana - Petite Fresh	CONDIMENT	CONDIMENT
Milk, White LF 1% Carton	Milk, White LF 1% Carton	MILK	Dressing, Buttermilk Ranch Packet	Dressing, Buttermilk Ranch Packet
CONDIMENT	CONDIMENT	Milk, Chocolate FF Carton	BBQ Cups	BBQ Cups
Dressing, Buttermilk Ranch Packet	Dressing, Buttermilk Ranch Packet	Milk, White LF 1% Carton	Ketchup Packet	Ketchup Packet
BBQ Cups	BBQ Cups	CONDIMENT		
Ketchup Packet	Ketchup Packet	Dressing, Buttermilk Ranch Packet		
		BBQ Cups		
		Ketchup Packet		
4	5	6	7	8
Labor Day	Elementary Lunch W2 Tuesday	Elementary Lunch W2 Wednesday	Elementary Lunch W2 Thursday	Elementary Lunch W2 Friday
MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH			
Deli Sandwich/Hoagie - Turkey & Cheese	Corn Dog Mini WG	Crispy Chicken Sandwich	Cheesy French Bread w/Marinara	
Kickin' Chicken Nuggets	Pepperoni Pizza	Kickin' Chicken Nuggets	Pizza, Hawaiian	
Plant Based Nuggets w/Roll	Cheese Pizza	Plant Based Nuggets w/Roll	Cheese Pizza	
Garden Salad w/ Chicken & Garlic Knot	Kickin' Chicken Nuggets	Garden Salad w/ Chicken & Garlic Knot	Kickin' Chicken Nuggets	
Garden Salad w/ String Cheese & Garlic Knot (veg)	Plant Based Nuggets w/Roll	Garden Salad w/ String Cheese & Garlic Knot (veg)	Plant Based Nuggets w/Roll	
Honey-Mustard Turkey Wrap	Garden Salad w/ Chicken & Garlic Knot	Garden Salad w/ String Cheese & Garlic Knot (veg)	Garden Salad w/ String Cheese & Garlic Knot (veg)	
GRAIN	GRAIN	GRAIN	GRAIN	
Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	Honey-Mustard Turkey Wrap	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	
Roll, Whole Wheat	GRAIN	Roll, Whole Wheat	GRAIN	
VEGETABLE	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	VEGETABLE	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	
Corn, Canned (Commodity)	Roll, Whole Wheat	Baked Beans - CK	Roll, Whole Wheat	
FRUIT	VEGETABLE	Caroteenies	VEGETABLE	
Peach, Fresh	Tater Tots	FRUIT	Beans, Green	
		Grapes, Whole	Pizza Sauce/Marinara	
		Mixed Berry Cup,	FRUIT	

	MILK Milk, Chocolate FF Carton CONDIMENT Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet Mayo Packet Mustard Packet	Carroteenies FRUIT Banana - Petite Fresh MILK Milk, Chocolate FF Carton Milk, White LF 1% Carton CONDIMENT Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet	Frozen MILK Milk, Chocolate FF Carton Milk, White LF 1% Carton CONDIMENT Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet	Apple, Sliced MILK Milk, Chocolate FF Carton Milk, White LF 1% Carton CONDIMENT Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet	
11	Elementary Lunch W3 Monday	12	Elementary Lunch W3 Tuesday	13	
MAIN ENTREE - LUNCH	Teriyaki Chicken w/ Rice & Broccoli Pepperoni Pizza Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Honey/Mustard Turkey Wrap w/Carrots	MAIN ENTREE - LUNCH	Nachos w/Fresh Salsa Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Honey-Mustard Turkey Wrap Supper - Deli Hoagie (Turkey/Cheese) & Carrots	Elementary Lunch W3 Wednesday	MAIN ENTREE - LUNCH
GRAIN	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based Roll, Whole Wheat	GRAIN	Chicken, Drumsticks Breaded Pepperoni Pizza Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Garden Salad w/ String Cheese & Garlic Knot (veg)	Elementary Lunch W3 Thursday	MAIN ENTREE - LUNCH
					MAIN ENTREE - LUNCH
14	Elementary Lunch W3 Friday	15	Elementary Lunch W3 Friday		
GRAIN	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based Roll, Whole Wheat	GRAIN	Mini Cheeseburgers Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Yogurt w/Granola, String Cheese & Carrots		MAIN ENTREE - LUNCH
					GRAIN
					Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based Roll, Whole Wheat
					VEGETABLE
					Bread, Garlic Knot

