

# Research Methods in Psychology

## Goldsmiths Year 2 - Research Methods Practical

### Course Information

Instructor	Course
Dr. Gordon Wright Whitehead 200/1 Office Hours: Monday Afternoon time TBC <a href="mailto:g.wright@gold.ac.uk">g.wright@gold.ac.uk</a> <a href="#">@DrDeception</a>	Lecture: Mondays PSH LG02 10-11am Labs : Tuesdays See your personal timetable

### Attendance / class recording

You should plan to attend lectures and labs in person - attendance is taken at all timetabled sessions! In-person attendance is optimal as we will spend a lot of time working on your Mini-Dissertations and research skills. The best idea is to 'keep up, don't catch up' but of course, life happens. We know this and will try to help you whenever we can, but we can't offer Extenuating Circumstances or mark you as present etc. You should try to update your Personal Tutor, Lab Tutor and research group members if you anticipate missing a session.

Lab Sessions are NOT recorded either. Any activities or resources will be available via the VLE or this site, but it is your responsibility to keep abreast of your group progress and to catch up if necessary.

### Learning Objectives

Students who successfully complete this module will be able to:

- Show a critical understanding of research design and methodology
- Design, conduct, analyse, interpret and disseminate psychological research
- Understand the conceptual and historical issues concerned with psychology as a science and area of practical application
- Demonstrate valuable time-management and collaborative project-management skills and proficiencies
- Reflect on their own learning, skill development and metacognition, preparing them for the final year dissertation

## **Pep Talk!**

You might be intimidated by the idea of 'Research Methods' or the prospect of running a piece of real research. This is understandable, but really not necessary.

If you are able to manage your independent study, attend labs and view these sessions as 'working sessions', you'll do just fine. By viewing your Lab Tutor as your 'Supervisor' and developing a dialogue with them each week, updating them with successes AND problems, you will get the best support available. Please don't panic, and please don't stay quiet. The sooner you address any problems or issues, the sooner we can fix them and get you back on track.

The biggest tip I can offer is around note-taking. Keeping good notes, a 'lab notebook' if you like, and gradually building a source of 'truth', is crucial to success on this module. We will be supporting this, but I encourage you to find a process that works for you. Make sure that your notes are available AT ALL TIMES. Use a cloud-based system (University Microsoft resources such as OneDrive and OneNote are free). Make sure to back up your drafts and notes. Your Lab Tutors will ask to see your notes to see what you have done to solve any problems you face, or to see the current 'status' of your project, such as your Design. Please think how this will pay off in the future, as once you've set it down and had a thumbs-up from your Lab Tutor, you can rely upon that information as 'truth' and you don't need to puzzle over aspects of your study any further.

**I promise, you can do this** Turn up, use your labs and independent study time wisely, and don't be afraid of making mistakes. Now is the time to make mistakes, and if you DON'T make mistakes, you aren't doing it right!

## **Expectation management**

The teaching team on the module are here because Psychological Research is one of our passions. We teach it to you because we know it to a hugely valuable skill, not just a programme requirement. We understand that you might not immediately think it's going to

be fun, or useful, but we aren't going to continually try to coax you into activity. If necessary, consider how the skills involved will be important for your final grade, for your future career path, or for your general intellectual development. Then throw yourself into it.

The bare minimum expectation is to attend Lectures and Labs, to engage with the content, and to allocate independent study hours each and every week. How many hours will be a decision you need to make for yourself, but they are required EVERY week. This module is 25% of the year in terms of module weight, 29% of your year grade, and when combined with your final year dissertation, research contributes 50% of your final grade.

It is easy to get sidetracked with Essays during the course of the term. Please consider that those essays contribute 15% of a 15 credit module. The Critical Proposal is worth double that for starters, and your Mini-Dissertation is worth 10X more than any individual essay. Allocating too much time to the 5 essays and falling behind on your Mini-Dissertation is a really poor idea.

Materials on the VLE will be considered the 'baseline' and you should familiarise yourself with what is available there - it will be everything you need to do really well. We shall be offering 'extras' - resources that will support further exploration of a topic, developing further skills, or just interesting added-value content, you will find this under 'DangerZone' - these are optional, and if you wish to add anything to these, or suggest some content, please let me know - always happy to help!

On this site, resources may include short self-assessment quizzes. Answers are NOT tracked, so use these to test your comprehension, or identify areas for focus.

**Why quiz at all?** Research shows that giving small quizzes throughout a class can dramatically help with *retention*. It's a phenomenon known as the "retrieval effect" - basically, you have to *practice* remembering things, otherwise your brain won't remember them. The phenomenon and research on it is explained in detail in the book "[Make It Stick: The Science of Successful Learning](#)," by Brown, Roediger, and McDaniel.

## Teamwork

I bet you just let out a sigh of disgust. Everyone does at the thought of working as a group. But... Do you know the first question on NHS Clinical Doctorate reference requests? Or the first thing that employers usually ask for in Reference Request templates and questionnaires?

"To what extent is the applicant able to work as part of a team?"

I kid you not. And if you can't operate effectively in a team, we have to say so. It's a silly way to miss out on a job. View the process of team work as something that you actively allocate time to. Develop a process. Communicate. Plan. Evaluate.

In this module, we suggest a process based in Software Development, called Scrum. There are many variants and nuances, but the key component is a Stand-Up meeting. We propose that you use the first 15 minutes of EVERY lab to run such a meeting. Each team member has 1-2 minutes (VERY SHORT) to cover 3 topics. 1- What did you do last week? 2 - What are you going to do in today's lab/this week? 3 - Do you anticipate any obstacles or problems?

This ensures accountability towards group goals, allows you to clearly identify areas you need to focus on, and to be ready to ask your Lab Tutor any questions that may obstruct your progress. Each week I will be giving a set of reasonable objectives to help you work out where you could/should be. These are obviously flexible, but you should look to make forward progress each and every week.

If you choose to use an alternative system to manage your team or your time, fine. But it cannot be replaced with nothing. Your Lab Tutor will be asking to see your plans, and see how you may have allocated tasks or responsibilities. It may sound like a burden, but this is what you will likely have to do with your supervisor next year, and certainly you'll need these skills in later life. It takes a few minutes a week, but could save you DAYS!

## **Grades**

### **Passing the module.**

Every year a handful of people fail the module. This is usually because they don't submit one of the three pieces of work. If you attend the labs, and follow the suggested activities, you will pass. Simple as that. If you submit an Ethics Application, collect data, analyse it using a 2x2 ANOVA, and write up a complete APA format report, with supplementary Open Materials and Open Data, you WILL pass. So the question is really...

### **How to improve your grade**

The Mini-Dissertation has roughly 27 key moving parts. It's easy to deal with them all over the course of 20 weeks. But by approaching each as an opportunity to draft, revise and refine, you will be continually building marks. First drafts or incomplete elements get poor marks - simple as that. Use the resources as a guide, don't miss anything out, give yourself time. If anything is unclear, ask your Lab Tutor, or ask me. There are no hidden traps on this module. It's just do some research within the constraints described, and write it up in APA format.

**Textbooks**

The library reading list includes textbooks and resources with a preference for those that are freely available and online, either via the library website, or cost-free on the internet. We shall be sharing lots of resources we have developed, and signposting other free resources. There really is NO NEED to pay for access to other materials (unless you want to), but there is usually no shortcut you can pay for. If resources don't exist, ask for them.

Finding a consistent textbook that you use and trust is highly recommended - if in doubt have a poke around on the Library Reading list and find one you like. A consistent voice is better than just googling a question and hearing different takes from numerous different sources.

I shall be signposting Open Educational Resources that have good take on any topic, and maybe even tailoring those resources to the year. Please consider using Hypothes.is to track your resources, and to share them with the group using the PS52007D group

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<a href="#">Introduction to Modern Statistics</a>	Çetinkaya-Rundel, Hardin	OpenIntro Inc., 1st Edition, 2021
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