VEGETABLE	VEGETABLE	Tater Tots Carroteenies	Baked Beans - CK Carroteenies Steamed Broccoli	Beans, Green Fresh Salsa
Steamed Broccoli Carroteenies	Corn, Canned (Commodity) Fresh Salsa			
FRUIT	FRUIT	FRUIT	FRUIT	FRUIT
Apple, Crisps (Plain)	Peach, Fresh	Banana - Petite Fresh Applesauce Cups	Grapes, Whole	Apple, Sliced
MILK	MILK	MILK	MILK	MILK
Milk, Chocolate FF Carton Milk, White LF 1% Carton	Milk, Chocolate FF Carton Milk, White LF 1% Carton	Milk, Chocolate FF Carton Milk, White LF 1% Carton	Milk, Chocolate FF Carton Milk, White LF 1% Carton	Milk, Chocolate FF Carton Milk, White LF 1% Carton
CONDIMENT	CONDIMENT	CONDIMENT	CONDIMENT	CONDIMENT
Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet	Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet	Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet	Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet	Dressing, Buttermilk Ranch Packet BBQ Cups Ketchup Packet
18 Elementary Lunch W4 Monday	19 Elementary Lunch W4 Tuesday	20 Elementary Lunch W4 Wednesday	21 Elementary Lunch W4 Thursday	22 Elementary Lunch W4 Friday
MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH
Macaroni and Cheese Pepperoni Pizza Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Honey/Mustard Turkey Wrap w/Carrots	Bean & Cheese Burrito Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Deli Hoagie (Turkey/Cheese) & Carrots Supper - Honey/Mustard Turkey Wrap w/Carrots	Corn Dog Mini WG Pepperoni Pizza Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Deli Hoagie (Turkey/Cheese) & Carrots	Crispy Chicken Sandwich Pepperoni Pizza Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - Honey/Mustard Turkey Wrap w/Carrots	BBQ Rib Sandwich IW Pizza, Hawaiian Cheese Pizza Kickin' Chicken Nuggets Plant Based Nuggets w/Roll Garden Salad w/ Chicken & Garlic Knot Garden Salad w/ String Cheese & Garlic Knot (veg) Supper - EZ Jammer w/String Cheese & Carrots
GRAIN	GRAIN	GRAIN	GRAIN	GRAIN
Bread, Garlic Knot Cracker, Goldfish WG (For	Cracker, Goldfish WG (For	Cracker, Goldfish WG (For	Supper - Yogurt w/Granola, String Cheese & Carrots	Cracker, Goldfish WG (For

Nuggets/Popcorn/Plant Based	Nuggets/Popcorn/Plant Based	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	Nuggets/Popcorn/Plant Based
Roll, Whole Wheat	Roll, Whole Wheat	Roll, Whole Wheat	Roll, Whole Wheat	Roll, Whole Wheat
VEGETABLE	VEGETABLE			VEGETABLE
Steamed Broccoli	Corn, Canned (Commodity)	VEGETABLE	VEGETABLE	Beans, Green
Carroteenies		Tater Tots	Baked Beans - CK	FRUIT
FRUIT	FRUIT	Carroteenies	Carroteenies	Apple, Sliced
Apple, Crisps (Plain)	Peach, Fresh	FRUIT	FRUIT	MILK
	Peach Cup, Frozen	Banana - Petite Fresh	Grapes, Whole	Milk, Chocolate FF Carton
MILK	MILK	MILK	Mixed Berry Cup, Frozen	Milk, White LF 1% Carton
Milk, Chocolate FF Carton	Milk, Chocolate FF Carton	Milk, Chocolate FF Carton	MILK	CONDIMENT
Milk, White LF 1% Carton	Milk, White LF 1% Carton	Milk, White LF 1% Carton	Milk, Chocolate FF Carton	Dressing, Buttermilk Ranch Packet
CONDIMENT	CONDIMENT	CONDIMENT	Milk, White LF 1% Carton	BBQ Cups
Dressing, Buttermilk Ranch Packet	Dressing, Buttermilk Ranch Packet	Dressing, Buttermilk Ranch Packet	CONDIMENT	Ketchup Packet
BBQ Cups	BBQ Cups	BBQ Cups	Dressing, Buttermilk Ranch Packet	
Ketchup Packet	Ketchup Packet	Ketchup Packet	BBQ Cups	
			Ketchup Packet	

25	26	27	28	29
Elementary Lunch W2 Monday	Elementary Lunch W2 Tuesday	Elementary Lunch W2 Wednesday	Elementary Lunch W2 Thursday	Elementary Lunch W2 Friday
MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH	MAIN ENTREE - LUNCH
Orange Chicken w/Rice & Broccoli	Crunchy Turkey Taco w/Fresh Salsa	Famous Turkey Hot Dog	Cheeseburger	Honey-Mustard Turkey Wrap
Pepperoni Pizza	Kickin' Chicken Nuggets	Pepperoni Pizza	Kickin' Chicken Nuggets	Cheese Pizza
Cheese Pizza	Plant Based Nuggets w/Roll	Cheese Pizza	Plant Based Nuggets w/Roll	Kickin' Chicken Nuggets
Kickin' Chicken Nuggets	Garden Salad w/ Chicken & Garlic Knot	Kickin' Chicken Nuggets	Garden Salad w/ Chicken & Garlic Knot	Plant Based Nuggets w/Roll
Plant Based Nuggets w/Roll	Garden Salad w/ String Cheese & Garlic Knot (veg)	Plant Based Nuggets w/Roll	Garden Salad w/ String Cheese & Garlic Knot (veg)	Garden Salad w/ Chicken & Garlic Knot
Garden Salad w/ Chicken & Garlic Knot	Supper - Deli Hoagie (Turkey/Cheese) &	Garden Salad w/ Chicken & Garlic Knot	Supper - Honey/Mustard Turkey Wrap w/Carrots	Garden Salad w/ String Cheese & Garlic Knot (veg)
Garden Salad w/ String Cheese & Garlic Knot		Garden Salad w/ String Cheese & Garlic Knot		

(veg)	Carrots	(veg)	Supper - Yogurt w/Granola, String Cheese & Carrots	Pizza, Hawaiian
Supper - Honey/Mustard Turkey Wrap w/Carrots	Supper - Honey/Mustard Turkey Wrap w/Carrots	Supper - Tortilla Chips w/Nacho Dip, String Cheese & Carrots	Supper - Honey/Mustard Turkey Wrap w/Carrots	GRAIN
GRAIN	GRAIN	GRAIN	GRAIN	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)
Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	Cracker, Goldfish WG (For Nuggets/Popcorn/Plant Based)	Roll, Whole Wheat
Roll, Whole Wheat	Roll, Whole Wheat	Roll, Whole Wheat	Roll, Whole Wheat	VEGETABLE
VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE	Beans, Green
Steamed Broccoli	Corn, Canned (Commodity)	Roll, Whole Wheat	Baked Beans - CK	FRUIT
Carroteenies	Fresh Salsa	Carroteenies	Carroteenies	Apple, Sliced
FRUIT	FRUIT	FRUIT	FRUIT	MILK
Apple, Crisps (Plain)	Peach, Fresh	Tater Tots	Grapes, Whole	Milk, Chocolate FF Carton
MILK	MILK	Carroteenies	MILK	Milk, White LF 1% Carton
Milk, Chocolate FF Carton	Milk, Chocolate FF Carton	Banana - Petite Fresh	Milk, Chocolate FF Carton	CONDIMENT
Milk, White LF 1% Carton	Milk, White LF 1% Carton	MILK	Milk, White LF 1% Carton	Dressing, Buttermilk Ranch Packet
CONDIMENT	CONDIMENT	Milk, Chocolate FF Carton	CONDIMENT	BBQ Cups
Dressing, Buttermilk Ranch Packet	Dressing, Buttermilk Ranch Packet	Milk, White LF 1% Carton	Dressing, Buttermilk Ranch Packet	Ketchup Packet
BBQ Cups	BBQ Cups	CONDIMENT	BBQ Cups	
Ketchup Packet	Ketchup Packet	Dressing, Buttermilk Ranch Packet	Ketchup Packet	
		BBQ Cups		
		Ketchup Packet		

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